

# Office of Student Affairs

The Office of Student Affairs oversees student activities, athletics, counseling, student housing, and career and placement services. The office also manages university-wide operations, such as the bursary, the New Student Orientation and the work-study programs. The Office of Student Affairs provides services to students that enhance their overall well-being and create opportunities for them to enrich and broaden their educational experience.

The website has comprehensive information on all programs:<http://www.aub.edu.lb/SAO/Pages/default.aspx>

## Contact

West Hall, Ground Floor, Rooms 109 - 112

Tel: +961-1-374374, ext. 3170 or ext. 3171

Fax: +961-1-744478

Email: [sao@aub.edu.lb](mailto:sao@aub.edu.lb)

The office is open during regular work hours.

## Student Activities

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The Department of Student Activities is committed to enhancing the student experience outside the classroom by providing opportunities for student development through co-curricular activities that complement AUB's academic programs. The department of student activities strives to enrich the intellectual, ethical and social development of our students by engaging them in university and community events and by providing leadership opportunities. Our aim is to foster holistic student development. Students can become members in clubs, societies, student government, student publications, or outdoors festival.

The department plays a central role in the organization process for annual events like New Student Orientation, student elections and Folk Dance Festival.

The Department of Student Activities and the Dean of Student Affairs must approve all student activities organized on- or off-campus. The department's role is to help in facilitating these activities and ensure that students are applying the event planning process. West Hall building is considered the student hub where most of student activities are held, in addition, to various AUB events sponsored by faculties, departments, centers, and alumni.

To learn more about the department of student activities visit our website at <http://www.aub.edu.lb/SAO/activities/Pages/default.aspx>

## Contact

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Tel: +961-1-374374, ext. 3197 or ext. 3182

Email: [hh62@aub.edu.lb](mailto:hh62@aub.edu.lb)

## University Sports

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The university offers a wide range of sports, athletics, fitness and recreational programs through university sports. The Charles W. Hostler Student Center has invigorated athletic life on campus. It includes a gymnasium with three full-size basketball, volleyball, handball and futsal courts, a 6-lane, 25-meter indoor pool with a touchpad and electronic score board, two free weights areas, two cardiovascular training areas, an activity room for dance and martial arts, two squash courts, a 400-meter track, an artificial turf field, an auditorium, an amphitheater, conference rooms, a bouldering wall and much more. Between May and October, students may use the AUB beach for swimming, water sports, beach volley, recreation or relaxation.

There are four floodlit tennis courts on campus. Professional tennis lessons are available. Opportunities for competitive and team sports abound as do options for individual recreational activities. Fitness, martial arts and swimming courses are offered year round.

The following are some programs offered:

<i>Basketball (Men, Women, Junior)</i>	<i>Rugby (Men, Women, Junior)</i>	
<i>Toning and Firming</i>	<i>Track and Field (Men, Women)</i>	<i>Karate</i>
<i>Soccer (Men, Junior)</i>	<i>Archery (Men, Women)</i>	<i>Mixed Martial Arts</i>
<i>Volleyball (Men, Women)</i>	<i>Swimming (Men, Women)</i>	<i>Functional Training</i>
<i>Futsal (Men, Women)</i>	<i>Ultimate Frisbee (Men, Women)</i>	<i>Pilates</i>
<i>Handball (Men, Women)</i>	<i>Beginning Swimming</i>	<i>Zumba</i>
<i>Tennis (Men, Women)</i>	<i>Yoga</i>	<i>"Tactical Self-Defense"</i>
<i>Badminton (Men, Women)</i>	<i>Youth Swimming</i>	

### Contact

Charles Hostler Student Center

Tel: +961-1-374374, ext. 3200 or 3201

Email: [chsc@aub.edu.lb](mailto:chsc@aub.edu.lb)

Website: <http://website.aub.edu.lb/sao/sports/Pages/index.aspx>

## Student Housing

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As one of the few residential universities in the Middle East offering a beautiful campus where a variety of extracurricular activity prevails, strong and supportive communities flourished giving hundreds of residents the chance to experience the wonders of community living.

The priority is to accommodate undergraduate applicants starting with freshman students (eligibility of assignment criteria available on student housing homepage).

Students need to apply via AUBsis; the steps they need to follow can be found under Dorms Applications on the student-housing website: <http://www.aub.edu.lb/sao/housing/Pages/index.aspx>. Students are strongly advised to apply as soon as the application is activated.

For each term, the housing charges appear on the statement of fees issued to each student following the completion of the registration process; they vary depending on the type of accommodation selected. The Student Residence Hall Rates are available via the link: <https://www.aub.edu.lb/SAO/housing/Documents/AY-Rates-2020-21.pdf>

### Student Housing Guests and Guest Rates

For further details (rates, room categories) regarding guests, please follow our link: <https://www.aub.edu.lb/SAO/housing/Documents/GUEST%20POLICY-NEW-Aug19.pdf>.

## Residence Halls

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There are eight student residence halls, six for women and two for men. All residence halls have heating, air-conditioning, hot water, washing machines, dryers, irons and wireless Internet. Each room is equipped with a bed, desk, chair and closet.

### Women's Residence Halls

Four women's halls are located on lower campus overlooking the Mediterranean, while the fifth is located on upper campus. The off campus dorm is in the heart of Hamra, within short walking distance of campus. The ground floor of each hall houses a reception area, a common kitchen and lobby for socializing, receiving guests and watching television. Each residence offers laundry facilities as well as vending machines with snacks and soft drinks.

### Men's Residence Halls

The two men's residence halls are located in the west part of upper campus, overlooking the splendid Mediterranean and close to Bliss Street, with its abundance of shops. The ground floor of each hall houses a reception area, a common kitchen and lobby for socializing, receiving guests and watching television. Each residence offers laundry facilities as well as vending machines with snacks and soft drinks.

#### Contact

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Website: <http://www.aub.edu.lb/SAO/housing/Pages/default.aspx>

## Career Hub

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The Career Hub aims at helping AUB students in their transition from being students to becoming workplace professionals by encouraging them to build future career plans and make use of the different services and resources provided to achieve their personal aspirations. Career Hub strives to promote:

**Career Exploration and Decision Making** by facilitating the exploration of career options and developing effective career planning skills.

**Skill Development** by helping students develop skills within their academic disciplines to enhance their professional image through different career workshops and one on one sessions.

**Experiential Learning** by disseminating employment information and providing resources for students to explore changing trends in the global job market through three main types of experiential learning opportunities (internships, job shadowing, and company visits).

**Career Placement** by helping current and former AUB students to achieve their career goals through the development of lifetime career planning and job search skills and assisting them in finding full-time employment, internships and part-time jobs.

**Employer Development** by building and expanding long-term relationships between the American University of Beirut and key employers.

**Major Employment Events** by organizing an Annual Job Fair in April and a “Hire On Campus” event in September along with other ongoing recruitment events throughout the year to give students the opportunity to network with top employers and get hired.

### Contact

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Email: [mh272@aub.edu.lb](mailto:mh272@aub.edu.lb) or [careerhub@aub.edu.lb](mailto:careerhub@aub.edu.lb)

Website: <http://www.aub.edu.lb/SAO/cps/Pages/default.aspx>

## Work-Study Program

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The Office of Student Affairs coordinates an extensive work-study program that provides work-study opportunities on campus for both undergraduate and graduate eligible full-time students with good academic standing. The program allows students to work with AUB Faculty and Staff to better connect with their university. Students can apply through the AUBsis within deadlines announced for by the Office of Student Affairs. Placement is made on the basis of date of application, demand, capability, and job availability. Students may work a maximum of 80 hours per month in the Fall/Spring semesters and 60 hours per month in the Summer term.

Usually every year, over 700 students participate in our program; however, this year and due to the Country's situation and Covid-19, we had over 590 students including students working as financial aid that participated in the work-study program. Being part of this program, students contribute to their educational expenses while also developing job skills through working with faculty and administration in various campus offices and the Medical Center.

### Contact

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Email: [wsp@aub.edu.lb](mailto:wsp@aub.edu.lb)

Website: <http://www.aub.edu.lb/SAO/Pages/Work-And-Study-Program.aspx>

## Bursary Program

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A number of students from the Arab world and beyond are sponsored to study at AUB by their national governments or through private institutions. The Office of Student Affairs provides administrative support and financial updates to the sponsoring institutions or embassies.

### Contact

West Hall, Ground Floor, Room 109-109 C

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Email: [sao@aub.edu.lb](mailto:sao@aub.edu.lb)

## Counseling Center

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The Counseling Center provides a supportive environment and enhances access to quality counseling services to ensure mental, psychological, and emotional well-being for improved academic success and student self-actualization. The center addresses the mental health needs of the university community and preserves students' right to mental health in an engaging and tolerant environment that fosters lifelong learning, growth, and development.

Counseling is a professional relationship that empowers individuals and groups from diverse backgrounds to accomplish mental health, wellness, education, and other life goals. It requires the establishment of a therapeutic relationship between a student and a trained professional to address their concerns. The overall counseling process aims to establish goals that are unique to each individual and guides students to achieve set goals and realize their full potential. Counseling is designed to be a collaborative endeavor between a student and a trained professional that results in self-discovery and learning.

The Counseling Center offers mental health services that are strictly confidential and free of charge for students.

### Contact

West Hall, 2<sup>nd</sup> floor, Room 210

Tel: +961-1-374374, ext. 3196

Email: [counselingcenter@aub.edu.lb](mailto:counselingcenter@aub.edu.lb)

Website: <http://www.aub.edu.lb/SAO/Pages/Counseling-Center.aspx>

Online Booking System for Appointments:

[AmericanuniversityofBeirut1@mail.aub.edu/bookings/](mailto:AmericanuniversityofBeirut1@mail.aub.edu/bookings/)

## Student Wellness Outreach

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While university life is full of exciting opportunities, it can also be an overwhelming time. The Student Wellness Outreach Office provides a range of events to support the students' physical and mental wellbeing where they take a breath of fresh air away from online classes and the sense of isolation caused by many factors. We strive to nurture a healthy University environment by focusing on topics like Mental Health and Resilience, keeping stress in check, life management tactics such as healthy eating on a student budget, study skills, learning self-defense, and first-aid basics. Through these services and events, we provide the support that allows for awareness on traditionally taboo topics that promote inclusion and empower you with knowledge free from unwanted judgment.

### Contact

West Hall, 3rd floor, Room 338

Tel: +961-1-374374, ext.3151

Website: <http://www.aub.edu.lb/SAO/Pages/Student-Wellness-Outreach.aspx>

Email: [ga128@aub.edu.lb](mailto:ga128@aub.edu.lb)

## Peer Support Center

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Peer Support is delivered by and for individuals who share similar challenges. The support can target any social, emotional, or academic issue that can negatively affect a student's wellbeing such as but not limited to: transitions, making friends, relationship pressures, or academic stress. The aim of peer support is to foster a supportive environment where students feel comfortable sharing their experiences and listening to each other. By equipping students with a non-judgmental and non-stigmatizing perspective, they will be able to accept and support one another while simultaneously looking after their own mental health.

### Contact

West Hall, 3rd floor, Room 304  
ext. 3168.

Website: <http://www.aub.edu.lb/SAO/Pages/PeerSupportCenter.aspx>

## Accessible Education Office: Disability Services and Learning Support

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AUB strives to foster an inclusive university community that welcomes, respects, and values people of diverse backgrounds and abilities. In concert with this mission, the Accessible Education Office within the Office of Student Affairs exists to facilitate equal access for students with disabilities to the academic, social, and recreational activities and programs at AUB.

To achieve this goal, the Accessible Education Office (AEO) works in collaboration with students, faculty and staff to implement services and accommodations that remove barriers to participation in a robust and well-rounded student experience. The provision of such accommodations is in accordance with the university's commitment to these goals, AUB's non-discrimination policy and practices, as well as relevant US federal law.

The Accessible Education Office works in an individual and confidential manner with students who choose to disclose disabilities. Upon admittance to AUB, students seeking accommodations are encouraged to contact the AEO and set up an appointment. See website below for more information.

### Contact

Accessible Education Office  
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Email: [rs242@aub.edu.lb](mailto:rs242@aub.edu.lb)

Website: <http://www.aub.edu.lb/SAO/Pages/Accessible-Education.aspx>

