

ASSESSMENT THE EFFECT OF PREOPERATIVE BEMIPARIN SODIUM AND ENOXAPARIN IN PATIENTS UNDERGOING ORTHOPAEDIC SURGERY

RABIE SOLIMAN¹ AND ABDELBADEE YACOUB²

Abstract

Background: Thromboembolic prophylaxis is recommended with low molecular weight heparins in trauma patients undergoing orthopaedic surgery. The aim of the present study was to evaluate the incidence of severe intraoperative bleeding in patients who received preoperative bemiparin or enoxaparin for prophylaxis against thromboembolism and undergoing orthopaedic surgery.

Methods: The study included 304 trauma patients with femoral neck fracture, femur fracture, pelvic fracture or obese patients with tibia fracture. The patients were classified in two group(n=152). Group B: The patients received once-daily subcutaneous bemiparin 3500 IU or 2500 IU before surgery. Group E: The patients received once-daily subcutaneous enoxaparin 40 mg or 30 mg before surgery. Bemiparin or enoxaparin was for prophylaxis against thromboembolism. The monitors included the arterial blood pressure, incidence of severe perioperative bleeding, amount of blood loss, hemoglobin level, transfused blood products, transfused fluids, urine output, arterial oxygen saturation, required pharmacological support, duration of anaesthesia and surgery. The statistics were described in terms of mean \pm standard deviation, frequencies, and percentages.

Results: The incidence of perioperative bleeding, blood loss, transfused packed-red blood cells, fresh frozen plasma, and wound reopening increased significantly with preoperative bemiparin than the preoperative enoxaparin ($p < 0.05$). The incidence of hypotension was higher in group B than group E ($p < 0.05$). The requirement for pharmacological support was higher in group B than group E ($p < 0.05$).

Conclusions: The preoperative bemiparin increases the incidence of perioperative bleeding, blood loss, transfused packed-red blood cells and fresh frozen plasma than the preoperative enoxaparin in trauma patients undergoing orthopaedic surgery.

Keywords: Trauma orthopaedic surgery, Bemiparin, Enoxaparin, Perioperative bleeding, Blood loss, Packed-red blood cells.

1 Anaesthesia consultant, Aldar hospital, Almadinah Almonwarah, Saudi Arabia. Assistant professor, department of anaesthesia, Faculty of medicine, Cairo University, Egypt, Tel: 00201115086363, E-mail: rabiesoliman@hotmail.com.

2 Anaesthesia consultant, Aldar hospital, Almadinah Almonwarah, Saudi Arabia, Assistant professor, department of anaesthesia and ICU, Faculty of medicine, Al Azhar University, Egypt, Tel: 00966541875545, E-mail: abdelbadeeameen@yahoo.com.

Corresponding Author: Rabie Soliman: Assistant professor, department of anesthesia, Faculty of medicine, Cairo University, Egypt, Tel: 00201115086363, E-mail: rabiesoliman@hotmail.com.

Introduction

Low-molecular-weight heparins (LMWHs) are common and effective anticoagulants used as first-line prophylaxis against the venous thromboembolism in major orthopaedic surgery^{1,2}, and requiring prolonged immobilization due to trauma³. The low-molecular-weight heparins may cause surgical bleeding or bleeding in critical organs such as intracranial, spinal, retroperitoneal, or intraocular bleeding, or fatal bleeding^{4,5}.

Bemiparin is a second-generation LMWH that has shown greater efficacy than standard heparin in the prevention of venous thromboembolism after total hip replacement surgery⁶, and other orthopaedic surgeries⁴. It has a very low mean molecular weight (3600 Dalton) and long half life (5.3 hours)^{6,7}.

Bemiparin may be started before or after surgery, whereas recommendations for other LMWHs in Europe primarily involve preoperative initiation⁸.

Enoxaparin is the most widely prescribed anti-thrombin therapy in the world for the prophylaxis against venous thromboembolism. The ratio of anti-Xa to anti-IIa activity of bemiparin is approximately 8:1, and that of enoxaparin is 3.8:1, and therefore the bemiparin has a greater antithrombotic activity than enoxaparin^{9,10}.

We hypothesize that the use of bemiparin is associated with bleeding tendency, because of its higher antithrombotic activity than enoxaparin. The aim of the present study was to evaluate incidence of severe intraoperative bleeding (requiring blood transfusion) in patients who received preoperative bemiparin or enoxaparin for prophylaxis against deep venous thrombosis and undergoing orthopaedic surgery.

Methods and patients: After approval from the local ethics committee and obtaining written informed consent, an observation study included 304 patients who received preoperative bemiparin or enoxaparin and undergoing orthopaedic surgery through (2015-2017). The inclusion criteria were trauma patients with femoral neck fracture, femur fracture, pelvic fracture or obese patients with tibia fracture. The exclusion criteria were patients receiving antiplatelets (except

aspirin) or anticoagulants, or patients with liver disease, renal disease, congenital or acquired bleeding disorder, hypersensitivity to low molecular weight heparins, thrombophilic disease, thrombocytopenia (platelet count $<100,000/\mu\text{l}$), non-controlled hypertension, or active gastrointestinal ulcer. The anaesthetist who conducted the cases and collected the data was blind to the preoperative bemiparin or enoxaparin. The patients were classified into two groups: Group B: The patients received once-daily subcutaneous bemiparin (bemiparin sodium; Hibor[®], Laboratorios Farmacéuticos Rovi SA, Madrid, Spain) 3500 IU or 2500 IU before surgery for prophylaxis against deep venous thrombosis.

Group E: The patients received once-daily subcutaneous enoxaparin (Clexane, Sanofi Winthrop Industrie, Seine Maritime, France) 40 mg or 30 mg before surgery for prophylaxis against deep venous thrombosis.

The bemiparin and enoxaparin were discontinued 12 hours before the surgery.

For all patients and under local anaesthesia, a radial arterial cannula and peripheral venous cannula G 18 or 16 were inserted. Anesthetic technique was done under general or spinal anaesthesia. General anaesthesia: Anaesthesia induction was started by preoxygenation with 100% oxygen, intravenous fentanyl (1-2 $\mu\text{g}/\text{kg}$), etomidate (0.3mg/kg), and cisatracurium (0.2mg/kg). After tracheal intubation, and starting of mechanical ventilation, and the anaesthesia was maintained with sevoflurane (1-3%), fentanyl infusion (1-3 $\mu\text{g}/\text{kg}/\text{hr}$), cisatracurium (1-2 $\mu\text{g}/\text{kg}/\text{min}$) and oxygen:air (50:50%). Spinal anaesthesia was done with intrathecal injection of 3.5 ml heavy marcaine (0.5%) and 25 μg fentanyl. Some patients received ketamine (20-50 mg) during spinal anaesthesia technique. If the spinal anaesthesia was inadequate, the patients were anesthetized with general anaesthesia. After surgery, some patients were transferred to ICU intubated and ventilated mechanically to be extubated in the ICU and the other patients were extubated and transferred to post-anaesthesia care unit with closed monitoring and observation for 2 to 4 hours and. Most of the patients were shifted to the ward, while other patients were transferred to the intensive care unit according to preoperative plan.

Sample Size Calculation

Power analysis was performed using the Chi square test for independent samples on the incidence of patients suffering from severe intraoperative bleeding, because it was the main outcome variable in the present study. A pilot study was done before starting this study, because there are no available data in the literature for the effect of the bempirin and enoxaparin sodium on the incidence of severe intraoperative bleeding in trauma patients undergoing orthopaedic surgery. The results of the pilot study showed that the incidence of severe intraoperative

bleeding was of 40 % in bempirin group, and 25 % in enoxaparin sodium group. Taking power 0.8, alpha error 0.05, and beta 0.2, a minimum sample size of 152 patients was calculated for each group.

Statistical Analysis

Data were statistically described in terms of mean \pm standard deviation (\pm SD), or frequencies (number of cases) and percentages when appropriate. Comparison of numerical variables between the study groups was done using the paired *t* test. For comparing categorical

Table 2
Coagulation, blood losses and blood products transfusion profiles of patients (Data are presented as Mean \pm SD, number)

Variables		Group B (n=152)	Group E (n=152)	P-value	
Preoperative coagulation profiles	PT (second)	10.33 \pm 1.68	10.47 \pm 1.53	0.448	
	INR	1.04 \pm 0.12	1.06 \pm 0.10	0.115	
	aPTT (second)	40.15 \pm 7.47	41.53 \pm 8.76	0.140	
	Platelets (x10/ μ l)	283.35 \pm 69.44	275.71 \pm 65.96	0.326	
	Fibrinogen (g/l)	3.64 \pm 0.52	3.55 \pm 0.49	0.121	
	D-dimer (μ g/ml)	0.23 \pm 0.10	0.25 \pm 0.12	0.115	
Postoperative coagulation profiles	PT (second)	10.70 \pm 1.49	10.95 \pm 1.56	0.154	
	INR	1.06 \pm 0.13	1.08 \pm 0.14	0.197	
	aPTT (second)	38.64 \pm 6.86	40.08 \pm 7.25	0.076	
	Platelets (x10/ μ l)	268.22 \pm 72.58	257.08 \pm 65.93	0.162	
	Fibrinogen (g/l)	3.46 \pm 0.54	3.42 \pm 0.48	0.495	
	D-dimer (μ g/ml)	0.76 \pm 0.34	0.83 \pm 0.46	0.132	
Blood loss and transfusion	Major bleeding ^x	-	-		
	Surgical bleeding	37	19	0.011	
	Intraoperative blood loss (ml)	1726.14 \pm 323.75	635.42 \pm 289.72	0.011	
	Postoperative blood loss (ml)	648.24 \pm 123.80	615.61 \pm 131.72	0.026	
	Wound reopening	10	2	0.034	
	P-RBC (unit)	3.40 \pm 1.73	2.65 \pm 1.68	0.001	
	FFP (unit)	1.68 \pm 0.60	1.51 \pm 0.57	0.011	
	HB(g/dl)	Preoperative	12.36 \pm 2.71	12.68 \pm 2.16	0.255
		Before transfusion	8.46 \pm 1.78	9.00 \pm 1.95	0.012
After Transfusion		10.74 \pm 2.15	10.84 \pm 2.34	0.698	

Group B: Bempirin group; Group E: Enoxaparin group.

Major bleeding ^x [Bleeding in critical organs such as intracranial, spinal, retroperitoneal, or intraocular bleeding]

PT: Prothrombin time, INR: International normalized ratio, aPTT: Activated thromboplastin time, P-RBC: Packed- red blood cells, FFP: Fresh frozen plasma, HB: Haemoglobin.

Table 3
Heart rate and mean arterial blood pressure of patients (Data are presented as mean±SD)

Variable	Timepoints	Group B (n=152)	Group E (n=152)	P-value
Heart rate (bpm)	T0	77.75±7.47	79.14±7.15	0.098
	T1	79.75±9.38	80.14±10.56	0.733
	T2	85.44±12.20	81.58±14.32	0.011
	T3	88.17±14.45	82.98±12.78	0.001
	T4	87.56±14.84	82.90±13.90	0.005
	T5	87.19±13.76	83.40±13.15	0.014
	T6	84.35±12.68	81.40±12.29	0.040
	T7	82.06±11.46	80.38±10.57	0.185
	T8	80.22±10.38	79.74±10.14	0.683
Mean arterial blood pressure (mmHg)	T0	106.10±8.47	107.44±7.30	0.140
	T1	108.76±9.21	109.15±9.45	0.715
	T2	98.99±11.04	103.14±10.76	0.001
	T3	95.92±12.44	100.21±10.63	0.002
	T4	96.86±12.91	100.98±10.17	0.002
	T5	98.77±12.15	102.16±10.76	0.011
	T6	97.98±12.82	102.12±12.90	0.005
	T7	102.98±11.58	105.12±11.24	0.103
	T8	104.68±11.65	106.34±11.83	0.218

Group B: Bemiparin group; Group E: Enoxaparin group.

T0: Baseline; T1: 15 minutes after induction; T2: 30 minutes after induction; T3: 60 minutes after induction; T4: 90 minutes after induction; T5: 120 minutes after induction; T6: at the end of surgery; T7: one hour after surgery; T8: two hours after surgery.

data, Chi square (X^2) test was performed. Exact test was used instead when the expected frequency is less than 5. *P*-value less than 0.05 was considered statistically significant. All statistical calculations were done using computer programs SPSS (Statistical Package for the Social Science; SPSS Inc., Chicago, IL, USA) version 15 for Microsoft Windows.

Results

Table 1 shows no significant differences regarding the demographic data, co-morbidities, preoperative medications, ASA physical status and the preoperative time of bemiparin or enoxaparin administration ($p>0.05$). The bemiparin was given as a dose of 3500 IU for 106 patients and 2500 IU for 46 patients, and the mean dose was 3197.37±460.92 IU. The enoxaparin was given as a dose of 40 mg for 138 patients and 30

mg for 14 patients, and the mean dose was 39.08±2.90 mg.

Table 2 shows no significant differences in the preoperative and postoperative coagulation profiles between the two groups ($p>0.05$). The postoperative D-dimer level through the 1st 24 hours after surgery increased significantly in patients of the two groups in comparison to the preoperative level ($p<0.05$), but the comparison between the two groups was insignificant ($p>0.05$). There was no major bleeding (any bleeding in critical organs such as intracranial, spinal, retroperitoneal, or intraocular bleeding) in patients of the two groups. The incidence of severe intraoperative bleeding (requiring transfusion) was higher in the patients of bemiparin group than enoxaparin group ($p=0.011$). The preoperative and postoperative amount of blood loss increased significantly in patients of bemiparin group compared to the enoxaparin group

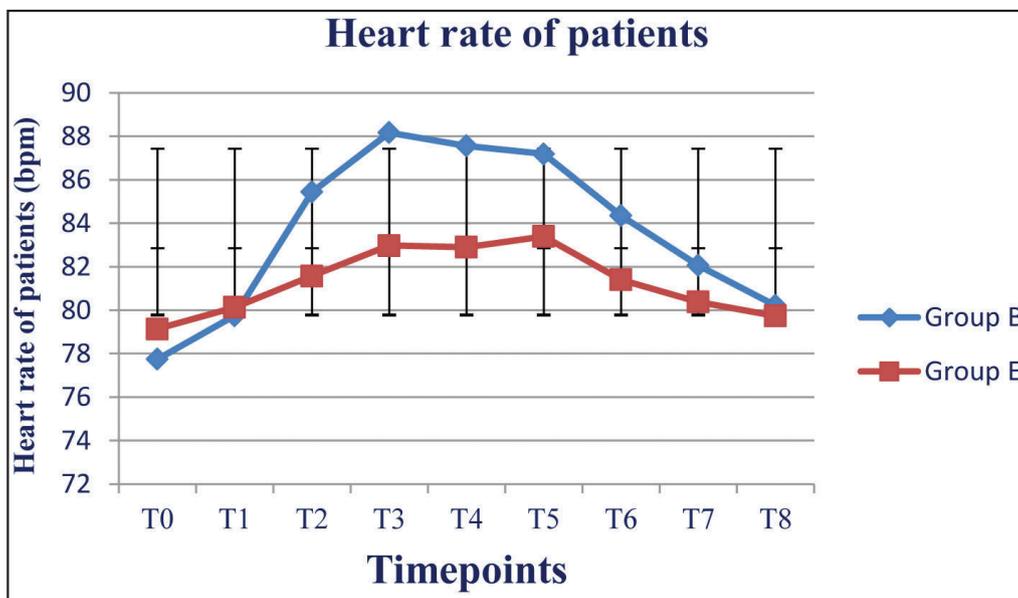
($p=0.011$, $p=0.026$ respectively). The incidence of wound reopening as a result of wound haematoma and postoperative wound bleeding was higher in the patients of bempiparin group than enoxaparin group ($p=0.034$). The number of transfused packed- red blood cells and fresh frozen plasma units was higher in patients of bempiparin group compared to the enoxaparin group ($p=0.006$, $p=0.011$ respectively). There was no significant differences in the preoperative hemoglobin between the two groups ($p=0.255$), the hemoglobin decreased significantly during surgery in patients of bempiparin group compared to the enoxaparin group ($p=0.012$). The postoperative hemoglobin increased in patients of the two groups after packed-red blood cells transfusion and the comparison between the two groups was insignificant ($p=0.698$).

Table 3 shows the changes in the heart rate and mean arterial blood pressure of patients. There were no changes in the heart rate and mean arterial blood pressure before anaesthesia and at 15 minutes after anesthesia induction ($p>0.05$). Then, there was an increase in the heart rate after 15 minutes of induction and during the procedure in patients of bempiparin group and minimal changes in the heart rate in the patients of enoxaparin group and the comparison between the two groups was significant ($p<0.05$), and after the procedure, the heart

rate returned approximately to the baseline ($p>0.05$) [Figure 1]. There was no a decrease in the mean arterial blood pressure after 15 minutes of induction and during the procedure and, the decrease was more in bempiparin group compared to the enoxaparin group ($p<0.05$) and after the procedure, the mean arterial blood pressure returned approximately to the baseline ($p>0.05$) [Figure 2]. The increase in the heart rate and the decrease in the mean arterial blood pressure were associated with the blood loss during the procedure and improved after blood transfusion, fluid administration, ephedrine, dopamine and norepinephrine.

Table 4 shows the intraoperative data and outcome of patients. There was no significant difference in the types of surgery, types of anesthetic technique, intraoperative urine output, partial pressure of carbon dioxide and arterial oxygen saturation ($p>0.05$). The duration of anesthesia and surgery was prolonged in the patients of bempiparin group than enoxaparin group ($p=0.015$, $p=0.012$ respectively). The required fluids transfusion (crystalloids and hesteril 6 %) were more in the patients of bempiparin group than enoxaparin group ($p=0.019$, $p=0.014$ respectively). There was no significant difference in the incidence of hypertension and bradycardia between the two groups ($p=0.465$, $p=0.558$ respectively). The incidence

Figure 1: Heart rate of patients
Group B: Bempiparin group; Group E: Enoxaparin group



T0: Baseline; T1: 15 minutes after induction; T2: 30 minutes after induction; T3: 60 minutes after induction; T4: 90 minutes after induction; T5: 120 minutes after induction; T6: at the end of surgery; T7: one hour after surgery; T8: two hours after surgery.

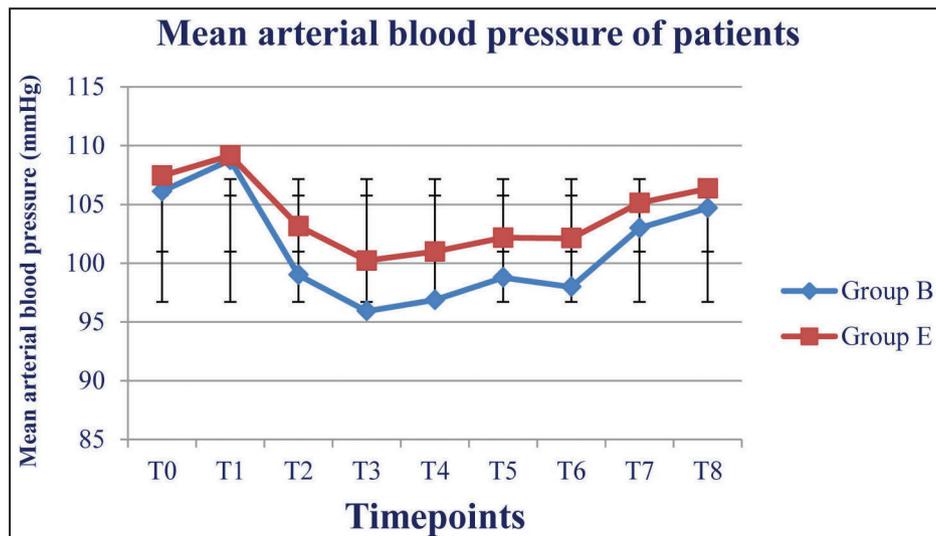
Table 4
Intraoperative data and outcome of patients (Data are presented as Mean±SD, number, %)

Variables		Group B (n=152)	Group E (n=152)	P-value
Type of surgery	Fracture neck femur	33	27	0.471
	Femur intramedullary nail	37	39	0.682
	Femoral plate	28	34	0.395
	Fracture tibia	45	47	0.900
	Fracture pelvis	9	5	0.412
Types of anaesthetic technique	General anaesthesia	77	82	0.646
	Spinal anaesthesia	69	62	0.487
	Spinal-general anaesthesia	6	8	0.785
Intraoperative urine output (ml)		865.73±237.13	880.42±243.35	0.594
Duration of anaesthesia (minutes)		190.58±36.43	181.20±30.80	0.015
Duration of surgery (minutes)		174.68±35.15	165.35±29.42	0.012
Fluids transfusion	Crystalloids (ml)	2605.12±563.26	2468.35±442.94	0.019
	Hesteril 6% (ml)	620.63±94.17	595.25±86.45	0.014
Hypertension (SAP≥20% above Baseline)		26	32	0.465
Hypotension (SAP≤20% below Baseline)		64	45	0.023
Tachycardia (HR>100 bpm)		59	41	0.028
Bradycardia (HR<60 bpm)		13	16	0.558
Ephedrine		64	45	0.023
Dopamine		29	16	0.035
Norepinephrine		17	6	0.017
Nitroglycerine		9	13	0.375
Partial pressure of carbon dioxide (PaCO ₂) (mmHg)		36.32±3.24	35.90±3.41	0.271
Arterial oxygen saturation (SPO ₂) (%)		99.18±0.21	99.20±0.17	0.362
Intensive care unit admission		27	15	0.046
Postoperative mechanical ventilation		12	4	0.039
Wound complication (Haematoma)		9	2	0.031
Postoperative deep venous thrombosis	Distal	2	3	0.652
	Proximal	1	1	1.000
Pulmonary embolism		-	-	
Post-dural puncture headache		-	-	
Neurological complications		-	-	
ICU length of stay (days)		2.72±1.20	3.05±1.22	0.018
Hospital length of stay (days)		13.57±3.46	12.95±3.84	0.140
Mortality		4	1	0.176

Group B: Bemiparin group; Group E: Enoxaparin group.

SAP: Systolic blood pressure; HR: Heart rate; ICU: Intensive care unit.

Figure 2: Mean arterial blood pressure of patients
Group B: Bemiparin group; Group E: Enoxaparin group



T0: Baseline; T1: 15 minutes after induction; T2: 30 minutes after induction; T3: 60 minutes after induction; T4: 90 minutes after induction; T5: 120 minutes after induction; T6: at the end of surgery; T7: one hour after surgery; T8: two hours after surgery.

of hypotension and tachycardia was higher in the patients of bemiparin group than enoxaparin group ($p=0.023$, $p=0.028$ respectively). The requirement for ephedrine, dopamine and norepinephrine was higher in the patients of bemiparin group than enoxaparin group ($p=0.023$, $p=0.035$, $p=0.017$ respectively). The comparison of the number of patients required for nitroglycerine was insignificant between the two groups ($p=0.375$). The number of patients required for ICU admission and postoperative mechanical ventilation was higher in the patients of bemiparin group than enoxaparin group ($p=0.046$, $p=0.039$ respectively). The incidence of postoperative wound haematoma was higher in the patients of bemiparin group than enoxaparin group ($p=0.031$). The incidence of distal postoperative deep venous thrombosis (calf veins) was two cases in bemiparin group and three cases in enoxaparin group ($p=0.652$), and the incidence of proximal postoperative deep venous thrombosis (femoral and popliteal veins) was one case in bemiparin group and one case in enoxaparin group ($p=1.000$). The deep venous thrombosis was diagnosed clinically and by ultrasound Doppler. There was no pulmonary embolism. There were no cases suffered from post-dural puncture headache or neurological complications in both groups. The ICU length of stay was pronged in the patients of bemiparin group than

enoxaparin group ($p=0.018$), but the comparison of hospital length of stay was insignificant between the two groups ($p=0.140$).

The incidence of mortality was higher in the patients of bemiparin group than enoxaparin group, but the comparison between the two groups was insignificant ($p=0.176$).

Discussion

The present study showed that the preoperative bemiparin increased the incidence of bleeding, amount of intraoperative and postoperative blood loss, number of transfused packed- red blood cells and fresh frozen plasma units, wound haematoma and wound reopening compared to the preoperative enoxaparin. Also, as a result of bleeding and prolonged hemostasis, the duration of surgery was prolonged in the bemiparin group than enoxaparin group. The blood loss was associated with an increase in the heart rate in bemiparin group and a decrease in the mean arterial blood pressure in bemiparin group more than the enoxaparin group.

Many of the published articles were reviewed regarding the prophylactic anticoagulant effect of the bemiparin and it was found; first: bemiparin is most

commonly used in elective cases undergoing total hip or knee replacement; second: in all cases, the bempiparin was given six hours postoperatively, while the enoxaparin was used preoperatively; third : there was no enough and detailed data about the preoperative prophylactic anticoagulant effect of the bempiparin alone or compared with preoperative enoxaparin in traumatic orthopedic surgery such as patients with femoral neck fracture, femur fracture, pelvic fracture or obese patients with tibia fracture^{4,6,11-17}; fourth: the review of bempiparin in 6456 orthopedic patients, 415 of them had hip fracture, and 1446 had lower limb surgery showed no data whether the bempiparin started preoperative or postoperative⁴, while enoxaparin was given preoperatively and its effect was clearly studied during surgery.

One showed that the preoperative bempiparin was associated with more bleeding than postoperative bempiparin in patients undergoing total knee replacement¹⁷. Therefore some studies recommend to give the bempiparin postoperatively and to start the enoxaparin preoperatively to avoid the incidence of bleeding in hip surgery¹⁸ and total knee surgery¹¹. Another showed that the mean intraoperative blood loss in the bempiparin group was higher than in the control group in patients undergoing benign gynecologic surgery ($p=0.001$)⁵. A prospective study in cancer patients reported that the preoperative bempiparin was associated with more bleeding tendency than postoperative bempiparin and the bleeding rates did not significantly differ between patients given low or high bempiparin prophylactic doses¹⁹.

A literature review showed that the preoperative and postoperative enoxaparin administration were not associated with major bleeding events in patients undergoing hip and knee arthroplasty²⁰.

Contrary to the present study, one study compared the postoperative bempiparin 3500 IU/day with the preoperative enoxaparin 4000 IU/day in total knee arthroplasty and found the bempiparin was safer than enoxaparin with regard to mean blood loss through drainage (415 ml vs 599 ml, $p=0.046$) and surgical wound complications (8% vs 31%, $p=0.003$)²¹, and the same finding was reported by other studies^{11,22,23}, but the these studies compared the bempiparin with unfractionated heparin. One study showed that the

incidence of injection site haematoma was significantly higher with enoxaparin than with bempiparin¹⁷.

Another study compared the bempiparin with unfractionated heparin as a bridging therapy in the perioperative management of patients on vitamin K antagonists. The procedures were such as endoscopy, bronchoscopy, arthroscopy, or general surgery. The study showed no incidence of major bleeding and the incidence of minor bleeding was 4.3% with bempiparin and 6.1 % with unfractionated heparin ($p>0.05$)²⁴.

The previous studies showed that the bempiparin is most commonly used through 6-12 hours postoperatively in elective cases such as arthroscopy, total hip or knee replacement and not used preoperatively in trauma patients to avoid the risk of perioperative bleeding as showed by the present study. Therefore it is better to use enoxaparin in trauma patients as the anti-Xa to anti-IIa activity of bempiparin is approximately 8:1²², and that of enoxaparin is 3.8:1^{25,26}. This means that more inhibitory effect of Xa and IIa leads to more bleeding as found clinically by the present study and supported by the studies that recommend to use the bempiparin only for postoperative prophylaxis against thromboembolism in Europe^{11,17,27-29}.

One study found that bempiparin prophylaxis was not associated with spinal haematoma, fatal bleeding or bleeding in critical organs in 937 cases anaesthetized by neuraxial anaesthesia, but the bempiparin prophylaxis started 6 hours after surgery and given for 5-6 weeks after total hip or knee replacement¹³, and the same results were documented by other studies in different surgeries^{2,4,12,22,30-32}.

There was no incidence of spinal or epidural haematoma in patients anaesthetized by spinal anaesthesia in patients of the two groups and this finding correlates with the results of other studies^{2,4,12,21,22,30-32}.

The postoperative D-dimer level increased significantly in patients of the two groups in comparison to the preoperative level and this may be related to the surgical trauma and blood transfusion during the procedure³³⁻³⁵.

There were some limitations in the present study; first the anti-Xa activity was not measured, as the kits were not available in the main laboratory; second:

there were no details about the preoperative bempiparin in trauma orthopaedic patients for comparison with the findings of the present study; third: it was an observation study.

Conclusion

The preoperative bempiparin increases the incidence of perioperative bleeding, blood loss,

transfused packed-red blood cells and fresh frozen plasma than the preoperative enoxaparin in trauma patients undergoing orthopaedic surgery.

Acknowledgments

The authors thank all staff-nurses in the operative rooms and post-anesthesia care unit for their efforts and performance during the study.

References

1. GEERTS WH, HEIT JA, CLAGETT GP, PINEO GF, COLWELL CW, ANDERSON FA, ET AL: Prevention of venous thromboembolism. *Chest*; 2001, 119:132S-75S.
2. NICOLAIDES AN, BREDDIN HK, FAREED J, GOLDBABER S, HAAS S, HULL R, ET AL: Prevention of venous thromboembolism. International Consensus Statement. Guidelines compiled in accordance with the scientific evidence. *Int Angiol*; 2001, 20:1-37.
3. GEERTS WH, PINEO GF, HEIT JA, BERGQVIST D, LASSEN MR, COLWELL CW, ET AL: Prevention of venous thromboembolism: the Seventh ACCP Conference on Antithrombotic and Thrombolytic Therapy. *Chest*; 2004, 126:338S-400S.
4. OTERO-FERNÁNDEZ R, GÓMEZ-OUTES A, MARTÍNEZ-GONZÁLEZ J, ROCHA E, FONTCUBERTA J: Evaluation of the effectiveness and safety of bemiparin in a large population of orthopedic patients in a normal clinical practice. *Clin Appl Thromb Hemost*; 2008, 14:75-83.
5. ALALAF SK, JAWAD AK, JAWAD RK, ALI MS, AL TAWIL NG3: Bemiparin for thromboprophylaxis after benign gynecologic surgery: a randomized clinical trial. *J Thromb Haemost*; 2015, 13:2161-7.
6. PLANES A: Review of bemiparin sodium-a new second-generation low molecular weight heparin and its applications in venous thromboembolism. *Expert Opin Pharmacother*; 2003, 4:1551-61.
7. MARTÍNEZ-GONZÁLEZ J, VILA L, RODRÍGUEZ C: Bemiparin: second-generation, low-molecular-weight heparin for treatment and prophylaxis of venous thromboembolism. *Expert Rev Cardiovasc Ther*; 2008, 6:793-802.
8. CHAPMAN TM, GOA KL: Bemiparin: a review of its use in the prevention of venous thromboembolism and treatment of deep vein thrombosis. *Drugs*; 2003, 63:2357-77.
9. LLAU JV, GIL-GARAY E, CASTELLET E: Investigadores del estudio ENOXACOR. Thromboprophylaxis with enoxaparin for total knee replacement: an observational, retrospective and multicentre study comparing starting the treatment before and after the operation. *Rev Esp Anesthesiol Reanim*; 2012, 59:306-14.
10. FLIER MA, MESSINA MJ, MITCHELL JJ, HOGAN C, D'AMBROSIA R: Venous thromboembolism prophylaxis after total joint arthroplasty. *Orthopedics*; 2015, 38:4:252-63.
11. NAVARRO-QUILIS A, CASTELLET E, ROCHA E, PAZ-JIMÉNEZ J, PLANÈS A: Bemiparin Study Group in Knee Arthroplasty. Efficacy and safety of bemiparin compared with enoxaparin in the prevention of venous thromboembolism after total knee arthroplasty: a randomized, double-blind clinical trial. *J Thromb Haemost*; 2003, 1:425-32.
12. HONORATO J, GÓMEZ-OUTES A, NAVARRO-QUILIS A, MARTÍNEZ-GONZÁLEZ J, ROCHA E, PLANÈS A: Pharmacoeconomic analysis of bemiparin and enoxaparin as prophylaxis for venous thromboembolism in total knee replacement surgery. *Pharmacoeconomics*; 2004, 22:885-94.
13. ABAD JI, GÓMEZ-OUTES A, MARTÍNEZ-GONZÁLEZ J, ROCHA E: A prospective observational study on the effectiveness and safety of bemiparin, first dose administered 6 h after knee or hip replacement surgery. *Arch Orthop Trauma Surg*; 2007, 127:665-70.
14. SILBERSACK Y, TAUTE BM, HEIN W, PODHAISKY H: Prevention of deep-vein thrombosis after total hip and knee replacement. Low-molecular-weight heparin in combination with intermittent pneumatic compression. *J Bone Joint Surg Br*; 2004, 86:809-12.
15. HULL RD, BRANT RF, PINEO GF, STEIN PD, RASKOB GE, VALENTINE KA: Preoperative vs postoperative initiation of low-molecular-weight heparin prophylaxis against venous thromboembolism in patients undergoing elective hip replacement. *Arch Intern Med*; 1999, 159:137-41.
16. PLANÈS A, VOCHELLE N, GONZÁLEZ DE SUSO MJ, CLARACQ JP: Prophylactic antithrombotic therapy after orthopedic surgery with bemiparin, a second-generation low molecular weight heparin. *Rev Esp Anesthesiol Reanim*; 2001, 48:258-63.
17. ABAD RICO JI, LOZANO SANCHEZ FS, ROCHA E: Clinical experience with bemiparin. *Drugs*; 2010, 70:25-33.
18. RANDELLI F, BIGGI F, DELLA ROCCA G, GROSSI P, IMBERTI D, LANDOLFI R, ET AL: Italian intersociety consensus statement on antithrombotic prophylaxis in hip and knee replacement and in femoral neck fracture surgery. *J Orthop Traumatol*; 2011, 12:69-76.
19. BALIBREA JL, ALTAMIRAS J, LARRUZZA I, GÓMEZ-OUTES A, MARTÍNEZ-GONZÁLEZ J, ROCHA E: Bemiparin Cooperative Study Group in Surgery for Cancer. Optimal dosing of bemiparin as prophylaxis against venous thromboembolism in surgery for cancer: an audit of practice. *Int J Surg*; 2007, 5:114-9.
20. DAHL OE, QUINLAN DJ, BERGQVIST D, EIKELBOOM JW: A critical appraisal of bleeding events reported in venous thromboembolism prevention trials of patients undergoing hip and knee arthroplasty. *J Thromb Haemost*; 2010, 8:1966-75.
21. PLANÈS A: Review of bemiparin sodium-a new second-generation low molecular weight heparin and its applications in venous thromboembolism. *Expert Opin Pharmacother*; 2003, 4:1551-61.
22. KAKKAR VV, HOWES J, SHARMA V, KADZIOLA Z: A comparative double-blind, randomised trial of a new second generation LMWH (bemiparin) and UFH in the prevention of post-operative venous thromboembolism. The Bemiparin Assessment Group. The Bemiparin Assessment Group. *Thromb Haemost*; 2000, 83:523-9.
23. MORENO GONZA' LEZ E, FONTCUBERTA J, DE LA LLAMA F: Prophylaxis of thromboembolic disease with RO-11 (ROVI), during abdominal surgery. EMRO1 (Grupo Fstudio Multicentrico RO-11). *Hepatogastroenterology*; 1996, 43:744-7.
24. SANTAMARÍA A, UGARRIZA A, MUÑOZ C, DE DIEGO I, LÓPEZ-CHULIA F, BENET C, ET AL: Bemiparin versus unfractionated heparin as bridging therapy in the perioperative management of patients on vitamin K antagonists: the BERTA study. *Clin Drug Investig*; 2013, 33:921-8.
25. COSMI B, PALARETI G: Old and new heparins. *Thromb Res*; 2012, 129:388-91.
26. WEITZ JI: Low-molecular-weight heparins. *N Engl J Med*; 1997, 4, 337:688-98.
27. ROCHA E, IMBERTI D, PASCHINA E: Low-molecular-weight heparins: before or after surgery? New concepts and evidence: Congress report from the Sigma Tau/ROVI Satellite Symposium (Rome, Italy, 13 November 2006). *Clin Drug Investig*; 2007, 27:357-66.
28. PRISCO D, CENCI C, SILVESTRI E, EMMI G, CIUCCIARELLI L: Pharmacological prevention of venous thromboembolism in orthopaedic surgery. *Clin Cases Miner Bone Metab*; 2014, 11:192-5.
29. RASKOB GE, HIRSH J: Controversies in timing of the first dose of anticoagulant prophylaxis against venous thromboembolism after major orthopedic surgery. *Chest*; 2003, 124:379-85.
30. SULLIVAN SD, KAHN SR, DAVIDSON BL, BORRIS L, BOSSUYT P, RASKOB G: Measuring the outcomes and pharmacoeconomic consequences of venous thromboembolism prophylaxis in major orthopaedic surgery. *Pharmacoeconomics*; 2003, 21:477-96.
31. ALALAF SK, JAWAD RK, MUHAMMAD PR, ALI MS, AL TAWIL NG: Bemiparin versus enoxaparin as thromboprophylaxis following

- vaginal and abdominal deliveries: a prospective clinical trial. *BMC Pregnancy Childbirth*; 2015, 15:72.
32. VERA-LLONCH M, HAGIWARA M, OSTER G: Clinical and economic consequences of bleeding following major orthopedic surgery. *Thromb Res*; 2006, 117:569-77.
 33. BYTNIIEWSKI P, MACHALA W, ROMANOWSKI L, WIŚNIEWSKI W, KOSOWSKI K: The dynamics of D-dimer level fluctuation in patients after the cemented and cementless total hip and total knee replacement. *J Orthop Surg Res*; 2014, Oct 10, 9:89.
 34. MUÑOZ M, GARCÍA-ERCE JA, CUENCA J, SOLANO VM: Course of D-dimer concentrations after total knee replacement surgery: effect of allogeneic and unwashed drainage blood transfusion. *Transfus Altern Transfus Med*; 2006, 8:135-43.
 35. BORGÉN PO, DAHL OE, REIKERAS O: Biomarkers of Coagulation and Fibrinolysis during Cemented Total Hip Arthroplasty with Pre- versus Postoperative Start of Thromboprophylaxis. *Thrombosis*; 2013, 2013:563217.