

49TH MEMA

MENTAL HEALTH ACROSS THE LIFESPAN

APRIL 19 - 22, 2018 | AUB
BEIRUT, LEBANON

SYLLABUS

mema.aub.edu.lb



A Message from the Chairperson of the Assembly

It is our pleasure to welcome you to the 49th Middle East Medical Assembly (MEMA) taking place from April 19th to 22nd, 2018 at the American University of Beirut (AUB).

MEMA is one of the oldest and most prestigious scientific conferences in our region and for the first time in its long history, MEMA will focus this year on "Mental Health across the Lifespan".

While mental disorders have become one of the leading causes of disability worldwide, treatment gap for these conditions in our region remain alarmingly wide. In addition, and since we are living in a conflict zone with an enormous array of mental health concerns, there is a tremendous need to enforce mental wellbeing strategies and scale up interventions that aim at improving the mental health of the population.

The upcoming MEMA is an opportunity to raise awareness about mental health in the scientific and public communities and bring healthcare professionals up-to-date with the latest evidence-based assessment and intervention discoveries in the prevention and treatment of psychiatric disorders across the lifespan and across different contexts.

Themes that are covered in the program this year include: Mental Health in the workplace, Mental Health and Conflict, Women's Mental Health and Sexual Health, Sleep and Mental Health, School and College Mental Health, Mood Disorders, Mental Health of LGBT, Mental Health in Chronic Medical Conditions, Mental Health in Primary Care, Mental Health and Multiple Sclerosis, Child Mental Health, Updates in Psychotic Disorders, Updates in Substance Use Disorders, Behavioral Neurology, Neuropsychology/ Biomarkers, Eating Disorders, Trauma and Related Disorders, Mental Health Research in the Arab World, ICD Symposium, and other sessions which are still under development.

Local, regional, and international renowned speakers will contribute to different symposia, workshops, round table discussions on hot topics, and sessions that are open to the public. There will be a track that is dedicated to primary care physicians, internists, pediatricians and neurologists and a second track dedicated to mental health professionals.

We have put together a unique, diverse, and rich scientific program.

We are confident that you will benefit from what the conference has to offer and that you will enjoy your time in Beirut.

Samir Atweh, MD
Chairperson
49th MEMA

Fadi Maalouf, MD
Scientific Committee Chairperson
49th MEMA

Message from the President of the American University of Beirut Middle East Medical Assembly 2018

Since the establishment of its medical school in 1867, AUB's medical faculty and healthcare professionals have been serving the needs of the people of this region and preparing the next generation to do the same, all while endowing them with the humanistic qualities inherent in a liberal arts education.

Throughout this time, the AUB medical community has tackled epidemics, treated the casualties of war and conflict, and focused research and innovation on issues of local relevance, all while training the best and brightest students in the art and science of medicine.

The Middle East Medical Assembly (MEMA) is an integral part of these efforts. MEMA gathers experts from around Lebanon and the world to share research findings and recent advances in healthcare. This serves to broaden our knowledge base, and brings fresh perspectives to how we address the health and wellbeing of the people we serve.

In this 49th edition of MEMA, we again confront a pressing issue in the region by focusing on mental health across the lifespan. We engage with this multifaceted subject from numerous perspectives, ranging from the mental health of women and children to major psychiatric disorders. We also feature the challenging area of mental health in conflict.

AUB's Health 2025 Vision aims at developing a comprehensive approach to human health across multiple disciplines. This edition of MEMA eschews the artificial boundaries that divide areas such as public health, nursing science, and clinical medicine. In order to confront such broad fields as mental health, we must work together to come up with solutions that are appropriate to local contexts, implementable in diverse communities, and sustainable in the long term.

In addition to working across disciplines, MEMA is also about working across institutions. We cannot make real progress if we stay within the narrow confines of traditional disciplines. Rather, we must also reach outside our own organizations in order to learn from one another and advance our knowledge and practice for the greater good of the people who most rely on us.

Health and healing are—and always have been—about more than treating illness, be it physical or mental. We must consider the whole person, the realities of their world, and their interpersonal relations within their lived in communities. In particular, addressing the mental health and wellbeing of the population requires taking a broad view and engaging multiple skill sets in order to both identify the issues and construct interventions that can and will make a real difference.

Only by taking a holistic approach and working collaboratively can we address the challenges of the modern world in our complex local context, which include an array of mental health concerns. With this in mind, I welcome all of you to the 49th MEMA and to AUB. I wish you a fruitful and mutually enriching four days.

Fadlo R. Khuri, MD
President, American University of Beirut

The background of the slide is a solid teal color. Overlaid on this background is a complex, abstract pattern of white lines and triangles. The pattern consists of numerous small, interconnected triangles and lines, creating a sense of depth and movement. The overall effect is a modern, geometric aesthetic.

Overview

49th MEMA Committees

Organizing Committee

Dr. Samir Atweh
Chairperson

Dr. Fadi Maalouf
Co-Chair

Dr. George Abi Saad
Dr. Abdallah Adra
Ms. Nadine Chatila
Dr. Hala Darwish
Dr. Faysal El Kak
Dr. Laila Farhoud
Dr. Ghassan Hamadeh
Dr. Ahmad Husari
Dr. Imad Kaddoura
Dr. Munir Khani
Dr. Josyan Madi Skaff
Ms. Dalya Salem Nehme
Dr. Ali Taher

Scientific Committee

Dr. Fadi Maalouf
Co-Chair

Dr. Hala Darwish
Co-Chair

Dr. Elie Akl
Ms. Islam Al Araj
Dr. Jumana Antoun
Dr. Lilian Ghandour
Dr. Roula Hourany
Dr. Brigitte Khoury
Dr. Johnny Salameh
Dr. Rolla Shbarro
Dr. Farid Talih
Dr. Arafat Tfaily
Ms. Marita Yaghi
Dr. Pia Zeinoun

External and Local Advisory Committee

Dr. Samir Al Adawi
Dr. Sulaiman Al Khadari
Dr. Ahmad Almai
Dr. Mohamad Al Suwaidan
Dr. Rabih Chammay
Dr. Zeina Chemali
Dr. Majda Cheour
Dr. Adnan Farah
Dr. Suhaila Ghuloum
Dr. Antonio Hardan
Dr. Elie Karam
Dr. Nasser Loza
Dr. Ziad Nahas
Dr. Wadih Naja
Dr. Iyad Othman
Dr. Sami Richa
Dr. Walid Sarhan

Public Relations and Communications Committee

Mrs. Nadine Chatila
Chairperson

Dr. Joseph El Khoury
Dr. Ghina Ismail
Mr. Ibrahim Khoury
Mr. Simon Kashar
Dr. Fadi Maalouf
Ms. Nadine Zebian

Abstract Committee

Dr. Farid Talih
Chairperson

Mr. Bilal Al Mohtar
Dr. Leyla Dirani
Dr. Leila Farhoud
Dr. Wael Shamseddeen
Dr. Samer Tabbal

Business Committee

Dr. George Abi Saad
Chairperson

Dr. Joseph El Khoury
Co-Chair

Mr. Bilal Al Mohtar
Dr. Ghassan Hamadeh
Dr. Munir Khani
Dr. Fadi Maalouf
Dr. Ashraf Makki
Dr. Maya Zeineddine

Social Committee

Dr. Ali Taher
Chairperson

Mrs. Rihab Uri
Co-Chair

Mrs. Sahar Alami
Dr. Faysal El Kak
Ms. Sarah Ghobar
Ms. Aida Habbal
Mr. Walid Katerji
Dr. Fadi Maalouf
Ms. Liliane Moutran
(Honorary Member)
Ms. Dalya Salem Nehme
Ms. Fadia Zeynoun

Program Overview

MEMA 2018's focus on mental health is in line with the proper recognition of the challenges of a complex humanitarian emergency that has evolved to become one of the leading causes of disability worldwide. In addition, and since we are living in a conflict zone with an enormous array of mental health concerns, it has become a pressing need to raise awareness on mental health issues and enforce mental wellbeing strategies that would scale up responses to improve the mental health and psychosocial wellbeing of the population. Insight into mental health also requires the incorporation of neuroscience into both the mechanisms and mitigating factors for mental disorders, as well as where and how to focus research and treatment.

Date and Venue

The assembly is held from April 19 to 22, 2018 at the American University of Beirut premises, Beirut, Lebanon.

Objectives

At the end of this congress, participants will be able to:

- Present evidence based information on mental health across the life span
- Indicate latest research updates in psychiatry and mental health
- Provide opportunities and guidelines for research collaborations on mental health in MENA region
- Describe evidence based practices in primary care on mental health screening and management of pediatrics/ adolescents, adults and older adults
- Discuss initiatives and interventions to build emotional resilience and prevent bullying and suicide in school-aged children and college students
- Describe evidence-based mental health management for patients with chronic diseases
- Provide training for healthcare providers, psychologists, and social workers to use the most common neuropsychological screening tools and behavioral management techniques
- Discuss issues related to mental health such as stigma

Target Audience

This annual scientific meeting has been designed for local, regional, and international physicians in the specialties of Family Practice, Neurology, Neurosurgery, Pediatrics, Psychology, Psychiatry, Radiology, and Surgery. The program is also designed for Allied Health Professionals/Social workers, nurses, nurse practitioners, pharmacists, dieticians, physician assistants, professors, rehabilitation, residents, fellows and students.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Cleveland Clinic Foundation Center for Continuing Education and the American University of Beirut Medical Center (AUBMC). The Cleveland Clinic Foundation Center for Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of *28.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Lebanese Order of Physicians Statement

MEMA complies with the Lebanese Order of Physicians' Continuing Medical Education guidelines.

Statement of the Order of Nurses in Lebanon

MEMA complies with the Order of Nurses in Lebanon's Continuing Nursing Education guidelines.

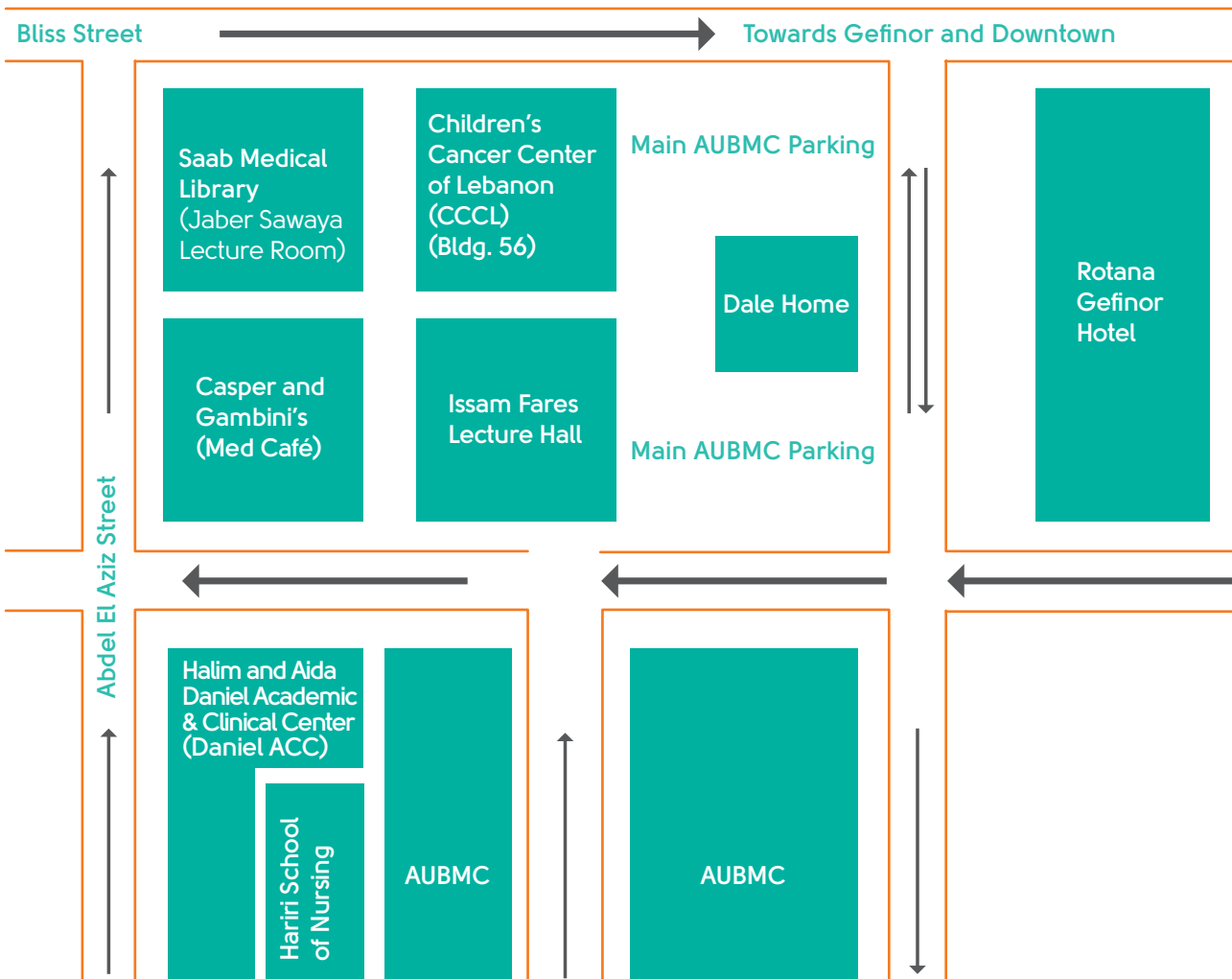
Statement of the Order of Pharmacists in Lebanon

MEMA complies with the Order of Pharmacists in Lebanon's Continuing Pharmacy Education guidelines.

Gala Dinner

A grand gala dinner is scheduled for Saturday, April 21, 2018 at 8:00 pm at the Phoenicia Hotel, Beirut. All profits go to support medical students' scholarship fund.

Map



Faculty Disclosure

In accordance with the Standards for Commercial Support issued by the Accreditation Council for Continuing Medical Education (ACCME), The Cleveland Clinic Foundation Center for Continuing Education requires resolution of all faculty conflicts of interest to ensure CME activities are free of commercial bias.

The following faculty have indicated that they may have a relationship, which in the context of their presentation(s), could be perceived as a potential conflict of interest:

Elias Abou Jaoude, MD	Limbix Health, Inc.	Consulting Ownership interest (stock, stock options)
	eTherapi	Ownership interest (stock, stock options)
Rose-Mary Boustany, MD	La Jolla Pharmaceutical Company	Consulting Intellectual property rights (Royalties or patent sales) Application for Method of Treating Batten Disease. Inventor: Rose-Mary Boustany. Provisional filing date 12/1/1999, Duke Ref. No. 1684. Myers, Bigel Sibley & Sajovek, P.A. (File No. 5405-240 PR). Met filing requirements of the US Patent and Trademark Office on 10/7/2002. Assigned Serial No.10/148,859 (U.S.National Phase); Patent issued November 23, 2004 US Patent # 6 821 995 Methods and compositions for treating disorders caused by deficiency in a gene product of a CLN gene. Inventor: Rose-Mary Boustany (AUB and Duke University). Methods and compositions for treating disorders caused by deficiency in a gene product of a CLN gene. Inventor: Rose-Mary Boustany (AUB and Duke University). Provisional filing date Jan 1, 2009. US61/113,676. Licensed to SENEBC, Inc, PA, USA in Aug/Sep 2016. Functionalized Pyridine Carbamates With Enhanced Neuroprotective Activity. Inventors: Paul Trippier, Nihar Kinarivala, Rose-Mary Boustany (Texas Tech University and AUB). Application number 62/532,624. Filing date: 7/14/2017.
Gregory Fricchione, MD	Benson-Henry Institute	Employment copyrighted SMART manual which is marketed for training purposes
Fadi Toufic Maalouf, MD	Eli Lilly	Covered travel expenses to a conference
Ziad Nahas, MD	MECTA Inc.	Research collaboration, equipment on loan, no financial support or incentives
Jair Soares, MD	Pfizer, Inc.	Independent contractor (including contracted research)
	Allergan	Independent contractor (including contracted research)
	Alkermes	Independent contractor (including contracted research)
	Sunovion	Teaching and speaking

The following faculty have indicated they have no relationship which, in the context of their presentation(s), could be perceived as a potential conflict of interest:

George Abi Saad, MD	Dania Ghaziri, PharmD / RPh	Reem Mroueh
Ghassan Abu Alfa, MD	Suhaila Ghuloum, MD	Wadih Naja, MD
Diler Acar, MD	Aida Habbal, RN, BSN, MOT	Carla Najem
Abdallah Adra, MD	Ramzi Haddad, MD	Ghada Najjar Assaf, PhD
Elie Akl, MD	Ghida Halik, BS	Samia Nakhoul
Samir Al Adawi, MD	June Halper, PhD	Rima Nakkash, MD
Hassen Al Amin, MD	Ghassan Hamadeh, MD	Jihane Naous, MD
Bibi Al Amiri, MD	Saydeh Hammouche, RN, MSN	Lara Nasreddine, PhD
Islam Al Araj	Hesham Hamoda, MD	Anwar Nassar, MD
Riwa Al Atrash	Mouin Hamze, PhD	Yasmine Nassif, PhD
Fadia Al Buhairan, MD	Antonio Hardan, MD	Talal Nizameddine, PhD
Sulaiman Al Khadhari, MD	Holly Harmon, MD	Tarek Okasha, MD
Mohamad Al Suwaidan, MD	Steve Harvey, PhD	Hiba Osman, MD
Nour Alayan, PhD, RN	Maryse Hayek, MD	Mona Osman, MD
Ahmad Almai, MD	Roula Hourani, MD	Milena Osorio, PhD
Jumana Antoun, MD	Ahmad Husari, MD	Iyad Othman, MD
Thalia Arawi, PhD	Chady Ibrahim, MD	John Pachankis, MD
Louise Arseneault, MD	Ghina Ismail, MD	Leopoldo Pozuelo, MD
Khalil Ashakri, MD	Thuraya Ismail	Alissar Rady, MD
Mia Atoui	George Juvelekian, MD	Solfrid Raknes, PhD
Samir Atweh, MD	Imad Kaddoura, MD	Geoffrey Reed, PhD
Hana Azar, MD	Aimee Karam, PhD	Elke Reissing, PhD
Muhammad Azeem, MD	Elie Karam, MD	Sami Richa, MD
Andres Barkil-Oteo, MD	Georges Karam, MD	Cynthia Roukoz, MA
Joelle Bassila, RN	Nadim Karam, MD	Therese Saad
Anne Becker, PhD	Hala Kerbage, MD	Carine Sakr, MD
Monique Booij, RN	Antoine Khabbaz, PhD	Johnny Salameh, MD
Tania Bosqui, PhD	Dany Khalaf, MD	Rana Salloum, MA
Pierre Bou Khalil, MD	Vivian Khamis, PhD	Walid Sarhan, MD
Rami Bou Khalil, MD	Munir K Khani, MD	Rani Sarkis, MD
Richard Branstrom, PhD	Elias Khawam, MD	Rami Sassine, RN
Monique Chaaya, MD	Wissam Kheir, PhD	Rasha Sawaya, MD
Hassan Abdelrahman Chami, MD	Brigitte Khoury, MD	Eman Sbeity, MD
Raghid Charara, MD	Samia Khoury, MD	Yousef Shahin, MD
Nadine Chatila	Fadlo Khoury, MD	Wael Shamseddeen, MD
Zeina Chemali, MD	Nour Kik, MPH	Rana Sharara-Chami, MD
Majda Cheour, MD	Hiba Koleilat, BS	Rolla Shbarou, MD
Amanda Clinton, MD	Iman Kouatly	William Slaughter, MD
Michael Clinton, PhD	Levent Kuey, MD	Astrid Slettenaar, NP
Saths Cooper, MD	Barbara Laumont, PhD	Samer Tabbal, MD
Marie Darmayan	James Lock, MD	Fouad Tahan, MD
Hala Darwish, PhD	Nasser Loza, MD	Ali Taher, MD
GianFranco Di Maio, MD	May Maalouf	Roubina Tahmazian, MA
Leyla Dirani, PhD	Josyan Madi Skaff, MD	Farid Talih, MD
Antoine Douaihy, MD	Andreas Maercker, MD	Yasmine Tayba
Ghassan Kanazi, MD	Omar Mahmood, PhD	Arafat Tfayli, MD
Gregory Eells, PhD	Marianne Majdalani, MD	Carla Uriarte, PhD
Nabil El Ayoubi, MD	Achraf Makki, MD	Ulfat Usta, BCPS, BCNS
Rabih El Chammay, MD	Alain Marchand, PhD	Lena Verdeli, MD
Faysal Hachem El Kak, MD	Joan Marsh, PhD	Felice Watt, MD
Cynthia El Khoury, MPH	Angala Massouh, MSN, PhD	Ann Watts, PhD
Joseph R El Khoury, MD	Lama Mattar, PhD	Charles Yacoob, MD
Michael El Khoury, MD	Melvin McInnis, MD	Marita Yaghi
Kate Ellis, PhD	Lokman Meho, PhD	Bassem Yamout, MD
Emad Estemalik, MD	Nada Merhi	Fadi Yarak, MBA
Adnan Farah, MD	Kenneth Miller, MD	Meira Yasin, PMHNP
Laila Farhood, RN, PhD	Ali Mokdad, MD	Nada Zahreddine, MD
John Fayyad, MD	Nidal Moukkadem, MD	Rony Zeenny, BS
Wolfgang Gaebel, MD		Maya Zeineddine, PharmD
Anne Germain, MD		Pia Zeinoun, PhD
Liliane Ghandour, MD		Nathalie Zgheib, MD

Grantor Acknowledgement

The Cleveland Clinic Foundation Center for Continuing Education and the American University of Beirut Medical Center acknowledge educational grants for partial support of this activity from: National Council for Scientific Research (CNRS-L).

Evaluation Form and CME Certificate

The evaluation and the ability to claim CME credits will be available online approximately 10 working days after the event. An e-mail from AUB CME Office will be sent to you with instructions for claiming *AMA PRA Category 1 Credits™*, and you will have 60 days following the activity to claim credits.

Important Notes

The same e-mail address which was used for registration and where you receive the e-mail and instructions from AUB CME office will need to be used in order to claim credits.

Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by The Cleveland Clinic Foundation. In no event will The Cleveland Clinic Foundation be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Copyright Statement

Copyright© 2018 The Cleveland Clinic Foundation. All Rights Reserved.

Faculty

Ghassan Abou-Alfa, MD, MBA

Medical Oncologist
Memorial Sloan Kettering Cancer Center
New York, NY, USA

Elias Abou Jaoude, MD

Chief, Anxiety Disorders Section
Department of Psychiatry
Stanford School of Medicine
Vermillion, SD, USA

Diler Acar, MD

Neurologist
Brigham and Women's Faulkner Hospital
Brigham and Women's Hospital
Boston, MA, USA

Elie Akl, MD

Director, Clinical Research Institute
Director, AUB GRADE Center
Co-Director, SPARK
American University of Beirut
Beirut, Lebanon

Leyla Akoury Dirani, PhD

Associate Professor of Psychiatry
Clinical Psychology and Psychopathology
Child and Adolescent Psychiatry Division
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Hassen Al Amin, MD

Associate Professor of Psychiatry
Weill Cornell Medicine
Doha, Qatar

Bibi Al Amiri, PhD

Epidemiologist
Kuwait, Kuwait

Riwa Al Atrash

Media Consultant
Beirut, Lebanon

Fadia Al Buhairan, MD

Chair
Department of Pediatrics and Adolescent Medicine
Aldara Hospital and Medical Center
Riyadh, Saudi Arabia

Mohammad Al Suwaidan, MD

Assistant Professor of Psychiatry
Kuwait University and University of Toronto
Kuwait, Kuwait

Nour Alayan, RN, PhD

Assistant Professor
Hariri School of Nursing
American University of Beirut
Beirut, Lebanon

Thalia Arawi, PhD

Founding Director
Salim El-Hoss Bioethics and Professionalism Program (SHBPP)
Clinical Bioethicist and Clinical Ethics Consultant
Vice Chair, Medical Center Ethics Committee
American University of Beirut Medical Center
Beirut, Lebanon

Louise Arsenault, PhD

Professor of Developmental Psychology
ESRC Mental Health Leadership Fellow
Institute of Psychiatry, Psychology and Neuroscience
London, UK

Khalil Ashkar, MD

President, Lebanese Society of Family Medicine
Clinical Associate, Department of Family Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Mia Atoui, MPH, MA

Instructor of Psychology and Clinical Psychologist
Department of Psychology
American University of Beirut Medical Center
Beirut, Lebanon

Samir Atweh, MD

Chairperson and Professor
Department of Neurology
American University of Beirut Medical Center
Beirut, Lebanon

Hana Azar, MD

Child Psychiatrist
Hotel Dieu De France Hospital
Beirut, Lebanon

Muhammad Azeem, MD, DFAACAP, DFAPA

Chair, Department of Psychiatry
Professor of Psychiatry
Weill Cornell Medical College
Doha, Qatar

Andres Barkil-Oteo, MD

Clinical Assistant Professor of Psychiatry, Yale School of Medicine
Mental Health Advisor, Médecins sans Frontières
New Haven, USA

Joelle Bassila, BSN

Palliative care nurse
American University of Beirut Medical Center
Beirut, Lebanon

Anne Becker, MD

Maude and Lillian Presley Professor
Global Health and Social Medicine
Harvard Medical School
Boston, MA, USA

Monique Booy, MSc, M ANP

Nursing Specialist Intensive Somatic Care
Amphia Hospital
Breda, Netherlands

Tania Bosqui, PhD

Clinical Psychologist and Assistant Professor
Department of Psychology
American University of Beirut
Beirut, Lebanon

Rami Bou Khalil, MD, MSc

Psychiatrist
Department of Psychiatry
Hotel Dieu De France Hospital
Saint-Joseph University
Beirut, Lebanon

Pierre Bou Khalil, MD

Head of Division and Associate Professor of Clinical Specialty
Division of Pulmonary and Critical Care
Department of Internal medicine
American University of Beirut Medical Center
Beirut, Lebanon

Rose-Mary Boustany, MD

Professor of Pediatrics and Adolescent Medicine
Professor of Biochemistry and Molecular Genetics
Duke Adjunct Professor of Pediatrics
Director, AUBMC Special Kids Clinic and Neurogenetics Program
Division Chief, Pediatric Neurology
American University of Beirut Medical Center
Beirut, Lebanon

Richard Bränström, MD

Associate Professor
Department of Clinical Neuroscience
Karolinska Institute
Stockholm, Sweden

Monique Chaaya, PhD

Professor
Department of Epidemiology and Population Health
Faculty of Health Sciences
American University of Beirut
Beirut, Lebanon

Hassan Chami MD, MSc

Director, Respiratory Care Unit
Director, Pulmonary Rehabilitation Program
Associate Professor of Medicine
Pulmonary, Critical Care and Sleep Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Rabih Chammay, MD

Head of Program
National Mental Health Program (NMHP)
Lebanese Ministry of Public Health
Beirut, Lebanon

Raghid Charara, MD

Resident
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Zeina Chemali, MD

Associate Professor
Psychiatry
Harvard Medical School
Boston, MA, USA

Majda Cheour, MD

Professor of Psychiatry
Faculty of Medecins of Tunis, Tunis El Manar University
Head of Department
President of National College of Psychiatry
Hopital Razi
Manouba, Tunis

Amanda Clinton, PhD

Senior Director for International Affairs
American Psychological Association
Worcester, MA, USA

Michael Clinton, PhD

Professor
Hariri School of Nursing
American University of Beirut
Beirut, Lebanon

Saths Cooper, PhD

President, International Union of Psychological Science (IUPsyS)
Vice President, International Social Sciences Council (ISSC) President,
Pan-African Psychology Union (PAPU)
Durban, South Africa

Marie Darmayan, BA, MA

Mental Health Coordinator
Medecins du Monde
Beirut, Lebanon

Hala Darwish, RN, PhD

Associate Professor, Hariri School of Nursing
Managing Director, Abu - Haidar Neuroscience Institute
American University of Beirut Medical Center
Beirut, Lebanon

Gianfranco Di Maio, MD

Victims of Torture Referent
Medical Department
Medecins Sans Frontieres (MSF)
Rome, Italy

Antoine Douaihy, MD

Professor of Psychiatry and Medicine
Senior Academic Director, Addiction Medicine Services
Director, Addiction Psychiatry Fellowship
Associate Director, Psychiatry Residency Training Program
Western Psychiatric Institute and Clinic
Pittsburg, PA, USA

Gregory Eells, PhD

Director
Counseling and Psychological Services
Cornell University
Ithaca, NY, USA

Nabil El Ayoubi, MD

Instructor of Clinical Specialty (Neurology)
Nehme and Therese Tohme Multiple Sclerosis Center
American University of Beirut Medical Center
Beirut, Lebanon

Faysal El Kak, MD

Senior Lecturer
Department of Health Promotion and Community Health
American University of Beirut Medical Center
Beirut, Lebanon

Cynthia El Khoury, MPH

Associate Director
Arab Foundation for Freedoms and Equality
Beirut, Lebanon

Joseph El Khoury, MD, MRC Psych

Assistant Professor of Psychiatry
Director of the Psychosis Recovery Outreach Program (PROP)
Department of Psychiatry
American University of Beirut
Beirut, Lebanon

Kate Ellis, PhD

Assistant Professor of Psychology
Graduate Director
Psychology Department
American University in Cairo
Cairo, Egypt

Emad Estemalik, MD

Section Head for Headache and Facial Pain
Cleveland Clinic
Cleveland, OH, USA

Adnan Farah, LPC, BCPC

Professor of Counseling Psychology
Bahrain Teachers College/University of Bahrain
(President, Arab Union of Psychological Science (AUPsyS)
Manama, Bahrain

Laila Farhoud, RN, Ph.D., M.S.N, C.S

Professor, Psychiatry Mental Health
Graduate Program Convener
Rafic Hariri School of Nursing
Department of Psychiatry
American University of Beirut
Beirut, Lebanon

John Fayyad, MD

Chairman, Department of Psychiatry and Clinical Psychology
St. George Hospital University Medical Center
Balamand University Faculty of Medicine
Institute for Development Research, Advocacy and Applied Care (IDRAAC)
MIND Clinics
Beirut, Lebanon

Gregory Fricchione, MD

Associate Chief of Psychiatry
Massachusetts General Hospital (MGH)
Boston, MA, USA

Wolfgang Gaebel, MD

Professor
Heinrich-Heine University
Dusseldorf, Germany

Anne Germain, MD

Associate Professor of Psychiatry, Psychology, and Clinical and Translational Science
Director, Sleep and Behavioral Neuroscience Center
Director, Military Sleep Tactics and Resilience Research Team
University of Pittsburgh, School of Medicine
Pittsburgh, PA, USA

Lilian Ghandour, PhD

Associate Professor
Department of Epidemiology and Population Health
American University of Beirut
Beirut, Lebanon

Dania Ghaziri

Clinical Pharmacist Team Leader
Department of Pharmacy
American University of Beirut Medical Center
Beirut, Lebanon

Suhaila Ghuloum, MD, FRCPsych

Senior Consultant Psychiatrist
Hamad Medical Corporation
Associate Professor
Weill Cornell Medicine
Doha, Qatar

Aida Habbal, BSN, MOT

Administrator
Child Protection Program
American University of Beirut Medical Center
Beirut, Lebanon

Ramzi Haddad, MD

Psychiatrist
Mount Lebanon Hospital
Hazmieh, Lebanon

Ghida Halik, D.PHARM.

Attending Clinical Pharmacist
Pharmacy Department
American University of Beirut Medical Center
Beirut, Lebanon

June Halper, RN

President of the IOMSN
Nurse Practitioner
International Organization of MS Nurses
Hackensack, USA

Ghassan Hamadeh, MD, CPE

Chair and Professor, Department of Family Medicine
CMIO, AUB Medical Center
Executive Director, CME Office
American University of Beirut Medical Center
Beirut, Lebanon

Saydeh Hammouche, RN, MSN

Care Coordinator and Quality Coordinator
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Hesham Hamoda, MD

Assistant Professor, Harvard Medical School
Child and Adolescent Psychiatrist
Boston Children's Hospital
Vice President, International Association for Child and Adolescent
Psychiatry and Allied Professions (IACAPAP)
Boston, MA, USA

Mouin Hamze, PhD

Secretary General
National Council for Scientific Research – Lebanon (CNRS-L)
Beirut, Lebanon

Antonio Hardan, MD

Professor
Department of Psychiatry and Behavioral Sciences
Lucile Packard Children's Hospital
Stanford University
Stanford, CA, USA

Holly Harmon, MD

Director
Robert Morris University Counseling Center
Moon Township, PA, USA

Steve Harvey, PhD

Dean
Suliman S. Olayan School of Business
American University of Beirut
Beirut, Lebanon

Maryse Hayek, MD

Clinical Psychologist
Saint Charles Hospital
Hazmieh, Lebanon

Roula Hourany, MD

Associate Professor
Department of Diagnostic Radiology
American University of Beirut Medical Center
Beirut, Lebanon

Ahmad Husari, MD

Associate Professor of Clinical Specialty
Department of internal medicine
American University of Beirut Medical Center
Beirut, Lebanon

Chady Ibrahim, MD

Clinical Sexology, Psychiatrist
President of the Lebanese Medical Association for Sexual Health
Beirut, Lebanon

Ghina Ismail, PsyD

Licensed Clinical and Forensic Psychologist
Director, Treatment and Outreach Program for Eating Disorders (TOP-ED)
Senior Psychological Consultant, Psychiatric Inpatient Unit
Department of Psychiatry
American University of Beirut
Beirut, Lebanon

Thuraya Ismail

Executive Director
Mentor Arabia
Beirut, Lebanon

Georges Juvelekian, MD

Pulmonary Medicine, St. Georges Hospital
Associate Professor of Clinical Medicine
Faculty of Medicine
University of Balamand
Beirut, Lebanon

Ghassan Kanazi, MD

Professor of Clinical Anesthesiology
Chief, Pain Division
Department of Anesthesiology and Pain Management
American University of Beirut Medical Center
Beirut, Lebanon

Aimee Karam, PhD

Head of Psychology, SahMUC
Associate Professor, UOB-FOM
LPA President
Beirut, Lebanon

Elie Karam, MD

Professor of Clinical Psychiatry
Adult Psychiatrist and President of IDRAAC
Beirut, Lebanon

Georges Karam, MD

Adult and Geriatric Psychiatrist
IDRAAC
Beirut, Lebanon

Nadim Karam, MD

Professor of Health Sciences & Family Medicine
Faculty of Medicine, University of Balamand
Family Medicine, St. Georges Hospital
Beirut, Lebanon

Hala Kerbage, MD

Psychiatrist
Department of Psychiatry
Hotel Dieu De France Hospital
Saint Joseph University
Beirut, Lebanon

Antoine Khabbaz, PhD

Director
AUB Counseling Center
American University of Beirut
Beirut, Lebanon

Dany Khalaf, MD

Adult Psychiatrist and Addiction Specialist
Mont Lebanon, Saint Charles, Geitawi University Hospitals & AJEM
Beirut, Lebanon

Vivian Khamis, PhD

Professor of Psychology and Special Education
Department of Education
Faculty of Arts and Sciences
American University of Beirut
Beirut, Lebanon

Munir Khani, MD

Associate Professor of Clinical Specialty
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Elias Khawam, MD

Consultation Liaison Psychiatrist
Cleveland Clinic
Cleveland, OH, USA

Wissam Kheir, PhD

Mental Health and Psychosocial Support Technical Coordinator
Lebanese Ministry of Public Health
Beirut, Lebanon

Brigitte Khoury, MD

Associate Professor of Clinical Specialty
Department of Psychiatry
American University of Beirut
Beirut, Lebanon

Fadlo R. Khuri, MD

President
American University of Beirut
Beirut, Lebanon

Michael Khoury, MD, MA

Psychotherapist, Private practice
Counselor and Psychosocial Support, American University of Beirut
Counselor and Psychosocial Support, BALSAM
Beirut, Lebanon

Samia Khoury, MD

Associate Dean and Professor
Director of the MS Center and the Abu Haidar Neuroscience Institute
Department of Neurology
American University of Beirut
Beirut, Lebanon

Nour Kik, MPH

Policy and Advocacy Coordinator
National Mental Health Program
Lebanese Ministry of Public Health
Beirut, Lebanon

Hiba Koleilat

Senior Attending Clinical Pharmacist
Department of Pharmacy
American University of Beirut Medical Center
Beirut, Lebanon

Iman Kouatly, MPH, BSN, RN

Director of Nursing
Nursing Administration
American University of Beirut Medical Center
Beirut, Lebanon

Levent Kuey, MD

Associate Professor of Psychiatry
Istanbul Bilgi University
Istanbul, Turkey

Barbara Laumont, PhD

Psychologist
Staff Health Unit
Medecins Sans Frontieres (MSF)
Brussels, Belgium

James Lock, MD, PhD

Professor of Child Psychiatry and Pediatrics
Associate Chair and Director, Eating Disorder Program
Department of Psychiatry and Behavioral Sciences
Stanford University
Stanford, CA, USA

Naser Loza, DPM&N, MS, FRCPsych (Hon.)

Director and Consultant Psychiatrist
The Behman Psychiatric Hospital
The Maadi Psychology Center
Cairo, Egypt

Fady Maalouf, MD

Interim Chairperson
Chief, Division of Child and Adolescent Psychiatry
Associate Professor
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Josyan Madi Skaff, MD

Head of the Psychiatry Department
Lebanese Hospital Geitawi
Beirut, Lebanon

Andreas Maercker, MD

Chair and Professor of Psychology
Division of Psychopathology and Clinical Intervention
University of Zurich
Zurich, Switzerland

Omar Mahmood, PhD

Staff Psychologist
Department of Psychiatry
Sidra Medicine
Doha, Qatar

Marianne Majdalani, MD

Associate Professor
Department of Pediatrics and Adolescent Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Alain Marchand, PhD

Professor at School of Industrial Relations
University of Montreal
Montreal, Canada

Joan Marsh, MA, PhD

Deputy Editor
The Lancet Psychiatry
London, UK

Angela Massouh, RN, MScN, PhD

Clinical Instructor
Cardiology Clinical Nurse Specialist
American University of Beirut
Beirut, Lebanon

Lama Mattar, PhD

Assistant Professor
Nutrition, Department of Natural Sciences
Lebanese American University
Beirut, Lebanon

Melvin McInnis, MD

Professor of Bipolar Disorder and Depression
University of Michigan
Ann Arbor, MI, USA

Lokman Meho

Associate Professor and Librarian
Jafet Library
American University of Beirut
Beirut, Lebanon

Nada Merhi

Journalist
L'Orient-Le Jour
Beirut, Lebanon

Kenneth Miller, PhD

Psychologist and Researcher
War Child Holland
Amsterdam, Netherlands

Ali Mokdad, PhD

Director, Middle Eastern Initiatives
Professor, Global Health
Institute for Health Metrics and Evaluation
University of Washington
Seattle, USA

Nidal Moukkadam, MD, PhD

Associate Professor
Baylor College of Medicine
Houston, TX, USA

Reem Mroueh

Psychology Student and Volunteer research Assistant
Department of Psychology, Hagazian University
IDRAAC
Beirut, Lebanon

Ziad Nahas, MD, MSCR

Professor and Vice Chair for Clinical Affairs
Department of Psychiatry
University of Minnesota
Minneapolis, USA

Wadih Naja, MD

President, Lebanese Psychiatric Society
Professor of Psychiatry
Department of Psychiatry
Faculty of Medical Sciences
Lebanese University
Beirut, Lebanon

Ghada Najjar Assaf, PhD

Visiting Clinical Assistant Professor
Rafik Hariri School of Nursing
American University of Beirut
Beirut, Lebanon

Samia Nakhoul

Editor Middle East, Reuters
Thomson Reuters
Beirut, Lebanon

Carla Najem, MA

Psychologist/Psychotherapist
Division of Child and Adolescent Psychiatry
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Rima Nakkash, MD

Associate Professor
Department of Health Promotion and Community Health
Faculty of Health Sciences
American University of Beirut
Beirut, Lebanon

Jinane Naous, MD

Clinical Instructor
Department of Family and Adolescent Medicine
Physician Treatment and Outreach Program for Eating disorders (TOP-ED)
American University of Beirut Medical Center
Beirut, Lebanon

Lara Nasreddine, PhD

Associate Professor
Department of Nutrition and Food Sciences
Faculty of Agricultural and Food Sciences
American University of Beirut
Beirut, Lebanon

Anwar Nassar, MD

Chairperson
Professor of Obstetrics and Gynecology
Department of Obstetrics and Gynecology
American University of Beirut Medical Center
Beirut, Lebanon

Yasmine Nassif, MS

Chartered Psychologist, High Intensity Therapist and Psychological Therapist
Hertfordshire Partnership University
NHS Foundation Trust
Welwyn Garden City, UK

Talal Nizameddin, PhD

Dean of Student Affairs
American University of Beirut
Beirut, Lebanon

Tarek Okasha, MD, PhD, MSc (N&P), DPP, FAPA

Professor of Psychiatry
Director,
World Psychiatric Association Collaborating Center for Training and Research in Psychiatry
Institute of Psychiatry, Faculty of Medicine
Ain Shams University
Cairo, Egypt

Hiba Osman, MD, MPH

Director - Palliative and Supportive Care Program
Naef K. Basile Cancer Institute
American University of Beirut Medical Center
Beirut, Lebanon

Mona Osman, MD

Instructor of Clinical Specialty
Department of Family Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Milena Osorio

MHPSS Program Coordinator
ICRC
Geneva, Switzerland

John Pachankis, PhD

Associate Professor of Public Health, LGBT
Yale University
Boston, MA, USA

Leopoldo Pozuelo, MD

Psychiatrist
Cleveland Clinic
Cleveland, OH, USA

Alissar Rady, MD, MSc, MPH

National Professional Officer
World Health Organization
Beirut, Lebanon

Solfrid Raknes, PhD

Psychologist
Researcher and Program Developer
Beirut, Lebanon

Geoffrey Reed, MD

Senior Project Officer for the Development of ICD
Columbia University
Department of Psychiatry
New York, NY, USA

Elke Reissing, PhD

Professor, School of Psychology
Director, Human Sexuality Research Laboratory
University of Ottawa
Ottawa, Canada

Sami Richa, MD, PhD

Associate Professor of Psychiatry
Faculty of Medicine
Saint-Joseph University
Head of the Department
Hôtel-Dieu de France
Beirut, Lebanon

Therese Saad, Pharm D, BCPS, BCPPS

Pediatric Clinical Pharmacy Team Leader
Department of Pharmacy
American University of Beirut Medical Center
Beirut, Lebanon

Carine Sakr, MD, MPH

Assistant Professor of Medicine
Director, Employee Health
American University of Beirut Medical Center
Beirut, Lebanon

May Sakr Maalouf, MPH, LD

Clinical Dietitian
Department of Clinical Nutrition
American University of Beirut Medical Center
Beirut, Lebanon

Cynthia Roukoz, MA, MSc

Clinical Psychologist, Clinical Neuropsychologist
Psychological Assessment Center
American University of Beirut Medical Center
Beirut, Lebanon

Johnny Salameh, MD

Associate Professor, Department of Neurology
Program Director, Neurology Residency
Chair, Quality Advisory Council
Director, ALS Clinic
American University of Beirut Medical Center
Beirut, Lebanon

Rana Salloum

Senior Counselor
Lebanese American University
Beirut, Lebanon

Rani Sarkis, MD

Neurologist, Brigham and Women's Hospital
Assistant Professor, Harvard Medical School
Boston, MA, USA

Rima Sassine, PhD

Dean and Associate Professor
Faculty of Nursing
Saint-Joseph de Beyrouth University
Beirut, Lebanon

Rasha Sawaya, MD

Assistant Professor
Department of Emergency Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Eman Sbeity, MD

Instructor
Department of Surgery
American University of Beirut Medical Center
Beirut, Lebanon

Yousef Shahin, MD

Chief Disease Prevention and Control
UNRWA Health Department Headquarters
Amman, Jordan

Wael Shamseddeen, MD, MPH

Clinical Assistant Professor
Division of Child and Adolescent Psychiatry
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Rana Sharara-Chami, MD, FAAP

Associate Professor of Pediatrics and Pediatric Critical Care
Associate Director, Pediatric Residency Program
Department of Pediatrics and Adolescent
Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Rolla Shbarou, MD

Assistant Professor, Pediatrics and Adolescent Medicine
Division of Pediatric Neurology
Pediatric Neurology Fellowship Program Director
Division of Pediatric Neurology
American University of Beirut Medical Center
Beirut, Lebanon

William Slaughter, MD, MA

Psychiatrist-psychologist
Board member, Gaza Mental Health Foundation
Clinical Instructor in Psychiatry, Harvard Medical School
Boston, MA, USA

Astrid Slettenaar, RN

Nurse Practitioner MS
Medisch Spectrum Twente
Amsterdam, Netherlands

Jair Soares, MD

Professor and Pat R. Rutherford Jr. Chair in Psychiatry
UT Health Medical School
Houston, TX, USA

Fouad Tahan, MD

Psychiatrist
Hopital Psychiatrique de la Croix
Beirut, Lebanon

Roubina Tahmazian

MHPSS Accompaniment Project Coordinator
ICRC
Geneva, Switzerland

Farid Talih, MD

Assistant Professor of Clinical Specialty
Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Yasmine Tayba

ICRC
Beirut, Lebanon

Arafat Tfayli, MD

Professor of Clinical Medicine
Director, Hematology/Oncology Fellowship Program
American University of Beirut Medical Center
Beirut, Lebanon

Carla Uriarte

MHPSS Advisor
ICRC
Geneva, Switzerland

Ulfat Usta, MS Clinical Pharmacy, BCPS, BCNS

Director
Department of Pharmacy
American University of Beirut Medical Center
Beirut, Lebanon

Lena Verdelli, PhD

Associate Professor of Clinical Psychology
Director of Clinical Training
Founder and Director
Global Mental Health Lab
Columbia University
Columbia, NY, USA

Felice Watt, MBBS, FRANZCP

Division Chief, Women's Mental Health
Department of Psychiatry
Sidra Medicine
Doha, Qatar

Ann Watts, PhD

Secretary General
International Union of Psychological Science
Durban, South Africa

Charles Yacoub, MD

Psychiatrist
Addiction specialist
Beirut, Lebanon

Bassem Yamout, MD

Clinical Professor
Department of Neurology
American University of Beirut Medical Center
Beirut, Lebanon

Fady Yarak

Director General of Education
Ministry of Education and Higher Education
Beirut, Lebanon

Meira Yasin, DNP, APRN, FNP-BC, PMHNP-BC

Assistant Professor
Undergraduate Programs
College of Nursing
East Tennessee State University
Johnson City, TN, USA

Nada Zahreddine, MD, MRCPsych

Head, Psychiatry Department
Rafic Hariri University Hospital
Lecturer, Faculty of Medical Sciences
Lebanese University
Beirut, Lebanon

Rony Zeenny

Associate Pharmacy Director for Clinical Services
Department of Pharmacy
American University of Beirut Medical Center
Beirut, Lebanon

Maya Zeineddine, Pharm.D, RPh, MSCS

Senior Clinical Pharmacist
Multiple Sclerosis Certified Specialist
Multiple Sclerosis Center
American University of Beirut Medical Center
Beirut, Lebanon

Pia Zeinoun, PhD

Assistant Professor, Psychology Department
Managing Director, Psychological Assessment Center
Psychiatry Department
Faculty of Arts and Sciences, AUB
American University of Beirut Medical Center
Beirut, Lebanon

Nathalie Zgheib, MD

Associate Professor, Pharmacology and Toxicology
Leader, Program for Research and Innovation in Medical Education (PRIME)
American University of Beirut
Beirut, Lebanon

The background features a complex, abstract pattern of white geometric shapes, primarily triangles and lines, scattered across the teal surface. These shapes vary in size and orientation, creating a sense of movement and depth. The overall effect is a modern, minimalist aesthetic.

Program

Thursday, April 19, 2018: Issam Fares Lecture Hall

Mental Health and Conflict

Moderators: Dr. Yousef Shahin and Dr. Michael Clinton

- 11:20 - 11:40 Mental Health and Human Rights
Saths Cooper, MD
- 11:40 - 12:00 In the Shoes of Refugees: Psychosocial Context and Mental Health Consequence
Levent Kuey, MD
- 12:00 - 12:20 Holistic Model of Care for Weapon Wounded and PRP Patients:
The Role of a MH Professional in Adherence to Treatment and Rehabilitation
Ms. Yasmine Tayba
- 12:20 - 12:35 COFEEEE BREAK

Moderators: Dr. Yousef Shahin and Dr. Michael Clinton

- 12:35 - 12:55 From the Child to the Family: Supporting Refugee Children's Mental Health by Through
Parent-Focused Interventions
Kenneth Miller, PhD
- 12:55 - 13:10 MSF Experience in Providing Care to Victims of Torture Along the Migration Route
Gianfranco De Maio, MD
- 13:10 - 13:25 Psychological Consequences of Ambiguous Loss
Roubina Tahmazian, MA
- 13:25 - 13:40 Providing Key Community Actors with MHPSS Tools to Reinforce Their Helping Role During
Humanitarian Crisis
Carla Uriarte, PhD
- 13:40 - 14:00 Weaving the Fabric of Resilient Levantine Wellness: Integrating Strongest Bio-, Psycho-,
and Social Threads
William Slaughter, MD, MA
- 14:00 - 14:20 COFEEEE BREAK

Sleep and Mental Health

Moderators: Dr. Pierre Bou Khalil and Dr. George Juvelekian

- 14:20 - 15:00 Khalil Abu Feisal Memorial Lecture: Sleep: A Forgotten Pathway to Resilience and Mental Health
Anne Germain, PhD
- 15:00 - 15:20 Sleep Disorders in Psychiatric Inpatients
Farid Talih, MD
- 15:20 - 15:40 Cognitive and Emotional Disturbances of Patients with Obstructive Sleep Apnea
Ahmad Husari, MD
- 15:40 - 16:00 Sleep Disorders in Patients with Headache
Emad Estemalik, MD
- 16:00 - 16:20 Sleep Habits and Disorders in Greater Beirut
Hasan Chamj, MD
- 17:30 - 18:30 **OPENING CEREMONY (Issam Fares Lecture Hall)**

Hisham Jaroudi Auditorium

Webinar

Moderator: Ms. Nour Kik

10:45 - 11:30 Hidden Burdens of Conflict – Mental Health Challenges in the Lebanese Health System
Rabih Chammay, MD

Brain Health in 2017 and Beyond: Prevention, Care, and a Hopeful Cure

Moderators: Dr. Samir Atweh and Dr. Ziad Nahas

11:30 - 12:00 Attachment and Neuroinflammation: Where It All Starts in the Brain
Gregory Fricchione, MD, MPH

12:00 - 12:30 Neuroinflammation across the Spectrum of Neuropsychiatric Disease: Cases, Pathophysiology, and Treatment
Rani Sarkis, MD, MSc and Zeina Chemali, MD, MPH

12:30 - 12:50 When Two Storms Collide: Seizures in Neurodegenerative Conditions
Rani Sarkis, MD, MSc

12:50 - 13:10 Gender Differences in Alzheimer's Disease: One Size Does Not Fit All
Diler Acar, MD

13:10 - 13:40 Non-motor Symptoms of Motor Neuron Disease and Other Dementias
Johnny Salameh, MD

13:40 - 14:00 "When It Looks Like Depression But It Ain't": Sounding Board in Early Onset Dementia
Zeina Chemali, MD, MPH

14:00 - 14:45 LUNCH BREAK

14:45 - 15:30 Khalil Abu Feisal Memorial Lecture in Issam Fares Lecture Hall: Sleep: A Forgotten Pathway to Resilience and Mental Health
Anne Germain, Ph.D.

Mental Health in the Workplace

Moderators: Dr. Steve Harvey and Dr. Carine Sakr

15:30 - 15:50 The Multilevel Model of Workers' Mental Health: A Framework for Understanding the Problem in a Global Perspective
Alain Marchand, PhD

15:50 - 16:10 Burnout among University Faculty Members
Monique Chaaya, PhD

16:10 - 16:20 Burnout among Medical Staff
Farid Talih, MD

16:20 - 16:40 Successful Health and Stress Management Practices to Prevent Mental Health Problems in the Workplace: What We Have Learned from the Salveo Study
Alain Marchand, PhD

16:40 - 17:10 How to Preserve Mental Health of the Staff Working in Difficult Circumstances: The Last Years of MSF Experience
Barbara Laumont, MA

17:10 - 17:30 Substance Use and Mental Health in the Workplace: Screening, Brief Intervention, and Referral to Treatment
Nour Alayan, PhD, RN

17:30 - 18:30 **OPENING CEREMONY (Issam Fares Lecture Hall)**

Professor Jaber I. Sawaya Lecture Hall (Room 300)

09:00 - 11:00

Workshop: Child Abuse: How to Recognize it and What to Do with it?

Workshop leaders: Rasha Sawaya MD and Marianne Majdalani MD
Workshop facilitators: Leila Akoury Dirani, PhD and Aida Habbal, RN

Description: Child abuse whether it be physical, sexual, verbal or child neglect is serious and in some instances requires immediate intervention. Medical providers are often the first line of encounter with these children. Yet it remains a challenge to recognize abused children, and even more daunting knowing what to do when the suspicion of abuse is raised.

Target Audience: Participation is open to physicians, nurses, and social workers.

Mental Health and Technology

Moderator: Dr. Ghassan Hamadeh

16:20 - 16:50

From Virtual Reality Therapy to Artificial Intelligence Therapy: The Telepsychiatry Revolution
Elias Abou Jaoude, MD, MA

16:50 - 17:10

Technology Applications in Child Mental Health: School Mental Health as an Example
Hesham Hamoda, MD, MPH

17:10 - 17:30

Apps in healthcare: What Does the Clinician Need to Know
Nidal Moukaddam, MD, PhD

The Halim and Aida Daniel Academic and Clinical Center (Daniel - ACC) Multipurpose Room 1

09:00 - 11:00

Workshop: Mental Health in Palliative Care

Moderator: Dr. Hiba Osman

Dignity Therapy: Dr. Micheal Khoury
Diagnosing depression in the seriously ill: Dr. Ziad Nahas
Grief and bereavement: Ms. Joelle Bassila
The experience of caregivers: Dr. Monique Chaya

Overview: This workshop will explore mental health topics related to patients, their family members and their caregivers in the setting of serious illness.

Target audience: Physicians and medical students, nurses and nursing students, social workers and students, and psychologist and students.

11:30 - 13:30

Motivational Interviewing: An Empirically-based Humanistic Journey to Improve Health

Dr. Antoine Douaihy

Overview: Lifestyle choices and chronic conditions are now the biggest threats to public health and sustainable health care costs. Motivational Interviewing (MI) is a collaborative, goal-oriented style of communication with a particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion" (Miller & Rollnick, 2013). MI is an empirically supported practice for a wide variety of patients and conditions that originated in the drug and alcohol field. However, there are now more than 300 clinical trials that showed its efficacy and effectiveness in a wide range of culturally diverse populations and for a wide variety of target behaviors in the context of chronic medical problems, psychiatric disorders, medication adherence, diet and exercise, smoking cessation, treatment engagement and adherence, etc.

This workshop will provide participants with a strong understanding of the Spirit of MI and a core foundation of the basic skills. It is appropriate for all helping professionals who are working with people to make and sustain healthy behavioral changes: mental health professionals, physicians, nurses, psychiatrists, psychologists, social workers, counselors, health coaches/educators, dietitians, physician assistants, life coaches, etc. This workshop is appropriate for those with a minimal understanding of MI.

15:30 - 17:00

Round Table Discussion: Media, Ethics and Mental Health

Moderator: Leyla Akoury Dirani, Ph.D.

Guests: Thalia Arawi, PhD, Sami Richa, MD, Ms. Nada Merhi, Ms. Samia Nakhoul and Ms. Riwa Al Atrash

Mental health topics and mental illnesses descriptions and treatments are increasingly easily accessible to the large public through all media channels, being TV, social media, press, billboards. The aim of this round table discussion is to open the conversation about the opportunities and the ethical challenges this amazing tool presents. Sequences of movies and news bulletins will be projected, followed by the comments of our guests.

The Halim and Aida Daniel Academic and Clinical Center (Daniel/ACC) Multipurpose Room 2

09:00 - 13:00

Workshop: Crisis Prevention and Intervention

Ms. Saydeh Hammouch

Overview: A crisis situation is where "violence and aggression behaviors or actions that can result in harm, hurt or injury to another person, regardless of whether the violence or aggression is behaviorally or verbally expressed", (NICE guidelines, 2015). The national institute for health and care excellence estimated the prevalence of crisis situation or aggression in the healthcare workplace constitutes around 25% (Iennaco et al., 2013). Therefore the need of having a crisis intervention and prevention program workshop emerged. The workshop will provide skills and techniques in how best to handle an escalating situation.

Target Audience: The crisis prevention and intervention program is given to all professionals dealing with customers including but not limited to medical staff and health care provider, in order to maintain professionalism and safety in the working environment. These techniques will provide staff with the needed tools to defuse escalating behaviors and to provide safety measures to all parties who are involved in a crisis situation.

Friday, April 20, 2018: Issam Fares Lecture Hall

School Mental Health

Moderators: Dr. Vivian Khamis and Dr. Alissar Rady

- 09:00 - 09:30 Building Emotional Resilience in Lebanese Youth Within Schools
Fadi Maalouf, MD
- 09:30 - 09:50 Expanding Youth Mental Health Care Access: Lesson from a School-based Study in Haiti
Anne Becker, MD, PhD
- 09:50 - 10:10 The Long-term Impact of Being Bullied in Childhood and Adolescence
Louise Aresenault, PhD
- 10:10 - 10:30 Predictors of Mental Health Problems Among Adolescents in Saudi Arabia: Time to Promote Adolescent Mental Health and Wellbeing
Fadia Al Buhairan, MD
- 10:30 - 10:40 Q & A

Moderator: Dr. Liliane Ghandour

- 10:40 - 11:30 Panel Discussion on Challenges and Opportunities to Implement School-based Mental Health Interventions
Mr. Fadi Yarak, Rima Nakkash, DrPH and Ms. Thuraya Ismail
- 11:30 - 12:00 COFFEE BREAK

College Mental Health

Moderators: Dr. Fadi Maalouf and Dr. Talal Nezameddin

- 12:00 - 12:10 College Mental Health: A President's Perspective
Fadlo Khuri, MD
- 12:10 - 12:30 Student Mental Health and Counseling Service Practice in U.S. Higher Education
Gregory Eells, PhD
- 12:30 - 12:50 Substance Use in College Students: What Do we Know, Why Does it Matter?
Lilian Ghandour, PhD
- 12:50 - 13:10 Building from the Ground Up: Key Concepts for Establishing Mental Health Services on a University Campus
Holly Harmon, MSW

Moderator: Dr. Fadi Maalouf

- 13:10 - 14:00 Panel Discussion: College Mental health services: What Works, What Doesn't
Holly Harmon, Gregory Eells, MD, Antoine Khabbaz, Ph.D., Rana Salloum, and Adnan Farah, MD
- 14:00 - 14:30 LUNCH BREAK

Moderator: Dr. Samia Khoury

- 14:30 - 15:15 Wilder Penfield Memorial Lecture in Issam Fares Lecture Hall
Brain Abnormalities and Disease Progression in Bipolar Disorder
Jair Soares, MD, PhD

Mood Disorders

Moderators: Dr. Munir Khani and Dr. Rami Bou Khalil

- 15:15 - 15:45 Longitudinal Studies in Bipolar Disorder: Integrating Data from Multiple Modalities to Predict Outcomes
Melvin McInnis, M.D.
- 15:45 - 16:15 Update on Treatment of Bipolar Disorder
Jair Soares, M.D.
- 16:15 - 16:45 Mood disorders in Lebanon
Elie Karam, M.D.
- 16:45 - 17:00 COFFEE BREAK

Moderators: Dr. Munir Khani and Dr. Rami Bou Khalil

- 17:00 - 17:20 Suicide in mood disorders
Wadih Naja, M.D.
- 17:20 - 17:40 Mood and Emotion from Speech and Behavior Assessments in Bipolar Disorder
Melvin McInnis, M.D.
- 17:40 - 18:00 Neuromodulation in Mood Disorders
Ziad Nahas, M.D.
- 18:00 - 18:20 Igniting the Fire: Bipolar Disorder and Creativity
Mohammad Al Suwaidan, M.D.
- 18:20 - 18:30 Q & A

Hisham Jaroudi Auditorium, HSON

Mental Health and Multiple Sclerosis

Moderators: Dr. Bassem Yamout and Dr. Rima Sassine

- 09:00 - 09:20 Assessment and Management of Neuropsychiatric Manifestations of Multiple Sclerosis
Elias Khawam, MD
- 09:20 - 09:40 Cognitive Performance as an Early Indicator of MS
Samia Khoury, MD
- 09:40 - 10:00 Comprehensive Mental Healthcare in MS: Pharmacological and Non-pharmacological
June Halper, APN-C
- 10:00 - 10:20 Evidence-based Adherence Guidelines for MS Patients with Depression and Anxiety
Astrid Slettenaar, NP, MS and Monique Booy, RN
- 10:20 - 10:40 Retinal Measures and Cognitive Performance in MS
Nabil El Ayoubi, MD
- 10:40 - 11:00 COFFEE BREAK

Mental Health and Physical Health

Moderators: Dr. Arafat Tfayli and Ms. Iman Kouatly

- 11:00 - 11:30 An Internist's Road Map for Treating Depression and Anxiety in the Medical Ill
Leopoldo Pozuelo, MD
- 11:30 - 11:50 Emotional Distress: An Update on Psychiatric Disorders in Cancer Patients
Elias Khawam, MD
- 11:50 - 12:10 Coping Responses, Strategies, and Mental Health in Breast Cancer Patients
Ghada Najjar Assaf, PhD, BSN, MS
- 12:10 - 12:30 Headache and Cerebrovascular Disease
Emad Estemalik, MD
- 12:30 - 12:50 Update on Emotions and Cardiovascular Health
Leopoldo Pozuelo, MD
- 12:50 - 13:10 Depression in Congestive Heart Failure
Angela Massouh, RN, PhD
- 13:10 - 13:30 Q & A
- 13:30 - 14:30 LUNCH BREAK
- 14:30 - 15:15 **Wilder Penfield Memorial Lecture in Issam Fares Lecture Hall**
Brain Abnormalities and Disease Progression in Bipolar Disorder
Jair Soares, MD, PhD

Mental Health in Primary Care

Moderators: Dr. Nadim Karam and Dr. Khalil Ashkar

- 15:15 - 15:45 The Burden of Disease, Injuries, and Risk Factors in the EMR: Past, Present, and Future in a Changing Environment
Ali Mokdad, PhD
- 15:45 - 16:00 Mental Health Services in Primary Care in Humanitarian Settings (a community based approach)
Milena Osorio
- 16:00 - 16:15 Integrating Mental Health in Primary Care Settings in Lebanon
Mr. Wissam Kheir
- 16:15 - 16:30 Supporting Lebanon's Community Mental Health Strategy: A Collaborative Pilot Project in RHUH
Nada Zahreddine, MD
- 16:30 - 17:00 COFFEE BREAK

Moderators: Dr. Mona Osman and Dr. Rana Sharara-Chami

- 17:00 - 17:20 Learning and Communication Disorders in Primary Care
Antonio Hardan, MD
- 17:20 - 17:40 Psychogenic Nonepileptic Seizures in Children and Adolescents: Complex Etiology and Management
Rolla Shbarro, MD

17:40 - 18:00	Adverse Childhood Experiences and Their Relation to Future Adult Health: The Life Course Lens to Health in Saudi Arabia <i>Fadia AlBuhairan, MD</i>
18:00 - 18:20	Screening for Depression in Older Adults <i>George Karam, MD</i>
18:20 - 18:30	Q & A

The Halim and Aida Daniel Academic and Clinical Center (Daniel/ACC) Multipurpose Room 1

ICD: International Classification of Diseases

Moderators: Dr. Nasser Loza and Dr. Ann Watts

09:00 - 09:15	The Revision of the ICD-11 <i>Geoffrey Reed, PhD</i>
09:15 - 09:30	Updates from ICD-11 on Psychoses <i>Wolfgang Gaebel, MD</i>
09:30 - 09:45	The Trauma- and Stress-related Disorder Spectrum in ICD-11 <i>Andreas Maercker, MD, PhD</i>
09:45 - 10:00	Arab Regional Data for ICD-11 revision <i>Brigitte Khoury, PhD</i>
10:00 - 10:15	Users' Perspective for the ICD-11 Revision <i>Sami Richa, MD, PhD</i>
10:15 - 10:30	Q & A
10:30 - 11:30	COFFEE BREAK

Genetic, Imaging and Neuropsychological Implications

Moderators: Dr. Cynthia Roukoz and Dr. Maryse Hayek

11:30 - 11:50	Autism in Lebanon 2018 <i>Rose-Mary Boustany, MD</i>
11:50 - 12:10	Neuroimaging in Psychiatry <i>Roula Hourani, MD</i>
12:10 - 12:30	Exploring the Role of Cognitive Reserve in Dementia Among Lebanese Older Adults <i>Hala Darwish, RN, PhD</i>
12:30 - 12:50	Using Neuropsychological Tests as Clinical Outcomes in Arab Countries: Issues of Validity <i>Pia Zeinoun, PhD</i>
12:50 - 13:10	Neuropsychology and Cross-cultural Issues in Low Resource Settings <i>Ann Watts, MD</i>

Oral Abstract Presentations

Moderators: Dr. Farid Talih and Dr. Leila Akoury Dirani

- 13:10 - 13:17 Assessing Health-Related Quality of Life and Cultural Appropriateness of International Surveys for a Population of Palestinian Refugees
Meira Yasin, DNP, APRN, FNP-BC, PMHNP-BC
- 13:17 - 13:24 MSF Mental Health Program in Iraq, Challenges, and Opportunities
Andres Barkil-Oteo, MD
- 13:24 - 13:31 Embrace Lifeline: Lebanon's First National Suicide Prevention Helpline
Ms. Mia Atoui
- 13:31 - 13:38 Evaluation of the Leadership in Mental Health Course, Eastern Mediterranean Region
Kate Ellis, PhD
- 13:38 - 13:45 Alleviating Mental Health Symptoms: Community Connectedness among Transgender Women in Beirut
Cynthia El Khoury, MPH
- 13:45 - 13:52 I Had it Coming: Female's Internalized Sexism Predicts Acceptance of Emotional Abuse
Reem Mroueh
- 13:52 - 13:59 Psychosocial Cognitive Behavioural Program for Children at Risk
Solfrid Raknes, PhD
- 13:59 - 14:06 Sensitivity and Specificity of an Arabic Verbal Memory Test in Distinguishing Normal Aging, Mild Cognitive Impairment, and Dementia
Omar Mahmood, PhD
- 14:06 - 14:13 Sexual Violence Against Women in Tunisia
Majda Cheour, MD
- 14:13 - 15:15 COFFEE BREAK

Mental Health of LGBT

Moderator: Dr. Hala Kerbage and Dr. Faysal El Kak

- 15:15 - 15:30 Hidden from Happiness: The Epidemic of LGBT Depression and the Science of the Closet
John Pachankis, PhD
- 15:30 - 15:45 Voices of Transgender Individuals in Lebanon: A Psychosocial Perspective
Brigitte Khoury, MD
- 15:45 - 16:00 A Unified Intervention for Stigma-related Stress, Mental Health, and Related Health Risks for LGBT individuals
John Pachankis, PhD
- 16:00 - 16:15 Mental Health and Stigma-related Stress Among Middle Eastern Gay and Bisexual Migrants in Sweden
Richard Branstrom, PhD
- 16:15 - 16:30 Mental Health Issues Among LGBT People: An Overview of Achievements Over the Past Decade and Current Challenges
Chady Ibrahim, MD
- 16:30 - 16:50 COFFEE BREAK

Women Mental and Sexual Health

Moderators: Dr. Majda Cheour and Dr. Anwar Nassar

- 16:50 - 17:10 Preconception Counselling for Women with Serious Mental Illness
Felice Watt, MBBS, FRANZCP
- 17:10 - 17:30 Women Sexuality: Naturalization, Problematization, and Psychosomatization
Faysal El Kak, MD
- 17:30 - 17:50 Girls and Women Sexual and Reproductive Rights in the Twenty First Century
Josyan Madi-Skaff, MD
- 17:50 - 18:10 When the Wedding Night is a disaster: Unconsummated Marriage and its Treatment
Elke Reissing, PhD, C.PSYCH
- 18:10 – 18:20 Q & A

Professor Jaber I. Sawaya Lecture Hall (Room 300)

- 12:00 - 14:00 **Workshop: Interpersonal Psychotherapy (IPT) for Primary Care settings**
Dr. Lena Verdeli
- Overview:** This workshop aims to offer a foundational knowledge of Interpersonal Psychotherapy (IPT) as adapted for use in Primary care settings.

Saturday, April 21, 2018: Issam Fares Lecture Hall

Child Mental Health

Moderators: Dr. Hana Azar and Ms. Carla Najem

- 09:00 - 09:30 Novel Treatments Targeting Social Deficits in Autism
Antonio Hardan, MD
- 09:30 - 10:00 Treatment for Eating Disorders in Children and Adolescents
James Lock, MD, PhD
- 10:00 - 10:20 Persistence, Remission, and Emergence of ADHD in Young Adulthood: New Findings and Controversy
Louise Arseneault, PhD
- 10:20 - 10:40 Depression in Children and Adolescents: An Update
Muhammad Azeem, MD
- 10:40 - 11:00 Psychological Treatment of Youth with Suicidal Behavior
Holly Harmon, MSW
- 11:00 - 11:20 Cultural Adaptation of Universal Prevention Programs for Children
Amanda Clinton, PhD
- 11:20 - 11:30 Q & A
- 11:30 - 12:00 COFFEE BREAK

Mental Health Research in the Arab World: Challenges and Opportunities to Collaborate

Moderator: Hala Darwish, RN, PhD

- 12:00 - 12:10 Mental Health in the Arab World: State of the Problem
Ali Mokdad, PhD
- 12:10 - 12:25 Bibliometric Study of Mental Health Research in the Arab World
Lokman Mehio, MLS, PhD
- 12:25 - 12:40 Why Do we Need Homegrown Research in Mental Health
Elie Akl, MD, MPH, PhD

Moderator: Brigitte Khoury, PhD

- 12:40 - 13:30 Panel discussion 1: Lessons Learned: Challenges in research in the Arab World
Panelists: Elie Karam, MD, Suhaila Ghuloum, MD, Majda Cheour, MD, Pia Zeinoun, PhD and Bibi Al Amiri, MD, PhD
- 13:30 - 13:45 COFFEE BREAK

Moderator: Liliane Ghandour, PhD

- 13:45 - 14:00 Establishing the Largest Network of Mental Health Collaborators Across the World
Geoffrey Reed, PhD

- 14:00 - 14:15 Frameworks for Networking and Collaboration in the Arab region
Eman Sbeity, MD
- 14:15 - 14:30 How Psychiatry Journals Can Contribute to Mental Health Research in the Arab world
Joan Marsh, PhD

Moderator: Fadi Maalouf, MD

- 14:30 - 15:15 Panel Discussion 2: Opportunities to Mental Health Research in the Arab world and Call for Action
Panelists: Joan Marsh, PhD, Mouin Hamze, PhD, Samia Khoury, MD, Anne Becker, MD, PhD, and Tarek Okasha, MD
- 15:15 - 16:00 COFFEE BREAK

Updates in Substance Use Disorders

Moderators: Dr. Ramzi Haddad and Dr. Charles Yacoub

- 16:00 - 16:20 The Burden of Mental and Substance Use Disorders in the EMR: Findings from the Global Burden of Disease 2016 Study
Raghid Charara, MD
- 16:20 - 16:40 Substance Abuse and Mood Disorders
Mohammad Al Suwaidan, MD
- 16:40 - 17:00 Opioid Replacement Therapy and the Lebanese Experience
Joseph El Khoury, MD, MRCPsych
- 17:00 - 17:20 Opioid Epidemic and Chronic Pain: Regional Experience
Ghassan Kanazi, MD
- 17:20 - 17:40 Pharmacogenomics in Addiction
Nathalie Zgheib, PhD

Hisham Jaroudi Auditorium, HSON

Updates in Psychotic Disorders

Moderators: Dr. Dany Khalaf and Dr. Tarek Okasha

- 09:00 - 09:30 Diagnostic Challenges in Psychotic Disorders
Wolfgang Gaebel, MD
- 09:30 - 09:50 Prodrome Identification and Management
Wael Shamsedeen, MPH, MD
- 09:50 - 10:10 Early Intervention and the Evidence for Intensive Community Intervention
Joseph El-Khoury, MD, MRCPsych
- 10:10 - 10:30 The Role of Long Acting Injectables Antipsychotics in the Treatment of Schizophrenia
Fouad Tahan, MD
- 10:30 - 10:50 Metabolic, Inflammatory and Sleep Changes in Patients Receiving Antipsychotics
Hassen Al-Amin, MD
- 10:50 – 11:20 COFFEE BREAK

Special Lecture

Moderator: Dr. Samir Atweh

- 11:20 - 11:40 The Perspectives of a Car Accident Traumatic Brain Injury from the Two Sides of the Bed
Ghassan Abou Alfa, MD, MBA

Eating Disorders

Moderators: Dr. Ghina Ismail and Dr. Lara Nasreddine

- 11:40 - 12:00 The Emergence of Eating Disorders and Socio-Economic Changes: An Example from Fiji
Anne Becker, MD, PhD
- 12:00 - 12:20 The Invisible Reality of Eating Disorders: A Clinical Perspective
Ghina Ismail, PsyD
- 12:20 - 12:40 Treatments for Eating Disorders in Adults
James Lock, MD, PhD
- 12:40 - 13:00 Screening for Eating Disorders: Responsibility of the Healthcare Provider
Lama Mattar, PhD
- 13:00 - 13:10 Q & A
- 13:10 - 15:30 COFFEE BREAK

Trauma and Related disorders

Moderators: Dr. Aimee Karam and Dr. Wael Shamseddine

- 15:30 - 15:50 Recent advances in the Detection and Treatment of PTSD and Other Trauma-related Disorders
Anne Germain, PhD
- 15:50 - 16:10 Biopsychosocial Models of PTSD Etiology and its Treatment Implications
Andreas Maercker, MD, PhD
- 16:10 - 16:30 Impact of Extreme Adversity: Beyond PTSD
Lena Verdelli, PhD, MSc

16:30 - 16:50	War Exposure, Daily Stressors, and the Importance of Ecological Interventions with Conflict Affected Children <i>Kenneth Miller, PhD</i>
16:50 - 17:10	Evidence from Resilience-Building Interventions in Lebanese Schools <i>John Fayyad, MD</i>
17:10 - 17:30	PTSD, Depression & Mediating Factors from Multiple Studies in Lebanon: A Research Trajectory <i>Leila Farhood, RN, PhD</i>
17:30 - 17:50	Development, Piloting and Evaluation of a Phone-Delivered Psychological Intervention (t-CETA) for Syrian Refugee Children in Lebanon <i>Tania Bosqui, PhD</i>
17:50 - 18:00	Q & A

The Halim and Aida Daniel Academic and Clinical Center (Daniel/ACC) Multipurpose Room 1

15:30 - 17:30 **Practical Tips for Working with Suicidal Teens Workshop**
Dr. Holly Harmon

Overview: This program will focus on the assessment and intervention of suicidal thoughts in young adults. The first hour will cover methods of assessment, focusing on specific questions to ask and understanding barriers to reporting suicidal thoughts. We will discuss cultural influences on reporting suicidal thoughts and how to address them. The second hour will focus on the resulting interventions, including safety planning, involving family and other supports, and means restriction. We will discuss the critical importance of developing an onsite consultation team when treating suicidal teens. Throughout the workshop, participants will be encouraged to actively develop their own templates for assessing suicidal thoughts and for safety planning.

The Halim and Aida Daniel Academic and Clinical Center (Daniel/ACC) Multipurpose Room 2

15:30 - 17:30 **Eating Disorders Workshop**
Ghina Ismail, Psy.D, Jihane Naous, MD and Ms. May Sakr Maalouf

Overview: The Eating Disorders workshop is a 2-hour workshop led by Dr. Ismail, Director of the AUBMC Treatment and Outreach Program for Eating Disorders (TOP-ED). The workshop is also co-led by Dr. Jihane Na'ous, MD, family and adolescent medicine and Ms. May Sakr Maalouf, registered dietician both of whom are also members of TOP-ED. All of the team members have received specialized training in the treatment and assessment of different types of eating disorders including Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorders, and Other Specified Feeding and Eating Disorders.

Target Audience: The audience may include health professionals, dieticians, interns and residents.

Sunday, April 22 , 2018: Issam Fares Lecture Hall

A Glance on Mental Health Related Conditions - Pharmacy Perspective

Moderators: Dr. Ulfat Usta and Dr. Rony Zeenny

- 10:00 - 10:20 Depression and Anxiety in Ambulatory Care and Community Settings: The Role of the Pharmacist
Maya Zeineddine, Pharm.D, RPh, MSCS
- 10:20 - 10:40 Strategies and Procedures to Ensure the Safe Use of Controlled Substances in Lebanon
Dr. Ulfat Usta
- 10:40 - 11:00 Smoking Cessation: What the Pharmacist Needs to Know
Ghida Halik, Pharm.D
- 11:00 - 11:20 Alcohol Withdrawal Management for Pharmacists
Dr. Dania Ghaziri
- 11:20 - 11:40 **COFFEE BREAK**
- 11:40 - 12:00 Clinical Pharmacists in Mental Healthcare: Their Role in Managing Adverse Events and Preventing Drug-Drug Interactions
Dr. Therese Saad
- 12:00 - 12:20 The Impact of Immunosuppressive Drugs on Mood, Cognition and Quality of Life
Hiba Koleilat, PharmD, MA, MSc, BCPS

The Halim and Aida Daniel Academic and Clinical Center (Daniel - ACC) Multipurpose Room 1

- 10:00 - 12:00 **Metacognitive Theory-Theory and Foundation Skills Workshop**
Speaker: Dr. Yasmine Nassif

Overview: The workshop aims at presenting the theory behind metacognitive therapy (MCT, Wells, 1995) and looks at basic foundation skills for MCT as well as at its distinctive features.

Target audience: mental health professionals or allied professionals



Contact Information

For more information about MEMA, please contact:

Continuing Medical Education (CME) Office
American University of Beirut Medical Center
P.O. Box 11-236 Riad El Solh
Beirut 1107 2020
Lebanon
Tel: +961-1-350 000 ext. 4717-4752
Fax: +961-1-744 467
Email: cme@aub.edu.lb
Web: <http://cme.aub.edu.lb>