

45th MEMA Program “Health Across Genders”

Day 1: Thursday 3 May, 2012

08:00 **Registration (All Day)**

Hot Topics in Infectious Diseases: An Update

Moderators: Drs.: Ghassan Dbaibo, Fadi Haddad and Rima Moghnieh

09:00 – 09:05 Welcome address
Dr. Souha Kanj

09:05 – 09:30 An update on bacterial meningitis: Towards elimination of meningitis epidemics
Dr. Rana Hajjeh

09:30 – 09:55 Urinary Tract Infections in the era of antibiotic resistance
Dr. Rabih Darouiche

09:55 – 10:20 Antimicrobial resistance: worldwide perspectives and proposed actions
Dr. Didier Pittet

10:20 – 10:45 Blood Stream infections: What is new?
Dr. Rabih Darouiche

10:45 – 11:15 Coffee Break

Moderators: Drs. Samir Atweh and Mouin Hamzeh

11:15 – 12:15 **Naji Sahyoun Memorial Lecture: Aquaporin water channels – from atomic structure to Malaria**
Dr. Peter Agre (Nobel Prize Laureate)
The session includes the announcement of the student recipient of the Naji Sahyoun Award

12:15 – 13:15 Lunch Break

Infection Control (Co-organized with WHO and in collaboration with the Lebanese Ministry of Public Health) and Lebanese Society of Infectious Diseases

Patients' safety: A global concern

Moderators: Drs. Souha Kanj, Rana Hajjeh and Jacques E. Mokhbat

13:15 - 13:25 Introductory remarks
Dr. Souha Kanj

13:25 – 13:55 Global health issues in the Middle East: The infectious diseases agenda
Dr. Rana Hajjeh

13:55 – 14:35 Hand hygiene
Dr. Didier Pittet

14:35 – 15:05 WHO Patient Safety Curriculum Guide: Teaching infection prevention and control
Dr. Sameen Siddiqi

15:05 – 15:20 Coffee break

Ceremony for the Signing of the hand hygiene pledge (NON-CME)

Moderators: Drs.: Souha Kanj, Mohamed H. Sayegh and Sameen Siddiqi

15:20- 15:25 Introduction of the event
Dr. Souha Kanj, 45th MEMA Chair

15:25– 15:35 AUB-MC Vice President for Medical Affairs and Dean's address
Dr. Mohamed H. Sayegh

15:35 – 15:45 Introduction of the pledge
Dr. Didier Pittet

15:45 – 15:55 WHO Lebanon
Dr. Sameen Siddiqi

15:55 – 16:05 Ministry of Public Health speech
His Excellency Mr. Ali Hassan Khalil

16:05 – 16:10 Signing the pledge

16:10 – 16:30 Session opens to the media for press interviews

45th MEMA Opening Ceremony (NON-CME) 17:00- 18:00

- 17:00– 17:10 Dr. Souha Kanj, 45th MEMA Chair
17:10 – 17:15 Dr. Fuad Jubran, Cleveland Clinic
17:15 – 17:20 Dr. Mohamed H. Sayegh, Dean Faculty of Medicine
17:20 – 17:25 Dr. Peter Dorman, AUB President
17:25 – 17:30 Dr. Mohamed H. Sayegh to introduce the keynote speaker
17:30 – 18:00 Keynote speech by Dr. Peter Agre “My life in science”, Johns Hopkins, Nobel Prize Laureate

Day 2: Friday 4 May, 2012

08:00 Registration (All day)

Morning Session: Vascular Diseases I

Moderators: Drs.: Adel Birbari and Sola Bahous

- 09:00 - 09.50 **Chafic Haddad Memorial Lecture: Insulin resistance and atherosclerosis**
Dr. Sonia Najjar
- 09:50 – 10:15 Fetal origins of adult vascular disease
Dr. Mark Hanson
- 10:15 – 10:40 Salt: Time for action
Dr. Graham MacGregor
- 10:40 – 11:00 Coffee Break
- 11:00 – 11:25 Gender issues in early predictors of vascular and metabolic disease
Dr. Mark Hanson
- 11:25 – 11:50 Management of patients with severe carotid and coronary artery disease requiring Coronary Artery Bypass Graft (CABG) Surgery
Dr. Mehdi Shishehbor
- 11:50 – 12:05 Insulin resistance and Nonalcoholic Steatohepatitis (NASH)
Dr. Sonia Najjar
- 12:05 – 12:30 Endovascular management of resistant hypertension - Renal denervation and stenting
Dr. Mehdi Shishehbor
- 12:30 – 14:00 Lunch Break

Abstract Oral Presentations 10:00 – 12:00

Moderators: Drs. Anwar Nassar and Zeina Kanafani

Afternoon Sessions:

Joint Session:

Moderator: Dr. Jamal Hoballah

14:00 – 15:00 **Afif Nsouli Lecture: Management of back pain**
Dr. Joe Smucker

Session A: Hot Topics in Women's Health

Moderators: Drs.: George Kehdy, Zoulfiqar Hachach and Faysal El Kak

15:00 – 15:20 Postpartum depression
Dr. Ziad Nahas

15:20 – 15:40 Female sexual dysfunction: Common problems in clinical practice
Dr. Alessandra Graziottin

15:40 - 16:00 Female sexual dysfunction and the menopause: New insights
Dr. Alessandra Graziottin

16:00 – 16:20 Coffee Break

16:20 – 16:40 Domestic violence: a public health and clinical challenge
Dr. Gene Feder

16:40 – 17:00 Childhood exposure to domestic violence: Consequences and appropriate health care response
Dr. Gene Feder

Session B: Hot Topics in Men's Health

Moderators: Drs.: Mazen Taha and Fadi Saadeh

15:00 – 15:05 Introduction
Dr. Muhammad Bulbul

15:05 - 15:35 Cutting edge of men's health - The first European men's health report
Dr. Siegfried Meryn

15:35 – 16:05 Hormone replacement therapy in men
Dr. Aksam Yassin

16:05 – 16:35 Lower urinary tract symptoms and the prostate
Dr. Muhammad Bulbul

16:35 – 16:50 Coffee Break

Moderators: Drs.: Walid Alameh and Khaled Sayed

16:50 – 17:20 The excess burden of cancer in men
Dr. Siegfried Meryn

17:20 – 17:50 Depression and heart disease in men: Heart brain connections part I
Dr. Leopoldo Pozuelo

17:50 - 18:20 Sexual dysfunction: Where we stand in 2012
Dr. Aksam Yassin

Day 3: Saturday 5 May, 2012

08:00 Registration (All day)

Moderator: Dr. Fuad Ziyadeh

09:00 – 09:45 **Khalil Abu Feisal Lecture: The role of clinical observation in the era of personalized medicine: Chronic Obstructive Pulmonary Disease (COPD) as a case study**
Dr. John Reilly

Morning Session: Vascular Diseases II

Moderators Drs.: Rita Nemir and Kamal Badr

09:45 – 10:05 Evidence driven clinical trial based vasculoprotective approach to hypertension management
Dr. Gabriel Habib

10.05 - 10.25 The importance of salt reduction in the treatment of high blood pressure
Dr. Graham MacGregor

10:25 – 10:45 Role of gender and ethnicity in hypertension pathophysiology and treatment
Dr. Gabriel Habib

10.45 - 11.05 Pulmonary vascular aspects of Chronic Obstructive Pulmonary Disease (COPD)
Dr. John Reilly

11.05 - 11.30 Coffee Break

Moderators: Drs.: Ziad Nahas and Youssef Comair

11:30 – 12:30 **Wilder Penfield Memorial Lecture: Epilepsy and neurodevelopmental disorders**
Dr. Harry Chugani

12:30 – 13.30 **Diana Tamari Sabbagh Memorial Lecture: Electrical stimulation to adjust the activity of circuits and networks in the human brain**
Dr. Andres Lozano

Moderators: Dr. Anwar Nassar and Imad Uthman

13:30 – 13:45 Announcement of the best oral presentation and best poster

13:45 – 15:00 Lunch Break

Abstract Poster Session (NON-CME) 10:00 – 12:00

Afternoon Sessions:

Session A: Bleeding Complications in Women

Moderators: Drs.: Saad Itani and Anwar Nassar

15:00 – 15:10 Maternal and reproductive health in Lebanon: Introductory highlights
Dr. Faysal El-Kak

15:10 - 15:30 Bleeding in maternal medicine
Dr. James Walker

15:30 – 15:50 Saving women's lives across pregnancy and childbirth
Dr. James Walker

15:50 – 16:10 Menstrual disorders across puberty and adolescence: An interdisciplinary women's health approach
Dr. Margaret McKenzie

16:10 – 16:30 Coffee Break

Moderators: Drs.: Elie Atieh and Labib Ghulmiyyah

16:30 – 16:50 Clinical strategies of abnormal uterine bleeding investigation
Dr. Margaret McKenzie

16:50 – 17:10 Treatment algorithms for abnormal uterine bleeding
Dr. Margaret McKenzie

17:10 – 17:20 Questions and answers

Session B: Hot Topics in Men and Women's Health

Moderators: Drs.: George Ghazzal and Raja Khaulil

15:00 – 15:30 Men's and sexual health-turning the corner
Dr. Siegfried Meryn

15:30 – 16:00 Anabolic steroids and food supplements: Winning and staying younger at any cost
Dr. Aksam Yassin

16:00 – 16:30 Personality, emotions, and the heart: Heart brain connections part II
Dr. Leopoldo Pozuelo

16:30 – 16:50 Coffee Break

Moderators: Drs.: Nassim Kheriati and Hussein Fawwaz

16:50 - 17:20 Male infertility
Dr. Wassim Wazzan

17:20 – 17:50 Sexually transmitted infections; what every man and woman should know
Dr. Faysal El Kak

17:50 – 18:20 Prostate cancer screening and PSA phobia
Dr. Amr Fergany

Day 4: Sunday 6 May, 2012

08:00 Registration

Emergencies and Urgencies in the Emergency Department (ED) and Other Acute Settings

Moderators: Drs. Rachid Rahme, Maria Cristina Costin and Antoine Zoghbi

08:30 – 09:00 Sepsis update: 2012
Dr. Eveline Hitti

09:00 – 09:30 Advanced Cardiac Life Support update 2012
Dr. Harvey Meislin

09:30 - 10:00 Proper antibiotics selection in the emergency department and other acute settings: 2012
Dr. Jacques E. Mokhbat

10:00 – 10:30 Soft tissue infections in the Emergency Department and other acute settings
Dr. Harvey Meislin

10:30 - 11:00 Coffee Break

Moderators: Drs. Roula Farah, Bernard Gerbaka and Marianne Majdalani

11:00 – 11:30 Pediatric Advanced Life Support (PALS) update 2012
Dr. Marianne Majdalani

11:30 - 12:00 Top pediatric emergency medicine articles in the last decade
Dr. Ramon Johnson

12:00 – 12:30 Pediatric fever in the Emergency Department and other acute settings
Dr. Rima Wakim

12:30 – 13:15 Pediatric emergency department practice management
Dr. Ramon Johnson

Workshops

Date/Time	Title	Speakers	Registration Fee
Thursday May 3, 2012 15:00 – 18:00	<p>Emergency Department Triage</p> <p>15:00 – 16:00 Overview of Triage & Triage Systems</p> <p>16:00 – 16:30 Emergency Severity Index: the 5-Point Triage System we recommend</p> <p>16:30 – 18:00 Case Discussions and Clinical Scenarios – a workshop</p>	Drs.: Amin Kazzi and Rachid Rahme	USD 50
Thursday May 3, 2012	<p>Selected Topics on Screening and Women's Health Promotion in Lebanon (Nurses NON-CME)</p> <p>9:00 -9:30 Cardiovascular Health Promotion for Women Dr. Samar Nouredine</p> <p>9:30-10:00 Memory in Women: The Role of Estrogen Dr. Hala Darwich</p> <p>10:00-10:30 Cervical Cancer Screening in a Lebanese Population Mrs. Mary Arevian</p> <p>10:30-11:00 Coffee Break</p> <p>11:00 -11:30 Risk Factors and Mental Health in a Female Population Exposed to Traumatic War Events in South Lebanon Dr. Laila Farhood</p>	Drs.: Samar Nouredine, Hala Darwich, Laila Farhoud, Chris Abbyad and Mrs. Mary Arevian	Free Registration

	11:30-12:00 Pre-conceptual Health in Preparation for Pregnancy Dr. Chris Abbyad		
Thursday May 3, Friday May 4, and Saturday May 5, 2012	<p>Aesculap Academy course: "Peripheral Nerve Block Fundamentals" and Satellite Workshop "Ultrasound Guidance Introduction" (NON-CME)</p> <p><u>Thursday May, 03, 2012</u> 13:00 – 14:00 Registration at the MEMA</p> <p>14.00 – 14.10 Welcome and Course Objectives Dr. Chakib Ayoub</p> <p><i>Presentations: Session Chair Dr. Chakib Ayoub</i></p> <p>14.10 – 14.35 Test for all participants</p> <p>14.35 – 15.15 “Pharmacology of Local Anesthetics – Safe and Effective Choices” Dr. Maroun Ghabash</p> <p>15.15 - 15.55 “The Physics, Knobology, and Acquisition of High Quality Ultrasound Images” Dr. Chakib Ayoub</p> <p>15.55 – 16.10 Coffee Break</p> <p>16.10 - 16.50 “Overview Upper Extremity Blocks” Dr. Marwan Rizk</p> <p>16.50 - 17.30 “Overview Lower Extremity Blocks” Dr. Koscielniak-Nielsen and Dr. Marie Awwad</p>	Drs.: Chakib Ayoub, Koscielniak-Nielson, Marwan Rizk, Maroun Ghabash, Patrick Narchi, M. Awwad and Ghassan Kanazi	EUR 750

	<p><u>Friday May, 04, 2012</u></p> <p>09.00 - 12.00 Station 1: Upper extremity nerve stimulation Demonstrated and supervised by Dr. Marwan Rizk</p> <p>Station 2: Lower extremity nerve stimulation Demonstrated and supervised by Dr. Chakib Ayoub</p> <p>Station 3: Upper extremity ultrasound demonstration Demonstrated and supervised by Dr. Koscielniak-Nielsen</p> <p>Station 4: Lower extremity ultrasound demonstration Demonstrated and supervised by Dr. Ghassan Kanazi</p> <p>Station 5: Practical Demonstration on meat model Demonstrated and supervised by Dr. Marie Awwad and Dr. Maroun Ghabach</p> <p>13.00 – 14:00 Lunch</p> <p><u>Saturday May, 05, 2012</u></p> <p>08.00 – 15.00 Live cases (2 stations in the operating room): Ultrasound-Guided Regional Anesthesia for Upper and Lower Extremity Blocks Nerve Stimulation Regional Anesthesia for Upper and Lower Extremity Blocks Demonstrated and supervised by Drs.: Koscielniak-Nielsen, Chakib Ayoub, Marie Awwad and Marwan Rizk</p> <p>15.00 – 16.00 Wrap-up</p>		
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<p>Friday May 4, 2012</p>	<p>Money and Medicine: Are the boundaries blurred? (Medical Students, residents, interns and young physicians – NON-CME)</p> <p>18:00 - 18:15 Money and the Profession of Medicine: A Historical and Contemporary Overview Dr. Kamal Badr</p> <p>18:15 - 18:30 How to Plan your Medical Practice Dr. Abdul Latif Hamdan</p> <p>18:30 - 18:45 Practicing Medicine in Lebanon: Facts and Figures Dr. Mahmoud Choucair</p> <p>18:45 - 19:05 Money in Research: What Concerns Students and Postdocs Dr. Akl Fahed and Mr. Osama Mohamad</p> <p>19:05 - 19:30 Discussion</p>	<p>Drs.: Kamal Badr, Abdul-Latif Hamdan, Mahmoud Choucair, Akl Fahed and Osama Mohamad</p>	<p>Free Registration</p>
<p>Saturday May 5, 2012</p>	<p>Symposium on Prostate Cancer and the Impact of New Technology</p> <p><i>Moderators: Drs. George Assaf and Wassim Wazzan</i></p> <p>10:00 – 10:20 Management of localized prostate cancer Dr. Amr Fergany</p> <p>10:20 – 10:40 Option of management of locally advanced disease Dr. Raja Khauli</p> <p>10:40 – 11:00 Management of node positive disease Dr. Muhammad Bulbul</p>	<p>Drs. Jihad Kaouk, Raja Khauli, Muhammad Bulbul and Amr Fergany</p>	<p>Free Registration</p>

	<p><i>Moderators : Dr. Muhammad Bulbul and Maroun Mukarzel</i></p> <p>11:00 – 11:30 Robotics and prostate cancer: All you need to know Dr. Jihad Kaouk</p> <p>11:30 – 12:00 Open discussion Dr. Jihad Kaouk</p>		
<p>Sunday May 6, 2012</p>	<p>Asking About Domestic Violence and Responding to Disclosure in Clinical Settings</p> <p>09:00 - 09:30 Domestic violence worldwide The situation in Lebanon</p> <p>09:30 - 10:30 Barriers to asking Barriers to disclosure How to ask</p> <p>10:30 - 11:00 The initial response of the health care provider and use of domestic violence agencies</p>	<p>Drs.: Gene Feder and Jinan Usta</p>	<p>Free Registration</p>