

For Immediate Release



AUB to release results of latest research on undernutrition and obesity

Beirut, Lebanon- 17/01/2012 - The American University of Beirut will release the results of the first Associated Research Unit (ARU) on Undernutrition and Obesity in Lebanon in a seminar to be held on Friday, January 20, 2012.

The seminar is organized by the Department of Nutrition and Food Sciences (NFSC) at AUB, in collaboration with the Lebanese National Council for Scientific Research (CNRS), the Nutrition Department of the Faculty of Pharmacy at the University Saint Joseph (USJ), and the Human Nutrition and Dietetics Department at the University Saint-Esprit de Kaslik (USEK), under the patronage and in the presence of Public Health Minister Ali Hassan Khalil.

The seminar will be held at the Charles Hostler Center, 2nd floor, Auditorium, Room 2300. The detailed schedule is attached.

The ARU on Undernutrition and Obesity in Lebanon was established by the CNRS in 2009, endorsing a collaboration between three academic institutions: the NFSC department at AUB, the Nutrition Department of the Faculty of Pharmacy at USJ, and the Human Nutrition and Dietetics Department at USEK. This ARU on Undernutrition and Obesity in Lebanon worked towards achieving research outputs related to determining the prevalence of underweight, micronutrient deficiencies, overweight, and obesity in Lebanon, investigating the association between childhood obesity and predictors of chronic disease, formulating food-based dietary guidelines for Lebanese adults, and developing/implementing a school-based nutrition educational intervention program for school-aged children and adolescents in Lebanon.

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For more information please contact:

Maha Al-Azar, Assistant Director for Media Relations, ma110@aub.edu.lb, 01-353 228

Note to Editors

About AUB

Founded in 1866, the American University of Beirut bases its educational philosophy, standards, and practices on the American liberal arts model of higher education. A teaching-centered research university, AUB has more than 600 full-time faculty members and a student body of about 8,000 students. AUB currently offers more than 100 programs leading to the bachelor's, master's, MD, and PhD degrees. It provides medical education and training to

students from throughout the region at its Medical Center that includes a full service 420-bed hospital.

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