American University of Beirut
Rafic Hariri School of Nursing

Annual Report
2013

The baccalaureate and master's programs at the American University of Beirut Rafic Hariri School of Nursing are accredited by the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington DC 20036, (202) 887-6791. The school is also a full member of the American Association of Colleges of Nursing.
2013 has been another successful year at HSON. We have recruited a record number of students, introduced changes in our academic programs, expanded our partnerships with colleagues on campus, and strengthened our relationships with leading nursing schools in Europe and the United States.

Our current academic programs continue to be benchmarked against international standards. The BSN and MSN programs were reaccredited by the Commission on Collegiate Nursing Education for a period of 10 years. HSON remains the only school of nursing outside the United States to be granted “regular” membership in the American Association of Colleges of Nursing.

We are building on this strong foundation to develop a number of new initiatives such as the BA/BS-BSN second degree program, new graduate degree programs, and an interdisciplinary PhD program in close collaboration with the Faculties of Medicine and Health Sciences.

HSON attracted a number of talented and research-active faculty in 2013 who are contributing to increasing our research and scholarly productivity. We have also been instrumental in creating career paths and joint appointments for faculty and clinicians that are helping to bridge the gap between academia and practice.

The availability of merit scholarships has led to a significant increase in student enrollment this past year. We are also working in close collaboration with colleagues in medicine and health sciences to support interprofessional education (IPE) efforts at AUB.

This year we inducted a large number of members to the AUB School of Nursing Honor Society and we have been approved by Sigma Theta Tau International (STTI) Honor Society chapter to launch the first STTI Chapter in the region at AUB. The chartering date of the chapter is planned on May 23, 2014.
We are proud of our achievements this past year, which we have detailed in this annual report. We hope you will find it interesting and insightful.

Huda Abu-Saad Huijer RN, PhD, FEANS, FAAN
Professor and Director,
Rafic Hariri School of Nursing

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1. Organization of the School of Nursing
Faculty and Staff

Director of the School of Nursing since 2003
Huda Abu-Saad Huijer, RN, PhD, FEANS, FAAN, Professor

Faculty Members
Christine Abbyad, RN, PhD, Clinical Assistant Professor; Undergraduate Division Convener
Rana Abdel Malak, RN, MPH, Clinical Instructor until January 31, 2013
Lina Abi Fakhr Kantar, RN, EdD, Assistant Professor
Marina Adra, RN, MS Physiology, PhD, Clinical Assistant Professor; BSN Coordinator
Nour Alayan, RN, MSN, Clinical Instructor, PhD student on Leave of Absence
Mary Arevian, RN, MPH, Clinical Associate Professor
Michael Clinton, RN (CARNAC), RGN RPN (AHPRA), PhD MSc BA (Hons.), Professor
Hala Darwish, RN, PhD, Assistant Professor
Nuhad Dumit, RN, MA, PhD, Assistant Professor, CE/Offshore Program Coordinator
Souha Fares, PhD, Lecturer, effective September 2013
Laila Farhood, RN, PhD, CS, Professor and Clinical Associate, Psychiatry Department, Faculty of Medicine; MSN Convener
May Khoury, RN, BSN, MSN, Clinical Assistant Professor
Dina Madi, RN, TD, MA Education, PhD, Clinical Assistant Professor, BA/BS-BSN Coordinator
Angela Massouh, RN, MSN, Clinical Instructor, PhD Student
Samar Noureddine, RN, PhD, FAHA, Associate Professor; Assistant Director for Academic Affairs
Mohamad Saab, RN, MSN, Clinical Instructor, effective September 2013
Elie Salameh, RN, DNP, Clinical Assistant Professor, effective February 2013
Hera Tashjian, RN, MSN, CCNS, Clinical Instructor
Lina Younan, RN, MSN, DNP, Clinical Assistant Professor

Visiting Faculty
Khalil Asmar, MS, Instructor, American University of Beirut
Lina Kordahi Badr, RN, PhD. CPNP, FAAN, Professor of Nursing, Leader for Research, AUBMC
Douglas French, PhD, LPsych, Professeur titulaire, École de Psychologie, Université de Moncton, Canada

Adjunct Faculty
Patricia Abbott, RN, PhD, Associate Professor and Co-Director, PAHO/WHO Collaborating Center for Nursing Knowledge, Information Management and Sharing (KIMS), Johns Hopkins University School of Nursing, USA
Patricia M Davidson, Professor and Dean, Johns Hopkins University School of Nursing
Cheryl Dennison, RN, ANP, PhD, FAHA, Associate Professor, Johns Hopkins University School of Nursing, USA
Martha Hill, PhD, RN, FAAN, Professor and Dean, Johns Hopkins University School of Nursing, USA
Shake Ketefian, EdD, RN, FAAN, Professor Emeritus, University of Michigan, USA
Judith Lambton, EdD, MSN, RN, Professor, University of San Francisco, California, USA
Hussein Tahan, DNSc, RN, CAN, Director of Nursing Research and Education, New York-Presbyterian Hospital (NYP), New York, USA
Elizabeth Tanner, Associate Professor, Johns Hopkins School of Nursing and Center on Aging and Health
Phyllis Sharps, Professor, Associate Dean, Community and Global Programs Johns Hopkins School of Nursing

Academic Associates
Gladys Mouro, RN, BSN, MSN, PhD (H), International Consultant
Mona Nasrallah, MD, Associate Professor, American University of Beirut Medical Center (AUBMC)
Anthony Shamoun, MSN-RN, ACNP, Critical Care Nurse Specialist, AUBMC
Wafa Maalouf, Nursing Director, St. George Hospital
Salah Zein El-Dine, MD, Assistant Professor, Director Pulmonary Physiology Laboratory, Director Graduate Medical Education, AUBMC

**Joint appointments**

Michael Clinton with FM Institutional Review Board (IRB) Office as Vice-Chair of the IRB office for the Social and Behavioral Sciences

Hala Darwish with FM/AUBMC as Managing Director of the Abu Haidar Neuroscience Institute

Nuhad Dumit with FM/AUBMC as Co-Director for Continuing Medical Education (CME) Office

Angela Massouh with Nursing Services/AUBMC as Cardiology Clinical Nurse Specialist

**Research Assistants**

Reem Akika, BA
Leila El-Alti, RN
Knar Sagherian, RN, MSN
Safa Shehab, BA

**Clinical Preceptors**

Marwa Ahmad, RN
Farah Alwan, RN, MSN
Nathalie Badaro, RN, MSN
Mohammad Baydoun, RN
Madeleine El-Hajji, RN, MSN
Grace El-Hakim, RN
Aya El-Khatib, RN
Taline Gulgulian, RN, MSN
Mohammad Issa, RN
Bachir Itani, RN
Rima Kaddoura, RN

Ahmad Kaskas, RN
Dalia Kassar, RN
Laila Kazan, RN, MSN
Suzy Khalife, RN, MSN
Nisreen Kumberji, RN, MSN
Rola Mashmoushi, RN
Hanadi Massalkhi, RN, MSN
Madice Merheb, RN, MSN
Reine Nicodeme, RN
Soulandia Saab, RN, MSN
Myrna Saadeh, RN, MSN
Suheir Sakr, RN
Anthony Shamoun, RN, MSN, CNS
Rafica Zaatar, RN, MSN

**Graduate Assistants**

Mohammad Abbass
Hana’a Abdul Salam
Haifa Akar
Samir Ballouz
Grace El-Bitar
Mohammad Hussein Haidar
Abbas Hamieh
Ghida Iskandarani
Nour Jabbour
Nora Kakati
Reem Kassem Youssef
Dina Mouzayyen
Yolla Nazha
Myrna Saadeh
Rachelle Sabbagh
Hana Sahyoun
Wafaa Skaff
Hasmig Tchaparian

Administrative Staff
Ghassan Afram, BSN, TD, MPH, Executive Officer
Zeina Battiha Chamoun, BA, Administrative Assistant
Lynn Berhary Najem, BBA, MBA, Student Services and Recruitment Officer
Rabih Daher, Junior Clerk
Randa Farha, BSN, MSN, MPH, Simulation and Clinical Competency Center
    Coordinator
Fares Mhanna, BS, IT Field Support Technician
Ilham Rustom, Secretary
Marwa Soubra, BS, MBA, IT Manager, Faculty of Medicine and Hariri School of Nursing
Jeanette Zeinati, Secretary
II. Faculty Activities
A. Teaching Assignments 2013

Christine Abbyad
Spring........NURS 306A - Nursing Care of Children, Theory, 1 cr., Co-coordinator
NURS 306B - Nursing Care of Children, Practicum, 2 cr.
NURS 306B - Nursing Care of Children, Simulation, 1 cr.
Summer......NURS 529D - Smoking Cessation as Behavior Modification, Theory, 1 cr., Coordinator
NURS 307 - Practicum I, 1 cr.
Fall............NURS 304A - Nursing Care of the Expectant Family, Theory, 1 cr., Coordinator
NURS 304B - Nursing Care of the Expectant Family, Practicum I, 1.5 cr., Clinical Coordinator
NURS 304B - Nursing Care of the Expectant Family, Simulation, 1 cr.

Rana Abdel Malak
Fall..............NURS 404 - Nursing Informatics, Theory, 2 cr., Coordinator

Lina Abi Fakhr Kantar
Spring........NURS 201A - Introduction to Nursing Practice, Theory, 1 cr., Coordinator
NURS 201B - Introduction to Nursing Practice, Practicum, 1 cr.
NURS 201B - Introduction to Nursing Practice, 1.5 cr., Clinical Coordinator
NURS 509 - Role Development in Nursing Education, Theory, 1.5 cr., Co-coordinator
Summer......NURS 307 - Practicum I, 1 cr., Co-coordinator
NURS 529M - Demystifying Instructional Innovation: New Direction for Educating Nurses
Fall.............NURS 300A - Nursing Care of Adults I, Theory, 1 cr., Co-coordinator
NURS 300B - Nursing Care of Adults I, Simulation, 1 cr.
NURS 300B - Nursing Care of Adults I, Practicum I, 2 cr.

Marina Adra
Spring.........NURS 302A - Nursing Care of Adults II, Theory, 1 cr., Coordinator
NURS 302B - Nursing Care of Adults II, 1.5 cr., Clinical Coordinator
NURS 302B - Nursing Care of Adults II, Practicum, 2 cr.
NURS 302B - Nursing Care of Adults II, Simulation, 1 cr.
Summer......NURS 210 - Pathophysiology, Theory, 2 cr., Coordinator
Fall..........NURS 300A - Nursing Care of Adults I, Theory, 1 cr., Coordinator
NURS 300B - Nursing Care of Adults I, Practicum, 2 cr.
NURS 300B - Nursing Care of Adults I, 1.5 cr., Clinical Coordinator
NURS 300B - Nursing Care of Adults I, Simulation, 1 cr.

Nour Alayan
Spring.........NURS 302B - Medical Surgical Nursing II, Practicum, (2 sections), 4 cr.
NURS 302B - Medical Surgical Nursing II, Simulation, (2 sections) 2 cr.
Summer.......NURS 307 - Practicum I, 1 cr.
Fall..........Leave of Absence PhD studies

Mary Arevian
Spring.........NURS 408A - Community Health Nursing, Theory, 2 cr., Coordinator
NURS 408B - Community Health Nursing, Practicum, 3 cr.
NURS 524 - Community Health Nursing - Residency, 2 cr.
NURS 528 - Advanced Nursing Practicum, 1 cr.
Summer.......NURS 529B - Health Promotion, Theory, 1 cr.
NURS 307 - Practicum I, 1 cr.
Fall..........NURS 408A - Community Health Nursing, Theory, 1 cr., Coordinator
NURS 408B - Community Health Nursing, Practicum, 3 cr.
NURS 524 - Community Health Nursing - Residency, 2 cr.
NURS 528 - Advanced Nursing Practicum, 1 cr.

Michael Clinton
Spring.........NURS 507 - Role Development in Nursing Administration, Theory, 3 cr., Coordinator
NURS 598 - Project
Summer......NURS 508 - Advanced Practice in Nursing Administration, 2 cr.
NURS 598 - Project
Fall..............NURS 500 - Nursing Theory, 2 cr., Coordinator
      NURS 598 - Project
      NURS 599 - Thesis

Hala Darwish
Spring........NURS 502 - Advanced Nursing Research, Theory, 4 cr., Coordinator
      NURS 598 - Project
      NURS 599 - Thesis
Summer......NURS 529A - The Neurobiology of Learning and Memory; Rethinking Patient Education, Theory, 1 cr., Coordinator
Fall..............NURS 406 - Nursing Research, Theory, 1.5 cr., Coordinator
      NURS 504 - Advanced Pathophysiology, Theory, 1 cr., Co-coordinator

Nuhad Dumit
Spring........NURS 410A - Leadership and Management in Nursing, Theory, 1 cr., Lectures
      NURS 509 - Role Development in Nursing Education, Theory, 1.5 cr., Coordinator
      NURS 598 - Project
Summer......NURS 508 - Advanced Practice in Nursing Administration, 2 cr.
      NURS 598 - Project
Fall..............NURS 527 - Developing Health Services Programs, Theory, 3 cr., Coordinator
      NURS 529N - Designing CE Programs in Nursing, Theory, 1 cr., Coordinator
      NURS 598 - Project
      NURS 599 - Thesis

Souha Fares
Fall..............NURS 406 - Nursing Research, Theory, 1.5 cr., Co-coordinator

Laila F. Farhood
Spring........NURS 402A - Mental Health and Psychiatric Nursing, Theory, 1.5 cr., Coordinator
      NURS 518A - Group and Family Psychotherapy, Theory, 1 cr., Coordinator
      NURS 518B - Group and Family Psychotherapy, Practicum, 2 cr., Coordinator
Summer......NURS 519 - Clinical Residency in Acute Psychiatric Care, 2 cr.
Fall..............NURS 501 - Foundations of Advanced Nursing Practice, Theory, 3 cr., Coordinator
      NURS 519 - Clinical Residency in Acute Psychiatric Care, 2 cr., Coordinator

Huda Abu-Saad Huijer
Spring........NURS 508 - Advanced Practice in Nursing Administration, Practicum, 2 cr., Coordinator
      NURS 598 - Project
      NURS 599 - Thesis
Summer......NURS 508 - Advanced Practice in Nursing Administration, Practicum, 2 cr., Coordinator
Fall..............NURS 508 - Advanced Practice in Nursing Administration, Practicum, 2 cr., Coordinator
      NURS 598 - Project

May Khoury
Spring........NURS 306A - Nursing Care of Children, Theory, 1 cr., Coordinator
      NURS 306B - Nursing Care of Children, Practicum, 2 cr.
      NURS 306B - Nursing Care of Children, 1.5 cr., Clinical Coordinator
      NURS 306B - Nursing Care of Children, Simulation, 1 cr.
Summer......NURS 307 - Practicum I, 1 cr., Coordinator
Fall..............NURS 304A - Nursing Care of the Expectant Family, Theory, 0.5 cr., Co-coordinator
NURS 304B - Nursing Care of the Expectant Family, Simulation, 1 cr.
NURS 304B - Nursing Care of the Expectant Family, Practicum (2 sections), 4 cr.

Dina Madi
Spring.........NURS 202A - Health Assessment Course, Theory, 1 cr., Coordinator
NURS 202B - Health Assessment Course, 1.5 cr., Clinical Coordinator
NURS 306B - Nursing Care of Children, Practicum, 3 cr.
Summer.......NURS 307 - Practicum I, 1 cr.

Fall..............NURS 304A - Nursing Care of the Expectant Family, Theory, 0.5 cr., Co-coordinator
NURS 304B - Nursing Care of the Expectant Family, Practicum, 4 cr. (2 sections)
NURS 304B - Nursing Care of the Expectant Family, Simulation, 1 cr.

Angela Massouh
Spring.........NURS 410A- Leadership and Management, Theory, 1 cr., Co-coordinator
NURS 410B - Leadership and Management, Practicum, 3 cr.
NURS 410B - Leadership and Management, 1.5 cr., Clinical Coordinator
Summer.......Attended SHARP

Fall..............NURS 400A - Critical Care Nursing Practicum, Theory, 1 cr., Co-coordinator
NURS 400B - Critical Care Nursing, Practicum, 3 cr.
NURS 400B - Critical Care Nursing, 1.5 cr., Clinical Coordinator

Samar Noureddine
Spring.........NURS 505A - Advanced Practice in Adult Care I, Theory, 2 cr., Coordinator
NURS 505B - Advanced Practice in Adult Care I, Clinical, 1 cr., Coordinator

Mohammad Saab
Fall..............NURS 300 - Nursing Care of Adults I, Theory et Practicum, two sections 6 cr.

Elie Salameh
Spring.........NURS 408B - Community Health Nursing, Practicum, 3 cr.
Summer.......NURS 307 - Practicum I, 1 cr.

Fall..............NURS 408A - Community Health Nursing, Theory, 1 cr., Co-coordinator
NURS 408B - Community Health Nursing, Practicum, 3 cr.
NURS 503B - Advanced Health Assessment, Practicum, 0.5 cr.

Hera Tashjian
Spring.........NURS 302B - Medical Surgical Nursing II, Theory, 1 cr., Co-coordinator
NURS 302B - Medical Surgical Nursing II, Practicum, (2 sections), 4 cr.
NURS 302B - Medical Surgical Nursing II, Simulation, 1 cr.
B. Summer Nursing Institute / Special Topics Courses

For the seventh year in a row, HSON organized a Summer Nursing Institute which offered courses of interest to MSN and other AUB students – and also to students from Lebanon and the region. Below are short course descriptions and the names of the teaching faculty.

The Neurobiology of Learning and Memory; Rethinking Patient Education!
Date: June 10-14
Through a combination of lectures and discussions, this course will explore the anatomical basis of learning and memory from a behavioral and neural perspective. It will also examine the effect of stress on the brain and consequently on learning and memory and its implications on patient education.

Hala Darwish, RN, PhD
Assistant Professor, Hariri School of Nursing, AUB

Smoking Cessation as Behavior Modification
Date: June 24-28
Many people wish to change their own behavior or that of other individuals or groups of people. This course will present smoking cessation as an example of a behavior modification program. Included will be a brief review of behavior modification theory in addition to the evidence for why certain elements should be included in such a program.

Christine Abbyad, PhD, RN, WHNP
Clinical Assistant Professor, Hariri School of Nursing, AUB

Health Promotion
Date: July 1-5
This course describes theories and concepts of health, health promotion, and illness prevention as they apply to individuals, families, groups or aggregates and communities, across the life span.

Students are encouraged to integrate and apply these concepts in their specialty setting (hospital, clinic, home, community agencies or populations in the community) to promote health and prevent illness.

Mary Arevian, RN, MPH
Clinical Associate Professor, Hariri School of Nursing, AUB
Budgeting in Nursing  
**Date:** July 8–12  
This course focuses on practical applications of concepts in nursing budgeting and finance. Emphasis is placed on development of nursing budgets for a patient care unit and for a department/division. Key concepts relevant to nursing are defined including staffing, nursing care hours, hours per patient day, patient acuity, direct and indirect hours of care, and productive and unproductive time. In addition, tools for calculating and evaluating budgets as well as strategies for maintaining a balanced budget are also discussed.

Lina Younan, RN, MSN, DNP  
Clinical Assistant Professor, Hariri School of Nursing, AUB

Updates and innovations in Neonatology and Pediatrics  
**Date:** July 8–12  
This course is designed to help nurses in neonatology or pediatrics obtain new knowledge and learn new skills necessary for practice. Scientific and practice-oriented sessions of current and innovative topics will be discussed. Unlike more traditional courses, this course will help you gain useful insights for practice. In other words “how to do the job and do it well.” The course format is designed as interactive lectures with videos and hands-on training in the simulation lab. An observational visit to the neonatal intensive care unit (NICU) at AUBMC will be included. The course will also include an optional workshop on neonatal resuscitation, which is an additional half day for the basic course, and a full day for the whole course.

Lina Kurdahi Badr, RN, PhD, CPNP, FAAN  
Professor of Nursing, AUBMC

Demystifying Educational Innovation: New Directions for Educating Nurses  
**Date:** July 15–19  
This course explores the various facets of innovation in nursing education. Curriculum structure is described as it relates to both learner-centered instructional strategies and outcomes. Key topics include: instructional innovation such as problem-based, team-based, case-based learning, and narrative pedagogy, and assessments for learning. Reflective teaching practice as the means to empower faculty to become agents for change is of special focus.

Lina Abi Fakhr Kantar, EdD, RN  
Assistant Professor, School of Nursing, AUB

C. Faculty Recruitment / Appointments  
**Recruitment**  
HSON advertised for regular faculty positions and for the Hariri Endowed Chair in Research at the American Academy of Nursing (AAN), in the Chronicle of Higher Education, at Sigma Theta Tau Nursing International (STTI), at the American Association of Colleges of Nursing (AACN), and at the Royal College of Nursing (RCN). Recruitment information was also mailed to leading schools of nursing, professional organizations, and to mailing lists in the United States and Europe.

**Appointments**  
- Souha Fares, PhD, Lecturer, effective September 2013  
- Mohamad Saab, RN, MSN, Clinical Instructor, effective September 2013  
- Elie Salameh, RN, DNP, Clinical Assistant Professor, effective February 2013
III. Educational Activities
A. Educational Programs

BSN
- Course descriptions, credit hours, and learning objectives did not change over the year as student evaluations were positive and no suggestions for change were made by CCNE, the accrediting body. Innovative teaching methods, however, were instituted.
- NURS 300 (Nursing Care of Adults I, Theory and Practicum) moved to a blended format in the first half of the semester followed by case-based learning in the second half. Both methods capitalized on student-directed learning.
- NURS 201 used OSCE (objective, structured, clinical exam) for the first time to test for clinical competencies.
- NURS 304 (Nursing Care of the Expectant Family, Theory and Practicum) continued to use team-based learning and a lecture format. Simulation labs moved from focusing on scenarios after clinical experiences to focusing on preparation of students for individual clinical rotations in advance. OSCI was used for the first time.
- NURS 307 clinical practicum (Practicum I) (0 credits) was taught for the second time. Weak students were identified early and followed closely resulting in an improvement in their performance.

MSN
- A total of 64 students are currently enrolled in the MSN program.
- Four tracks continue to be offered: Adult Care, Nursing Administration, Psychiatry and Mental Health Nursing, and Community Health Nursing.
- In light of the Advanced Practice Registered Nursing Model developed by the American Association of Colleges of Nursing and its implications on master’s education, a graduate retreat was held during the summer with recommendations made to revise all MSN curricula. Revision is in progress.
- The new MSN Pediatric Nursing track will be revised in light of the changes to the MSN curricula. It will be launched when there is sufficient interest.
- A number of students continue to do residencies abroad namely in Qatar (Hamad Health Care Hospital), Johns Hopkins University School of Nursing and Hospitals, the University of Michigan, and the University of Maryland.
- Town meetings were held to discuss residencies, projects, and comprehensive exams. Information on the specific tracks is shown below.

Adult Care track
1. A total of 8 students graduated in 2013, including one who did a thesis.
2. A total of 21 students are currently enrolled.
3. Two adult care students did their residencies at Johns Hopkins, one at the University of Maryland, and 5 at AUBMC.
4. NURS 504 (advanced pathophysiology) continues to be offered in a blended format this year (80 percent in class and 20 percent on-line).

Administration track
1. A total of 8 students graduated in 2013.
2. A total of 26 students are currently enrolled.
3. Students in the administration track have done residencies at Johns Hopkins University (1), AUBMC (1), Bikhazi Medical Center Medical Group (2), and Bellevue Hospital (1).

Psychiatry Mental Health Nursing track
1. A total of 3 students graduated in 2013.
2. A total of 8 students are enrolled.
3. Two students are continuing their projects and residences at AUBMC-Psychiatry Department and Family Medicine Department.

Community and Public Health Nursing track
1. A total of 1 student graduated in 2013.
2. A total of 5 students are currently enrolled.
3. Students in the Community and Public Health Nursing track have done residencies at Balsam (1), Lebanese Ministry of Public Health (1), MARSA (1), and AUBMC Family Medicine (1).

4. One student is doing a double major: MSN Community and Public Health Nursing and Psychiatry.

Simulation Technology At HSON

Introduction
Simulation-based learning has received worldwide attention from many health-care institutions and schools. Lebanon very recently started investing in this technology to reduce errors and improve performance of students and health-care professionals. As part of its 2020 Vision, AUBMC plans to heavily invest in a new state-of-the-art interdisciplinary simulation center, the "Academic and Clinical Center," which is expected to be completed in 2015. Until the new interdisciplinary center is complete, AUB medicine and nursing students and faculty, and AUBMC practitioners are using the HSON simulation lab for experiential learning.

Highlights
Since its establishment in 2009, the center has been significantly expanded both physically and technically to meet the needs of students. In fall 2013-14, the HSON simulation lab space was expanded to accommodate even more users. Two additional rooms were added to the existing facility to comprise an assessment area (2 rooms), skills area (1 room), and a simulation suite (1 room). The simulation center has witnessed a steady increase in activity (69 percent increase between 2010 and 2011 and 81 percent between 2011 and 2012) as shown in the table on the next page.

Strategic focus
Our strategic focus for 2012-13 has been to:

1. Increase HSON faculty acceptance of simulation as an effective teaching methodology to complement classroom instruction and prepare students for clinical work. Several of our senior faculty prepared and facilitated modules to include simulation in their courses.

2. Ground our simulation practices in evidence-based simulation. We have utilized International Nursing Association for Clinical Simulation and Learning (INACSL) standards to develop our simulation activities. Student pre-briefing, confidentiality, and debriefing were practiced with strict adherence to guidelines. (This is important because the success of the learning experience depends on creating a safe environment for learning and reflection.)

3. Decrease the number of students per simulation activity. (The simulations provided roles for students in small five-person groups.)
4. Introduce simulation to nurse managers to encourage their use of the facility. As the Institute of Medicine (IOM) report states, “use simulation whenever you can.” Several projects were implemented with very positive feedback (such as the Rapid Response Team).

5. Enrich our resources to cater to curriculum needs of all courses. New simulation scenarios were purchased and new task trainers were added to support maternity training. Two video cameras were ordered to improve video capturing for student reflection.

6. Adopt a reliable and valid tool to assess student reaction to simulation and to build our quality improvement initiative. Permission to use NLN tools was obtained and data will be analyzed per semester. By the end of fall semester, faculty and students will be surveyed to identify issues to improve on and to identify what was really supportive for learning.

Many medical students utilize the HSON simulation lab and gain valuable practical experience. Feedback from students has been very positive as they appreciate the opportunity to demonstrate and practice skills before going to clinical. We are targeting a comparable increase in the use of scenario-based simulated events, to encourage the development of critical thinking and team skills. Inter-professional education is the goal for next year.

In 2013, 5,400 participants took part in 311 activities or simulation training experiences in the HSON simulation lab.

Future Work

Our biggest challenges will continue to be curriculum integration and faculty development. A workshop on simulation is being planned for 2014.

B. Student Enrollment/Scholarships

- Student enrollment for the 2013-14 academic year (AY) was as follows: 285 applicants; 141 accepted; 64 confirmed acceptances.
- An increasing number of students who are interested in careers in nursing are applying to the BSN program. Intensive school visits and regular orientation activities are responsible for this substantial increase. Qualified students are also attracted by the availability of scholarships and financial support from HSON and AUB’s Financial Aid Office.
- HSON, the Financial Aid Office, AUBMC and the Faculty of Medicine (FM) continued to provide scholarships to newly admitted students in good academic standing. Twenty-seven new students admitted in fall 2013 received 60 percent scholarships.
- A total of 48 interviews were conducted with new students; 39 were recommended for scholarships; 27 who were offered a financial aid/scholarship package confirmed their enrollment in the BSN program.
- Students granted the 60 percent scholarship can receive additional financial support by requesting a bank loan to cover 30 percent of their tuition fees and by applying to the student work study program for the additional 10 percent coverage.
### Student Enrollment

#### BSN

<table>
<thead>
<tr>
<th>Year</th>
<th>Applied</th>
<th>Accepted</th>
<th>Enrolled</th>
<th>Yield</th>
<th>Committed</th>
<th>Total Enrollment</th>
<th>Female</th>
<th>Male</th>
<th>Lebanese</th>
<th>International</th>
<th>BSN Graduates</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009-10</td>
<td>199</td>
<td>122</td>
<td>53</td>
<td>43%</td>
<td>31</td>
<td>119</td>
<td>73%</td>
<td>27%</td>
<td>90%</td>
<td>10%</td>
<td>23</td>
</tr>
<tr>
<td>2010-11</td>
<td>204</td>
<td>115</td>
<td>55</td>
<td>48%</td>
<td>39</td>
<td>136</td>
<td>78%</td>
<td>22%</td>
<td>93%</td>
<td>7%</td>
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<tr>
<td>2011-12</td>
<td>232</td>
<td>146</td>
<td>68</td>
<td>47%</td>
<td>52</td>
<td>157</td>
<td>80%</td>
<td>20%</td>
<td>92%</td>
<td>8%</td>
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<tr>
<td>2012-13</td>
<td>287</td>
<td>151</td>
<td>72</td>
<td>48%</td>
<td>61</td>
<td>168</td>
<td>80%</td>
<td>20%</td>
<td>90%</td>
<td>10%</td>
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<tr>
<td>2013-14</td>
<td>285</td>
<td>141</td>
<td>64</td>
<td>45%</td>
<td>52</td>
<td>167</td>
<td>81%</td>
<td>19%</td>
<td>84%</td>
<td>14%</td>
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#### MSN

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<tr>
<th>Year</th>
<th>Applied</th>
<th>Accepted</th>
<th>Enrolled</th>
<th>Yield</th>
<th>Committed</th>
<th>Total Enrollment</th>
<th>Female</th>
<th>Male</th>
<th>Lebanese</th>
<th>International</th>
<th>BSN Graduates</th>
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<td>2009-10</td>
<td>55</td>
<td>45</td>
<td>19</td>
<td>42%</td>
<td>16</td>
<td>57</td>
<td>79%</td>
<td>21%</td>
<td>86%</td>
<td>14%</td>
<td>17</td>
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<tr>
<td>2010-11</td>
<td>57</td>
<td>41</td>
<td>23</td>
<td>56%</td>
<td>22</td>
<td>57</td>
<td>72%</td>
<td>28%</td>
<td>97%</td>
<td>3%</td>
<td>19</td>
</tr>
<tr>
<td>2011-12</td>
<td>46</td>
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<td>19</td>
<td>48%</td>
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<td>2012-13</td>
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<td>77%</td>
<td>23%</td>
<td>92%</td>
<td>8%</td>
<td>17</td>
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<td>2013-14</td>
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<td>33</td>
<td>26</td>
<td>79%</td>
<td>26</td>
<td>60</td>
<td>77%</td>
<td>23%</td>
<td>93%</td>
<td>7%</td>
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</tr>
</tbody>
</table>
C. Student Recruitment and Marketing Strategy

Student recruitment and marketing of the BSN and MSN programs remains a priority at HSON. The marketing plan includes the following recruitment activities:

- AUB Annual Fair for undergraduate programs in April 2013 and the Open House for graduate studies in February 2013 and November 2013.
- School visits by the student services officer (SSO), assisted by a faculty member and a graduate assistant. The HSON team visited 21 schools in Lebanon and presented information on HSON programs to students in Grades 11 and 12.
- Visits to hospitals were initiated in fall 2013 to recruit MSN students.
- Follow up with interested students. The contact information of interested students visited at schools is collected and compiled in a data base for follow-up purposes. These students are invited to HSON to visit the simulation lab and to learn more about the nursing profession.
  - A total of 805 high school students participated in the school visits: 228 students expressed an interest in nursing as a profession.
  - 11.5 percent of the applicants to the BSN program (AY 2013-14) were from visited schools.
  - 19 percent of the students who enrolled in the BSN program in AY 2013-14 were from visited schools.
- HSON brochures were distributed by the Graduate Council during its recruitment visits.

D. Students Projects, Theses, Residencies and Activities

### MSN Student Projects and Thesis

<table>
<thead>
<tr>
<th>Name</th>
<th>Type</th>
<th>Title</th>
<th>Committee Members</th>
<th>Defense Date</th>
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<tbody>
<tr>
<td>Ali Shaddad</td>
<td>Project</td>
<td>Readmission Rates and Related Factors of Chronic Respiratory Patients</td>
<td>Dr. Samar Noureddine, Dr. Salah Zeineddine</td>
<td>23-Jan-13</td>
</tr>
<tr>
<td>Danielle Damianos</td>
<td>Project</td>
<td>AUBMC Continuing Professional Education Institute</td>
<td>Dr. Nuhad Dumit, Dr. Ghassan Hamadeh</td>
<td>25-Jan-13</td>
</tr>
<tr>
<td>Emilie Succar</td>
<td>Project</td>
<td>Strategies for Reducing Patients’ Waiting Time in Pre-Admission Unit at AUBMC</td>
<td>Dr. Michael Clinton, Dr. Lina Younan</td>
<td>08-May-13</td>
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<tr>
<td>Mohamed Baydoun</td>
<td>Project</td>
<td>Exploring Nurse Managers Perceptions of Nurses Sickness Absenteeism in a Governmental Academic Hospital in Lebanon</td>
<td>Dr. Nuhad Dumit, Dr. Lina Daouk Oyri</td>
<td>08-May-13</td>
</tr>
<tr>
<td>Abbas Hamieh</td>
<td>Project</td>
<td>Challenges in the Role Transition of New Nurse Graduates: A Comparative Literature Review</td>
<td>Dr. Michael Clinton, Dr. Lina Younan</td>
<td>08-May-13</td>
</tr>
<tr>
<td>Student</td>
<td>Project</td>
<td>Thesis/Project</td>
<td>Faculty Supervisor</td>
<td>Year</td>
</tr>
<tr>
<td>----------------------</td>
<td>-------------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------</td>
<td>----------------------------------------</td>
<td>---------------</td>
</tr>
<tr>
<td>Mahmoud Ghouzail</td>
<td>Introducing a New Role in Nursing Administration to AUBMC: The Nursing Recruitment and Retention Specialist</td>
<td>Dr. Michael Clinton Dr. Nuhad Dumit</td>
<td>13-May-13</td>
<td></td>
</tr>
<tr>
<td>Mohamad Saab</td>
<td>Surviving Testicular Cancer: The Lebanese Experience</td>
<td>Dr. Samar Noureddine Dr. Huda Huijer Dr. Jocelyn DeJong</td>
<td>13-May-13</td>
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<tr>
<td>Mohamad Koleilat</td>
<td>Nurses’ Perceptions of the Value of Evidence-Based Practice and the Barriers to its Implementation at an Academic Medical Center in Lebanon</td>
<td>Dr. Michael Clinton Dr. Huda Huijer</td>
<td>14-May-13</td>
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<tr>
<td>Madice Merheb</td>
<td>Evidence-Based Pathway for Atrial Fibrillation Patients</td>
<td>Dr. Samar Noureddine Dr. Hala Darwish</td>
<td>14-May-13</td>
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<tr>
<td>Hanan Al Faraj</td>
<td>An Educational Program of Psychological Interventions for Mental Health Nurses in Acute Care in Jordan</td>
<td>Dr. Laila Farhood Dr. Nuhad Dumit</td>
<td>15-May-13</td>
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<tr>
<td>Hassan Maatouk</td>
<td>Knowledge, Attitude, and Beliefs about Heart Disease and Delay in Seeking Care for Myocardial Infarction</td>
<td>Dr. Samar Noureddine Dr. Nuhad Dumit</td>
<td>15-May-13</td>
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<tr>
<td>Myrna Saadeh</td>
<td>Stress Management Program for Health Care Providers in a Healthcare Setting</td>
<td>Dr. Laila Farhood Dr. Samar Noureddine</td>
<td>17-May-13</td>
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<tr>
<td>Rachelle Bejiani</td>
<td>Creating a Kidney Transplant Recipient Educational Program</td>
<td>Dr. Samar Noureddine Dr. Nuhad Dumit</td>
<td>17-May-13</td>
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<tr>
<td>Layal Diba</td>
<td>Clinical Nurses’ Perceptions of Shared Governance at the National Center for Cancer Care</td>
<td>Dr. Michael Clinton Dr. Samar Noureddine</td>
<td>17-May-13</td>
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<tr>
<td>Rasha Shehadeh</td>
<td>Knowledge, Attitudes, Beliefs and Screening Practices of Domestic Violence Against Women among Emergency Department Health-care Providers in Lebanon</td>
<td>Dr. Hala Darwish Dr. Michael Clinton Dr. Jinan Usta</td>
<td>25-Sept.-13</td>
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<tr>
<td>Rania Mosleh</td>
<td>Quality of Care, Spirituality, and Relationships among Children with Cancer</td>
<td>Dr. Hala Darwish Dr. Hala Darwish Dr. Hala Darwish</td>
<td>25-Sept.-13</td>
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<td>Elise Ghostine</td>
<td>Diabetes Conversation Maps: A Feasibility Study</td>
<td>Dr. Samar Noureddine Dr. Mona Nasrallah</td>
<td>27-Sept.-13</td>
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<tr>
<td>Nour Abi Zahr</td>
<td>“A Woman’s Heart” Guard it with Care to Save it</td>
<td>Dr. Samar Noureddine Mrs. Mary Arevian</td>
<td>30-Sept.-13</td>
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<tr>
<td>Dana Kassem</td>
<td>Oncology Emergencies and Symptom Management: A Continuing Education Course for Nurses</td>
<td>Dr. Samar Noureddine Dr. Lina Kantar</td>
<td>30-Sept.-13</td>
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**MSN Student Residencies**

<table>
<thead>
<tr>
<th>Student</th>
<th>Site</th>
<th>AUB Faculty Supervisor</th>
<th>On site Preceptor</th>
<th>Position of Preceptor</th>
<th>Year</th>
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<tr>
<td>Mohammad Kolailat</td>
<td>AUBMC</td>
<td>Dr. Michael Clinton</td>
<td>Dr. Nuhad Dumit</td>
<td>Assistant Professor</td>
<td>Fall</td>
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<td></td>
<td></td>
<td></td>
<td></td>
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<td>2012</td>
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</table>
Student Activities

Nursing students are involved in different community projects and activities in their Community Course. In addition, BSN and MSN students participated in the following activities during the 2012-13 academic year:

- **Outdoors**: At the AUB Outdoors held on May 4–5, 2013, the Nursing Student Society (NSS) set up two stands: one stand to sell Magic Corn, and a game stand called “Beach Juggling.” Both stands were decorated with beach decorations consistent with the “Rio” theme. In addition to cabinet members, many nursing students helped out at the two stands and enjoyed the festive atmosphere of Rio.

- **First Aid**: In collaboration with the Lebanese Red Cross, the NSS organized First Aid sessions for all nursing students. The sessions were held over an eight-hour period, and were given by a volunteer at the Lebanese Red Cross. Thirty students participated and were awarded First Aid certificates.

- **The dream matcher event**: This event was held in November 2013 to strengthen the relationship among NSS members, nursing students, HSON staff, and faculty. Many students and faculty participated and each wrote something about a special dream they hoped to realize. Although many wished for world peace and big accomplishments, others wrote about very personal dreams. Some got flowers, chocolates, coffee, hugs, and many more!
The students went overboard with exciting dreams requesting songs and dances. New talents appeared and the students got to know one another more as they read each other’s wishes and expectations.

• Promoting the School of Nursing on Campus: What is HSON!? Is it Hydrogen Sulfate Oxygen Nitrate? Is it a kind of disease? Health sciences something? These are the responses the NSS got from some AUB students! Some recognized HSON and knew of its location, others did not. Since the HSON building is now partially concealed because of ongoing building projects, it was especially nice for the NSS to staff a booth at West Hall. The NSS answered many questions about nursing.
IV. Accreditation and Strategic Planning
A. CCNE Accreditation

- The Commission on Collegiate Nursing Education (http://www.aacn.nche.edu/ccne-accreditation) has reaccredited HSON’s baccalaureate and master’s nursing programs for 10 years retroactive to May 14, 2012. At its meeting, the CCNE Board determined that HSON’s programs met all of its accreditation standards and identified no compliance concerns.
- HSON curricular changes were approved by the New York State Department of Education.
- HSON continues to be a regular member of the American Association of Colleges of Nursing.

B. Strategic Planning

- HSON continues to monitor the Strategic Planning Key Performance Indicators (KPIs) that were set in 2006-11. Numerous meetings were held to review performance. Work on HSON objectives and measures are coordinated with the Office of Strategy Planning. Based on the 2011-16 Strategic Plan a number of task forces have been appointed to follow up on HSON’s Strategic Planning initiatives:
  - Task Force on Interdisciplinary PhD program/Center for Research in collaboration with FHS and FM. The task force has completed considerable background work. It has reviewed the structure and composition of PhD programs in the United States and investigated their relationship to MSN and BSN programs. The leadership of the task force transitioned from Dr. Clinton to Dr. Huijer in fall 2013.
  - Task Force on Dual Degrees MSN/MBA and MSN/MPH. Work on the proposed MSN/MBA degree program did not begin due to organizational changes at the Olayan School of Business. The task force addressed the proposed MSN/MPH program from a public health nursing perspective. A draft program was prepared and presented to the director. The task force and the HSON Graduate Studies Committee (GSC) have concerns about the viability of the programs and recommended that there be feasibility studies for both of them.
  - Joint Task Force HSON AUBMC Nursing Services: A pool of experienced MSN prepared RNs has been identified as a source for clinical preceptors. All identified preceptors were asked to attend a workshop to prepare them for clinical teaching. Evaluation includes feedback from course coordinators and students.
- An Executive Task Force was appointed to discuss HSON’s and AUBMC’s common strategic goals. The agenda included: nurse recruitment and retention, education programs for newly recruited nurses, career paths for nurses and MSN holders, scholarships/bursaries for nursing students, and leadership training for managers. The following strategic goals, objectives, and initiatives have been proposed for further development:

> Strategic Goal

To establish strong partnerships and collaboration with AUBMC Nursing Services (AUBMC-NS).

> Strategic Objectives

1. To facilitate the establishment of joint appointments with AUBMC NS based on available expertise and need.
2. To develop common nursing research priorities based on relevant topics for AUBMC and the country.
3. To develop a common strategy for Continuing Nursing Education and offshore nursing programs.
4. To develop innovative financial models to promote student recruitment to HSON and nurse retention at AUBMC.
5. To develop strategies for shared governance among HSON and AUBMC NS.
> Strategic Initiatives

1. Education/Teaching
   a. The creation of joint appointments; CNSs, APNs, master’s-prepared RNs and clinical educators to be involved in clinical instruction of nursing students (undergraduate and graduate).
   b. HSON faculty to support AUBMC in teaching, research, or practice based on their areas of expertise.

2. Research
   a. To establish a Center for Nursing Research in close collaboration with AUBMC NS to be led by the Hariri Endowed Chair for Nursing Research. The proposed center will promote a culture of research at HSON and at AUBMC.

3. Service
   a. To coordinate CE offerings at HSON and AUBMC NS in close collaboration with CME. This will eliminate duplication and ensure efficient use of available resources and expertise.
   b. To have representatives from both HSON and AUBMC on standing HSON and AUBMC committees.

4. Students
   a. To reactivate student bursaries; this will strengthen nurse recruitment and a commitment to work at AUBMC after graduation.
   b. Bursaries could include the generic BSN as well as the BA/BS-BSN second degree applicants.

5. Shared Governance
   a. To discuss and eventually formalize the strategic appointments of key persons at AUBMC and HSON such as the appointment of the director of nursing as ‘assistant director for clinical advancement’ at HSON and the HSON director to have an administrative portfolio at AUBMC.
   b. To discuss a shared business plan for joint CE offerings and a joint strategy for the continuing professional education of nurses.

6. Financial Incentives
   a. The use of academic supplements for AUBMC nurses assisting HSON in educational endeavors could be seen as incentives for personal and professional development and recognition, which may improve retention in the long run.
   b. Similar clinical and administrative supplements could be developed for HSON faculty members contributing to AUBMC services in education, research, and practice.
V. Research and Scholarly Activities
A. Current HSON Faculty Research

Principal Investigator: Chris Abbyad
Pregnant Women’s Knowledge about Smoking, Breastfeeding and Breast Cancer
The aim of the study is to determine pregnant women’s knowledge about breastfeeding as a protection against breast cancer and about smoking as a risk factor for breast cancer. The results will be incorporated into prenatal education programs and teaching materials.
Status: Pending final approval.

Principal Investigator: Marina Adra
Generating a Model of Quality of Life for Older Nursing Home Residents in the Lebanon: A Grounded Theory Study
The overall aim of the study is to explore the perceptions and perspectives of quality of life of a representative sample of older people, care staff, and family care givers.
Results: Constant comparative analysis of data generated led to the emergence of three interrelated sub-core categories: “maintaining self” for older residents, “maintaining identity” for staff members, and “maintaining continuity” for family carers. Following a theoretical integration, the three sets of sub-core categories were conceptually connected through the linking scheme of “maintaining interrelationships.” Transcending the data, and by increasing theoretical sensitivity, the core category of “relating” emerged that was integral for nursing home life and quality of life. “Relating” was also found to have temporal dimensions that worked on sustaining, restoring, and creating interrelationships, processes that had the ‘fit and grab’ necessary to shed new light on the meaning of quality of life for all participants. The findings suggest that quality of life is a complex phenomenon and improving the quality of life of older people in nursing homes will require recognizing the role of “relating” and “maintaining interrelationships” in enhancing quality of life in nursing homes in Lebanon.

Principal Investigator: Muhieddine Al-Taki
American University of Beirut Medical Center Department of Surgery: Comparing subacromial injection of Platelet–Rich Plasma versus Methylprednisolone in patients with shoulder subacromial impingement syndrome
The overall aim is to compare two treatments, platelet-rich plasma and corticosteroid injections into the subacromial space, with regards to symptomatic improvement, pain relief, and functional outcome in a randomized controlled clinical trial.
Co- Investigators: Souha Fares, Karim Masrouha, Robert Franjie
Funding: Intramural Funding AUBMC
Status: Ongoing.

Principal Investigator: Mary Arevian
Perception of Health Related Quality of Life and Adherence to Therapeutic Regimen of Diabetics
The purpose of this study is to describe the relationship between diabetics’ perception of health related quality of life and their adherence to diabetic therapeutic regimens.
Other researchers: Taline Bakalian
Funding: Armenian Relief Cross in Lebanon
Status: Ongoing.

Principal Investigator: Mary Arevian
Impact of a Peer-led Educational Program on Knowledge and Attitudes about Prevention of Substance Abuse among Lebanese/Armenian Adolescents: A Pilot Study
The purpose of this study is to evaluate the extent to which participation in a peer-led educational program about substance abuse produces changes in knowledge and attitudes among Lebanese/Armenian adolescents.
Other researchers: Tamar Kabakian Khasholian
Status: Completed.
Results: A sample of 134 students from grades 10, 11, and 12 at two Armenian high schools in Beirut participated in the study. Demographic characteristics of the sample: the age ranged from 15-20 years, slightly more females than males, a majority (84.1 percent) lived with their parents. Most students earned average grades (C: 70-79). A majority of the participants (60 percent) belonged to a club or association. There was a significant increase of knowledge of substance abuse and a significant decline in attitudes related to substance abuse between the pre- and post-tests.

Principal Investigator: Monique Chaaya
American University of Beirut Faculty of Health Sciences: Knowledge, attitudes, and perceptions of dementia in a developing country: Lebanon
The study aims to investigate the public's knowledge and attitude towards dementia in Lebanese primary health-care centers and identify possible variables associated with the diverse profiles of public awareness
Co-Investigators: Souha Fares, Pamela Mrad, Noura El Salibi, Nadine Hamieh
Status: Ongoing.

Principal Investigators: Monique Chaaya and Gunhild Waldemar
American University of Beirut Faculty of Health Sciences: Prevalence of Dementia: A Pilot Study in Lebanon
Statistician: Souha Fares
Funding: Fogarty International Center, American National Institutes of Health and National Institute on Aging under the program “Brain Disorders in the Developing World: Research Across Lifespan (BRAIN).”
Status: Data collection in progress.
Principal Investigator: Michael Clinton
Mental Health Ethics in Australia
Philosophical investigation of ethical issues in the organization and delivery of mental health services in Australia, with particular reference to the implementation of the National Mental Health Strategy and 3rd National Mental Health Plan.
Progress in mental health reform is assessed against stated national objectives with particular attention to conceptual problems in psychiatric diagnosis, preparation and development of the national mental health workforce, and the prospects for improved services.
Status: In progress: Monograph in preparation.

Principal Investigator: Michael Clinton
From education to practice: The challenges that nursing students and novice nurses face in Lebanon
This qualitative study involves three university sites and three hospitals in Lebanon. The study is designed to investigate from the point of students and registered nurses (RNs) in the first year of practice the challenges they face as they engage in clinical nursing practice. The study focuses on challenges that are unique to Lebanon. Separate focus groups will be conducted at the three universities. The three focus groups will explore the challenges students face as they transition to the clinical experience in BSN IV. Separate focus groups will be conducted at three hospitals in Beirut. The hospitals will be those that generally recruit the most graduates from the respective universities. The three focus groups will focus on the challenges RNs face in their first year of practice in Lebanon. Thematic analysis and the constant comparative method will be used to analyze the data. The study findings may suggest strategies for reducing attrition from BSN programs in Lebanon and may assist hospital administrations to reduce attrition of RNs in their first year of practice.
Co-Principal Investigators: Myrna Dumit, Sawsan Ezzeddine, Ursula Rizk.
Co-Investigators: Nour Alayan and Leila Al-Alti.
Design: Qualitative study using focus groups.
Status: The study has approval from the AUB SBS IRB. Ethical approval is awaited from the Lebanese American University and from Balamand University.
Principal Investigator: Michael Clinton
Ethical issues in nursing: Validating the Ethical Issues Scale for use in Lebanon
This study examined the cultural fit of the Ethical Issues Scale (EIS) and the psychometric characteristics of a 32 item modified version of the scale. Data were collected from 59 English speaking registered nurses at AUBMC. Data were analyzed using commercial software. Disordered responses may be avoided in the future by using a five Likert scale. All EIS items need to be reworded if the EIS is to be used in studies in Lebanon because the scale is confusing. The dimensionality of the scale needs further exploration because principal component analyses (PCA) of residuals suggests the presence of additional dimensions. Additional EIS items are needed to improve targeting.
Co-investigators: Alayan Nour, and El-Alti, Leila
Design: Pilot study
Status: In progress.

Principal Investigator: Ghada El Hajj Fuleihan
Capacity Building in Chronic Non-Communicable Diseases at the American University of Beirut: A Programmatic Multidisciplinary Curriculum Based Interfaculty Approach
This training grant aims at building research capacity in Chronic, Non-Communicable Diseases and Disorders across the Lifespan submitted in collaboration with Harvard Medical School. The grant proposes a short-term, medium-, and long-term training in clinical research. The short-term training involves a certificate program. The medium-term adds mentored research experience with a faculty member to the certificate program, and the long-term training involves a master’s of science in clinical research. This proposed institutional research training program involves the Faculty of Medicine, HSON, the Faculty of Health Sciences, and the Faculty of Agricultural and Food Sciences. This program is expected to sustainably strengthen the research capacity of low middle income country institutions, and to train in-country experts to conduct research on chronic, non-communicable diseases and disorders across the lifespan, with the ultimate goal of implementing evidence-based interventions relevant to Lebanon.
Co-investigators: Huda Abu-Saad Huijer, Robert Habib, Nahla Hwalla, Abla Mehio Sibai; collaborator from the USA: Christos Mantzaros
Mentors: Huda Abu-Saad Huijer, Monique Chaaya, Ghada El-Hajj Fuleihan, Robert Habib, Nahla Hwalla, Ayad Jaffa, Mona Nabulsi, Samar Noureddine, Omar Obeid, Abla Sibai
Co-Mentors: Hala Darwish and Nuhad Dumit
Funding: NIH and Fogarty International. Grant # PAR-10-257: Chronic, Non-Communicable Diseases and Disorders across the Lifespan (D 43)
Status: Data analysis and Writing the report.

Principal Investigator: Hala Darwish
Effect of Vitamin D on Cognitive Function in Older Adults
The aims of this study are to investigate the level of Vitamin D and cognitive function in adults and older adults in Lebanon and to establish the normative values of three very well established cognitive tests in a Lebanese sample.
Co-Investigators: Brigitte Khoury, Samia Khoury
Funding: Medical Practice Plan (MPP)
Status: Ongoing.

Principal Investigator: Hala Darwish
Inflammatory pattern, Vitamin D level and cognitive performance in adults and older adults
The aim of this study is to investigate the correlation between serum levels of Vitamin D and cytokines with cognitive performance in adults (> 30 years) and older adults (> 60 years).
Co-Investigator: Samia Khoury
Funding: Medical Practice Plan (MPP)
Status: Ongoing.
Principal Investigator: Lilian Ghandour  
American University of Beirut Faculty of Health Sciences: Adaptation of the Addiction Severity Index version 5 to the Lebanese population  
The aim is to examine how the Arabic-Lebanese translated version of the ASI-5 (AL-ASI-5) behaves in a sample of a clinical population seeking drug treatment in Lebanon. The study examines the psychometric properties including the reliability and validity of the AL-ASI-5 after administering it to a clinical population of drug users seeking treatment in three treatment centers in Lebanon.  
Co-Investigators: Souha Fares, Ahmad Saleh  
Status: Ongoing.

Principal Investigator: Najla Jarkas  
Exploring the perceptions of students who have experienced Blended Learning at AUB  
The overall aim of the study is to explore the perceptions of students who have experienced Blended Learning at AUB.  
Investigators: Faculty Learning Community (FLC) on Blended Learning at AUB: Rayane Fayed, Najla Jarkas, Mayada Kanj, Jasmina Najjar, Rana Haddad, Marina Adra, and Hossein Hamam.  
Status: Ongoing.

Principal Investigator: Lina Abi Fakhr Kantar  
Case-Based Learning and the Development of Professional Skills: Perceptions of Nursing Students  
This study aims at exploring perceptions of nursing students regarding satisfaction with and development of professional skills when applying the case-based learning (CBL) approach in the junior year of the baccalaureate nursing program at HSON.  
Other investigators: Angela Massouh  
Status: Data collection in progress.

Principal Investigator: Tamar Kabakian Khasholian  
The experiences of health-care providers following a pilot period of implementing skin-to-skin contact at birth at AUB-MC  
A quality improvement pilot project was conducted to assess the feasibility of implementing skin-to-skin in newborns and new mothers as a first step in moving AUBMC towards being a baby friendly institution. The aims of this study are to document and understand the experiences of the health-care providers who participated in the pilot project.  
Co-Investigators: Haya Hamade, Christine Abbyad, Mona Nabulsi. The study's aim was to evaluate nurses' perceptions of a quality improvement pilot breastfeeding project in collaboration with AUBMC.  
Status: Ongoing.

Principal Investigator: Samia Khoury  
American University of Beirut Medical Center Multiple Sclerosis Interdisciplinary Research (AMIR): A Comprehensive Multiple Sclerosis Database  
The overall aims are to investigate the immunological regulatory and cognitive functions in multiple sclerosis and to develop database and bio-markers to both diagnose and follow the course of MS disease.  
Co-Investigators: Hala Darwish, Bassem Yamout, Samir Atweh, Raja Sawaya  
Funding: AUBMC MS Center Research Funds  
Status: Ongoing.

Principal Investigator: Samia Khoury  
Immunological pattern during Multiple Sclerosis relapses and response to treatment (5 years)  
The overall aims are to investigate the immunological pattern during an MS relapse and response to treatment in order to follow the course of the disease.  
Co-Investigators: Hala Darwish, Bassem Yamout, Samir Atweh, Raja Sawaya  
Funding: AUBMC MS Center Research Funds  
Status: Ongoing.
Principal Investigator: Samia Khoury
Effect of Vitamin D replacement on immune function and cognition in MS patients
The overall aims are to investigate the effect of Vitamin D on the immune system and cognitive performance in MS patients.
Co-Investigators: Hala Darwish,
Funding: AUBMC MS Center Research Funds and Medical Practice Plan (MPP)
Status: Ongoing.

Principal Investigator: Samir Atweh
The Effect of Aspirin and Clopidogrel on Bleeding, platelet aggregation, and neuronal damage after moderate brain injury
The overall aims are to evaluate the effect of aspirin, clopidogrel, and both aspirin and clopidogrel on bleeding, platelet aggregation, and neuronal damage in rats after moderate brain injury.
Co-Investigators: Hala Darwish, Firas Koubaissy, Aida Habib
Funding: CNRS
Status: Ongoing.

Principal Investigator: Nuhad Dumit
Analyzing the antecedents of absenteeism among nurses in a private and a public not-for-profit medical center in Lebanon
The main aim of this study is to examine sickness absences at two main referral medical centers in the country [one private and one public] in terms of prevalence, nature, causes, trends, frequency, cost, and impact on services provided. Another aim is to explore reasons for sickness absence in order to recommend and implement appropriate intervention(s) for effective absence management.
Co-investigator: Lina Daouk Oyry
Supported by the Evidence-based Healthcare Management Unit, AUB
Status: Ongoing.

Principal Investigator: Fadi Jardali
Exploring the Problem of Scarcity of Nurses in Underserved Areas in the Middle East: Factors, Reasons, and Incentives for Recruitment
The overall aim of the study is to describe the current and proposed HR policies and practices in Lebanon, Jordan, and a Gulf country with regard to under-served areas of health-care provision and to deployment of international and national nursing workforces in these areas.
Other researchers: Susan F. Murray, Nuhad Dumit [Lead Investigator for Lebanon], Raeda Abu Al Rub
Funding: Alliance for Health Policy and Systems Research
Status: Completed.

Principal Investigator: Laila Farhood
Promoting psychosocial and mental health care through community-based educational workshops for teachers and parents: A follow-up to mental health assessments in civilians exposed to traumatic war events in the South of Lebanon
This intervention study is a follow-up to recommendations from previous studies by the PI revealing high rates of psychiatric morbidity in the south of Lebanon. The specific aims of the study are to (1) identify attitudes and beliefs about mental illness, symptoms, and treatment through focus groups conducted with teachers and parents of students; (2) provide psychoeducation (e.g. effects of trauma, depression in children and adolescents) and psychosocial resources (e.g. solutions for student behavioral challenges within the classroom) to parents and teachers through workshops; and (3) test the efficacy of the intervention by administering questionnaires before and after the educational program to observe changes, if any, in reported mental health problems, attitudes, and practices.

Co-investigator: Fadi Maalouf and Myrna Doumit
Funding: Medical Practice Plan (MPP) and University Research Board
Status: Ongoing.

Principal Investigator: Laila Farhood
Psychiatric Morbidity in South Lebanon post July 2006: Community Assessment and CBT Randomized Group Intervention
The overall aim is to assess the prevalence of psychiatric morbidity and negative life events in citizens from south Lebanon after the July 2006 war. It also aims to test the effectiveness of Cognitive Behavioral Therapy in treating PTSD and depression in a post-conflict region using a randomized group intervention.
Funding: World Health Organization (initial phase) and Medical Dean’s Fund
Status: Completed.
Results: The sample consisted of 991 adults from 10 villages. One year after the July 2006 war, 17.8 percent had met the threshold criteria for PTSD (using the symptom part of the Harvard Trauma Questionnaire (HTQ)) and 14.7 percent for moderate to severe depression (using the Beck Depression Inventory (BDI)). Over 95 percent of the sample had experienced at least one traumatic event from the HTQ. Negative life events due to the war (i.e. social and financial problems) were associated with psychiatric morbidity. Other risk factors included female gender, trauma exposure, financial and social problems, older age, and marital status. Factors that protected against mental health problems include social support, good physical health, and employment. CB group therapy was effective in decreasing psychiatric symptoms, however further studies are needed to develop interventions using a psycho-social model.
Publications:

Principal Investigator: Huda Abu-Saad Huijer
Quality of Palliative Care in Lebanon; the Perspectives of Patients with Cancer
The purpose of this study is to evaluate the quality of life, symptom management, functional ability, and the quality of palliative care in adult Lebanese cancer patients.
Other researchers: Myrna Doumit, Hani Dimassi
Funding: Lebanese National Council for Scientific Research
Status: Completed
Results: A total of 200 cancer patients participated in the study; the majority was female with breast cancer and mean age 54. A fair quality of life and social functioning with high prevalence of physical and psychological symptoms was found. The cognitive functioning domain of the Quality of Life scale was found to have the highest score; social functioning had the lowest score. The most prevalent symptom was lack of energy and the least prevalent was shortness of breath. Nausea and pain were the symptoms most commonly treated. Inadequate symptom management was reported especially for psychological symptoms. Participants reported a satisfactory level with the quality of care.
Publications:


Principal Investigator: Huda Abu-Saad Huijer

Quality of Palliative Care in Lebanon; the Perspectives of Children with Cancer

The purpose of this study is to evaluate the quality of life, symptom management, functional ability, and the quality of palliative care in Lebanese pediatric cancer patients from the perspective of children and their parents.

Other researchers: Miguel Abboud, May Khoury

Status: Completed

Results: A total of 85 children with cancer and their parents participated in the study. The mean age of the study group was 12.5 years with leukemia being the most common cancer (43.5 percent). In children (7-12 years), lack of appetite, pain, and nausea were mostly prevalent whereas adolescents (13-18 years) experienced lack of energy, irritability, and pain. In both age groups, pain and nausea were the most frequently treated symptoms. Overall, the participants had good health-related quality of life. Symptom management was found to be inadequate and in some cases ineffective. More attention should be given to the management of symptoms in general using pharmacological and non-pharmacological techniques. In particular the importance of providing psychological support to alleviate symptom burden and improve quality of life is underscored.

Publications:


 Principle Investigator: Huda Abu-Saad Huijer

Chronic Pain: The Development and Psychometric Validation of an Arabic-Language Version of the Pain Catastrophizing Scale (PCS-A)

Chronic pain is believed to be a disease on its own and has been increasing in prevalence. While reporting or anticipating pain, patients experience a negative “mental set” of catastrophizing that has been described as an exaggerated cognitive-affective response to actual or anticipated pain. The 13-item Pain Catastrophizing Scale (PCS) is the most widely used measure of pain-specific catastrophizing and assesses three dimensions: rumination, magnification, and helplessness. The PCS has been translated and validated in several languages though no Arabic version exists that measures an important predictor of pain and pain-related outcomes. Thus, the purpose of the project is to develop and psychometrically evaluate PCS in the Arabic language among a sample of 150 adults in Lebanon.
Co-Investigator: Dr. Douglas French, Professor of Psychology, University of Moncton, Canada
Funding: Pfizer
Status: Starting.

Principal Investigators: Myrna A. Doumit and May Khoury
Coping with the experience of having a child with cancer; a Lebanese perspective
The purpose of the study is to gain greater understanding of the coping strategies of Lebanese parents with a child with cancer.
Status: Completed.
Results: the qualitative study followed purposeful sampling and saturation principles in which 12 parents (mother or father) of a child were interviewed. Data were analyzed following the Utrecht School of phenomenology. Six core themes emerged from the data describing the coping strategies of Lebanese parents with a child with cancer: the waiting time and the hospital stay; change in the couple’s relationship; sibling rivalry; social/family support; dependence on God; and communication style of health workers

Principal Investigator: Dina Madi
Pain in Lebanese Children with Cancer
Pain is a significant health issue in the pediatric oncology population. No study to date exists documenting the experience and characteristics of pain in Lebanese children with cancer. The primary aim of this research study is to identify the characteristics of the experience of pediatric cancer pain in Lebanese children and how pain is managed from the child’s perspective. A secondary aim is to assess the cross-cultural context of the Adolescent Pediatric Pain Tool (APPT) and the Functional Disability Inventory (FDI).
The cross-sectional correlational design was used for this study. A consecutive sample (n=62) was recruited from the Children’s Cancer Center of Lebanon at AUBMC (CCCL-AUBMC).

Data was collected through face-to-face interviews using a structured questionnaire. The mean age of participants was 12.3 (SD 2.9). The mother was the primary caregiver in the majority of cases (69.4 percent).
Results: The overall mean intensity rating was 5.06 (SD 1.87) on a 10 cm Word Graphic Rating Scale. The majority (57.4 percent) of children reported a frequency of “sometimes.” The median duration a pain episode was two hours. The most frequent locations were: the forehead, the abdomen, and lower back. Sensory words were most often used to qualify pain. The functional disability levels were moderate as measured by the FDI. Factors associated with overall pain intensity were: frequency, duration, location, affective words, and treatment-related pain. Time since diagnosis, treatment, surgery in the past, radiotherapy, pain duration, and frequency of pain predicted pain intensity in the sample.
Children reported receiving pharmacological help from nurses, and non-pharmacological assistance from their mothers. The main self-initiated coping strategies used by children were behavioral avoidance and behavioral distraction. The most suggested coping strategy was stressor modification. The majority (56/62) did not expect to experience that much pain from cancer and treatment modalities. Pain assessment and management in Lebanese children with cancer are of concern. Health-care professionals, policy makers, and institution stakeholders are urged to take action.
Status: PhD dissertation defended successfully, completed in 2013.

Principal Investigator: Samar Noureddine
Decision Making Processes and their Correlates in Patients Experiencing Acute Myocardial Infections (AMI)
This is a mixed methods study that uses both qualitative and quantitative methods to find 1) process by which patients make the decision to seek care in response to symptoms of AMI, 2) the influence of people who witness the AMI on their decision to seek care, 3) the patient’s knowledge of and attitudes towards heart disease, and 4) other factors that influence the decision to seek care.
Other researchers: Nuhad Dumit
Funding: Postdoctoral fellowship from the Cardiovascular Councils of Nursing of the American Heart Association and the European Society of Cardiology
Status: Manuscript under review by Clinical Nursing Research.

Principal Investigator: Samar Noureddine
Knowledge, attitude, and practice related to substance use among medical students in Lebanon
The aim of this study is to examine the level of knowledge, attitude, and practice related to substance use among Lebanese medical students.
Status: Data analysis in progress.

Principal Investigator: Samar Noureddine
Smoking Behavior after hospitalization with a coronary event
The aim of this longitudinal observational study is to examine the rates of smoking cessation and relapse following hospitalization with a coronary event, and predictors of cessation and relapse.
Other researchers: Habib Dakik, Angela Massouh
Funding: None
Status: Pilot phase completed. Main study in progress.

B. Scholarly Publications


• Murray, S.F., El-Jardali, AbuAlRub, R., Al-Surimi, K., Dumit, N.Y., and Clinton, M.E. Travelling to work outside: The social and policy landscape of nurse migration in 4 Middle Eastern Countries. *Health Policy*. (In Press)


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Research/Continuing Education Seminars

- Dr. Hala Muhtasib (FAS): “Thymoquinone molecule (extract from black seed) and its efficacy against cancer,” February 27, 2013.

- On June 7, 2013, the Research Committee organized a Research Day (poster presentations) where HSON graduate and undergraduate students and registered nurses (RN) from AUBMC presented their research projects and thesis. This year, 14 posters were presented. Prizes were distributed to the best graduate, undergraduate, and RN poster. This event preceded the AUB School of Nursing Honor Society Induction and public lecture.

C. Editorial Positions

Christine Abbyad

- 2012 Ongoing Reviewer, *Journal of Transcultural Nursing*
- 2012 Ongoing Abstract reviewer, *International Conference on Cancer Nursing*
- 2012 Ongoing Abstract reviewer, *Southern Nursing Research Society Annual Conference*
- 2013 Ongoing Reviewer, *Journal of Nursing and Health Sciences*

Mary Arevian

- 2006 Ongoing Reviewer, *Journal of Interprofessional Care*
- 2006 Ongoing Reviewer, *Journal of Transcultural Nursing*
2008 Ongoing  Reviewer, Journal of Women’s Health
2012 Ongoing  Reviewer, The Journal of Japan of Nursing Sciences
2012 Ongoing  Reviewer, Journal of Health Promotion International

Michael Clinton
2010 Ongoing  Editorial Board, International Journal of Mental Health Nursing, formerly the Australian & New Zealand Journal of Mental Health Nursing
2010 Ongoing  Editorial Board, Journal of Psychosocial Nursing and Mental Health Services
2010 Ongoing  Editorial Board, Journal of Mental Health
2010 Ongoing  Editorial Board, Journal of Ethics in Mental Health
2010 Ongoing  Editorial Board International Journal of Evidence-Based Healthcare
2010 Ongoing  Review Panel, Contemporary Nurse
2010 Ongoing  Review Panel, Infection Control & Hospital Epidemiology
2010 Ongoing  Reviewer, Journal of Adolescent Health
2010 Ongoing  Reviewer, Journal of Physical Activity & Health
2010 Ongoing  Reviewer, Infection Control & Hospital Epidemiology

Hala Darwish
2011 Ongoing  The Institute- Abu Haidar Neuroscience Newsletter
2012 Ongoing  Reviewer, Electrophoresis (Peer Reviewed Journal)
2012 Ongoing  Reviewer, Journal of Neurotrauma
2012 Ongoing  Reviewer, Journal of Clinical Immunology
2013 Ongoing  Editorial Board, Frontiers of Neurotrauma

Nuhad Dumit
2008 Ongoing  Reviewer, Journal of Nursing Management
2009 Ongoing  Reviewer, Journal of Interprofessional Care

2009 Ongoing  Reviewer, WIN Conference Abstract and Poster Judge
2011 Ongoing  Reviewer, Avicenna Journal of Medicine
2013  Abstract reviewer for the ICN 25th Quadrennial Congress in Melbourne, Australia

Laila Farhood
2006 Ongoing  Member of the Editorial Board and Reviewer, Journal of Transcultural Nursing
2007 Ongoing  Reviewer, Journal of Social Science and Medicine
2009 Ongoing  Reviewer, Journal of affective disorders
2010 Ongoing  Reviewer, Global Public Health
2010 Ongoing  Reviewer, Journal of Traumatic Stress
2010 Ongoing  Reviewer, Journal of Social Psychiatry and Psychiatric Epidemiology
2011 Ongoing  Reviewer, Journal of Affective Disorders
2012 Ongoing  Reviewer, International Journal of Mental Health Nursing
2013 Ongoing  Reviewer, Journal of Clinical Practice and Epidemiology in Mental Health
2013 Ongoing  Reviewer, Journal of Inter-professional Care

Huda Abu-Saad Huijer
1994 Ongoing  Associate Editor and later Member of Advisory Board, International Journal of Nursing Studies
1999 Ongoing  Member of the Advisory Board, Journal of Transcultural Nursing
2000 Ongoing  Member of the Editorial Board, Scandinavian Journal of Caring Science
2005 Ongoing  Member of the Editorial Board, Supportive and Palliative Cancer Care
2005 Ongoing  Member of Editorial Board, Journal of Nursing Scholarship
2005 Ongoing  Reviewer, European Journal of Pain
2006 Ongoing  Member of Editorial Board, Japanese Journal of Nursing Science
2008 Ongoing  Reviewer, Lebanese Medical Journal
2009 Ongoing  Reviewer, Pediatric Pain Newsletter, IASP
2010 Ongoing  Member of Editorial Board, Lebanese Journal of Nursing
2011 Ongoing  Reviewer, Journal of Palliative Medicine
2011 Ongoing  Member of Editorial Board, IASP Insight Newsletter
2011 Ongoing  Member of the Editorial Board, Nursing Children and Young People
2012 Ongoing  Reviewer, Health Promotion International.
2012 Ongoing  Reviewer, Europe’s Journal of Psychology
2012 Ongoing  Reviewer, Journal of Pain and Symptom Management

Lina Kantar
2013 Ongoing  Reviewer, Journal of Nursing Education in Practice.
2013 Ongoing  Reviewer, International Journal of Nursing Education Scholarship.

Samar Noureddine
2008 Ongoing  Reviewer, American Journal of Critical Care
2008 Ongoing  Member, Editorial Board, Journal of Transcultural Nursing
2009 Ongoing  Reviewer, International Journal of Nursing Studies
2009 Ongoing  Reviewer, Journal of Nursing Scholarship
2009 Ongoing  Reviewer, European Journal of Cardiovascular Nursing
2009 Ongoing  Member, International Editorial Board of Metas de Enfermería Nursing Journal
2010 Ongoing  Member, Editorial Board, Lebanese Journal of Nursing
2011 Ongoing  Reviewer, Journal of Cardiovascular Nursing
2011 Ongoing  Reviewer, Journal of Clinical Nursing
2011 Ongoing  Reviewer, Pan African Medical Journal

2012 Ongoing  Reviewer, Heart & Lung: The Journal of Acute and Critical Care
2013 Ongoing  Member, Editorial Board of the European Journal of Cardiovascular Nursing

Elie Salameh
2010 Ongoing  Reviewer, The Journal for Nurse Practitioners

D. Scientific and Research Grant Reviews

Mary Arevian
2013  Abstract reviewer, 17th International Cancer Nursing, organized by International Society of Nursing in Cancer Care.

Nuhad Dumit
2011 Ongoing  Reviewer, “Effective Teaching and Learning in Higher Education,” organized by the Center for Teaching and Learning (CTL) and IT Academic Core Processes & Systems (IT ACPS), AUB
2012 Ongoing  Reviewer, ICN 25th Quadrennial Congress Abstracts

Laila Farhood
2010 Ongoing  Reviewer of Medical Practice Plan and University Research Board grants, AUB

Huda Abu-Saad Huijer
2010 Ongoing  External Examiner, University of Jordan
2010 Ongoing  Reviewer, Faculty of Medicine Research Committee, AUB
2012 Ongoing  Member of the Scientific Program Committee and Abstract reviewer World Congress on Pain, Buenos Aires, 2014
Samar Noureddine
2013 Supervisory panel member for the doctoral student Hiba Deek,
University of Technology at Sydney, Australia
2012 Abstract reviewer, Spring annual meeting of the Cardiovascular
Council of Nurses and Allied Professionals
2012 Reviewer for the Research Council, Balamand University
2011 Ongoing Reviewer for Sultan Qaboos University, Research & Innovations
Department
2010 Ongoing Reviewer of Medical Practice Plan Faculty of Medicine Research
Committee AUB and University Review Board grants, AUB

Hala Darwish
2011 Ongoing Reviewer of Medical Practice Plan, Faculty of Medicine
Research Committee, AUB
2012 Ongoing Reviewer for Electrophoresis

E. Scholarly Lectures

Christine Abbyad
• Abbyad, C. “The Challenge of Creating a Culture of Excellence in Nursing
Academia.” Podium presentation Ain Wazein Hospital International Nursing
• Abbyad, C. “Towards a Comprehensive Tobacco Control Policy Framework:
Building Capacity for Effective Smoking Cessation Programs at the National
• Abbyad, C. “Developing a Campus Based Smoking Cessation Program.”
Podium presentation Non Communicable Disease Conference NDU Faculty of
Nursing and Health Sciences, May 15, 2013. Louaize, Lebanon.
• Abbyad, C. and Badr, L.K. “Assessment of the State of Midwifery in Iraq.”
Poster presentation International Council of Nurses Conference, May 22,
2013, Melbourne, Australia.
• Abbyad, C. “From Idea to Research to Action.” Podium presentation Order of
Nursing, June 2013, Beirut, Lebanon.
• Abbyad, C. “Establishing a Campus Based Smoking Cessation Program in
Lebanon.” Poster presentation United Kingdom National Smoking Cessation
Cessation.” Workshop AUB School of Nursing Honor Society, September 27,
2013, Beirut, Lebanon.

Mary Arevian
• Arevian, M. Impact of a Peer-led educational program on Knowledge and
attitudes about prevention of substance abuse among Lebanese/Armenian
adolescents: A pilot study. Podium presentation at the International Nursing
• Hala Darwish
• Darwish, H. Vitamin D and cognitive performance among older adults in
Lebanon presented at MEMA 2013 symposium: Care of Older Adults with
Cognitive Impairment, May 9, 2013.

Nuhad Yazbik Dumit
• Invited by the Order of Nurses in Lebanon to present on “Organizational
Communication, Media, and Power” followed by a workshop as part of the
• Invited to speak on “building and Promoting Excellence in Nursing Practice”
at the 2nd International Nursing Conference Abu Dhabi – UAE, April 17-18,
2013.
• Invited to give a workshop on teaching effectiveness for nurse educators at
the Order of Nurses in Lebanon, September 26-28, 2013.

Laila Farhood
Farhood, L. “Mental health of Lebanese older adults in South Lebanon following exposure to war traumas: Challenges and recommendations”. MEMA, AUB, May 9, 2013.

Farhood, L. “Dual disorders post war: PTSD, Depression, general Health and Substance use in Lebanese civilian population” presented at 111 International Congress: Dual Disorders Addiction & Other Mental Disorders, Barcelona, Spain, October 23-26, 2013.

Farhood L. “Assessment of Psychiatric Morbidity and general health before and After the July war in Lebanon” presented at Academy of Psychosomatic Medicine, Tucson, AZ, USA, November 13-16, 2013.

Huda Abu-Saad Huijer

Huijer Abu-Saad, H. Pain Relief and Palliative Care; Facts and National Mandate. Foundation Course in Palliative and End-of-Life Care, January 2013, AUB HSON, Lebanon.


Huijer Abu-Saad, H. Quality of Life and Symptom Management of Children with Cancer. LSSP Conference on Visceral Pain; the Point of View of the Specialist. March 22, 2013, Lebanese Order of Physicians, Beirut, Lebanon.

Huijer Abu-Saad, H. The Role of Interprofessional Collaboration; A Team Approach. MEMA Workshop on Simulation. May 11, 2013, AUB.

Huijer Abu-Saad, H. Supportive and Nursing Care in Pediatric Oncology. Childhood Cancer; Advances and Regional Challenges. The First Joint Regional Conference between the Children’s Cancer Institute in Lebanon and St Jude Children’s Research Hospital in Memphis, TN, USA. May 11-12, 2013. Hostler Center, AUB.

Huijer Abu-Saad, H. Quality of Life and Symptom Management of Children with Cancer. 13th European Association for Palliative Care Congress, May 30-June 2, 2013, Prague, Czech Republic.

Huijer Abu-Saad, H. Palliative Care in Lebanon; A Program of Research. SHARP Lecture, October 3, 2013, AUB.

Huijer Abu-Saad, H. Barriers to Pain Management. Master Class on Palliative and End-of-Life Care, October 18-19, 2013. AUB, Conference Organizer and Speaker.


Lina Abi Fakhr Kantar

Kantar, L. Evidence-Based Teaching Practice: The Means to Transform Nursing Education. 40th Professional Nurse Education Group (PNEG) Conference, October 17-20, 2013, Kansas City, Missouri, USA.

May Khoury

May Naifeh Khoury, History and Evolution of Palliative Care, Principles of Palliative Care 8Elements and Models of End-of-Life Care. Foundation Course in Palliative and End-of-Life Care, January 2013, AUB HSON, Lebanon. Organizer and Speaker.

May Naifeh Khoury, Care of the Caregiver. Master Class on Palliative and End-of-Life Care, October 18-19, 2013. AUB, Facilitator and Speaker.

Angela Massouh

- Massouh, A. Adult Mild Therapeutic Hypothermia. Presentation at the American University of Beirut, MEMA, May 2013.
- Massouh, A. Updates in Clinical Cardiology. Presentation at the American University of Beirut, MEMA, May 2013.
- Massouh, A. Heart Failure Disease Management Program in Lebanon. Presentation at the Hariri School of Nursing Honor Society Meeting, June 2013.

Hera Tashjian


Lina Younan

- Invited by the Order of Nurses in Lebanon to present on “Handoff Communication” followed by a workshop as part of the “Campaign for Advocating Nurses’ Rights,” April 29, 2013.
VI. Professional Practice/Service
A. Professional Practice

Christine Abbyad
• Breastfeeding Task Force, AUBMC, January 2013
• Tobacco Control Research Group member
• Direct AUB University Group Smoking Cessation Program through the Wellness Program.
• Training of Family Health Nurses to conduct smoking cessation sessions
• Initiated prenatal breastfeeding classes at AUBMC
• Initiated prenatal childbirth classes
• Member AUBMC OB Council

Marina Adra
• Hariri School of Nursing representative to the National Colloquium Committee, 2013.
• Consultation with the nursing director of Dar Al Ajaza Islamiya Hospital to select nurse managers and supervisors and help them develop leadership skills.

Mary Arevian
• Offered two lectures to University for Seniors, on women’s health issues, April 12, 2013 and April 19, 2013, AUB.
• Offered lecture to Women’s League, on Health Promotion across the Life span, October 7, 2013, AUB.

Nuhad Dumit
• Presented at Western Institute of Nursing conference my research titled “Understanding Grass Root Problems of Nursing in Lebanon: a System’s Approach,” Los Angeles, California, April 10-14, 2013.
• Invited by the Order of Nurses in Lebanon to present on “Organizational Communication, Media, and Power” followed by a workshop as part of the “Campaign for Advocating Nurses’ Rights,” April 29, 2013.

Laila Farhood
• Clinical Associate, Department of Psychiatry, Faculty of Medicine. Clinical activities include psychiatric assessment and psychotherapy (individual, couple, and family therapy) in in-patient and out-patient settings.
• Member, Lebanese Order of Nurses (Founding member)
• Member, American Psychiatric Nurses Association (APNA)
• Member, International Society for Traumatic Stress (ISTSS)

Huda Abu-Saad Huijer
• Organized scientific meetings on pain and palliative care as president of Lebanese Society for the Study of Pain and member of the Board of the Lebanese Cancer Society.
• Organized a Master Class on Palliative and End-of-Life Care for physicians, nurses, and other health-care professionals.
• Member, International Scientific Advisory Board, Centre of Excellence in Pediatric Pain Management, Faculty of Medicine, Kuwait University, Kuwait.
• Member of the World Health Organization (WHO) Expanded Review Panel on Pain Guidelines, since 2009.
• Member, Advisory Committee, Center for Research, Training, and Policy in Arab Mental Health, Faculty of Medicine, AUB.
• Member of the Board, Lebanese Center for Palliative Care, Balsam.
• Member of the Public Advisory Board, Lebanese Society of Family Medicine
• Vice-President, National Committee on Pain Relief and Palliative Care (Appointed by Minister of Health) and chair of the Research Committee.
• Member, Organizing Committee, International Breast Cancer and Nutrition (IBCN) Conference, AUB.
• Member scientific committee, World Congress on Pain 2014, Buenos Aires.

Lina Abi Fakhr Kantar
• Participated in the NOODT Task Force for integrating Organ and Tissue Donation and Transplantation in nursing curricula, spring 2013.
• Participating in the Faculty Learning Community on Integrating Higher Order Thinking in curriculum, AUB.

May Khoury
• Hariri School of Nursing representative to the National Colloquium Committee, 2013.
• Organized Foundation Course in Palliative and End-of-Life Care to registered nurses at AUBMC. January 2013, AUB HSON, Lebanon.
• Active member in Pain Relief & Palliative Care Education Sub-Committee of the National Committee for Pain Relief and Palliative Care established by the Ministry of Public Health.

Angela Massouh
• Massouh, A. Heart Failure Community Outreach Program. Seminar Director and speaker at the Cardiology Department, AUB, Lebanon. May 2013.
• Heart Failure Working Group, Lebanese Society of Cardiology, member.
• Leadership Succession Committee, AUB Honor Society, member.

Samar Noureddine
• Reviewer of abstracts for the annual spring meeting of the Cardiovascular Council of Nursing and the Allied Professions.
• Reviewer of excellence awards applications to the Scientific Society of Arab Nursing Faculties, summer 2013.

Mohammad Saab
• Presentation about Symptom Management at End of Life in the First Palliative Care Master Class, AUB, Lebanon. October 2013.

Elie Salameh
• Member of Sigma Theta Tau International - Honor Society
• Member of Nurse Practitioners Association of Maryland (NPAM)
• Member of Bowie State University Alumni Society

• Member of American University of Beirut Alumni Society (North America Chapter)

Hera Tashjian
• Scientific Committee in Lebanese Society of Critical Care Medicine, member
• Working with the Order of Nurses in Lebanon to establish nursing society for critical care

B. HSON Committees

Assistant Director for Academic Affairs
Dr. Samar Noureddine

Convener/Chair Division of Master of Science in Nursing Program
Dr. Laila Farhood

Track Coordinators
Nursing Administration
Dr. Michael Clinton

Adult Care
Dr. Samar Noureddine

Psychiatry Mental Health
Dr. Laila Farhood

Community Nursing
Mrs. Mary Arevian

Convener/Chair Division of Baccalaureate Nursing Programs
Dr. Christine Abbyad
Coordinators
BSN
Dr. Marina Adra

BA/BS-BSN
Dr. Dina Madi

Standing Committees
Academic & Curriculum Committee
Dr. Huda Abu-Saad Huijer (Chair or Representative)
Dr. Lina Abi Fakhr Kantar, Chair
Dr. Christine Abbyad
Dr. Marina Adra
Ms. Angela Massouh
Mrs. Hera Tashjian
Dr. Elie Salameh, appointed
Dr. Lina Younan, appointed
Dr. Samar Noureddine, ex-officio

Admission & Recruitment Committee
Mrs. May Khoury, Chair
Dr. Marina Adra
Mrs. Mary Arevian
Dr. Dina Madi
Ms. Angela Massouh, appointed
Dr. Elie Salameh, appointed
Mrs. Hera Tashjian, appointed

Administrative Committee
Dr. Huda Abu-Saad Huijer (Chair)
Dr. Christine Abbyad
Dr. Laila Farhoud

Advisory Committee
Dr. Huda Abu-Saad Huijer (Chair)
Dr. Michael Clinton
Dr. Laila Farhood
Dr. Samar Noureddine

Graduate Studies Committee
Dr. Samar Noureddine, Chair
Dr. Nuhad Dumit (Chair, until September 2013)
Dr. Michael Clinton
Dr. Laila Farhood
Mrs. Mary Arevian
Dr. Lina Younan, appointed
Dr. Huda Abu-Saad Huijer, ex-officio

Research & Continuing Education Committee
Dr. Hala Darwish, Chair
Dr. Michael Clinton
Dr. Laila Farhoud
Dr. Samar Noureddine
Dr. Souha Fares
Dr. Marina Adra, appointed
Dr. Huda Huijer, ex-officio

Student Affairs Committee
Dr. Dina Madi, Chair
Dr. Lina Kantar, Class Advisor BSN II
Dr. Dina Madi, Class Advisor BSN III
Dr. Marina Adra, Class Advisor BSN IV
Ms. Angela Massouh, NSS Advisor
Other HSON Committees/Task Forces

HSON Search Committee
Dr. Huda Abu-Saad Huijer (Chair)
Dr. Michael Clinton
Dr. Laila Farhood
Dr. Samar Noureddine

HSON Social Committee
Mrs. Hera Tashjian, Chair
Mrs. May Khoury
Mrs. Lynn Berbary Najem
Mrs. Zeina Battikha Chamoun

HSON Catalogue Committee
Dr. Laila Farhood; Convener/Chair Master of Science in Nursing Program
Dr. Christine Abbyad; Convener/Chair Baccalaureate Programs and other BSN track coordinators

AUB School of Nursing Honor Society
Dr. Huda Abu-Saad Huijer (President)
Dr. Christine Abbyad (Vice-President)
Mrs. Mary Arevian (Treasurer)
Dr. Nuhad Dumit (Secretary)
Mrs. Dina Madi (Counselor)

HSON Newsletter Committee
Dr. Christine Abbyad (Chair)
Mrs. Marina Adra
Mrs. Zeina Battikha Chamoun
Ms. Angela Massouh
Mrs. Lynn Berbary Najem

HSON Representatives on AUB, Faculty of Medicine, and AUBMC Nursing Services Committees

• AUB Commencement Committee; Dr. Marina Adra
• AUB Senate; Dr. Huda Abu-Saad Huijer, Dr. Samar Noureddine
• University Learning Outcomes Coordinating Committee; Dr. Nuhad Dumit and Dr. Lina Abi Fakhr Kantar
• Board of Graduate Studies; Dr. Nuhad Dumit
• AUB Unified Admissions Committee; Mrs. May Khoury
• AUB Senate Committee on General Education; Dr. Nuhad Dumit
• AUB Senate Steering Committee; Dr. Samar Noureddine
• New Student Orientation Program Committee; Dr. Dina Madi
• Faculty of Medicine Library Committee; Mrs. Mary Arevian
• Faculty of Medicine Research Committee; Dr. Hala Darwish
• Faculty of Medicine Research Strategic Plan Task Force; Dr. Samar Noureddine
• AUBMC NS Joint Committee HSON/Nursing Service; Mrs. May Khoury (Chair) and Dr. Christine Abbyad
• AUBMC Nursing Services Critical Care Education Council; Dr. Lina Abi Fakhr Kantar
• AUBMC Nursing Services OB Council; Dr. Christine Abbyad
• AUBMC Nursing Services Research Council - Research Unit; Ms. Angela Massouh and Dr. Samar Noureddine
• AUBMC Nursing Services Work-Life Council; Dr. Michael Clinton
• AUBMC Critical Care Education Council; Dr. Lina Abi Fakhr Kantar
• AUB Board of General Education; Dr. Marina Adra
• AUB Faculty Learning Community; Dr. Lina Abi Fakhr Kantar
• Institutional Review Board; Dr. Michael Clinton
• Task Force on Research Strategic Planning of the Faculty of Medicine: Dr. Samar Noureddine (effective February 2013)
• AUBMC CNS Council: Ms. Angela Massouh
Task Force on revisiting BA/BS-BSN Program
- Ms. Dina Madi (chair)
- Dr. Lina Abi Fakhr Kantar
- Mrs. May Khoury
- Dr. Samar Noureddine

Task Force on Interdisciplinary PhD Program/Center for Nursing Research in collaboration with FHS/FM
- Michael Clinton (chair)
- Huda Abu-Saad Huijer
- Hala Darwish
- Laila Farhood
- Samar Noureddine
- Representative from AUBMC (Lina Badr)

Task Force on Dual Degrees MSN/MBA and MSN/MPH including HSON executive leadership program
- Nuhad Dumit (chair)
- Rana Abdel Malak
- Mary Arevian
- Michael Clinton
- Elie Salameh
- Hera Tashjian
- Lina Younan

Joint Task Force HSON AUBMC NS
- May Khoury (Chair)
- Christine Abbyad
- Hera Artinian (AUBMC)
- Nada Nassar (AUBMC)

Task Force on Interdisciplinary MSN/Psychiatry/Clinical Psychology
- Laila Farhood (Chair)
- Representative from Faculty of Medicine
- Representative from clinical psychology

Task Force on Nurse Anesthetist Program
- Rana Abdel Malak (Chair)
- Huda Abu-Saad Huijer
- Ghassan Kanazi
- Hera Tashjian

Other AUB Committees

Christine Abbyad
Tobacco Control Research Group, Member

Marina Adra
Nurses’ Chapter
Clearance Officer: School of Nursing
Faculty Learning Community on Blended Learning

Nour Alayan
Nurses’ Chapter

Mary Arevian
Nurses’ Chapter

Michael Clinton
Institutional Review Board – Social and Behavioral Sciences, Vice-Chair
Institutional Review Board – Biomedical, Alternative Vice-Chair and Member
Hala Darwish
Nurses Chapter, WAAAUB, President

Nuhad Dumit
Nurses Chapter
“Evidence-based Healthcare Management Unit (EHMU)” Executive Board, AUBMC, Member

Huda Abu-Saad Huijer
Board of Deans, Ex-Officio Member
AUB Strategic Planning Steering Committee, Member
Expanded Advisory Committees, Appointed Member
REP Advisory Board, Member
Nurses Chapter

May Khoury
Nurses Chapter

Laila Farhood
Nurses Chapter

Lina Abi Fakhr Kantar
Faculty Learning Community, AUB, Member
Medical Education Council, AUB, Member
Center for Teaching and Learning Advisory Committee, AUB, Member
Critical Care Education Council, AUBMC, Member

Dina Madi
Nurses Chapter
AUB, Traditional Orientation Program Committee (TOP)/School of Nursing, Co-representative

Angela Massouh
Nursing Student Society, Advisor
Nurses Chapter, Vice President
Task Force on Heart Failure, Member
Left Ventricular Assist Device Working group at AUBMC, Member
Performance Improvement Committee at AUBMC, Member
Leadership Succession Committee at the Sigma Theta Tau AUB Chapter, Member
Committee on Research in the Vascular Medicine Program at AUBMC, Member
Committee on Academics and Continuing Medical Education in the Vascular Medicine Program at AUBMC, Member

Samar Noureddine
Nurses Chapter, AUB Alumni Association
Governance Committee, Hariri School of Nursing Honor Society, since January 2013
AUB Advising Committee
AUB Ad Hoc Committee on Graduate Assistantship, since Spring 2013

National & International Committees

Nour Alayan
Order of Nurses in Lebanon, Member
Academy of Medical-Surgical Nurses, Member
Sigma Theta Tau Honor Society, Lebanon Chapter, Member
International Nursing Association for Clinical Simulation and Learning, Member

Marina Adra
Order of Nurses in Lebanon, Member
Armenian Relief Cross, Member
Sigma Theta Tau Honor Society, Lebanon Chapter, Member

Christine Abbyad
Sigma Theta Tau International, Member
AUB School of Nursing Honor Society, Member
Lamaze International, Member
Southern Nursing Research Society (SNRS), Member
Association of Women’s Health, Obstetric & Neonatal Nursing (AWHONN), Member
Faculty United (local and USA chapters), Member

Rana Abdel Malak
American Organization of Nurse Executive (AONE), Member
American Organization of Nurse Executive (AONE), International Committee
American Academy of Project Management (AAPM), Fellow member
Order of Nurses in Lebanon, Member
Sigma Theta Tau International, Member

Mary Arevian
Sigma Theta Tau International Honor Society of Nursing, Lambda PI Chapter
Armenian Relief Cross in Lebanon (ARCL), Beirut Branch, Member
Armenian Relief Cross in Lebanon (ARCL) Advisory Board, (Secretary) of the Araxi Boughourjian Socio-medical center.
Armenian Relief Cross in Lebanon (ARCL) Relations and Welfare Committee
Chair of the Health Committee of Armenian Relief Cross in Lebanon (ARCL)

Michael Clinton
Research Ethics Committee of University of Manchester, Local advisor
College and Association of Registered Nurses of Alberta - Registered Nurse
Nurses Registration Board of Western Australia - Registered Nurse
Nurses Registration Board of Western Australia - Registered Psychiatric Nurse

Hala Darwish
Order of Nurses in Lebanon, Member
Society for Neuroscience, Member
Midwest Nursing Research Society, Member

Nursing Honor Society Sigma Theta Tau (Rho Chapter), Member
Michigan Nurses Association, Member
European Brain and Behavior Society, Member

Nuhad Dumit
Order of Nurses in Lebanon, Member
Sigma Theta Tau International Alpha Kappa, chapter-at-large, Member
Western Institute of Nursing, Member

Souha Fares
United Nations Economic and Social Commission for Western Asia (UN-ESCWA), Statistical Consultant
American Statistical Association (ASA), Member
Institute of Mathematical Statistics (IMS), Member

Laila Farhood
Board of Trustees, Marjayoun National College, Member
Sigma Theta Tau International, Alpha Chapter, Member
Arab Forum for Social Sciences and Health, Member
APNA American Psychiatric Nursing Association, Member
INR International Nursing Review, Lebanon’s Representative
International Women’s Mental Health Association, Member
ISTSS International Society for Traumatic Stress Studies, Member
APNA American Psychiatric Nurses Association, Member
Sigma Theta Tau Alpha chapter, member
Sigma Theta Tau International Nursing Honor Society, Member (AUB)
Order of Nurses in Lebanon, Member

Huda Abu-Saad Huijer
Lebanese Society for the Study of Pain (LSSP), President
Lebanese Cancer Society (LCS), elected Board Member
Pain Relief and Palliative Care Group of LCS, Member
Vice President, National Committee on Pain Relief and Palliative Care and Chair Research Committee
Order of Nurses in Lebanon, Member
Sigma Theta Tau International Nursing Honor Society, Member
International Association for the Study of Pain (IASP), Member
IASP Special Interest Group on Pain in Children, Founding Member
IASP, Member of Pain Curriculum
IASP, Member of the Advisory Board. eNewsletter, IASP Insight
European Academy of Nursing Science (EANS), Fellow and Founding Member
American Academy of Nursing, International Fellow
Organizing Committee, International Breast Cancer and Nutrition (IBCN)
Conference to be held at AUB in 2013, Member
AUBMC Palliative Care Committee, Member
Scientific Committee, 15th World Congress on Pain, Buenos Aires, International Association for the Study of Pain (IASP), Member
AUB HSON Honor Society, President

Lina Abi Fakhr Kantar
Alliance of Universities for Democracy, Member (October 2011)
Sigma Theta Tau International/AUB School of Nursing Honor Society, Member (January 2012)

May Khoury
Order of Nurses in Lebanon, Member
Pain Relief and Palliative Care Group of LCS, Member
Sigma Theta Tau International Nursing Honor Society, Member (AUB)

Dina Madi
Order of Nurses in Lebanon, Member
The Lebanese Health Association, Board Member
Sigma Theta Tau International, XiPi Chapter, Member

Angela Massouh
Order of Nurses in Lebanon, Member
American Association of Critical Care Nurses, Member
Lebanese Task Force on Heart Failure at the Order of Physicians in Lebanon, Member
Council on Cardiovascular Nursing and Allied Professions at the European Society of Cardiology, Member
Heart Failure Association at the European Society of Cardiology, Member
Sigma Theta Tau International, AUB Chapter, Member
National Association of Clinical Nurse Specialists, Member
Heart Failure Website Translation Committee at the European Society of Cardiology, Member
Plenary Committee for the First Middle Eastern Heart Failure Conference, Member
Examining Committee member for an applicant to the MBA program at St. Joseph University, June 2013

Samar Noureddine
Order of Nurses in Lebanon, Member
Sigma Theta Tau International, RhO Chapter, Member
Midwest Nursing Research Society, Member
American Association of Critical Care Nurses, Member
American Heart Association, Member and International Fellow
Science Committee, Council on Cardiovascular Nursing and Allied Health of the European Society of Cardiology, Member

Mohammad Saab
Order of Nurses in Lebanon, Member
Sigma Theta Tau Honor Society, Lebanon Chapter, Member

Elie Salameh
Sigma Theta Tau International – Honor Society, Member
Nurse Practitioners Association of Maryland (NPAM), Member
Bowie State University Alumni Society, Member
American University of Beirut Alumni Society (North America Chapter), Member

Hera Tashjian
Order of Nurses in Lebanon, Member
American Association of Critical Care Nurses, Member
Sigma Theta Tau, AUB School of Nursing, Member
Advisory Board of Forum of Shared Governance, Member

Lina Younan
Order of Nurses in Lebanon, Member
Sigma Theta Tau International, Member
Steering Committee of Healthy City Program of Saida (Joint Municipality with WHO), Member
VII. Regional External Programs / Gulf Activities
HSON is involved in a number of national and regional consultancy projects coordinated by AUB’s Office of Regional External Programs.

- HSON faculty offered a number of short courses to health professionals locally and internationally.
- HSON is collaborating with REP to market its nursing certificate programs to corporate and individual clients nationally and regionally.
VIII. Honors, Awards & Recognitions
• Angela Massouh, Recipient of the Continuing Medical Education Award in recognition of outstanding commitment and support as an activity director, May 2013.
IX. Conferences
The Clinical and Professional Development Center (CPDC) at the Nursing Services Department at AUBMC in collaboration with HSON coordinated a one-day workshop entitled “Basics in Palliative and End-of-Life Care” on January 16, 2013 in the Hisham Jaroudi Auditorium at HSON. This workshop was conducted to fulfill a departmental need and an important learning need for registered nurses at AUBMC dealing with patients that require Palliative and End-of-Life Care. Forty-five nurses at AUBMC who deal with Palliative and End-of-Life Care were selected from different clinical units by nurse managers to attend the workshop.

The nurses were granted 7.5 accredited contact hours by the American Nurses Credentialing Center (ANCC).

The Lebanese Society of Cardiology and the Lebanese Order of Nurses with representation from HSON (Ms. Angela Massouh, speaker and activity director) hosted a seminar entitled “Train the Trainers on Heart Failure Care” in May 2013. This seminar provided training for nurses from 20 hospitals around Lebanon on how to manage/educate heart failure patients. This was followed by a national campaign, the Heart Failure Community Outreach Program, where trained nurses from these hospitals provided heart failure education for more than 200 cardiac patients.

MEMA Conference Symposium: “Towards a Comprehensive Tobacco Control Policy Framework: Building Capacity for Effective Smoking Cessation Programs at the National Level” Workshop May 11, 2013, Beirut, Lebanon. This workshop prepared attendees (nurses, physicians, and community workers from throughout Lebanon) to address smoking cessation in their communities.

During the 46th Middle East Medical Assembly (MEMA), the Research Committee organized under the theme of Global Health and Social Medicine a symposium on Care of Older Adults with Cognitive Impairment that included the following sessions:
1. Quality of life of institutionalized older adults in Lebanon by Dr. Marina Adra.
2. Vitamin D and cognitive performance among older adults in Lebanon by Dr. Hala Darwish.
3. Novel therapy for agitation in Alzheimer’s patients by Dr. Imad Al Hajj.
4. Mental health of Lebanese older adults in South Lebanon following exposure to war traumas: Challenges and recommendations by Dr. Laila Farhood.
5. Caring for the caregiver of patients with dementia by Dr. Ramzi Hajjar.
6. Frailty as a risk factor for Alzheimer disease by Dr. Elie Stephan.

Lebanon has seen an increased interest in simulation education. The 46th MEMA in collaboration with Weill-Cornell School of Medicine Qatar organized the first workshop on simulation in Lebanon. The workshop was held in the Hariri School of Nursing simulation lab. The aim was to bring attention to the science of simulation and how to utilize it to improve clinical competencies and ultimately patient outcomes.

On Saturday May 11, 2013 around 40 participants, students, professionals and faculty, from medicine, nursing, and other health disciplines attended the workshop. In addition to lectures, workshop attendees were invited to participate in three high fidelity scenarios and one skill station on difficult airway. The scenarios covered obstetrics, emergency and neonatal care-shoulder dystocia, trauma with amputation, and neonatal resuscitation. The scenarios were repeated giving all participants the opportunity to engage. An orientation to the manikin was included and each scenario was followed by a debriefing session. Wireless manikins from Gaumard were utilized (The most advanced Noelle with newborn HAL and Hal Trauma Man).

AUB will continue to build on simulation to improve education and care provision.

A Master Class on Palliative and End-of-Life Care was organized at AUB on October 18-19, 2013 by HSON and the Salim El-Hoss Bioethics and Professionalism Program (SHBPP). Around 90 physicians, nurses, and other health-care professionals attended. The Master Class focused on the philosophy and principles of palliative care and emphasized quality of life issues. Georgetown University Professor of Nursing and Medicine Dr. Carol Taylor and Dr. James Tulsky, chief of Duke Palliative Care and professor of medicine at Duke University, were among the distinguished experts in attendance.
X. International Partnerships
• Memorandum of Understanding (MOU) signed with University of Maryland SON for student and faculty exchange and research collaboration.
• MOU signed with the University of Technology at Sydney, Australia.
• Current MOUs: Johns Hopkins University School of Nursing; University of Michigan School of Nursing; Villanova University, College of Nursing.
XI. Sigma Theta Tau International (STTI) Honor Society
The AUB School of Nursing Honor Society, which was established in 2011, sponsored scholarly activities and inducted 22 members in June 2013 bringing the total number of inductees to 157. Society inductees included graduate and undergraduate students as well as recognized nurse leaders. In February 2013, the society applied for full chapter status and the application was fully approved in October 2013. The chartering date will be May 23, 2014.

As per STTI, terms of office are staggered so that all officers and Governance and Leadership Succession Committee members do not end their terms at the same time. For this reason and in order for the current board to be present at the chartering in May 2014, the membership voted to re-elect the members of the Board of Directors as they work to expand the activities of the Society and fulfill the requirements for chapter status as follows:

A. President: Dr. Huda Huijer reelected for one year - to serve 2013-14
B. President - Elect: Dr. Christine Abbyad elected for one year - to serve 2013-14
C. Vice President: Mrs. Mary Arevian elected for two years - to serve 2013-15
D. Secretary: Dr. Myrna Doumit reelected for one year - to serve 2013-14
E. Treasurer: Mr. Ghassan Afram elected for two years – to serve 2013-15
F. Counselor: Dr. Dina Madi reelected for two years - to serve 2013-15
• HSON is in the process of publishing the fourth issue of its newsletter.
• The newsletter includes interviews with new faculty, highlights of current faculty, and interviews with graduating undergraduate and graduate students, as well as results of research projects. A special section is devoted to student activities. Reports on the following are included: the welcome reception for new students, NSS projects, Research Day, award ceremonies, and graduation celebrations. Links to various reports are included as well as personal news about faculty and staff.
XIII. Achieving Faculty Status For HSON
HSON currently functions semi-autonomously:

- Huda Abu-Saad Huijer is an ex-officio member of the Board of Deans.
- HSON processes all HSON appointments, reappointments, and promotions.
- HSON manages its own budget and has been authorized to use any surplus monies for HSON scholarships and program development.
- HSON has implemented a new organizational structure with two departments/divisions.
- HSON currently has representatives on a number of task forces and AUB committees including the AUB Board of Graduate Studies Senate Committee.
- The proposal to transition HSON faculty members to 9-month contracts was approved effective October 2013.
- Achieving full faculty status remains an important strategic goal for HSON.
XIV. Looking Ahead
HSON plans to launch a number of new academic programs:

- Accelerated BA/BS-BSN (second degree) program. A promotional campaign using the American Association of Colleges of Nursing Centralized Application Service for Nursing Schools AACN NURSING CAS has been launched for use by students regionally and internationally.

- Postgraduate certificates in community nursing, critical care nursing, leadership and management, and nursing informatics were developed and are currently being launched by REP. Additional postgraduate certificates will be launched as needed.

- HSON is ready to launch the MSN pediatrics track as soon as a minimum of 5-6 students enroll.

- An interdisciplinary PhD program with the Faculty of Health Sciences and the Faculty of Medicine is being currently developed.

- HSON is currently exploring the possibility of launching two dual degrees namely MSN/MBA and MSN/MPH.

- Nurse midwifery and nurse anesthetist programs are being explored.

- HSON is currently exploring the possibility of offering a nurse executive track.

- Summer and Winter Nursing Institutes: HSON will continue to collaborate with partners in the United States and with experts in the region and in Lebanon to offer high-quality courses on special topics. These courses are open to MSN and other AUB students and to participants from Lebanon and the region.

- Student recruitment will continue to be a priority. HSON awarded 27 merit scholarships this year and is currently working to secure bursaries for BSN students.

- More emphasis will be placed on graduate recruitment in close collaboration with AUB’s Graduate Council.

- The recruitment of an endowed chair to direct HSON’s Center for Nursing Research will continue to be a priority.

- Collaboration with AUBMC/Nursing Services continues to be an important priority for HSON. A number of joint appointments have already been approved.