

# Department of Psychiatry

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Associate Professors:	Akoury Dirani, Leyla; Khani, Mounir; Khoury, Brigitte; Maalouf, Fadi
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Instructor:	Ismail, Ghina
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The Department of Psychiatry offers a course to Med II students and a clinical clerkship to Med III students, a post-graduate residency training program in Psychiatry as well as clinical electives to interns and residents.

**PSYT 227 Human Development and Psychopathology 32.36; 3 cr.**  
 This course covers psychopathology through a lifespan approach. It specifically covers social, emotional and cognitive aspects of human development in addition to the psychopathology of major psychiatric disorders (neurodevelopmental, mood, anxiety, psychosis and substance use disorders, etc.). It also introduces pharmacological and non-pharmacological approaches to management of patients. A variety of teaching/learning techniques are implemented including didactics and team-based learning.

**PSYT 252 Clinical Clerkship in Psychiatry 0.180.**  
 A clinical clerkship in which third year medical students spend one month working up psychiatric patients and attending morning rounds on an inpatient psychiatric service where they are supervised by an attending psychiatrist. Students also attend psychiatry clinics in the outpatient department where they see new and old cases. The rotation also includes seminars dealing with psychopathology, case presentations and discussions, interview techniques and basic psychotherapy, as well as psychopharmacology. One month.

## Clinical Psychology Training Program

The AUBMC Department of Psychiatry offers a Clinical Psychology Training Program leading to a certificate of training in clinical psychology. Students are admitted only if they intend to complete the two academic year program.

During the first year, students follow both adult and child and adolescent training. They are expected to master the diagnosis and treatment plan process. They are also initiated into individual and group psychotherapies. Note that the first year could be considered as practicum courses within the master's degree program.

The second year can be offered at a post-MA training level. Students choose one of two tracks which include an adult or a child and adolescent track. At the end of the second year, they are expected to develop the expertise to carry out comprehensive clinical diagnoses and treatment plans and to conduct psychotherapy.

## Application Process

Second year master's level Clinical Psychology students enrolled in Lebanese universities or abroad are eligible to apply provided they have taken the prerequisite courses at the graduate level. Students in doctorate programs may also apply for the training. Other requirements are an average grade of 80 over 100 or above and a proficiency in Arabic and English languages.

Applications should be submitted to the Department of Psychiatry and addressed to **Mrs. Nibal Safah at ns54@aub.edu.lb**. After an initial screening and verification of credentials, selected applicants will be interviewed. The first-year course requirements for students with a master's degree or a doctorate degree in Psychology may be waived if supported by available transcripts.

## Application Material

The following are required to be submitted when applying:

- An updated CV
- Copies of transcripts of grades for undergraduate and graduate courses
- A statement of purpose indicating your interest in the program, past achievements and experiences, your goals from the programs and your future career plans. Other relevant issues can also be included.
- **Application deadline: April 30.**

## Prerequisite Courses

- Graduate course in Psychopathology
- Graduate course in Psychotherapy Theories
- Graduate course in Developmental Psychology (for those who are interested in the child track)
- Graduate course in Psychological Testing and Assessment

## English Requirement

Applicants to the graduate program, other than AUB graduates and graduates of colleges or universities recognized and located in North America, Great Britain, Australia and New Zealand, must meet the English Language Proficiency Requirement (ELPR). For more information, refer to page 40.

The program consists of 4 courses (one per semester) taken in sequence.

The courses are as follows:

**1<sup>st</sup> year:****PSYT 300 Clinical Psychology Practicum I:  
Immersion and Observation 4.0 cr.**

The clinical training in this course includes observation of patient interviews, and participation in clinical interviews conducted in a group format, assessment and treatment of patients from different age groups (adult, adolescents and children) and backgrounds and with a variety of presenting problems. Trainees will also be able to practice clinical interviewing and diagnoses with patients they will see. Clinical training will be under the direct supervision of qualified clinical academic faculty.

**PSYT 301 Clinical Psychology Practicum II:  
Diagnosis and Treatment Plan 4.0 cr.**

The second course of the clinical training will involve direct patient contact for trainees who will be assigned a certain load of patients. They will formulate a diagnosis and establish a treatment plan based on the patient's needs. They will learn to practice in a bio-psychosocial model of treatment. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

**2<sup>nd</sup> year:****PSYT 302 Clinical Psychology Practicum III:  
Psychotherapy I 6.0 cr.**

During this course, trainees will carry their own load of individual patients, which they will follow in weekly psychotherapy sessions. They will be trained in Cognitive Behavioral therapy and Psychodynamic therapy. They will also be introduced to inpatient care. Introduction and training in group therapy is possible at this level with psychology interns being co-moderators within groups. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.

**PSYT 303 Clinical Psychology Practicum IV:  
Psychotherapy II 6.0 cr.**

During this course, trainees will carry their own load of individual adult or child patients, which they will follow in weekly psychotherapy sessions. They will also be participating in in-patient care of patients admitted to the Psychiatry unit as well as conducting psychological assessment and testing whenever needed. Advanced clinical training will be under the direct supervision of qualified clinical academic faculty.