Department of Psychiatry

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<tr>
<th>Chairperson</th>
<th>Nahas, Ziad</th>
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<tr>
<td>Professor</td>
<td>Nahas, Ziad</td>
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<tr>
<td>Associate Professors</td>
<td>Khani, Mounir; Khoury, Brigitte; Maalouf, Fadi; Al-Amin, Hassen (Adjunct)</td>
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<td>Assistant Professors</td>
<td>Akoury Dirani, Leyla; Fattal, Omar (Adjunct Clinical); Maalouf, Fadi; Rajji, Tarek (Adjunct); Talih, Farid</td>
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<td>Clinical Associates</td>
<td>Baddoura, Charles; Farhood, Laila; Gharzeddine, Marwan; Hachem, Dory; Mikati, Nabil</td>
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The Department of Psychiatry offers a course to Med II students and a clinical clerkship to Med III students, a post-graduate residency training program in psychiatry (starting July 2012) as well as clinical electives to interns and residents.

**PSYT 227 Psychopathology**  
32.36; 3 cr.  
The course consists of two parts: the first covers the psychological aspects of normal and abnormal behaviors; the second deals with the classification and pathophysiology of psychiatric disorders. *Annually.*

**PSYT 252 Clinical Clerkship in Psychiatry**  
0.180.  
A clinical clerkship in which third year medical students spend one month working up psychiatric patients and attending morning rounds on an inpatient psychiatric service where they are supervised by an attending psychiatrist. Students also attend psychiatry clinics in the outpatient department where they see new and old cases. The rotation also includes seminars dealing with psychopathology, case presentations and discussions, interview techniques and basic psychotherapy, as well as psychopharmacology. *One month.*
Clinical Psychology Training Program

Description: The AUBMC Department of Psychiatry offers a Clinical Psychology Training Program leading to a certificate of training in clinical psychology. Students are admitted only if they intend to complete the two academic year program.

During the first year, students follow both adult and child and adolescent training. They are expected to master the diagnosis and treatment plan process. They are also initiated to individual and group psychotherapies. Notice that the first year could be considered as practicum courses within the Masters’ degree program. The second year can be offered at a post-MA training level. Students choose one of two tracks: an adult or a child and adolescent track. At the end of the second year, they are expected to develop the expertise to carry out comprehensive clinical diagnoses and treatment plans, and to conduct psychotherapy.

Application Process

Second year Master’s level Clinical Psychology students enrolled in Lebanese universities or abroad, are eligible to apply provided they have taken the pre-requisite courses at the graduate level. Students in doctorate programs may also apply for the training. Other requirements are an average grade of 80/100 or above, and a proficiency in Arabic and English languages.

Applications should be submitted to the department of Psychiatry, Mrs. Nibal Safah, at ns54@aub.edu.lb. After an initial screening and verification of credentials, selected applicants will be interviewed. The first year course requirements for students with a Masters’ degree or a Doctorate degree in Psychology may be waived if supported by available transcripts.

Application material

- An updated CV
- Copies of transcripts of grades for undergraduate and graduate courses
- A statement of purpose indicating your interest in the program, past achievements and experiences, your goals from the programs, and your future career plans. Other relevant issues can also be included.
Application deadline: April 30th.

Pre-requisite courses
Graduate course in Psychopathology
Graduate course in Psychotherapy theories
Graduate course in developmental psychology (for those who are interested in the child track).
Graduate course in psychological testing and assessment

English requirement
This requirement is waived for any graduate of AUB or any other university where the language of instruction is English, or a score of 550 at least on the EEE or equivalent.

The program consists of 4 courses (one per semester), taken in sequence.
The courses are the following:

1st year:

PSYT 300 Clinical Psychology Practicum I: Immersion and Observation. 4.0 cr

The clinical training in this course includes observation of patient interviews, and participation in clinical interviews conducted in a group format, assessment and treatment of patients from different age groups (adult, adolescents and children) and backgrounds and with a variety of presenting problems. Trainees will also be able to practice clinical interviewing and diagnoses with patients they will see. Clinical training will be under the direct supervision of qualified clinical academic faculty.

PSYT 301 Clinical Psychology Practicum II: Diagnosis and treatment plan. 4.0 cr

The second course of the clinical training will involve direct patient contact for trainees who will be assigned a certain load of patients. They will formulate a diagnosis and establish a treatment plan based on the patient’s needs. They will learn to practice in a bio-psychosocial model of treatment. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.
2nd year:

**PSYT 302 Clinical Psychology Practicum III: Psychotherapy I**  6.0 cr

During this course, trainees will carry their own load of individual patients, which they will follow in weekly psychotherapy sessions. They will be trained in Cognitive Behavioral therapy, and Psychodynamic therapy. They will also be introduced to inpatient care. Introduction and training in group therapy is possible at this level with psychology interns being co-moderators within groups. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

**PSYT 303 Clinical Psychology Practicum IV: Psychotherapy II**  6.0 cr

During this course trainees will carry their own load of individual adult or child patients, which they will follow in weekly psychotherapy sessions. They will be also participating in in-patient care of patients admitted to the Psychiatry unit as well as conducting psychological assessment and testing whenever needed. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.