



## *Women's League Bulletin*



*March 2009*

*Website:* [www.aub.edu.lb/~webleague](http://www.aub.edu.lb/~webleague)

*“Ah Love! Could you and I with Him conspire to grasp this sorry Scheme of Things  
Entire would not we shatter it to bits- and then re-mould it nearer to the heart’s desire...”*

*Rubaiyat of Omar Khayyam*

### **From the President**

Dear members,

With this month of March, the year begins a new season called spring. This word has many meanings in the dictionary. It is “any source of supply, an act of springing.” Hence, the first stage, the time of growth and progress; the season of the year when plants begin to vegetate and grow; the capacity for springing, elasticity, hence vigor and energy.” Whatever the general meanings of the word, we see that the main idea behind them is that of growth, activity and progress. Let us then remember ourselves in this season of the year when everything in nature is growing and developing; and not forget the responsibilities that we have towards ourselves. We must not let a year; a season and even a day pass without feeling that we have acquired something that has enriched our inner selves and souls. And it is by being a “source of supply”, by giving of the best that is in us that we grow, mature and ripen.

To remember is to love!

March 21<sup>st</sup> is mother’s day there is no sweeter person than a mother; so let us not forget her day- to all the moms in the world - I would like to say thank you!

Bless you all!

*Christel Bikhazi*



**WHATEVER IS SAID OR WRITTEN REMAINS MUCH LESS THAN WHAT SHE DESERVES!**

**M**other's **D**ay provides all the beloved sons and daughters, all over this beautiful world, a wonderful opportunity to express their respect, love, honor, admiration and much more to the person who has helped them to see the light of the world. There can be nothing more blissful to a mother than to see herself valued, cherished and loved by her loving sons or daughters.

The occasion of **M**other's **D**ay is extraordinary for all of us. It's time to love, kiss and hug the most precious creation of God-our **Mom!** All through our lives we love to put our heads in the lap of our mothers, unmindful of our status, position and standing. For her, we always remain the small kid but this is the day to visit our **Mom**, spend time with her, hold her hands and reassure her of our love and care. Some of the most beautiful messages from some of the greatest persons of all times pay a glowing tribute to mothers on this Mother's Day... following are only few Quotations :

Prophet Mohammed: "Heaven is beneath the feet of Mothers."  
"You're Mom, Your Mom and then your Dad."

Gibran Khalil Gibran: " The face of my Mom...The face of my Nation"

Napoleon Bonaparte: "Let France have good mothers, and she will have good sons."

Abraham Lincoln: "All that I am or ever hope to be, I owe to my angel mother"

"George Washington: "My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her."

## **Apple Cake Recipe for the Great Mothers**

- 1- Sugar 2 Cups
- 2- Mazola Oil 1 ¼ Cup
- 3- Eggs 3 [One at a time]
- 4- Flour 3 Cups
- 5- Soda 1 Tea-Spoon
- 6- Baking Powder 1 Tea-Spoon
- 7- Pinch of Salt ---
- 8- Cinnamon 1 Tea-Spoon
- 9- Lemon Flavoring [vanilla]
- 10- Sliced Apple 3 Cups
- 11- Crushed Walnut 1 Cup

Dough [Battery should be Stiff]  
Bake for 1 1/3 Hours  
Temperature of oven 275 degrees  
Red color crispy and cool well

**Bonn Appetite**

**Happy  
Mother's Day**



## **Mrs. Ellen Eid President**



**Mrs. Ellen Eid is an active member of the Women's League since 1966. Mother of four daughters, and grandmother of nine grandchildren, she is also active in many charitable organizations, and has a keen interest in her community, nature, Ikebana, history, travel, and spiritual growth.. She served on the board, chairing various committees for several terms: Trips, Social, and Programs, as well as being the representative of the Women's League at the Lebanese Council of Women.**

**Since then, she has returned to her first passion of advancing communal learning and widening her cultural horizon. She has combined hands-on discovery activities with informative resources; by organizing trips to all over Lebanon and inviting learned speakers.**

## ***WL* announcements**

- **There will be no trip in March, but instead there will be lunch On March 11 in Crowne Plaza Hotel celebrating Mother's Day. Be prompt! Tickets are sold only for \$40. Enjoy the buffet in the closed roof around the swimming pool with the nice scenery. Happy Mother's Day.**
- **The Next General meeting will take place on Monday April 6, 2009.**

**\* The board members met Marian Heath, the previous WL President who came from the Arab Gulf to visit Lebanon. They had lunch together during which Marian was updated about the activities of the WL .**

### **\* Condolences**

**Mrs. Najla Jiryas Nasr, 95 years old passed away on February 10, 2009. She was a member of The Women's League and a devoted person in serving the community. She is survived by her son Dr. Sami Nasr, her daughters: Suad Nabil Rahhal, Aida Adib Khoury, Samia Antoine Boulad. The Women's League presents their sincere condolences to her family and to her niece Leila Gbantous. May God bless her soul and give her eternal rest.**

**Rihab Ouri  
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## February Trip to the South of Lebanon

On Wednesday, February 18, 2009 at 8.30 a.m., and under showers of rain, the bus started to move with 32 people on board heading to the South of Lebanon.

Our first stop for breakfast was at the Oumara Bakery in Khaldeh, few kilometers past the village of Joun to a Greek Catholic monastery known as Deir El-Moukhalles (Monastery of the Holy Savior) which overlooks fragrant orchards and wooded hills. Founded in 1711, it stands on an even older site. The Monastery possesses a beautiful old church and a collection of icons, manuscripts and religious objects. The Father, head of the monastery met us at the door and gave us a detailed story of the monastery and how it was destroyed several times and rebuilt again and briefed us about Abouna Bechara Abou Mrad who lived between 1853 and 1930 and whom they are working on his beatification for he was a hermit and an apostle.

Then back to Saida and passing through the old souks to visit Al-Oumari old Mosque which was a pagan temple (Temple of the Sun) to become later a church by the Crusaders and after that it became a Mosque. Actually, it was destroyed several times and rebuilt again the last of which was during the Israeli invasion in 1982. Then the Hariri Mosque which was built by late PM Rafic Hariri in memory of his father Baa' Eddine, but he did not live to inaugurate it.

After that, we visited the Kamel Badawi, Al-Bsat, a factory of Halaweh (Halva) and Tahini. They showed us around the factory to see how it works and the ladies almost emptied the shop by buying a big lot of their delicious products.

The last stop was for lunch at Arouset Khaizaran, a fish restaurant at the sea shore and had a very delicious and generous mezze and fish meal. Some of the ladies went down to the beach to have their coffee for the weather has changed completely from the beginning of the trip and became sunny and warmer and they were enjoying their time so much that we had to push them back to the bus to go back to Beirut to which we arrived at 6.00 p.m.

By Lamia Kawar

Our WL group visiting Hariri Mosque during the trip.

