October 2015

Women’s League Bulletin

Web site: www.aub.edu.lb/webleague

The October Trip of the WL is going to be on October 14, 2015 to the South of Lebanon, Khiyam area, Deir Mimars, Mleeta site, Fatmeh Gate, and other interesting sites to be ended by a lunch in a restaurant at the Wazzani River. Place of Meeting at 7.30 a.m. is changed from Abdul Aziz Street to the end of main Hamra Street, a locality still known as AUB TALEB, near Rolls Royce Gas Station. Hope to see many of you join this nice trip which is organized by our Trip Chairperson, Mrs. Rawa Sallati. Mrs. Sallati’s Tel. Nos. are: 03/241056 - 03/243057 e-mail: sallati@hotmail.com.

***************

Recipe of the Month

Squash pasta with avocado cream sauce makes a perfect vegetarian dish for summer.

Ingredients:
4 small (or 2 large) squash, ends trimmed and spiraled with a spiralizer. 1 Avocado, ¼ a cucumber chopped
Juice of ½ a lemon, 1 clove garlic, 2 tablespoons coconut milk, about 8 leaves of basil, salt and pepper,
Halved cherry tomatoes and basil leaves for garnish.

Instructions:
Place squash spirals in a large bowl, In a food processor, combine the remaining ingredients and process until smooth. Toss the squash with the avocado sauce until fully coated. Garnish with cherry tomatoes and basil leaves, season with salt and pepper to taste.

Sahetain

***************

WL Mission Statement

The WL is an organization of women from different nationalities. Its purpose is to promote broad acquaintance, to socialize, learn and support one another, and establish social network. Its wish is to secure a yearly scholarship fund for a disabled student.

at AUB.

Inside this issue:
President’s Word..............I
May 8, 2015 Garden Party
A True Story
Recipe of the Month
Miscellaneous

Letter from the President

Hello,

I would like to welcome each and every one of you to this new session of Women’s League activities.

I hope you all had a happy and relaxing summer in town or abroad with your loved ones. As the summer is coming to an end, we welcome the fall season with its milder weather, it’s colored foliage and a promise of achievement. Fall is the season of new starts. Businesses pick up after a relaxed holiday. Schools and colleges kick in with full blast. Rural villages prepare for the cold winter etc.

Let’s all put together our recharged energy to harvest a variety of activities of different interests which we will enjoy. In order to succeed we need your cooperation. Would you please fill in the questionnaire you just received and hand it back. We hope that you will be active members sharing your interests, talents and skills with everyone.

I would like here to give my thanks and appreciation to the outgoing president Lamia Kawar for the great job she achieved in the last two years. She was running everywhere making sure all was well done and traveled twice to represent the Women’s League with the WCL (Welcome Clubs International). As Lamia is staying on the Board we will benefit from her expertise mainly in technology and photography.

A special welcome to all our new members. I know you are several. We are happy to have you in the League.

Together we will achieve.

Nina Habayeb

Please note the League’s website is updated: www.aub.edu.lb/webleague

A boat does not go forward if each one is rowing their own way.
Women’s League Garden Party

On May 8, 2015, the Women’s League ended its activities for the current year as usual with a Garden Party at the Marquand House Gardens of the Residence of the President of the American University of Beirut.

This event was attended by President and Mrs. Peter Dorman along with excellencies, distinguished guests and members of the League with their friends.

The President Ms. Kawar welcomed President Dorman and all the distinguished guests and then thanked the President and AUB in general for considering the Women’s League among the major Scholarship Donors. She mentioned that this year’s donation to the Disabled Students’ Fund amounted to Eleven Thousand Five Hundred U.S. Dollars ($11,500.-) which she presented to the President. He then addressed the audience thanking the Women’s League for their nice gesture of helping a needy student resume his studies.

Ms. Kawar then announced the names of the members of the new Executive Board for the years 2015-2017.

She also thanked the ambassador of the Philippines, Mrs. Liah Manago Ruiz for the nice program they offered us for the event. Then Mrs. Ruiz gave a nice speech also thanking the WL for asking them to be part of this event.

Then Mrs. Suad Khoury, Program Chairperson announced the program which was gratefully offered by the Embassy of the Philippines. A nice Program of singing and dancing performed by a group of young men and women from the Philippines.

Then everybody were invited to the tea table to join the President and the guests in cutting the Cake and enjoy the delicacies. Everybody enjoyed socializing with their friends.

The New Executive Board of the Women’s League

2015-2017

Mrs. Nina Habayeb
President

Ms. Lamia Kawar
Vice President / Editor of the Bulletin

Ms. Afaf Deeb Kandis
Program Chairperson

Mrs. Miriam Ghubril
Secretary

Mrs. Mona Khoury Nassar
Treasurer/Membership

Mrs. Rawaa Baltagi
Trip Chairperson

Mrs. Nada Maktabi
Hospitality Chairperson

Mrs. Hasna Barakat
Representative to the Lebanese

Council of Women

ON May 10, 2015, Ms. Lamia Kawar and Mrs. Rihab Duri, as President and Liaison of the WL went to London to attend the Board of Directors Meeting of the Welcome Clubs International (WCI) as the League is a member of these clubs. These meetings were attended by the President of the WCI, and other presidents and members from the different world wide Clubs. During these meeting, Mrs. Sarka Dejorg, of the Czech Republic, who is the WCI Consultant to Eastern Europe, announced that the next conference of the WCI will be next May 2016 in Prague and gave a detailed plan of the conference. This Board of Directors meeting was followed by a post trip to Scotland, mainly to Oban, Inverness and Edinburgh (the capital of Scotland) which was very well planned and enjoyed by everybody who joined it.