

# A Message from the Chairperson of the Assembly

It is my distinct pleasure to welcome you to the 46th Middle East Medical Assembly (MEMA) and to the American University of Beirut. MEMA has traditionally been, and continues to be, a multidisciplinary scientific meeting bringing together international, regional and local experts and scientists aimed at enhancing medical education, research, and health care in Lebanon and the Middle East. In all aspects, MEMA embodies the academic mission of the American University of Beirut Medical Center and is a yearly celebration of its history, present, and future.

This year's core program was developed as a Global Health Forum based on core themes (innovative medical education, global health and social medicine, the art and science of clinical research, preventative medicine, and health care reform) and aims to involve and engage students, medicine and public health experts, policy makers, health activists and NGOs, and the community at large. A number of workshops and lecture sessions in various fields of medicine, such as thrombosis, oncology, bariatric surgery, immunology, neonatology and emergency medicine, will also be offered.

We hope you will make the most of this scientific health fair and enjoy Lebanese hospitality, the picturesque campus of AUB and our beautiful country.

**Ala' Sharara, M.D., FACG, AGAF**  
Chairperson,  
46th Middle East Medical Assembly  
American University of Beirut

# A message from the President of the American University of Beirut

I am delighted to welcome all of you to the 46th meeting of the Middle East Medical Assembly (MEMA). We are proud to once again be sponsoring this prestigious gathering with the Cleveland Clinic. Let me add that AUB has just celebrated the 150th anniversary of its founding charter, granted by New York State on April 24, 1863.

Because they were determined to have a medical school to respond to the educational needs of the region, AUB's founders introduced a medical department in 1867 – just one year after the founding of the College. Since the assembly was launched in 1951, MEMA too has played an important role in AUB's commitment to advance medical knowledge in the region. It has provided an invaluable opportunity for health-care clinicians and researchers to come together to share ideas and explore important topics in medicine. The themes of MEMA 2013 reflect the breadth and expertise of the participants at this year's event: Global Health and Social Medicine; Medical Education and Simulation; Colorectal Cancer; Pivotal Clinical Trials; Smoking Cessation; Universal Health Coverage; and Bariatric Surgery.

MEMA is also a wonderful chance for us to share with you some of the exciting changes that are taking place at AUB and at the Medical Center. This past fall, we celebrated a critical milestone in our multi-year initiative to implement the AUBMC 2020 vision when we broke ground for a new Academic and Clinical Center. This 30,000 square meter, nine-story building will include three educational centers in addition to several clinics. In February, we announced the establishment of one of these centers of excellence – the Moufid Farra Heart and Vascular Outpatient Center, which will be equipped with 17 clinics and offer specialized services in cardiology, cardiothoracic, and vascular services.

One of the paths we are traveling to implement AUBMC 2020 is to establish strategic partnerships to provide more patients with access to our doctors and medical facilities, to expand training opportunities, and to promote clinical exchanges and collaborations. These agreements, such as the one we signed with the New Mazloum Hospital in October 2012, establishing the Mamdouha El-Sayed Cancer Center of Tripoli, are expanding our presence beyond Beirut.

I hope that while you are here you will take the opportunity not only to explore new topics in medicine, but also to learn more about AUBMC 2020 – and to enjoy some of the many attractions that AUB and Beirut offer.

**Peter Dorman**

President of the American University of Beirut

# A message from the Vice President for the Medical Affairs

It is with great pleasure that I welcome you all to the 46th Middle East Medical Assembly (MEMA) held at the American University of Beirut. With all of your support and participation this year's MEMA looks to be an outstanding one, further strengthening the long-standing tradition of providing excellence in Medical Education throughout the region. MEMA as an integral part of the academic mission of our Faculty of Medicine and Medical Center and a proud part of our heritage in providing medical education to the region.

Although MEMA is a medical meeting rich in tradition and history, it is also one that is reflective of the changing needs of our communities and medical education. The 46th MEMA has taken on the form of a Global Health Forum covering numerous topics of extreme relevance to our local and regional populations including medical education and simulation, colorectal cancer, research and pivotal clinical trials, and smoking cessation, amongst others with the goal of creating/changing policy and reform. Under the guidance of our Continuing Medical Education (CME) Office, and the leadership of this year's Chairman, Dr. Ala Sharara, I am confident the 46th MEMA will build on MEMA's historic role and lay the foundations for the new direction of this prestigious medical conference.

I would like to thank all of this year's participants and speakers from healthcare providers, policy makers, NGOs, experts, and the community at large for their support and engagement. To all of our international and regional participants, thank you for being a part of the 46th MEMA and welcome to Lebanon and AUB.

MEMA provides an unmatched platform for the exchange of medical expertise in the region. Every attendee will have the opportunity to learn, share and shape the delivery of healthcare to patients across the entire region.

Thank you for joining us and I hope that your experience at this year's MEMA is a rewarding one.

**Mohamed H. Sayegh, MD**

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# General Information and Accreditation

## Overview

The Middle East Medical Assembly (MEMA) offers the highest standards of high standard educational activities for participants. Attendees enhance their clinical skills, explore practice performance modalities, present their own research or clinical experience, learn the most advanced techniques in their respective specialties, participate in sessions addressing specialty and multidisciplinary topics and interact with internationally renowned experts.

The 46th MEMA will feature state-of-the-art educational sessions, novel research poster sessions, workshops and special memorial lectures focusing on the following disciplines:

- Global Health and Social Medicine
- Medical Education
- Pivotal Clinical Trials
- Colorectal Cancer
- Smoking Cessation
- Universal Health Coverage
- Thromboembolism and Cardiovascular Diseases

## Learning Objectives

- Review the epidemiology and risk factors of colorectal cancer and the adenoma-carcinoma sequence
- Assess available strategies for colorectal cancer screening
- Examine the disease burden and discuss current and evolving therapies for advanced colorectal cancer
- Evaluate the methodology of high-quality clinical research and recognize pearls and pitfalls
- Analyze the practical and ethical pros and cons of funded research
- Develop models of high-quality clinical research studies
- Provide insight into the proper principles of pre-hospital management
- Review what can be done en route to hospitals for common health care emergencies
- Review proper management and up-to-date management of cardiovascular and septic emergencies
- Discuss Regional Challenges in Global Health and Social Medicine
- Evaluate the Methodology of Delivery and Implementation of Social Medicine & Global Health
- Discuss regional issues in medical education
- Review progress on implementation of tobacco control policy at national level
- Train health professionals on the range of evidence based smoking cessation strategies and approaches

## Target Audience

This annual scientific meeting has been designed for General Practitioners, Family medicine, Oncologists, Pediatricians, Hematopathologists, Infectious, Emergency Medicine, Surgeons, Nurses, Physical Therapists, trainees, researchers, and other health care workers.

## Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The Cleveland Clinic Foundation Center for Continuing Education and American University of Beirut Medical Center. The Cleveland Clinic Foundation Center for Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of *27 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

## Lebanese Order of Physicians Statement

MEMA complies with the Lebanese Order of Physicians Continuing Medical Education guidelines.

## Grantor Acknowledgment

The Cleveland Clinic Foundation Center for Continuing Education and the American University of Beirut Medical Center acknowledge educational grants for partial support of this activity from:

- Jeffery Modell Foundation
- Medisim
- Pfizer
- Pharmamed

## Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by The Cleveland Clinic Foundation. In no event will The Cleveland Clinic Foundation be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

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## Certificates - Eligibility and Distribution

**Important Note:** Kindly complete all necessary evaluation forms and hand them in to the registration desk at the time of certificate issuance. No certificates will be issued without all completed evaluation forms of the sessions attended.

Type of Certificate	Eligibility	Procedure
AUB Certificate of Attendance	All attendees and speakers are eligible for an AUB Certificate of Attendance	To receive your AUB certificate of attendance, you are kindly requested to present your registration badge to the registration desk at the end of the activity. Your certificate will be issued immediately.
Lebanese Order of Physicians (LOP) Certificate	All attendees and speakers registered under the LOP are eligible for an LOP certificate	To receive your LOP certificate, you are kindly requested to pass by the registration desk daily to scan your badge. Your certificate will be issued at the end of the conference only.
<i>AMA PRA Category 1 Credits™ Certificate</i>	All attendees and speakers are eligible for the <i>AMA PRA Category 1 Credits™ certificate</i>	To receive your <i>AMA PRA Category 1 Credits™ certificate</i> you are kindly requested to complete the speaker evaluation form and then log on to the Cleveland Clinic MyCME website (More details below under "Evaluation Forms"). No forms will be accepted after May 11, 2013.

For further assistance or clarification please kindly pass by the registration desks.

## Evaluation Forms

The speaker evaluation forms are located in your congress bag and available at the entrance of the conference or workshop rooms. Your comments and feedback are important for future planning. Please complete the speaker evaluation form and return it to the registration desk in order to issue your certificate.

The course evaluation and CME certificates are available online. In order to receive AMA PRA Category 1 Credits™, please go to [www.ccfme.org/myCME](http://www.ccfme.org/myCME) to complete the course evaluation and to print your CME certificate. Once you enter the site, please enter 021374. The above code is active for 30 days following the symposium.

## User Instructions:

If you are a first-time user of "MyCME," you will need to create a six-digit password comprised of any combination of letters and/or numbers. This will become your permanent log in for future Cleveland Clinic "MyCME" programs.

1. Log in to [www.ccfme.org/myCME](http://www.ccfme.org/myCME)
2. Click on "New User?" located under the login box
3. Complete all the fields in the form and click on "Create Account"
4. Click on "Click Here To Login"
5. Login using the information you just provided in the registration form
6. In the "Regularly Scheduled Series" box, enter the code "021374"
7. Complete all the fields and hit "submit"
8. Your official CME certificate will appear. Please print and keep with your permanent files.

**Please note: Be sure to print your CME certificate and keep for your files. This is your permanent record; no other certificate will be generated.**

Program

# Schedule at a Glance and Program

XLVI Middle East Medical Assembly													
Wednesday, May 8		Thursday, May 9			Friday, May 10			Saturday, May 11					
Grounds of SML		Grounds of SML	IFH	Hisham Jaroudi	SB-101	IFH	Hisham Jaroudi	Bathish Auditorium	IFH	Auditorium A - West Hall	Hisham Jaroudi	Simulation Lab	Room 300
7:30	Registration	Registration											
8:00													
8:30													
9:00				Care of Older Adults Workshop	Emergency medicine	Colorectal Cancer	Medical Education	Thrombosis and Cardio-thoracic Diseases	Universal Health Coverage			NCPNN	Simulation Workshop
9:30				Physical Therapy					Smoking Cessation				
10:00													
10:30													
11:00													
11:30													
12:00													
1:00													
2:00													
3:00													
4:00													
4:30													
5:00													
6:00													
6:30													
7:00													
7:30													
8:00													
										Fundraising Scholarship GALA DINNER at the Four Seasons Hotel (8:00pm)			

# Thursday May 9, 2013: Issam Fares Hall

## Global Health and Social Medicine

### Issues and Controversies in Global Health and Social Medicine

Moderators: Drs. Kamal Badr and Walid Ammar

- 09:00 – 09:05                      Welcome and introduction  
*Dr. Kamal Badr*
- 09:05 – 09:30                      Global health in the context of Neoliberal Globalization:  
What is being done and what is to be done?  
*Dr. David Sanders*
- 09:30 – 09:55                      The global is local  
*Dr. Iman Nuwayhid*
- 09:55 – 10:15                      DISCUSSION

## Regional Issues and Priorities through the Lens of Global Health and Social Medicine

Moderator: Dr. Ghassan Abu Sittah

### Policy and governance

- 10:15 – 10:35                      Health profile, policy priorities and governance and accountability in the MENA region  
*Dr. Fadi El Jardali*
- 10:35 – 10:45                      DISCUSSION
- 10:55 – 11:00                      COFFEE BREAK

### Physician brain drain

- 11:00 – 11:20                      The Lebanese experience and requirements for repatriation  
*Drs. Kamal Badr and Elie Akl*
- 11:20 – 11:35                      Conflict and health: Health interventions in conflict settings  
*Ms. Caroline Abla*
- 11:35 – 11:50                      Wounds of Gaza: The challenge of prolonged conflict  
*Dr. Ghassan Abu Sitta*

## Health across the life span and NCDs

11:50 – 12:05	NCD, aging and global health in the region <i>Dr. Nabil Kronfol</i>
12:05 – 12:20	Care for child development: The next frontier in global health for children <i>Dr. Mohamad Mikati</i>
12:20 – 12:40	NCD: Regional agenda for prevention and control <i>Dr. Salim Adib</i>
12:40 – 13:00	DISCUSSION
13:00 – 14:00	LUNCH BREAK

## From Issues to Action: Delivery and Implementation of Global Health and Social Medicine

Moderator: Dr. Samer Jabbour

14:00- 14:20	Medical Education as a vehicle for global health and social medicine <i>Dr. Mona Haidar</i>
14:20-:14:40	Global health and the role of the civil society in community mobilization <i>Dr. Ghassan Issa</i>
14:40- 14:50	COFFEE BREAK
14:50 – 15:30	Wrap up: Discussion and recommendations

## SB-101

### Emergency Medicine 2013: From the In-Hospital to the Pre-Hospital Setting

Moderators: Drs. Gilbert Abi-Dagher, Maria Cristina Costin and Kamal Medlej

09:00 – 10:00	Stroke in the Emergency Department 2013: Lessons and Challenges in Lebanon <i>Dr. Samir Atweh</i>
10:00 – 11:00	Pitfalls in Emergency Medicine <i>Dr. Eveline Hitti</i>
11:00 – 12:00	Out-of hospital cardiac arrests: Lessons learned in Lebanon <i>Dr. Mazen El Sayed</i>
12:00 – 13:00	Challenges in establishing Emergency Medicine and Emergency Department services in your hospitals: Lessons learned in Lebanon <i>Dr. Amin Kazzi</i>
13:00 – 14:00	LUNCH BREAK

Moderators: Drs. Antoine Zoghbie, Rachid Rahme and Afif Mufarrrij

14:00 – 16:00	Emergency medical services in Lebanon: Current status & future Directions <i>Dr. Mazen El-Sayed, Mr. George Kettaneh, Mr. Nabil Salhani, Dr. Walid Ammar, Dr. Samir Knio and Dr. Amin Kazzi</i>
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# Hisham Jaroudi Auditorium (Hariri School of Nursing)

## Care of Older Adults with Cognitive Impairment

Moderator: Dr. Huda Huijjer

09:00 – 09:20	Quality of life of institutionalized older adults in Lebanon <i>Dr. Marina Adra</i>
09:20 – 09:40	Vitamin D and cognitive performance among older adults in Lebanon <i>Dr. Hala Darwish</i>
09:40 – 10:00	Frailty as a risk factor for Alzheimer disease <i>Dr. Elie Stephan</i>
10:00 – 10:20	Novel therapy for agitation in Alzheimer's patients <i>Dr. Imad Al Hajj</i>
10:20 – 10:40	Mental health of Lebanese older adults in South Lebanon following exposure to war traumas: Challenges and recommendations <i>Dr. Laila Farhood</i>
10:40 – 11:00	Caring for the caregiver of patients with dementia / or Weight loss and malnutrition in older adults or Preventive care in geriatric medicine <i>Dr. Ramzi Hajjar</i>
11:00 – 11:30	COFFEE BREAK

## Clinical Guidelines in Non Specific Low Back Pain

Moderator: Dr. Claude Maroun

11:30 – 12:00	The definition of EBP and CGL <i>Dr. Claude Maroun</i>
12:00 – 12:30	The aims of EBP that are mainly improving the care of the patients, carers and communities along with reducing variations in practice <i>Dr. Claude Maroun</i>
12:30 – 13:00	EBP as a tool for clinical decision making integrating patient preferences <i>Dr. Claude Maroun</i>
13:00 – 13:30	The hierarchy of research evidence and strength of recommendations <i>Dr. Claude Maroun</i>
13:30 – 14:00	The clinical guidelines in non-specific low back pain <i>Dr. Claude Maroun</i>

# Friday May 10, 2013: Issam Fares Hall

## Colorectal Cancer: Towards the Implementation of a National Screening Program

Moderators: Drs. Ala' Sharara, Salem Khoury and Georges Chahine

08:30 – 08:50	Epidemiology of colon cancer <i>Drs. Ernst Kuipers and Ala Sharara</i>
08:50 – 09:20	The molecular blueprints of colon cancer <i>Dr. Ghazi Zaatari</i>
09:20 – 09:45	Evolution of treatment for advanced colorectal cancer <i>Dr. Ghassan Abu Alfa</i>
09:45 – 10:10	Surgery for colon cancer: state of the art <i>Dr. Eddie Abdalla</i>
10:10 – 10:30	COFFEE BREAK
10:30 – 11:00	Screening for colon cancer: The Dutch model and proposed strategies <i>Dr. Ernst Kuipers</i>
11:00 – 11:20	Cracking the problem of the right colon <i>Dr. Charles Kahi</i>
11:20 – 11:40	Quality indicators in screening colonoscopy: How to preserve the gold standard! <i>Drs. Charles Kahi and George Cortas</i>
11:40 – 12:00	Discussion and wrap up
12:00 – 13:15	LUNCH BREAK

## Pivotal Clinical Trials: The Art and Science of Clinical Research

Moderators: Drs.: Ghada El Hajj Fuleihan and Fawaz Fawaz

13:15: - 13:25	Introduction <i>Dr. Ghada El Hajj Fuleihan</i>
13:25 – 14:00	Biologic therapy for Crohn's disease <i>Dr. Andreas Sturm</i>
14:00 – 14:35	Antiplatelet therapy in acute coronary syndrome <i>Dr. Stefan James</i>
14:35 – 15:15	The Chafic Haddad Memorial Lecture: Osteoporosis pivotal trials (Co-sponsored by Calcium Metabolism and Osteoporosis Program, WHO CC for Metabolic \Bone Disorders, at AUB) <i>Dr. Michael McClung</i>
15:15 – 15:35	COFFEE BREAK
15:35 – 16:10	Novel therapies for CML <i>Dr. Gianantonio Rosti</i>
16:10 – 16:45	Hepatitis C: The pathway to cure <i>Dr. Ferruccio Bonino</i>

16:45 – 17:20 Advances in treatment of diabetes  
*Dr. Oliver Schnell*

17:20 – 18:00 Interactive panel discussion  
*Drs. Elie Akl and Nadia Cheaib*

## Hisham Jaroudi Auditorium

### Regional Issues in Medical Education, Accreditation and Certification: Implications for healthcare

#### Transformation in accreditation and certification practices and their impact on health: Regional perspective

Moderators: Drs. Kamal Badr and Thurayya Arayssi

09:00 – 09:10 Introduction  
*Dr. Kamal Badr*

09:10 – 09:30 A new medical school to address health care challenges  
*Dr. Javeid Sheikh*

09:30 – 09:50 Improving health through accreditation:  
the Qatar experience  
*Dr. Ibrahim Janahi*

09:50- 10:10 Improving health through accreditation:  
the Oman experience  
*Dr. Abdullah Al-Futaisi*

10:10 – 10:30 COFFEE BREAK

10:30 – 10:50 Improving health through accreditation:  
the UAE experience  
*Dr. Hatem Faraj Al-Ameri*

10:50 – 11:10 Regional solution to global issues in accreditation and certification:  
Role of the American University of Beirut  
*Dr. Kamal Badr*

11:10 – 11:40 COFFEE BREAK

#### Role of International Organizations in Facilitating Transformation

Moderators: Drs. Kamal Badr and Thurayya Arayssi

11:40 – 12:00 Cultural awareness and change  
*Dr. Thurayya Arayssi*

12:00 – 12:20	NBME: The global mission <i>Dr. Donald Melnick</i>
12:20 – 12:40	Transformation in global and regional healthcare: Challenges and solutions <i>Dr. Robert Crone</i>
12:40 – 13:15	Panel discussion: Improving health care through regional and international collaborations
13:15 – 14:00	LUNCH BREAK

## Humanities and Professionalism

Moderators: Drs. Ramzi Sabra and Thalia Arawi

14:00 – 14:45	Keynote Address: The hidden curriculum: Background material, what it may look like for particular student populations, and how to address some of the issues (and problems) that arise <i>Dr. Julie Aultman</i>
14:45 – 14:55	QUESTIONS AND ANSWERS
14:55 – 16:55	Workshop (Reflective Practice Exercise): The Narrative approach in medicine: Recognizing, absorbing, interpreting and responding to stories of illness. <i>Dr. Julie Aultman</i>
16:55 – 17:00	QUESTIONS AND ANSWERS

## Bathish Auditorium

### Thromboembolism and Cardiothoracic Diseases

Moderators: Prof. Ali Taher and Dr. Pierre Sfeir

09:00 – 09:40	Advances in the medical treatment of thromboembolic disease <i>Dr. Milan Gupta</i>
09:40 – 09:55	Student research presentation: Role of blood transfusion product type and dose in deep vein thrombosis (dvt) after cardiac surgery <i>Ms. Lama Ghazi</i>
09:55 – 10:35	The Khalil Abu Feisal Lecture: Pulmonary embolism and pulmonary hypertension <i>Dr. Harrison Farber</i>
10:35 – 11:00	The Alexander Geha Lecture: Pulmonary thromboendarterectomy <i>Dr. Stuart Jamieson</i>
11:00 – 11:20	Panel Discussion
11:20 – 11:30	COFFEE BREAK

## Primary Immunodeficiencies (PID): Regional Network for the Diagnosis and Treatment of Primary Immunodeficiencies

Moderators: Drs.: Raymond Mikhael and Zeina Baz

11:30 – 12:00	The Harvard-Middle East primary immunodeficiency network <i>Dr. Raif Geha</i>
12:00 – 12:30	Severe combined immunodeficiency (SCID) <i>Dr. Hamoud Al Mousa</i>
12:30 – 13:00	Hyper IGE syndromes with emphasis on DOCK8 deficiency <i>Dr. Waleed Al-Herz</i>
13:00 – 13:30	Congenital neutropenia in primary immunodeficiencies <i>Dr. Nima Rezai</i>
13:30 – 14:30	LUNCH BREAK
14:30 – 15:00	Chronic Granulomatous Disease <i>Dr. Isil Barlan</i>
15:00 – 15:30	Mendelian diseases of immune dysregulation and autoimmunity <i>Dr. Talal Chatila</i>
15:30 – 16:00	Apoptosis defects and immunodeficiencies <i>Dr. Ghassan Dbaibo</i>

## Saturday May 11, 2013: Issam Fares Hall

### Health Care Financing Reform: Prospects and Challenges'

Moderator: Dr. Shadi Saleh

09:00 - 09:15	Introductory remarks on health care financing reform with a focus on universal health coverage <i>Dr. Shadi Saleh</i>
09:15 - 09:35	Political challenges in the path towards universal health coverage in Lebanon <i>HE Dr. Mohammad Jawad Khalife</i>
09:35 - 09:55	Health financing aspects of universal health coverage transition in Lebanon <i>Dr. Walid Ammar</i>
09:55 - 10:15	The UK experience with health care reform <i>Dr. Ali Jawad</i>
10:15 - 10:35	Health care financing reform in Yemen <i>Dr. Jamal Nasher</i>
10:35 - 10:55	Questions and answers; closing remarks
10:55 – 11:00	COFFEE BREAK

## Towards A Comprehensive Tobacco Control Policy Framework: Building Capacity for Effective Smoking Cessation Programs at National Level

Moderators: Dr. Rima Nakkash

11:00 – 11:15	Opening remarks <i>Dr. Chris Abbyad</i>
11:15 – 11:35	Lebanon's tobacco control policy: Gaps and opportunities <i>Dr. Rima Nakkash</i>
11:35 – 11:55	Tobacco taxation in Lebanon: Untapped revenue <i>Drs. Jad Chaaban and Nisreen Salti</i>
11:55 – 12:20	The A to Z of developing national guidelines for smoking cessation <i>Dr. Jonathan Foulds</i>
12:20 – 12:40	Student competition theme: law 174 and distribution of awards <i>Dr. Rima Nakkash</i>
12:40 – 13:00	BREAK

## Auditorium A (West Hall – AUB)

### Evidence Based Smoking Cessation Strategies and Approaches

Moderators: Drs. Rima Nakkash and Christine Abbyad

13:00 – 13:10	Welcome remarks <i>Dr. Rima Nakkash</i>
13:10 - 14:00	Incorporating cessation services within health organizations <i>Dr. Jonathan Foulds</i>
14:00 – 14:30	LUNCH BREAK
14:30 - 15:30	Contextualizing clinical guidelines <i>Dr. Jonathan Foulds</i>
15:30 - 15:45	Research update on Narghile <i>Dr. Nadim Kanj</i>
15:45 - 16:15	Engaging smokers (practice in motivational interviewing techniques) <i>Dr. Christine Abbyad</i>
16:15 - 16:45	The ABCs of behavioral support <i>Drs. Jonathan Foulds</i>
16:45 - 17:00	COFFEE BREAK
17:00 - 17:30	Pharmacotherapy and the science behind nicotine dependence <i>Dr. Farid Talih</i>
17:30 - 18:00	Barriers to treatment and relapse in Lebanon <i>Dr. Nadim Kanj</i>
18:00 - 18:20	Panel discussion: Smokers who have quit <i>Dr. Christine Abbyad</i>
18:20 – 18:30	Wrap up and evaluation

# Hisham Jaroudi Auditorium

## Student Workshop: Non-US post-graduate opportunities

Moderators: Ms. Widad About Chaar and Dr. Ralph Tayyar

11:30 – 12:15	Key-note address with focus on UK opportunities for residency <i>Dr. Ali Jawad</i>
12:15 – 12:30	COFFEE BREAK
12:30 – 12:45	Residency and practice opportunities in Qatar <i>Dr. Ibrahim Janahi</i>
12:45 – 13:00	Residency and practice opportunities in Germany <i>Mr. Sebastian Damm</i>
13:00 – 13:15	Residency and practice opportunities in Canada <i>Dr. Marcellina Mian</i>
13:15 – 13:45	QUESTIONS AND ANSWERS
13:45 – 14:00	COFFEE BREAK

# Simulation Lab (Hariri School of Nursing)

## Neonatal Resuscitation Workshop

Moderator: Dr. Lama Charafeddine

08:00 – 08:10	Welcome and introductions <i>Dr. Lama Charafeddine</i>
08:10 – 08:40	Written evaluation <i>Dr. Lama Charafeddine</i>
08:40 – 09:00	Corrections and discussion <i>Dr. Lama Charafeddine</i>
09:00 – 09:30	Overview of resuscitation algorithm <i>Dr. Lama Charafeddine</i>
09:30 – 12:30	<p><b>Performance Stations:</b></p> <p><b>Station 1:</b></p> <ul style="list-style-type: none"> <li>Equipment and initial steps <i>Dr. Kawsar Alamiddine</i></li> </ul> <p><b>Station 2:</b></p> <ul style="list-style-type: none"> <li>Use of resuscitation devices for P.P.V and chest compressions <i>Dr. David Amaneddine</i></li> </ul> <p><b>Station 3:</b></p> <ul style="list-style-type: none"> <li>Intubation or Assisting in intubation <i>Dr. Imad Melki</i></li> </ul> <p><b>Station 4:</b></p> <ul style="list-style-type: none"> <li>Umbilical venous line placement/ medications <i>Drs. Marie-Claude Faddous and Dany Hamod</i></li> </ul>
12:30 – 13:30	LUNCH BREAK
13:30 – 14:30	Case scenarios: put it all together practice + Debriefing (4 stations) <i>Drs. Taleb Jammal, Najwa Tfayli, Ms. Talin Gulgulian and Mrs. Saadieh Masri</i>
14:30 – 15:30	Integrated Skills Stations: Individual testing (4 stations) <i>Drs. Taleb Jammal, Najwa Tfayli, Ms. Talin Gulgulian and Mrs. Saadieh Masri</i>
15:30 – 16:00	Evaluations and Certificates Distribution <i>Dr. Lama Charafeddine</i>

# Room 300

**Simulation Workshop (Two identical sessions are scheduled for the workshop and attendees can opt to register for either the morning session or the afternoon session.)**

## Morning Workshop

Moderator: Dr. Rana Sharara-Chami

08:00 – 08:45	Simulation in 2013: Past, present and future <i>Dr. Rana Sharara-Chami and Mr. Bassam Tabshouri</i>			
08:45 - 09:00	Questions and orientation to mannequins			
09:00 – 09:15	Grouping			
<b>Station 1:</b>	<b>Station 2:</b>	<b>Station 3:</b>	<b>Station 4:</b>	
• Difficult Airway Skills	• OB Simulation	• Neonatal simulation	• Trauma Stimulation	
<i>Leaders:</i> <i>Dr. Ghassan Kanazi,</i> <i>Dr. Carine Zeeni</i>	<i>Leaders:</i> <i>Dr. Kristina Sole,</i> <i>Dr. Anwar Nassar</i>	<i>Leaders:</i> <i>Dr. Rana Sharara-Chami</i>	<i>Leaders:</i> <i>Ms. Diana El-Skaff,</i> <i>Dr. Ali Hallal</i>	

09:15 - 09:45	<b>Station 1:</b>	<b>Station 2:</b>	<b>Station 3:</b>	<b>Station 4:</b>
Group A	Group A	Group B	Group C	Group D
09:45 - 10:15	<b>Station 1:</b>	<b>Station 2:</b>	<b>Station 3:</b>	<b>Station 4:</b>
Group B	Group B	Group A	Group D	Group C

**Breakout sessions: NB:** Each group will consist of 10 participants

10:15 – 10:30	COFFEE BREAK			
10:30 – 10:45	The art of debriefing (All groups) <i>Dr. Rana Sharara-Chami</i>			
10:45 - 11:15	<b>Station 1:</b>	<b>Station 2:</b>	<b>Station 3:</b>	<b>Station 4:</b>
Group C	Group C	Group D	Group A	Group B
11:15 - 11:45	<b>Station 1:</b>	<b>Station 2:</b>	<b>Station 3:</b>	<b>Station 4:</b>
Group D	Group D	Group C	Group B	Group A

**NB:** Each group will consist of 10 participants

11:45 – 12:00	The role of interprofessional collaboration: A team approach <i>Dr. Huda Huijer</i>			
12:00 – 12:15	Communication skills: A critical element (All groups) <i>Dr. Dora Stadler</i>			
12:15 – 12:30	Wrap Up: Panel questions and answers <i>Drs. Rana Sharara-Chami, Dora Stadler, Kristina Sole, Ghassan Kanazi and Carine Zeeni</i>			
12:30 – 13:30	LUNCH BREAK			

## Afternoon Session

Moderator: Dr. Rana Sharara-Chami

13:30 – 14:15	Simulation in 2013: Past, present and future <i>Dr. Rana Sharara-Chami and Mr. Bassam Tabshouri</i>		
14:15 – 14:30	Questions and orientation to mannequins		
14:30 – 14:45	Grouping		
<b>Station 1:</b>	<b>Station 2:</b>	<b>Station 3:</b>	<b>Station 4:</b>
• Difficult Airway Skills	• OB Simulation	• Neonatal simulation	• Trauma Stimulation
<i>Leaders:</i> <i>Dr. Ghassan Kanazi,</i> <i>Dr. Carine Zeeni</i>	<i>Leaders:</i> <i>Dr. Kristina Sole,</i> <i>Dr. Anwar Nassar</i>	<i>Leaders:</i> <i>Dr. Rana Sharara-Chami</i>	<i>Leaders:</i> <i>Ms. Diana El-Skaff,</i> <i>Dr. Ali Hallal</i>
14:45 - 15:15			
<b>Station 1:</b> Group A	<b>Station 2:</b> Group B	<b>Station 3:</b> Group C	<b>Station 4:</b> Group D
15:15 - 15:45			
<b>Station 1:</b> Group B	<b>Station 2:</b> Group A	<b>Station 3:</b> Group D	<b>Station 4:</b> Group C

**Breakout sessions: NB:** Each group will consist of 10 participants

15:45 – 16:00	COFFEE BREAK		
16:00 – 16:15	The art of debriefing (All groups) <i>Dr. Rana Sharara-Chami</i>		
16:15 - 16:45			
<b>Station 1:</b> Group C	<b>Station 2:</b> Group D	<b>Station 3:</b> Group A	<b>Station 4:</b> Group B
16:45 - 17:15			
<b>Station 1:</b> Group D	<b>Station 2:</b> Group C	<b>Station 3:</b> Group B	<b>Station 4:</b> Group A
<b>NB:</b> Each group will consist of 10 participants			
17:15 – 17:30	The role of interprofessional collaboration: A team approach <i>Dr. Huda Huijer</i>		
17:30 – 17:45	Communication skills: A critical element (All groups) <i>Dr. Dora Stadler</i>		
17:45 – 18:00	Wrap up: Panel questions and answers <i>Drs. Rana Sharara-Chami, Dora Stadler, Kristina Sole, Ghassan Kanazi and Carine Zeeni</i>		