Women's League Bulletin

WL Mission Statement
The WL is an organization of women from different nationalities. Its purpose is to promote a broad acquaintance, to socialize, learn and support one another, and establish social network. Its wish is to secure a yearly scholarship fund for a disabled student.

For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others.

Nelson Mandela

Letter from the President

I would like to congratulate all the members of the League on the occasion of two major celebrations in November this year.

The Lebanese Independence Day on November 22nd and the 95th Anniversary of the Women's League on November 3rd.

I would also like to pay tribute to the eight foreign ladies, who were associated with AUB and residing in Lebanon, who took the initiative 95 years ago to establish a women's society of ladies from different nationalities and cultures under the name of The Women's League. Their aim was to interact and exchange visions. We thank those ladies for without them we would not have been here celebrating this occasion year after year until this date.

The League is still going strong with the help of each one of the board members who are working hard to prepare interesting and educational lectures, trips, luncheons etc. as well as for all the members who are joining these activities.

Thank you ladies for your presence here as members of the Women's League.

Lamia Kawar
October Lecture

Mrs. Nadine Daher, was our speaker for October. She is the Chief Executive Officer and Founder of the “Nadine Daher Center for Etiquette and Image Consultancy. Mrs. Daher launched her first book in Arabic "الإتيكيت علم ولياقة " on social etiquette. She shed the light on the meaning and origin of etiquette, and the change in etiquette thru history in different countries. Mrs. Daher attended special training in etiquette and protocol in Switzerland, and in the Institute of Image Consulting in London.

Mrs. Daher explained the meaning of Etiquette as Manners, Politeness, Thankfulness, Honesty and Consideration of others. It was established in 2500 B.C. by Goddess Isis, to teach the people, how to abide by the rules and be good citizens. Etiquette is a code of behavior, it is a necessity in our daily lives to be aware of the feelings and manners towards each other. There are three big schools of Etiquette: English, French and American. Mrs. Daher gave the ladies examples of how to behave. A lady must stand up for 1) Head of State, 2) Man of Government, 3) A Military man in his Official Clothing, and 4) an Elderly person. Another example which she gave is: If you are invited to a lunch or dinner, it is very impolite to arrive late, and if it happens, you have to apologize and give a valid reason.

All the attending people enjoyed Mrs. Nadine Daher’s Presentation and thanked her for her lovely lecture.
Trip to the Batroun Area

On Thursday October 23rd, 76 ladies and four gentlemen joined the Women’s League Trip to the “Batroun Area”. We had our breakfast at “Batrouniat”, a very big place, which has a restaurant and an open garden, suitable for parties, and a shop called: “Beit El-Mouneh”. At 11:30 a.m. we went to “IXSIR WINERY”, which is owned by Carlos Ghosn and Bank Audi. “It is a renovated 4 hundred years old house which was owned previously by the Bitar family”. The IXSIR Logo is the SUN, and they have a big plantation of grapes. IXSIR means “أكسير الحياة” in Lebanon, we have 42 Wineries, 12 big ones (IXSIR is one of them). They showed us around the factory and explained to us the process of the wine production. (3 kinds of wines, Red, Rosé and White are produced). We all enjoyed the wine tasting and some of us bought some of the wine bottles at a reduced price.

Our next stop was at St. Jacques Farm at “عارة” (a high mountain village in Batroun) where there is a duck farm, where an assistant in the farm explained to us that the ducks are imported from France (400 females and 100 males). Every year they can produce 24000 ducks. In Lebanon, we consume 40% of them, and the rest is exported to the Arab Countries. Ducks are fed corn, sugar and wheat bran. From these ducks they produce Foie Gras and Paté de Canard.

At 4.00 p.m. we left to have a delicious Lebanese lunch at “Talaya” Restaurant in Nahr El-Joz area. Then to head back to Beirut where we arrived at 7.30 p.m.
- The Board of the Women's League would like that each of the ladies who attend our lectures or go on our trips to become a member and pay their membership fee which is only LL. 50,000 a year. This way everybody would be eligible to become a board member.

- Mrs. Zeina Arab, our Trip Chairperson is planning a trip to the Chouf mainly to the Baaline area. This trip will take place on Wednesday November 19th, 2014. The fee for the trip is $50 or LL. 75,000. Mrs. Arab's Tel. No. are 03-611899 and 01-809744.

- Our Christmas Lunch will be held on Wednesday, December 17, 2014 at the Prime 18 Restaurant of Lancaster Plaza Hotel, Rawcheh, Beirut. The fee is $80 per person and tickets are available with all board members. Come on! buy your ticket now for the places are limited. Hope you will join our Luncheon.

- Our next General Meeting will be on December 1st, 2014 at West Hall, Bathish Auditorium as usual at 4.00 p.m. and the famous Lebanese Tenor Mr. Gabriel Abdel Nour will enchant us with his voice to give us a Christmas Program.

- Welcome everybody and hope to see you all on December 1st, 2014.

Leila Zacca Alameddine  
Editor of the Bulletin

*BATRONIYAT*

*IXSIR WINERY FIELDS*  
*ST. JACQUE FARM*