

## Experts get creative on health education

Tuesday, June 15, 2010

A prominent regional NGO joined AUB professors, students, and public health activists in an event aimed at bridging the gap between civil society and marginalized Lebanese communities.

Members of American Near East Refugee Aid (ANERA) and the Outreach and Practice Unit (OPU) at AUB's Faculty of Health Sciences (FHS) shared advice about best practices in discouraging smoking and promoting proper nutrition and exercise, in addition to healthy feeding practices for infants and children at AUB on May 27, 2010.



The festival also included parades and interactive activities prepared by community members and students from FHS.

Dr. Tamar Kabakian, associate professor at FHS's Department of Health Behavior and Health Education, thanked ANERA "for creating this beautiful environment on the campus and for giving the opportunity for our students meet health activists from different communities, who were very motivated to discuss health topics and share their experiences from the field."

The activities met the OPU's objectives of facilitating the transfer of skills and knowledge in various fields including public health and developing human capabilities, in addition to promoting the culture of collective responsibility.

ANERA has worked for more than 40 years in the region, providing development, health, education, and employment programs to Palestinian communities and impoverished families in Lebanon, Jordan, the West Bank, and Gaza.