



Faculty of Medicine
Salim El-Hoss Bioethics and Professionalism Program
المركز الطبي في الجامعة الأميركية في بيروت
برنامج سليم الحوص للأخلاقيات الاحيائية والاحتراف



The Salim El-Hoss Bioethics
and Professionalism Program

&

The Rafic Hariri School of
Nursing

at the American University of Beirut

announce their 1st Master Class on

PALLIATIVE AND END-OF-LIFE CARE

October 18-19, 2013

Bathish Auditorium-AUB, Beirut, Lebanon



GENERAL INFORMATION

Program Overview

This activity is the 1st Master Class held by the Hariri School of Nursing and the Salim El-Hoss Bioethics and Professionalism Program Faculty of Medicine at the American University of Beirut. It aims at bringing physicians, nurses, and other health care professionals interested in the field of palliative and end-of-life care from Lebanon and the region to discuss issues pertaining to palliative care.

The Master Class on Palliative and End of Life Care course also complies with the Lebanese Order of Physicians (LOP) and the Order of Nurses in Lebanon (ONL) Continuing Medical Education guidelines.

Objectives

Upon completion of this master class, the participant will be able to:

1. Describe the philosophy and principles of palliative care that can be integrated across settings to provide quality care across the life span to patients and their families facing life-threatening illnesses.
2. Identify barriers to adequate pain relief in palliative care for patients across the life span.
3. Describe pharmacological and nonpharmacological therapies used to relieve pain.
4. Describe symptom assessment and management for patients with serious illness
5. Discuss ethical issues and dilemmas that may arise in palliative and end-of-life care.
6. Discuss the notions of moral distress that is faced when dealing with palliative care cases.
7. Highlight the importance of moral courage when dealing with patients in palliative care settings.
8. Describe the importance of goal setting with patients and families and its role in preventing ethical dilemmas.
9. Discuss beliefs and cultural influences regarding palliative care and death and dying.
10. Recognize the importance of ongoing communication with the primary care provider, interdisciplinary team, patient and family in palliative and end-of-life care.
11. Describe the processes of loss, mourning, grief and bereavement in end-of-life care.
12. Describe the physical, psychological, social, and spiritual care needs and the role of palliative care interventions surrounding the death of a patient.

Target Audience

This Master Class has been designed for physicians, nurses, and other health care professionals interested in the field of palliative and end-of-life care.

Venue

The Master Class on Palliative and End of Life Care will be held at the Bathish Auditorium, Beirut, Lebanon.

Registration

The registration fee for this conference is \$ 100 including coffee breaks, lunches and syllabus.

For reservation and pre-registration kindly send an email to ba45@aub.edu.lb to reserve a seat.

Activity Directors (By Alphabetical Order):

Huda Abu-Saad Huijer RN, PhD, FEANS, FAAN
Professor of Nursing Science
Director Hariri School of Nursing
American University of Beirut

Thalia Arawi, PhD
Founding Director,
Salim El-Hoss Bioethics & Professionalism
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Clinical Bioethicist
Vice Chair, Medical Center Ethics
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Beirut, Lebanon

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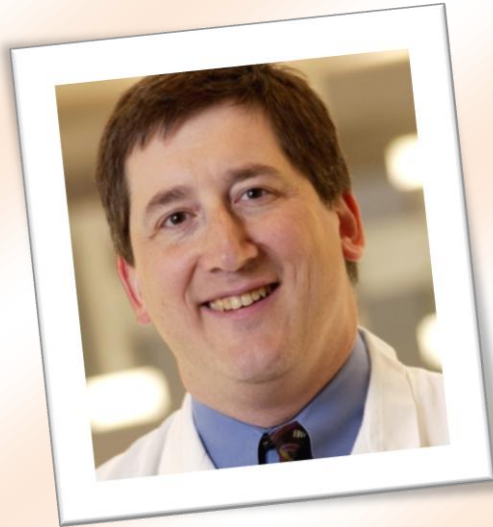
Featured International Faculty (By Alphabetical Order):



Dr. Carol Taylor, PhD, RN, is a senior research scholar in the Kennedy Institute of Ethics at Georgetown University and a Professor of Medicine and Nursing. Experienced in caring for patients who are chronically and critically ill and their families, Carol chose doctoral work in philosophy with a concentration in bioethics because of a passion to “make health care work” for those who need it.

At Georgetown Carol directs an innovative interdisciplinary ethics curriculum grounded in a rich notion of moral agency for medical students and advanced practice nurses. She teaches in the undergraduate nursing curriculum, directs a practicum in clinical ethics for graduate students in the philosophy program, serves on the ethics committee, directs the ethics consultation service, conducts ethics rounds and ethics case presentations, and develops professional seminars in clinical ethics for health care professionals and the public. Her research interests include clinical and professional ethics, and organizational integrity.

Carol has a PhD in Philosophy with a concentration in bioethics from Georgetown University and a Master's Degree in Medical-Surgical Nursing from Catholic University; She now works closely with health care professionals and leaders who are exploring the ethical dimensions of their practice. She lectures internationally and writes on various issues in healthcare ethics and serves as an ethics consultant to systems and professional organizations. She is the author of Lippincott, Williams & Wilkins *Fundamentals of Nursing: The Art and Science of Nursing Care*, which is now in its 7th edition and co-editor of *Health and Human Flourishing: Religion, Medicine and Moral Anthropology* and the 4th edition of *Case Studies in Nursing Ethics*.



Dr. James Tulsky is Director of the Center for Palliative Care and Professor of Medicine and Nursing at Duke University. He also co-directs the Ethics Consultation Service at the Durham Veterans Affairs (VA) Medical Center. Dr. Tulsky attended Cornell University as an undergraduate, completed his medical degree at the University of Illinois College of Medicine at Chicago, and received his internal medicine training at the University of California, San Francisco (UCSF). He continued at UCSF as chief medical resident and subsequently as a Robert Wood Johnson Clinical Scholar. In 1993, he joined the faculty of Duke University. He Dr. Tulsky is the recipient of a Robert Wood Johnson Generalist Physicians Faculty Scholars Award, a VA Health Services Research Career Development Award, the 2002 Presidential Early Career Award for Scientists and Engineers (the highest national award given by the White House Office of Science and Technology for early career investigators), and the 2006 Award for Research Excellence from the American Academy of Hospice and Palliative Medicine.

Dr. Tulsky has a longstanding interest in medical ethics, doctor-patient communication and quality of life at the end of life, and has published widely in these areas. His current research focuses on the evaluation and enhancement of communication between oncologists and patients with advanced cancer, identification of clinical, psychosocial and spiritual trajectories of patients at the end of life, development of self-management interventions for patients with life-limiting illness, and the evaluation of palliative care for patients with advanced heart failure.

PROGRAM:

Friday October 18, 2013

Session I Moderators: Dr. Huda Abu-Saad Huijer & Dr. Thalia Arawi

- 8:30 – 8:45 Opening words and Welcome
Dr. Huda Abu-Saad Huijer & Dr. Thalia Arawi
- 8:45 – 9:10 Current situation in Lebanon
Dr. Huda Abu-Saad Huijer
- 9:10 – 9:55 Philosophy and Principles of Palliative Care : Quality of Life Model in
Palliative Care
Dr. James Tulskey
- 9:55 –10:40 Models in Palliative Care Delivery
Dr. Carol Taylor

10:40 – 11:00 Coffee Break

Session II Moderators: Dr. Ramzi Hajjar & Dr. Hibah Osman

- 11:00 – 11:30 Pain Assessment
Ms. Janane Hanna
- 11:30 –12:00 Pharmacological Pain Management
Dr. Ghassan Kanazi
- 12:00 –12:30 Pain Management-Beyond Pharmacology
Dr. Marie Maroun-Aoaud
- 12:30 –13:00 Barriers to Pain Management
Dr. Huda Abu-Saad Huijer

13:00 – 14:00 Lunch

Session III Moderators: Dr. Ghassan Kanazi & Dr. Arafat Tfayli

- 14:00 –14:45 Symptom Assessment and Management I
Dr. Hibah Osman
- 14:45 –15:30 Symptom Assessment and management II
Dr. Ramzi Hajjar
- 15:30 – 16:00 Symptom Management at end-of-life
Mr. Mohamad Saab
- 16:00 – 16:30 Coffee Break**
- 16:30 – 17:30 Film showing and discussion ‘Life before Death’

Saturday October 19, 2013

Session IV Moderators: Dr. Thalia Arawi and Dr. Michel Daher

- 8:30 – 9:00 Moral Courage in Palliative and End-of-Life Care
Dr. Carol Taylor
- 9:00 – 9:30 Legal Issues in Palliative Care
Dr. Salah Zein-El-Dine
- 9:30 – 10:00 Dignity in Palliative and End-of-Life Care
Dr. Michael El Khoury
- 10:00 – 10:30 Debate on Ethical Issues moderated by Dr. Michel Daher

10:30 – 11:00 Coffee Break

Session V Moderators: Mrs. May Khoury & Dr. Hibah Osman

- 11:00 – 11:30 Truth Telling & Disclosures
Dr. Carol Taylor
- 11:30 – 12:00 Truth Telling; the Case of Lebanon
Dr. Arafat Tfayli
- 12:00 – 13:00 Communication Strategies in Palliative and End-of-Life Care
Workshop by Dr. James Tulsky

13:00 – 14:00 Lunch Break

Session VI Moderators: Dr. Thalia Arawi & Dr. Ramzi Hajjar

- 14:00 – 14:30 Family Dynamics in Serious Illness
Ms. Rebecca El-Asmar
- 14:30 – 15:00 Bereavement Interventions
Dr. Leila Dirani
- 15:00 – 15:30 Caring for the Caregiver
Mrs. May Khoury
- 15:30 – 16:00 Cultural and Spiritual Considerations in Palliative and End-of-life Care
Dr. Carol Taylor
- 16:00 – 17:00 Spiritual Care of Patients at the End-of-Life with Father Charbel and
Sheikh Fadlallah; moderated by Dr. Thalia Arawi and Dr. Ramzi Hajjar
- 17:00 Closing Remarks

Contact Information

For more information about this course, please contact:

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