



**AMERICAN
UNIVERSITY OF BEIRUT
MEDICAL CENTER**
المركز الطبي في الجامعة الأميركية في بيروت



The Clinical and Professional Development Center (CPDC) in collaboration with the Healthcare Professional Development Center (HPDC) at the American University of Beirut (AUB) & the Naef K. Basile Cancer Institute (NKBCI) at the American University of Beirut Medical Center (AUBMC)

present

**12th ANNUAL
BEIRUT
BREAST
CANCER
CONFERENCE**

Nursing Symposium

Syllabus

February 17, 2024 | Beirut, Lebanon

American University of Beirut Medical Center Nursing Services Clinical and Professional Development Center is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



General Information

Program Overview

The 12th Beirut Annual Breast Cancer Conference, Nursing Symposium, tackles several areas pertinent to nurses, and other healthcare professionals, working with patients with breast cancer. This educational activity offers a summary of the different types of breast cancer, as well as a summary of the recommendations for treatments lines, along with rationale of the decision-making process during treatment selection. In addition, the symposium will cover an update on endocrine therapies and will include an interactive learning session on nausea and vomiting management. Furthermore, we will be tackling the psychological distress faced by nurses working with this patient population.

Date and Location

This program will be held on Saturday, February 17, 2024, in Halim and Aida Daniel Academic and Clinical Center (ACC) Multipurpose Room 3 at AUBMC and online via WEBEX.

Target Audience

Adult Oncology Registered Nurses, and other nursing professionals interested to attend.

Language

The English language will be used at all times.

Learning Outcomes

The Nursing Symposium aims to enhance the knowledge of its attendees with regards to the different types of breast cancer, as well as the decision support process in selecting lines of treatment. In addition, the attendees will have increased knowledge related to endocrine therapies, as well as the management of nausea and vomiting. Finally, the attendees will develop a broader understanding of how to deal with psychological distress encountered during these difficult times. Their knowledge acquisition shall be self-reported by completing a survey using a 4-point Likert scale.

Teaching Methodology

- PowerPoint Presentations
- Discussion

Requirements for Successful Completion of the Program

- Attend all the sessions included in the program outline.
- Complete the online "Educational Activity Evaluation Survey"

Contact Hours

Participants who attend the whole program will be awarded 2.5 contact hours by the CPDC, which is the entity responsible to ensure adherence to the American Nurses Credentialing Center's (ANCC) criteria.

The planning committee and the presenter(s) declare that no relevant financial relationships exist for anyone involved in the planning of this educational activity.

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Program Planning Committee

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Program

Nursing Symposium

Moderators

Rebecca El-Asmar, MScN, RN, AOCNS

Latifa Shihab, BSN, RN

Time	Title	Speaker
8:00–8:10am	Welcoming & ANCC Introduction	Ms. Christine Helou
8:10–8:30am	Pathophysiology of Breast cancer	Mr. Rami Al Chami
8:30–8:50am	Treating breast cancer: Where do we start and what factors decide the next line of treatment	Dr. Hiba Moukadem
8:50–9:10am	An Update on Endocrine therapies	Ms. Latifa Shihab
9:10–9:25am	Coffee Break	
9:25–10:00am	Antiemetics in Chemotherapy: Let's Learn by Engaging	Ms. Rebecca El-Asmar
10:00–10:30am	Recognizing and Managing Psychological Distress faced by nurses during difficult times	Ms. Hala Al-Amine
10:30–10:50am	Discussion	Ms. Latifa Shihab Ms. Rebecca El-Asmar
10:55–11:00 am	Evaluation	Ms. Christine Helou

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