

American University of Beirut
Department of Psychology
Advanced Psychopathology
PSYC 350
Fall 2019

Professor:

Tima El-Jamil, Ph.D.

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Class: Tuesdays 10:00-12:30pm, Jesup Hall Rm. 101

Office hours:

Course description

The main objective of this course is to deepen your understanding in the area of adult psychopathology and foster critical thinking by reviewing concepts, theories, controversies and empirical findings in the literature. As with all psychopathology courses, the subject matter is wide-ranging and diverse, so while we will not be able to cover all the adult psychological disorders, we will be reviewing papers that have been carefully selected to provide you with knowledge of classic research, up to date theories and contemporary issues in the field, covering many of the disorders. The course will emphasize descriptive psychopathology looking at issues of etiology, classification, and larger social and cultural factors, and less on treatment.

Weekly based seminars will focus on an examination of the psychological disorder(s) assigned for that week. Through class discussions of the readings, you will develop an attitude of critical thinking that includes open mindedness, intellectual engagement, skepticism, tolerance for ambiguity and socio-cultural considerations.

We will be reading from a textbook that incorporates the DSM V. Copies of the DSM V are available in the library and in the department in Maria's office for your use.

Class attendance

Attendance is mandatory, students are expected to attend all classes. According to FAS guidelines, if a student accumulates more than 1/5 absences of the total class sessions he/she will be asked to drop the course. Please note that arriving late to class is considered a disruption to the class process, so please do not do it.

I understand that unforeseen circumstances may arise, such as accidents, illnesses, family emergencies, etc., which will cause a student to miss a class. You must contact me by email if such an incident occurs. **In addition, missed classes must be compensated with a reflection paper three pages in length.** That paper will require that you integrate the major findings of the readings that you missed. Your reflection paper should demonstrate a meaningful understanding of your readings and a thoughtful reflection of the findings.

Academic Dishonesty

I will not tolerate cheating, plagiarism, presenting work you did not do, or violating rules of proper academic conduct. Such academic dishonesty will be dealt with according to strict AUB recommendations. If you find yourself having some difficulty with an assignment, talk to me about it.

Special Accommodations

AUB strives to make learning experiences as accessible as possible. If you anticipate or experience academic barriers due to an impairment (chronic or temporary mental health or medical conditions), please inform me immediately so that we can privately discuss options. In order to help establish reasonable accommodations and facilitate a smooth accommodations process, you may contact the Accessible Education Office: accessibility@aub.edu.lb; +961-1-350000, x3246; West Hall, Rm. 314.

Course Participation

There is a booklet of required readings that you can purchase from the University Bookstore. It is imperative that you carefully read the required materials assigned to you before coming to class. The course will be interactive and its success is dependent upon your preparation, involvement and discussion. **Each student will be responsible for leading one class discussion.** That student will **not** be responsible for summarizing the material for the class, he or she will only be providing well-composed, thought-provoking discussion questions about the readings, to stimulate reactions and critical thought. The entire class will be continuously assessed for level of class participation, critical thinking and command of the reading material.

Required Textbook

Craighead, E., Craighead L. Miklowitz D. (2017) *Psychopathology: History, Diagnosis and Empirical Foundations*. Wiley, New York.

Recommended Books for Leisure Reading (Optional)

Chadwich, P. (1997). *Schizophrenia: The Positive Perspective*. Routledge, London.

Herman, J. (1997). *Trauma and Recovery*, Basic Books, New York.

Hinshaw, S.P. (2002). *The Years of Silence are Past: My Father's Life with Bipolar Disorder*. Knopf, NY.

Manning, M. (1994). *Undercurrents*. Harper: San Francisco.

Neugeboren, J. (1997). *Imagining Robert: My Brother, Madness and Survival: A Memoir*. Rutgers University Press, NJ.

Redfield, K.J. (1996). *An Unquiet Mind*. Random House, Inc., New York

Solomon, A. (2001). *The Noonday Demon: An Atlas of Depression*. Scribner, New York.

Torrey E.F. (2006). *Surviving Schizophrenia*. HarperCollins, New York

Course Assignments

For this course, you will be expected to lead one class discussion (described above), complete one mid-term exam, and one final exam.

Grade Scheme

Midterm Essay Exam: 35%

Final Essay Exam: 35%

Discussion Leading: 20%

Class Participation: 10%

Course Schedule

Week 1 – Sept. 3 Conceptions of Psychopathology

Readings: Textbook: Craighead et al. (2017) Chapter 1

- Deacon, B. J. (2013). The biomedical model of mental disorder: A critical analysis of its validity, utility and effects on psychotherapy research. *Clinical Psychology Review*, 33, 846-861.
- Insel, T., Cuthbert, B., Garvey, M., Heinssen, R., Pine, D. S., Quinn, K., & Wang, P. (2010). Research domain criteria (RDoC): Toward a new classification framework for research on mental disorders. *American Journal of Psychiatry*, 167, 748-751
- Berenbaum, H. (2013). Classification and psychopathology research. *Journal of Abnormal Psychology*, 122, 894-901.

Supplementary Reading:

- Speigal, A. (2005) The dictionary of disorder, New Yorker.
- Szasz, T (1960) The myth of mental illness. *American Psychologist*, 15, 113-118.

Week 2 – Sept. 10 Ashoura - No Classes

Week 3 – Sept. 17 Culture, Identity and Psychopathology

- Readings: Lewis-Fernandez, R. & Diaz, N. (2002). The cultural formulation. *Psychiatric Quarterly*, 73, 271-295.
- Hartung, C & Lefler, E. (2019) Sex and gender in psychopathology: DSM V and beyond. *Psychological Bulletin*, 145(4), 390-409.
- Dwairy, M (1996) Psychotherapy in Arab culture. *Clinical Psychology Review*, 16 (3), 231-249.

Supplementary Reading:

- Lopez, S., Guarnaccia, P. (2000). Cultural Psychopathology: Uncovering the social world of mental illness. *Annual Review of Psychology*, 51, 571-598.
- Perone, A. K. (2014). The social construction of mental illness for lesbian, gay, bisexual, and transgender persons in the United States. *Qualitative Social Work*, 13(6), 766-771.

Week 4 – Sept. 24 OCD and GAD

Readings: Craighead et al. (2017) Chapter 4, 5

- Wells, A. & Carter, K. (2001). Further Tests of a Cognitive Model of Generalized Anxiety Disorder. *Behavior Therapy*, 32, 85-102.
- Wheaton, M.G., Abramowitz, J.S., Berman, N.C., Riemann, B.C., Hale, L.R. (2010). The relationship between obsessive beliefs and symptom dimensions in OCD. *Behaviour Research and Therapy*, 48(10), 949-954.
- Taylor, S & Kerry, J. (2011) Biopsychosocial etiology of obsessions and compulsions: Integrated behavioral-genetic and cognitive behavioral analysis. *Journal of Abnormal Psychology*, 120(1), 174-186.

Supplementary Readings:

- Doron, G., Kyrios, M. (2005). Obsessive compulsive Disorder: A review of possible specific internal representations within a broader cognitive theory. *Clinical Psychology Review*, 25, 415-432.

- McKay, D., Abramowitz, J., Calamari, J. et al. (2004). A critical evaluation of obsessive-compulsive disorder subtypes. *Clinical Psychology Review, 24*, 283-313.
- Andrews, G.A, Hobbs, M.J. Borkovec, T.D. et al. (2010). Generalized worry disorder: A Review. *Depression and Anxiety. 1-14*.
- Olatunji, B; Ebesutani, C & Tolin D. (2019). A bifactor model of obsessive beliefs. *Psychological Assessment, 31(2)*, 210-225.

Week 5 – Oct 1 – Panic Disorder and PTSD

Readings: Craighead et al. (2017) Chp 3, 6

- Brewin, C. (2001) A cognitive neuroscience account of posttraumatic stress disorder. *Behavior Research and Therapy, 39*, 373-393.
- Elwood, L. Hahn, K., Olatunji, B, Williams, N. (2009) Cognitive vulnerabilities to the development of PTSD. *Clinical Psychology Review, 29*, 87-100.
- Bentley, K.H., Gallagher, M.W. & Boswell, J.F. et al. (2013). The Interactive Contributions of Perceived Control and Anxiety Sensitivity in Panic Disorder: A Triple Vulnerabilities Perspective. *Journal of Psychopathology and Behavioral Assessment, 35*, 57-64.

Supplementary Readings:

- Casey, L.M., Oei, T., & Newcombe, P. (2004). An integrated Cognitive Model of Panic Disorder, *Clinical Psychology Review, 24*, 529-555.
- Brewin, C. & Holmes, E. (2003). Psychological theories of PTSD. *Clinical Psychology Review, 23*. 339-376.
- Fao, E., Riggs, D., & Gershuny, B. (1995) Arousal, numbing and intrusion: Symptom structure of PTSD following assault. *The American Journal of Psychiatry, 152(1)*, 116-120.
- Karam, E. Mneimneh, Z., Dimassi, H. et al. (2008) Lifetime prevalence of mental disorders in Lebanon: First onset, treatment and exposure to war. *PLOS Medicine, 5(4)*, 1-8.

Week 6 – Oct. 8 Depressive Disorders

Readings: Craighead et al. (2017) Chapter 7

- O'Connor, R. (2003). An integrative approach to the treatment of depression. *Journal of Psychotherapy Integration, 13(2)*, 130-170.
- Van Orden, K.A., Joiner, T.E., Witte, T.K., Selby, E.A., Ribeiro, J.D., & Lewis, R., & Rudd, M.D. (2009). Main predictions of interpersonal psychological theory of suicidal behavior: Empirical tests in two samples of young adults. *Journal of Abnormal Psychology, 118(3)*, 634-646.
- Szasz (1986) The case against suicide prevention. *American Psychologist, 807-812*.

Supplementary Readings:

- Ghaemi, N. (2006). Feeling and Time: The phenomenology of mood disorders, depressive realism and existential psychotherapy. *Schizophrenia Bulletin, 33(1)* 122-130.

- Joiner, T.E. (2000). Depression's Vicious Scree: Self Propogating and Erosive Processes in Depression Chronicity. *Clinical Psychology: Science and Practice*, 7(2), 204-218
- Baumeister, R.F. (1990). Suicide as escape from self. *Psychological Review* 97(1), 90-113.

Week 7 – Oct. 15 – Bipolar Disorder

Readings: Craighead et al. (2017) Chapter 8

- Alloy et al. (2015) Low social rhythm regularity predicts first onset of bipolar spectrum disorders among at risk individuals with rewards hypersensitivity. *Journal of Abnormal Psychology*, 124(4), 944-952.
- Alloy et al (2011) Progression along the bipolar spectrum: A longitudinal study of predictors. *Journal of Abnormal Psychology*, 121(1) 16-27.
- Walsh et al (2015). Three-year longitudinal study of risk for bipolar spectrum psychopathology, *Journal of Abnormal Psychology*, 124(3), 486-497.

Supplementary Readings:

- Alloy, L., Abramson, L., Urosevic, S., Walshaw, P., Nusslock, R & Neeren, A. (2005). Psychosocial context of bipolar disorder: Environmental, cognitive, and developmental risk factors. *Clinical Psychology Review*, 25, 1043-1075.
- Bowins, B. (2008). Hypomania: A depressive inhibition override defense mechanism. *Journal of Affective Disorders*, 109, 221-232.
- Cicero, D., Epler, A. & Sher, K. (2009). Are there developmentally limited forms of bipolar disorder. *Jounral of Abnormal Psychology*, 118(3), 431-447.
- Cuellar, A., Johnshon, S. & Winters, R. (2005). Distinctions between bipolar and unipolar depression. *Clinical Psychology Review*, 25, 307-339.
- Lim, L., Nathan, P., & Malone, A. (2004). A qualitative approach to identifying psychosocial issues faced by bipolar patients. *The Journal of Nervous and Mental Disease*, 192(12), 810-816.

Week 8 – Oct. 22 **Midterm Exam**

Week 9 – Oct 29– Schizophrenia

Readings: Craighead et al. (2017) Chapter 10

- Linscott, R. J., & v. Os, J. (2010). Systematic reviews of categorical versus continuum models in psychosis. *Annual Review of Clinical Psychology*, 6, 391-419.
- Heerey, E. A., & Gold, J. M. (2007). Patients with schizophrenia demonstrate dissociation between affective experience and motivated behavior. *Journal of Abnormal Psychology*, 116, 268-278.
- Walker, E.F. & Diforio, D. (1997). Schizophrenia: A neural Diathesis-Stress Model. *Psychological Review*, 104(4), 667-685.

Supplementary Readings:

- Lopez, R., Polo, A., Karno, M., Hipke, K., Jenkins, J., Vaughn, C. & Snyder, K. (2004). Ethnicity, Expressed Emotion, Attributions, and Course of Schizophrenia:

Family Warmth Matters. *Journal of Abnormal Psychology*, 113(3), 429-439. ●Frith, C. (2005). The self in action: Lessons from delusions of control. *Consciousness and Cognition*, 14, 752-770.

- Mittal, V. & Walker, E.F. (2007). Movement Abnormalities Predict Conversion to Axis I Psychosis among Prodromal Adolescents. *Journal of Abnormal Psychology*, 116, 796-803.
- Reichenberg, A., Riechmann, N. & Harvey, P. (2005). Stability of schizophrenia over time. *Journal of Abnormal Psychology*, 114(3), 363-372.
- Burbidge, J. A., & Barch, D. M. (2007). Anhedonia and the experience of emotion in individuals with schizophrenia. *Journal of Abnormal Psychology*, 116, 30-42.
- Hoffman, R.E., Varanko, M., Gilmore, J., Mishara, A.L. (2008). Experiential features used by patients with schizophrenia to differentiate voices from ordinary verbal thought. *Psychological Medicine*, 38(8), 1167-1176.

Week 10 – Nov 5 – Eating Disorders

Readings: Craighead et al. (2017) Chapter 12

- Petrucelli, J. (2015). Mermaids, Mistresses and Medusa. In *Body-States* (Petrucelli Ed) pp. 13-34.
- Waller, G. (2012). The myths of motivation: Time for a fresh look at some received wisdom in the eating disorders. *International Journal of Eating Disorders*, 45, 1-16.
- Wolever, R.Q., & Kristeller, J.L. (2011). Mindfulness-based eating awareness training for treating binge eating disorder: The conceptual foundation. *Eating Disorders*, 19, 49-61.

Supplementary Readings:

- Keel, P. & Klump, K. (2003). Are eating disorders culture bound? Implications for conceptualizing their etiology. *Psychological Bulletin*, 129(5), 747-769.
- Keel, P., Brown, T., Holland, L. & Bodell, L.P. (2012). Empirical classifications of eating disorders. *Annual Review of Clinical Psychology*, 8, 381-404.
- Bastiani, A., Rao, R., Weltzin, T., Kaye, W. (1995). Perfectionism in Anorexia Nervosa. *International Journal of Eating Disorders*, 17(2), 147-152
- Flett, G., Peraud, C., & Newby, J. (2011). Perfectionistic automatic thoughts, trait perfectionism, and bulimic automatic thoughts in young women. *Journal of Rational Emotive and Cognitive Behavioral Theory*, 29, 192-206.
- Stice, E. (2002). Risk and maintenance factors for eating pathology: A meta-analytic review. *Psychological Bulletin*, 128(5) 825-848.

Week 11 – Nov. 12 – Introduction to Personality disorders

Readings:

- Widiger, T. (2011). Intergrating normal and abnormal personality structure: a proposal for DSM V. *Journal of Personality Disorders*, 25(3), 338-363.
- Livesley, W. (2012). Disorder in the proposed DSM-5 classification of personality disorders. *Clinical Psychology & Psychotherapy*, 19, 364-368.
- Zimmerman, M. (2012). Is there adequate empirical justification for radically revising the personality disorders section for DSM-5?. *Personality Disorders: Theory, Research, and Treatment*, 3, 444-457.

Supplementary Readings:

- Haslam, N. (2003). The dimensional view of personality disorders: A review of the taxometric evidence. *Clinical Psychology Review, 23*, 75-93.
- Parker, G., & Barrett, E. (2000). Personality and personality disorder: current issues and directions. *Psychological Medicine, 30*, 1-9.
- Trull, T. Durrett, C. (2005) Categorical and dimensional models of personality disorder. *Annual Review of Clinical Psychology, 1*, 355-380.

Week 12 – Nov. 19 – Borderline Personality Disorder

Readings: Craighead et al. (2017) Chapter 14

- Bradley, R., & Westen, D. (2005). The psychodynamics of borderline personality disorder: A view from developmental psychopathology. *Development and Psychopathology, 17*, 927-957.
- Selby, E.A., Anestis, M.D., Bender, T.W., & Joiner, T.E. (2009). An Exploration of the Emotional Cascade Model in Borderline Personality Disorder. *Journal of Abnormal Psychology, 118*(2), 375-387.
- Kuo, J., & Linehan, M.M. (2009). Disentangling emotion processes in borderline personality disorder: physiological and self-reported assessment of biological vulnerability, baseline intensity, and reactivity to emotionally evocative stimuli. *Journal of Abnormal Psychology, 118*(3), 531-544.

Supplementary Readings

- Cain, N., Pincus, A.L., Ansell, E.B. (2008). Narcissism at the crossroads: Phenotypic description of pathological narcissism across clinical theory, social/personality psychology and psychiatric diagnosis.
- Pinku, A & Lukowsky, M. (2009). Pathological Narcissism and Narcissistic Personality Disorder, *Reviews in Advance*,
- Grunderson, J., Weinber, I., Daversa, M., Keuppenbender, K. et al. (2006). Descriptive and longitudinal observations on the relationship of borderline personality disorder and bipolar disorder. *American Journal of Psychiatry, 163*(7). 1173-1178.
- Fuchs, T. (2006). Fragmented selves: Temporality and identity in borderline personality disorder. *Psychopathology, 40*, 379-387.
- Whisman, M. & Schonburn Y.C. (2009). Social consequences of borderline personality disorder symptoms in a population based survey. *Journal of Personality Disorders, 23*(4), 410-415.

Week 13 – Nov. 26 – Psychopathy as Psychopathology

Readings: Craighead et al (2017) Chapter 15

- Lynam, D. R., & Vachon, D. D. (2012). Antisocial personality disorder in DSM-5: Missteps and missed opportunities. *Personality Disorders: Theory, Research, and Treatment, 3*, 483-495.
- Salekin, R. & Worley, C. (2010) Treatment of Psychopathy: A review and brief introduction to the mental model approach for psychopathy. *Behavioral Sciences and the Law, 28*, 235-266.
- Baskin-Sommers, A., Curtin, J. & Newman J. (2015). Altering the cognitive-affective dysfunctions of psychopathic and externalizing offender subtypes with cognitive remediation. *Clinical Psychological Science, 3*(1), 45-57.

Week 14 – Dec. 3 - Substance Related Disorders and Sexual Dysfunctions

Readings: Craighead et al. (2017) Chapter 11,13

- Robinson, T & Berridge, K. (2000) The psychology and neurobiology of addiction: an incentive sensitization view, *Addiction*, 91-117.
- Padykula, N & Konklin, P. (2009). The self-regulation model of attachment trauma and addiction, *Clinical Social Work*, 351-360.

Supplementary Reading:

- Brewer, J., Elwafi, H. & Davis, H. (2003). Craving to quit. *Psychology of Addictive Behaviors*, 27(2), 366-379.

Final Exam TBA