Department of Psychiatry

Chairperson: Nahas, Ziad  
Professor: Nahas, Ziad  
Associate Professors: Khani, Mounir; Khoury, Brigitte; Maalouf, Fadi; Al-Amin, Hassen (Adjunct)  
Assistant Professors: Akoury Dirani, Leyla; Fattal, Omar (Adjunct Clinical); Maalouf, Fadi; Rajji, Tarek (Adjunct); Talih, Farid  
Instructor: Ismail, Ghina  
Clinical Associates: Baddoura, Charles; Farhood, Laila; Gharzeddine, Marwan; Hachem, Dory; Mikati, Nabil

The Department of Psychiatry offers a course to Med II students and a clinical clerkship to Med III students, a post-graduate residency training program in psychiatry (starting July 2012) as well as clinical electives to interns and residents.

**PSYT 227  Psychopathology  32.36; 3 cr.**
The course consists of two parts: the first covers the psychological aspects of normal and abnormal behaviors: the second deals with the classification and pathophysiology of psychiatric disorders. *Annually.*

**PSYT 252  Clinical Clerkship in Psychiatry  0.180.**
A clinical clerkship in which third year medical students spend one month working up psychiatric patients and attending morning rounds on an inpatient psychiatric service where they are supervised by an attending psychiatrist. Students also attend psychiatry clinics in the outpatient department where they see new and old cases. The rotation also includes seminars dealing with psychopathology, case presentations and discussions, interview techniques and basic psychotherapy, as well as psychopharmacology. *One month.*

Clinical Psychology Training Program

The AUBMC Department of Psychiatry offers a Clinical Psychology Training Program leading to a certificate of training in clinical psychology. Students are admitted only if they intend to complete the two academic year program.

During the first year, students follow both adult and child and adolescent training. They are expected to master the diagnosis and treatment plan process. They are also initiated into individual and group psychotherapies. Note that the first year could be considered as practicum courses within the master's degree program.

The second year can be offered at a post-MA training level. Students choose one of two tracks: an adult or a child and adolescent track. At the end of the second year, they are expected to develop the expertise to carry out comprehensive clinical diagnoses and treatment plans, and to conduct psychotherapy.
Application Process

Second year master's level Clinical Psychology students enrolled in Lebanese universities or abroad are eligible to apply provided they have taken the prerequisite courses at the graduate level. Students in doctorate programs may also apply for the training. Other requirements are an average grade of 80 over 100 or above, and a proficiency in Arabic and English languages.

Applications should be submitted to the department of Psychiatry, Mrs. Nibal Safah, at ns54@aub.edu.lb. After an initial screening and verification of credentials, selected applicants will be interviewed. The first year course requirements for students with a master's degree or a doctorate degree in Psychology may be waived if supported by available transcripts.

Application material

- An updated CV
- Copies of transcripts of grades for undergraduate and graduate courses
- A statement of purpose indicating your interest in the program, past achievements and experiences, your goals from the programs, and your future career plans. Other relevant issues can also be included.

- Application deadline: April 30.

Prerequisite courses

- Graduate course in Psychopathology
- Graduate course in Psychotherapy theories
- Graduate course in Developmental Psychology (for those who are interested in the child track)
- Graduate course in Psychological Testing and Assessment

English requirement

Applicants to the graduate program, other than AUB graduates and graduates of colleges or universities recognized and located in North America, Great Britain, Australia, and New Zealand, must meet the English Language Proficiency Requirement (ELPR). For more information, refer to page 34.

The program consists of 4 courses (one per semester), taken in sequence.

The courses are as follows:

1st year:

**PSYT 300 Clinical Psychology Practicum I: Immersion and Observation.** 4.0 cr.
The clinical training in this course includes observation of patient interviews, and participation in clinical interviews conducted in a group format, assessment and treatment of patients from different age groups (adult, adolescents and children) and backgrounds and with a variety of presenting problems. Trainees will also be able to practice clinical interviewing and diagnoses with patients they will see. Clinical training will be under the direct supervision of qualified clinical academic faculty.
PSYT 301  Clinical Psychology Practicum II: Diagnosis and Treatment Plan  4.0 cr.
The second course of the clinical training will involve direct patient contact for trainees who will be assigned a certain load of patients. They will formulate a diagnosis and establish a treatment plan based on the patient’s needs. They will learn to practice in a bio-psychosocial model of treatment. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

2nd year:

PSYT 302  Clinical Psychology Practicum III: Psychotherapy I  6.0 cr.
During this course, trainees will carry their own load of individual patients, which they will follow in weekly psychotherapy sessions. They will be trained in Cognitive Behavioral therapy, and Psychodynamic therapy. They will also be introduced to inpatient care. Introduction and training in group therapy is possible at this level with psychology interns being co-moderators within groups. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

PSYT 303  Clinical Psychology Practicum IV: Psychotherapy II  6.0 cr.
During this course trainees will carry their own load of individual adult or child patients, which they will follow in weekly psychotherapy sessions. They will be also participating in in-patient care of patients admitted to the Psychiatry unit as well as conducting psychological assessment and testing whenever needed. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.