Brush up on your pediatrics knowledge.

4th Annual Pediatrics Update Symposium
A TRIBUTE TO SAMIR NAJJAR

February 22-23, 2013 | Issam Fares Hall
American University of Beirut | Lebanon

Organized by the Department of Pediatrics and Adolescent Medicine at the American University of Beirut Medical Center in joint sponsorship with the Cleveland Clinic

www.aubmc.org

Our lives are dedicated to yours

In joint sponsorship with Cleveland Clinic
A Message from the Activity Director

On behalf of the organizing committee, it gives me great pleasure to invite you to participate in the 4th Annual Pediatrics Update Symposium hosted by the Department of Pediatrics and Adolescent Medicine at the American University of Beirut. This year, the symposium will address emerging pediatric and adolescent topics as they relate to Lebanon and the region. It will also shed light on topics related to palliative care, quality improvement, child’s rights and adolescent issues.

We look forward to welcoming you at this annual activity.

Sami Sanjad, MD
Symposium Chair

Overview

The symposium will cover a wide range of topics of interest to the practicing pediatrician and general practitioner including:

- General Pediatrics
- Pediatric subspecialties including: Adolescent Medicine and Sexual Health, Emergency and Critical Care, Hematology, Infectious Diseases, Nephrology, Pain and Palliative Care, Quality Improvement.

Learning Objectives

At the conclusion of the symposium, the participant will be able to:

1. Apply practice guidelines related to child care
2. Arrange for proper referrals to subspecialty care when needed
3. Discuss pediatric research updates and their application at the National level
Target Audience

This activity is designed for pediatricians, family medicine doctors, nurses and other professionals involved in child and adolescent health care.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The Cleveland Clinic Foundation Center for Continuing Education and American University of Beirut Medical Center. The Cleveland Clinic Foundation Center for Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Activity Directors

Sami Sanjad, MD (Chair)
George Abi Saad, MD (CME Director)
Marianne Majdalani, MD (Co-Chair)
Organizing Committee

Miguel Abboud, MD
Karim Diab, MD
Marianne Majdalani, MD (Co-Chair)
Samar Muwakkit, MD
Sami Sanjad, MD (Chair)
Hala Tfayli, MD

Scientific Committee

Ghassan Dbaibo, MD
Salman Mroueh, MD
Mona Nabulsi, MD
Nadine Yazbeck, MD
Khalid Yunis, MD

Faculty

Miguel R. Abboud, MD
Chairman,
Department of Pediatrics and Adolescent Medicine,
Professor of Pediatrics and Pediatric Hematology Oncology,
Children’s Cancer Center of Lebanon,
Department of Pediatrics and Adolescent Medicine, AUBMC

Huda Abu-Saad Huijer, RN, PhD, FEANS
Director and Professor of Nursing Science,
School of Nursing, AUB

Majd Ariss, MD
Assistant Professor, Director of Adolescent Programme,
Department of Pediatrics and Adolescent Medicine, AUBMC
Kamal Badr, MD, ASCI, AAP
Professor of Medicine (Nephrology and Hypertension),
Department of Internal Medicine,
AUBMC, Associate Dean for Medical Education,
Faculty of Medicine, AUB

Amin Barakat, MD, FAAP
Clinical Professor of Pediatrics and Pediatric Nephrology,
Georgetown University Medical Center, Washington DC, USA

Marc Bassim, MD
Assistant Professor of Otolaryngology/Otology & Neurotology,
Department of Otolaryngology, AUBMC

Nada Chedid, DDS, MSCD
Pediatric Dentist, Professeur Associée, Université St Joseph,
and Clinical Associate, Division of Orthodontics,
Department of Otolaryngology, AUBMC

Marianne De Montalambert, MD
Professor of Pediatrics, Hopital Necker Enfants Malades, Paris, France

Karim Diab, MD
Assistant Professor of Pediatric Cardiology,
Department of Pediatrics and Adolescent Medicine, AUBMC

Yaser El Hout, MD
Assistant Professor of Urology, Department of Surgery, AUBMC

Faysal El Kak, MD, MS
Specialist in Obstetrics and Gynecology- Public Health Practice
Senior Lecturer
Faculty of Health Sciences
American University of Beirut

Hassan Fakhoury, MD
Chairman, Pediatrics Department, Rafic Hariri University Hospital

Stefan J. Friedrichsdorf, MD
Medical Director, Department of Pain Medicine,
Palliative Care & Integrative Medicine,
Assistant Professor of Pediatrics,
University of Minnesota Medical School
Children’s Hospitals and Clinics of Minnesota,
Minneapolis, USA
Bernard Gerbaka, MD  
Professor of Pediatrics and Pediatric Emergency Medicine,  
Université Saint-Joseph, Pediatric Department, Lebanon.  
Founder and President of “Child of Lebanon”

Joseph Ghafari, DMD  
Professor and Head of Division of Orthodontics,  
Department of Otolaryngology,  
Head and Neck Surgery, AUBMC

Rami Ghobril, MD  
Associate Professor of Pediatrics and Pediatric Nephrology,  
Balamand University Faculty of Medicine,  
St. George Hospital University Medical Center

Rima Hanna-Wakim, MD  
Assistant Professor of Clinical Pediatrics and Pediatric Infectious Diseases,  
Department of Pediatrics and Adolescent Medicine, AUBMC

Christiane Haddad, MD  
Assistant Professor of Clinical Ophthalmology,  
Department of Ophthalmology, AUBMC

Nadra Haddad, MD  
Clinical Associate,  
Department of Pediatrics and Adolescent Medicine, AUBMC

Haya Hamade, MD  
Instructor of Clinical Pediatrics,  
Department of Pediatrics and Adolescent Medicine, AUBMC

Rachid Haidar, MD  
Chief, Division of Orthopaedic Surgery,  
Associate Professor of Clinical Surgery,  
Pediatric Orthopaedic and Spine Surgery,  
Department of Surgery, AUBMC

Adlette Inati, MD  
Associate Professor in Pediatrics  
Lebanese American University and University Medical Center Rizk Hospital, Beirut  
Head, Division of Pediatric Hematology-Oncology  
Rafic Hariri University Hospital, Beirut  
Consultant Hematologist, Chronic Care Center, Beirut, Lebanon
Mohamad Itani, M.B,Ch.B
General Pediatrics, Rafic Hariri University Hospital,
Head of Pediatrics, Najjar General Hospital

Claudia Khayat, MD
Pediatric hematology-Oncology, Université St Joseph,
Hotel Dieu de France Hospital

Aziz Koleilat, MD
Pediatrics and Pediatric Gastroenterology,
Makassed General Hospital, Beirut, Lebanon

Fadi Maalouf, MD
Assistant Professor of Clinical Psychiatry,
Department of Psychiatry, AUBMC

Marianne Majdalani, MD
Assistant Professor of Clinical Pediatrics and Pediatric Critical Care,
Director of Pediatric Intensive Care Unit,
Department of Pediatrics and Adolescent Medicine, AUBMC

Afif Mufarrij, MD
Instructor of Emergency Medicine,
Department of Emergency Medicine, AUBMC

Salman Mroueh, MD
Professor of Clinical Pediatrics and Pediatric Pulmonology,
Department of Pediatrics and Adolescent Medicine, AUBMC

Samar Muwakkit, MD
Associate Professor of Clinical Pediatrics and Pediatric Hematology Oncology,
Children’s Cancer Center of Lebanon,
Department of Pediatrics and Adolescent Medicine, AUBMC

Mona Nabulsi, MD
Professor of Clinical Pediatrics, Evidence Based Medicine,
Department of Pediatrics and Adolescent Medicine, AUBMC
Marwan Najjar, MD  
Assistant Professor of Neurosurgery,  
Department of Surgery, AUBMC

Peter Noun, MD  
Assistant Professor, Pediatric Hematology-Oncology,  
Balamand University Faculty of Medicine,  
St. George Hospital University Medical Center  
Head of Pediatrics Department, Hopital Geitawi  
Assistant Professor, Hopital Notre Dame des Secours

Nelly Rebeiz, MD  
Professor of Clinical Dermatology, Department of Dermatology, AUBMC

Therese Saad, PharmD, BCPS  
Senior Attending Clinical Pharmacist (NICU, PICU),  
Pharmacy Department, AUBMC

Sami Sanjad, MD  
Professor of Pediatrics and Pediatric Nephrology,  
Department of Pediatrics and Adolescent Medicine, AUBMC

Rasha Sawaya, MD  
Pediatric Emergency Medicine  
Children’s National Medical Center  
Washington, DC, USA

Rana Sharara, MD  
Assistant Professor of Pediatrics and Pediatric Critical Care,  
Department of Pediatrics and Adolescent Medicine, AUBMC

Hala Tfyli, MD  
Assistant Professor of Clinical Pediatrics and Pediatric Endocrinology,  
Department of Pediatrics and Adolescent Medicine, AUBMC

Fares Zeytoun, MD  
Clinical Associate, General Pediatrics and Pediatric Allergy/Immunology,  
Department of Pediatrics and Adolescent Medicine, AUBMC
Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Registration

Registration fee is USD 50 per person, including symposium material, breakfasts, lunches and coffee breaks. Students, residents, and nursing staff can register for free. Registration must be done on site. Valet parking available at reduced price.
Agenda

Day 1: Friday February 22, 2013

8:00 – 8:30  REGISTRATION AND COFFEE
8:30 – 8:45  Welcome and Overview of the Program
            Dr. Sami Sanjad
            Dr. Miguel Abboud
            Dr. Kamal Badr

Session 1:  HEMATOLOGY  8:45-10:25

Chairpersons: Peter Noun, Adlette Inati
8:45 – 9:25  Update on Sickle Cell Disease in Children
             Marianne De Montalambert
9:25 – 9:45  Practical Approach to Anemia in Childhood
             Miguel Abboud
9:45 – 10:05 Thrombophilic Disorders
              Samar Muwakkit
10:05 – 10:25 Common Problems in the Management of SCD in Children
             Marianne De Montalambert
10:25 – 10:35 QUESTIONS AND ANSWERS
10:35 – 10:55 COFFEE BREAK

Session 2:  NEPHROLOGY  10:55-12:35

Chairpersons: Sami Sanjad, Rami Ghobril
10:55 – 11:25 Samir Najjar Lecture: Prevention of Kidney Disease in Children
               Amin Barakat
11:25 – 11:45 Urinalysis Part 2: Quantitative Urinalysis
               Sami Sanjad
11:45 – 12:05 Dysfunctional Voiding
               Yasser El Hout
12:05 – 12:35 Office Nephrology for the Pediatrician
               Amin Barakat
12:35 – 12:45 QUESTIONS AND ANSWERS
12:45 – 14:00 LUNCH BREAK
### Session 3: PALLIATIVE CARE AND PAIN MANAGEMENT 14:00-15:30

**Chairpersons:** Miguel Abboud, Claudia Khayat

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:00 – 14:30</td>
<td>Palliative Care in Children: A Practical Approach</td>
<td>Stefan Friedrichsdorf</td>
</tr>
<tr>
<td>14:30 – 15:00</td>
<td>An Update on Palliative Care in Lebanon</td>
<td>Huda Huijer</td>
</tr>
<tr>
<td>15:00 – 15:30</td>
<td>Pain Management in Children</td>
<td>Stefan Friedrichsdorf</td>
</tr>
</tbody>
</table>

**15:30 – 15:40 QUESTIONS AND ANSWERS**

**15:40 – 16:00 COFFEE BREAK**

### Session 4: QUALITY IMPROVEMENT 16:00-17:20

**Chairpersons:** Mona Nabulsi, Marianne Majdalani

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>16:00 – 16:20</td>
<td>Child Advocacy, Child’s Rights</td>
<td>Bernard Gerbaka</td>
</tr>
<tr>
<td>16:20 – 16:40</td>
<td>Effectiveness of Expanded Role of the Nurse</td>
<td>Huda Huijer</td>
</tr>
<tr>
<td>16:40 – 17:00</td>
<td>Medication Errors and How to Avoid Them</td>
<td>Therese Saad</td>
</tr>
<tr>
<td>17:00 – 17:20</td>
<td>EBM: Effect on Outcome Measures</td>
<td>Mona Nabulsi</td>
</tr>
</tbody>
</table>

**17:20 – 17:30 QUESTIONS AND ANSWERS**

**17:30 ADJOURN FOR THE DAY**
Day 2: Saturday February 23, 2013

Session 5: EMERGENCY MEDICINE/CRITICAL CARE 9:00-10:20

Chairpersons: Rana Sharara, Afif Mufarrij
9:00 – 9:20 Concussions: When to Return to Classroom and Playing Field
    Marwan Najjar
9:20 – 9:40 To Scan or Not To Scan
    Rasha Sawaya
9:40 – 10:00 Recognition and Management of Anaphylaxis
    Fares Zeytoun
10:00 – 10:20 Management of Febrile Seizures in the ER
    Rasha Sawaya
10:20 – 10:30 QUESTIONS AND ANSWERS
10:30 – 10:50 COFFEE BREAK

Session 6: HEAD AND NECK 10:50-12:10

Chairpersons: Joseph Ghafari, Nadra Haddad
10:50 – 11:10 Update on Asthma Management
    Salman Mroueh
11:10 – 11:30 What is Inside a Child’s Mouth?
    Nada Chedid
11:30 – 11:50 Strabismus and Other Common Eye Disorders
    Christiane Haddad
11:50 – 12:10 Hearing Screening and Testing in the Pediatric Population
    Marc Bassim
12:10 – 12:20 QUESTIONS AND ANSWERS
12:20 – 14:00 BRUNCH
Session 7: ADOLESCENT MEDICINE 14:00-15:20

Chairpersons: Mohamad Itani, Majd Ariss

14:00 – 14:20 Sexual/Gender Identity Problems in Adolescents
Faysal El Kak

14:20 – 14:40 Risky Behavior in Teenagers
Fadi Maalouf

14:40 – 15:00 Cardiac Screening for the Young Athlete
Karim Diab

15:00 – 15:20 Update on Acne Management
Nelly Rebeiz

15:20 – 15:30 QUESTIONS AND ANSWERS

15:30 – 15:50 COFFEE BREAK

Session 8: GENERAL PEDIATRICS 15:50-17:00

Chairpersons: Hassan Fakhoury, Aziz Koleilat

15:50 – 16:10 Intoeing and Outtoeing, Knock-knees and Bowing
Rachid Haidar

16:10 – 16:30 Short Stature: When to Refer?
Hala Tfayli

16:30 – 16:50 Vaccine Safety: Myths and Facts
Rima Hanna Wakim

16:50 – 17:10 New Controversies in Breast Feeding
Haya Hamade

17:10 ADJOURN
Contact Information
For more information about the 4th Annual Pediatrics Update Symposium, please contact:

Tel: +961-1-350000 ext. 5500, 5501, 5514
Web: www.aubmc.org
Email: ar05@aub.edu.lb

Continuing Medical Education Office
Tel: +961-1-350000 ext. 4717, 4718
Email: cme@aub.edu.lb