

World Osteoporosis Day is observed annually on **October 20<sup>th</sup>** and launches a year-long campaign dedicated to raising global awareness of the prevention, diagnosis and treatment of osteoporosis and metabolic bone disease. <http://www.worldosteoporosisday.org/>

On the Occasion of World Osteoporosis Day (WOD) the **Calcium Metabolism and Osteoporosis Program** at the **American University of Beirut Medical Center (AUBMC)** prepared a series of virtual activities in an aim to raise awareness on Osteoporosis:

- ✚ [Are You at risk of Having a Bone Fracture](#) (Survey prepared by CaMOP - BMD Unit)
- ✚ [Osteoporosis and Covid-19](#)
- ✚ [Test your knowledge in Osteoporosis](#)

Calcium Metabolism and Osteoporosis Program

**WORLD OSTEOPOROSIS DAY**

On the occasion of World Osteoporosis Day, the Calcium Metabolism and Osteoporosis Program at AUBMC invites you to participate in the Osteoporosis Day activities.

Visit AUBMC and CaMOP social media platforms and participate in a series of virtual activities prepared in an aim to raise awareness on osteoporosis:

- Assessment of your risk of fracture
- Assessment of your knowledge in bone health
- Video highlighting the relationship between osteoporosis, vitamin D and COVID-19

**AUBMC**  
AMERICAN UNIVERSITY OF BEIRUT MEDICAL CENTER  
المركز الطبي في الجامعة الأمريكية في بيروت