

Kitchen Gardens for Syrian Refugees and Host Communities in Lebanon - November 2014 - Sept. 2015 (Funded by Scholl Foundation)

The Purpose of this project is: 1) To support an existing community kitchen in Khiara, West Bekaa lead by Syrian refugees and Lebanese women and providing food assistance to vulnerable families and try to link it to small farmers in the area.2) To support the start-up of a community kitchen in Old Saida where Syrian & Palestinian refugees and Lebanese women would cook jointly to provide food assistance to vulnerable families.

Bringing Education to Informal Tented Settlements - Nutrition Education Component - GHATA Project -March 2015 - May 2017 (Funded by ROTA (Reach out to Asia)

The purpose of this project is to improve the nutritional status of Syrian refugee students at participating Kayany schools through nutrition education and activation of small kitchen/cooking units to serve healthy food options/snacks at the schools. This project will be carried out by the Department of Nutrition and Food Sciences (NFSC) and the Environment and Sustainable Development Unit (ESDU) at the Faculty of Agriculture and Food Sciences (FAFS) , American University of Beirut (AUB).

Community kitchen in Saida:

After receiving trainings on food safety, healthy eating and managerial and entrepreneurship skills, 17 Lebanese, Syrian and Palestinian ladies participated in hot meals cooking during the month of Ramadan. A total number of 400 vulnerable families were reached for the duration of two weeks. The food distribution was initiated on July 6, 2015 with the help of volunteers from Old Saida. The families were very satisfied with the quality and diversity of the food received and the kitchen ladies enjoyed this rewarding experience.

Community kitchen in Miniara-Akkar:

[The Food Heritage Foundation](#) (affiliated to the Environment and Sustainable Development Unit in AUB) is supporting a community kitchen in Minyara, Akkar in partnership with the International Orthodox Christian Charities (IOCC) since May 2013 and up to date. The idea behind this project was to link emergency food assistance to the development of host communities. Indeed, a pre-existing community kitchen in Minyara was upgraded and women – from both local and Syrian refugee communities- were mobilized and trained to work jointly towards the provision of healthy traditional food pots to vulnerable refugee families. Accordingly, this project offered an income-generating activity to women, while helping to enhance social rehabilitation among host and refugee women. At the same time, the food pots distribution helped alleviate the food insecurity and increase the dietary diversity among vulnerable refugee families. In addition, the project contributed in boosting the local production and market as raw ingredients were purchased locally.



Kitchen Gardens for Syrian Refugees and Host Communities in Lebanon – Nov. 2014 - Sept.