

Title:	<b>Resuscitative Training</b>	Index Number:	<b>SQE-MUL-001</b> (Func. - Categ. - Sr.No.)		
Function:	<b>Staff Qualifications and Education</b>	Category:	<b>Multidisciplinary</b>		
Scope of application:	<b>All Staff Involved in Patient Care</b>	Original Date:	Renewed on:	Next Review Date:	
		<b>18.07.2007</b>	<b>28.03.2014</b>	<b>28.09.2014</b>	

## 1. Policy

- 1.1. The American University of Beirut Medical Center (AUBMC) staff who provide patient care shall have training on resuscitative techniques.
- 1.2. The level of training for specific staff categories shall be consistent with their practice level as determined and approved (**Appendix 6.1**).
- 1.3. The trained staff shall demonstrate appropriate competence in resuscitative techniques.
- 1.4. The desired level and frequency of training shall be compliant with National and International standards.

## 2. Purpose

- 2.1. To have guidelines for the level of resuscitative training desired for specific staff categories.
- 2.2. To indicate the need for competency evaluation of trained staff.
- 2.3. To have guidelines for the required frequency of training.

## 3. Definitions

- 3.1. **Resuscitative Training:** is training in providing cardiopulmonary resuscitation in emergency situations to individuals who manifest cardiac and/or respiratory arrest.
- 3.2. **Resuscitative levels** (according to the American Heart Association (AHA)):
  - 3.2.1. **ACLS:** Advanced Cardiac Life Support – A course designed for healthcare providers who either direct or participate in advanced resuscitation interventions of adult patients.
  - 3.2.2. **PALS:** Pediatric Advanced Life Support – A course designed for healthcare providers who either direct or participate in advanced resuscitation interventions of pediatric patients.
  - 3.2.3. **BLS:** Basic Life Support
    - a. **Healthcare Provider** (BLS) – is designed to provide healthcare professionals the ability to recognize several life-threatening emergencies, provide Cardiopulmonary Resuscitation (CPR), and relieve choking for all ages, and use an Automated External Defibrillator (AED).
    - b. **Heart Saver** (BLS) – is designed to teach participants the lifesaving skills of CPR, and relieve choking for all ages.
  - 3.2.4. **ATLS:** Advanced Trauma Life Support – A course that teaches systematic, concise approach to the early care of the trauma patient. This course is vital to guiding care for the injured patient in emergency department trauma rooms.



- 3.2.5. **AAEM:** The American Academy of Emergency Medicine (AAEM) is the specialty society of emergency medicine. AAEM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **4. Procedure**

- 4.1. AUBMC staff shall follow the list of Resuscitative Training: Staff Categories and Level of Training (**Appendix 6.1**).
- 4.2. The frequency of resuscitative training shall be every two years for all hospital staff. A re-certification/testing shall be conducted every year for the medical, resident, nursing staff and other healthcare professionals assigned to the following departments:
- 4.2.1. Psychiatry
  - 4.2.2. Renal Dialysis
  - 4.2.3. Diagnostic Radiology
  - 4.2.4. Physical Therapist
  - 4.2.5. Emergency (every 6 months)
- 4.3. Heads of departments shall ensure that all staff categories are scheduled to receive the appropriate training on timely basis.
- 4.4. At the completion of the resuscitative training, all participating staff shall receive a certificate of achievement.
- 4.5. Copies of certificates issued to trained staff shall be filed in the staff personnel files.
- 4.6. Exceptions to the list of staff categories and level of training shall be documented in the individual staff personnel file.

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## 5. Signatures

Originally Prepared by Ms. Lisa Sekilian, Accreditation Core Group Member			
Reviewed and Concurred by	Name	Signature	Date
Nursing Cabinet Leader	Ms. Rana Abdel Malak		10 JAN 2010
Life Support Sub-Committee Chairperson	Abdallah Rebeiz, MD		11-1-2011
Quality, Accreditation & Risk Manager	Mr. Khalil Rizk		11/1/2011
Approved by	Name	Signature	Date
Medical Center Director	Mr. Munthir Kuzayli		11/01/11
Chief of Staff, Accreditation Survey Coordinator	Saleem Kiblawi, MD, FCCP		13 Jan 2011
Deputy VP/Dean and Associate Dean for Clinical Affairs	Ziyad Ghazzal, MD		Feb 18 2011

## 6. Appendices

- 6.1. Resuscitative Training: Staff Categories and Level of Training

## 7. References

- 7.1. Joint Commission International Accreditation, Standards for Hospitals, 4th Edition, January 2011, Staff Qualifications and Education.
- 7.2. American Heart Association,  
<http://www.americanheart.org/presenter.jhtml?identifier=3011972>

## 8. Modifications

- 8.1. Moderate modifications were made to the Second Edition of this policy specifically to the level of training of staff categories.

## RESUSCITATIVE TRAINING STAFF CATEGORIES AND LEVEL OF TRAINING

Staff Category	Level of Training
<p><b>Nursing</b></p> <ul style="list-style-type: none"> <li>▪ RN's in Adult Critical Care (CCU, ICU, CSU, RCU, PACU)</li> <li>▪ RN's in Pediatrics Critical Care (PICU, SDU, CSU, PACU)</li> <li>▪ RN's in Emergency Department</li> <li>▪ RNs on all other Units including Nursing Management Teams</li> <li>▪ Practical Nurses (Except Operating Room)</li> </ul>	<p>ACLS</p> <p>PALS</p> <p>ACLS and/or PALS</p> <p>Healthcare Provider</p> <p>Healthcare Provider</p>
<p><b>Resident Staff</b></p> <ul style="list-style-type: none"> <li>▪ Residents in Code Teams (Adults/Pediatrics)</li> <li>▪ Anesthesia Residents</li> <li>▪ Internal Medicine &amp; Surgery Residents</li> <li>▪ All Other Residents</li> </ul>	<p>ACLS or PALS</p> <p>ACLS and PALS</p> <p>ACLS</p> <p>Healthcare Provider</p>
<p><b>Attending Medical Staff</b></p> <p>Attending Medical Staff in Special Care Areas:</p> <ul style="list-style-type: none"> <li>▪ Emergency Department / Assigned to the Emergency Department</li> <li>▪ Anesthesiology</li> <li>▪ Cardiology</li> <li>▪ Critical Care Adults (Medical/Surgical)</li> <li>▪ Critical Care Pediatrics</li> <li>▪ Interventional radiology and interventional surgeons</li> <li>▪ Psychiatry</li> <li>▪ Hemodialysis Care Unit</li> </ul> <p>All Other Active Attending Medical Staff</p>	<p>ACLS, PALS or AAEM. BLS plus ATLS for surgeons in ED Arrhythmia and medications only ACLS or PALS</p> <p>ACLS</p> <p>ACLS for medical; BLS plus ATLS for surgery</p> <p>PALS</p> <p>Healthcare Provider or ACLS</p> <p>Healthcare Provider</p> <p>Healthcare Provide</p> <p>None</p>
<p><b>Other AUBMC Staff</b></p> <ul style="list-style-type: none"> <li>▪ Inhalation Therapists</li> <li>▪ Anesthesia Technicians</li> <li>▪ Physical Therapists</li> <li>▪ Radiographers</li> </ul>	<p>Healthcare Provider</p> <p>Healthcare Provider</p> <p>Heart Saver</p> <p>Heart Saver</p>