



Food and Nutrition Security (FNS) in post conflict times

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The role of FNS in post-conflict settings

- ▶ FNS serves as a mitigating factor for post-conflict societies
- ▶ It can create employment and better health (win-win situation)
- ▶ Examples from South Africa show that healthier children start school earlier and succeed in life (Yamauchi, 2006).
- ▶ It addresses health issues such as stunting across all social groups.
- ▶ It provides the basis for long-term growth.
- ▶ It addresses ways to mitigate pressures on the environment by promoting healthy diets and sustainable practices.

What are the key challenges for rebuilding food and nutrition security and health in a post-conflict setting?

- ▶ water availability due to destroyed infrastructure
- ▶ land degradation
- ▶ gender equality
- ▶ post-conflict settings/community relations
- ▶ trade/aid dependency
- ▶ dealing with youth bulge/employment
- ▶ **health issues such as malnutrition, sanitation, pollution**

Getting it right

- ▶ Investment in production capacities and healthy consumption must ALWAYS be one of the highest priorities of international donors and national governments in a post-conflict setting.
- ▶ Investment in infrastructure, water-saving practices (conservation agriculture) and food policy aimed at nutritious and sustainable food systems is crucial for achieving a smooth post-conflict transition.

The Role of the International Community

- ▶ providing climate-smart agriculture knowledge
- ▶ investing in destroyed water and food infrastructure
- ▶ Understanding 'local' knowledge/institutions

Recommendations to impact the rebuilding of health post-conflict

- ▶ Conservation Agriculture as a way forward
- ▶ No till, cover crops, use of soil moisture (green water)
- ▶ free blue water resources for health and hygiene
- ▶ investment in water infrastructure (sanitation for healthy people)
- ▶ promote the Mediterranean diet for healthy people and a healthy environment
- ▶ listen to the farmers!!!
- ▶ encourage consumers to favour traditional food that can be produced locally!

Thank you!

