My Stem Cell Procedure
MY History with MS

My first attack occurred in 1986 (before diagnosed with MS) optic neuritis (lost vision in the right eye, it was recovered after two months). Twelve years later, the second attack occurred represented in weakness in the left side of the body, it was improved by 80% after 2 years. The third attack occurred before 5 years, as my case deteriorated and developed to Secondary Progressive MS when I had walking difficulties, imbalance problems and general weakness with some other symptoms such as bowel dysfunction, bladder control, speech and swallow difficulties, numbness, sexual problems, fatigue, etc. the same condition exist till this moment.
Stem cell experience

I was told by one of MS patients in Bahrain about the effectiveness of stem cell in improving MS symptoms and the lifestyle of MS patient, I also had my own search through the internet and I saw encouraging results by undergoing stem cell procedure.

I have selected the safest method as I was not very much sure about the results.

I went through three different procedures and ended up with this:
Pre examinations
investigations
Fetal Stem Cell course
Fetal Stem Cell course
Physiotherapy follow up
Follow-up

5. Did your motor or sensory changes in the upper or lower limbs change? If yes, please specify.

6. Did your vision or hearing changes at any other time? If yes, please specify.

7. Do you feel any changes in taste, smell, or in the mouth cavity, e.g., numbness? If yes, please specify.

8. Do you have headaches or migraines?

9. Do you have any problems with urination?

10. Did the range of motion in the arms and legs change? If yes, please specify.

*We kindly ask you to provide us with your common blood count and urine test results.
Follow up

Patient-reported outcomes in multiple sclerosis patients undergoing fetal stem cell transplantation

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Before FCS</th>
<th>After FCS</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fatigue</td>
<td>3.6</td>
<td>2.8</td>
<td>0.01</td>
</tr>
<tr>
<td>Memory</td>
<td>3.2</td>
<td>2.9</td>
<td>0.04</td>
</tr>
<tr>
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</tbody>
</table>

5. Did you notice any changes in the range of emotions? If yes, please, specify:

6. Do you feel any changes in your voice? If yes, please, specify:

7. Do you feel any changes in speech, swallowing, or swallowing difficulties? If yes, please, specify:

8. Do you have difficulty in walking? If yes, please, specify:

9. Did you notice any change in your vision? If yes, please, specify:

10. Did you notice any change in your balance? If yes, please, specify:
Goodbye

I ended my stem cell course after 10 days with no significant improvements, in fact I had an MS attack after two months of receiving my stem cell treatments. I was semi paralyzed for almost a month, with some physiotherapy exercise, I managed to come back again and regain some of my strength.
Feedback from MS societies in respect to Stem cell procedure

Stem cell therapies in MS

There is a great deal of scientific and media interest in stem cells as a possible treatment for multiple sclerosis (MS). Some scientific reports do reveal encouraging clinical findings, but a lot of work still needs to be done to prove their effectiveness and safety for people with MS.

Stem cells in MS are still experimental. There is no proven stem cell therapy available for MS anywhere in the world.

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[Logos of different organizations]
Thank you