The Department of Clinical Nutrition at the American University of Beirut Medical Center invites you to its

Lebanese International Nutrition Conference 2014 (LINC 2014)

“Clinical Nutrition: Translating Evidence into Practice”

Saturday, April 5th, 2014

Preceded by a Diabetes workshop on April 4th, 2014

In collaboration with:

Organized by the Continuing Medical Education Office (CME)

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Message from the Activity Director

On behalf of the Department of Clinical Nutrition at the American University of Beirut Medical Center, I would like to warmly welcome you to the Lebanese International Nutrition Conference 2014 (LINC 2014), organized by the Continuing Medical Education Office (CME) at the American University of Beirut in collaboration with Science PRO.

This year, we are launching LINC with the theme of Clinical Nutrition: Translating Evidence into Practice. It will provide the attendees with practical knowledge to be applied at the workplace in areas such as cardiology, oncology and gastroenterology. As for the preconference workshop, it aims to equip dietitians with needed skills to manage the different types of diabetes through the workshop interactive case studies.

The conference targets clinical dietitians and physicians, as well as dietetic and medical students, in addition to nurses and allied health professionals interested in nutrition and dietetics.

It is hoped that LINC will become the national and regional destination to exchange nutrition expertise.

Widad Ayass, MS, APD, LD
Director of Dietetics
Department of Clinical Nutrition
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Program Overview

The conference aims at sharing the dietetic experience of AUBMC with fellow professionals and future clinicians. It will promote the role of dietitian in patient care, and provide attendees with opportunity to network and learn from each other.

Date
Workshop: April 4, 2014 (14:00-18:00)
Conference: April 5, 2014 (09:00-16:00)

Objectives

The conference will provide the attendees with updated information and tools to enhance their practice in the nutrition management of oncology patients, patients with heart failure, as well as patients with celiac disease.

Venue

The preconference workshop will take place at Prof Jaber Sawaya Hall (Room 300), above Saab Medical Library of the American University of Beirut.

The conference will be presented at Issam Fares Hall of the American University of Beirut.
Program

LINC 2014
Pre-Conference Diabetes Workshop
April 4, 2014

1:30 – 2:00  Registration
2:00 – 2:15  Welcome

Session 1: Sweet Care: Advances in Medical Nutrition Therapy in Diabetes Type I
2:15 – 2:30  Insulin Therapy: From A to Z  Dr. Hala Tfayli
2:30 – 2:45  Do Your Math: Carb Count  Ms Dima Timani
2:45 – 3:15  Case 1  Ms Dima Timani
3:15 – 3:30  Break

Session 2: Protecting Pregnancies: Optimizing Outcome for Mother and Infant
3:30 – 3:45  Medical Management: When, How and What?  Dr. Labib Ghulmiyyah
3:45 – 4:00  Vital Role of Dietitians  Ms May Sakr Maalouf
4:00 – 4:30  Case 2  Ms May Sakr Maalouf
4:30 – 4:45  Break

Session 3: Diabetes Type II: It's All About Numbers
4:45 – 5:00  Screening and Treatment Updates in Type II Diabetes  Dr. Sami Azar
5:00 – 5:15  Medical Nutrition Therapy: The Old and the New  Ms Jana Jabbour
5:15 – 5:45  Case 3  Ms Jana Jabbour

LINC 2014
Clinical Nutrition: Translating Evidence into Practice
April 5, 2014

9:00 – 10:00  Registration
10:00 – 10:30  Opening Ceremony
10:30 – 11:00  Cocktail

Session 1: Living with Cancer: Revealing the Unseen
11:00 – 11:20  Medical Intervention: Optimizing Nutritional Status  Dr. Arafat Tfayli
11:20 – 11:40  Food and Cancer: Where Do We Stand?  Ms Marwa Hassan
11:40 – 11:50  Truth or Myth: Can You Guess?  Ms Jana Jabbour
11:50 – 12:00  Q&A - Closing

Session 2: Heart Failure: Pump It Up!
12:00 – 12:20  Medical Advances in Heart Failure  Dr. Hadi Skouri
12:20 – 12:40  Nutrition in Heart Failure: A Practical Approach  Ms Hind Dakhil Abboud
12:40 – 12:50  Multidisciplinary Outreach Program  Ms Angela Massouh
12:50 – 13:00  Q&A - Closing

13:00 – 14:30  Lunch Break

Session 3: From Gluten-Free to Symptom-Free: Trends in Practice
14:30 – 14:40  A Real Life Experience…  Patient testimonial
14:40 – 15:00  Celiac Disease: Diagnosis and Management  Dr Kassem Barada
15:00 – 15:20  Gluten-Free: Is It Really?  Dr Imad Toufeili
15:20 – 15:40  The Diet  Ms Mariam Allaik Kamareddine
15:40 – 15:50  Q&A - Closing