

American University of Beirut

Rafic Hariri School of Nursing



Adult-Gerontology Clinical Nurse Specialist

The Adult-Gerontology Clinical Nurse Specialist Track is designed to meet the health challenges of the 21st century in Lebanon and the region. It provides students with a thorough understanding of the theoretical basis of advanced clinical practice and incorporates role development managerial and educational skills.

The graduate is expected to be an expert clinician, an informed educator, and a knowledgeable researcher.

Pioneering Achievements

and Global Vision

Objectives

The program provides learning opportunities to enable students to become skilled clinical nurse specialists who can provide advanced high quality nursing care in acute and chronic adult care specialty areas. Our advanced practice nurses are ready to promote the profession of nursing through leadership, mentorship, collaborations, and research-based practice.

Structure

Both full-time and part-time students are eligible for this 39-credit program that can be completed in two years if pursued full-time. All students must complete the program requirements within 4 years. Students can choose to do a minor in nursing education; they can also choose to do either a final-year project or a thesis.

Curriculum

Students are required to complete the following Core Courses:

- » Nursing Theory
- » Advanced Nursing Research
- » Foundations of Advanced Nursing Practice
- » health service development and evaluation

Specialty-Specific Courses

- » Advanced Health Assessment
- » Advanced Pathophysiology
- » Advanced Pharmacology
- » Advanced Practice in Adult-Gerontology I
- » Advanced Practice in Adult-Gerontology II
- » Advanced Practice in Adult-Gerontology III
- » The residency is advanced practice in adult gerontology III

Electives
Project or Thesis

Career Opportunities

The graduate is qualified to work as a clinical nurse specialist in acute and long term care settings, an educator in academic institutions or health care organizations, or a case manager responsible for developing, implementing and monitoring clinical protocols in various health care settings.

American University of Beirut

Rafic Hariri School of Nursing



Nursing Administration and Management Track

The Nursing Administration and Management Program focuses on the unique issues relevant to nursing administration and management of health care settings. Emphasis is placed on organizational theory, health management and policy, leadership, financial management, performance improvement, and management of human resources.

Pioneering Achievements

and Global Vision

Objectives

The program prepares nurses to assume leadership positions in health care. It is designed to enable students to develop their leadership and management skills and to use relevant theory and current approaches to improve the efficiency and effectiveness of health and social care provision.

Structure

Both full-time and part-time students are eligible for this 37-credit program that can be completed in two years if pursued full-time. All students must complete the program requirements within 4 years. Students can choose to do either a final-year project or a thesis.

Curriculum

Students are required to complete the following Core Courses:

- » Nursing Theory
- » Advanced Nursing Research
- » Foundations of Advanced Nursing Practice

Specialty-Specific Courses

- » Essentials of Nursing Administration and Management
- » Practical Applications of Budgeting in Nursing
- » Leadership Theories and Application for Nurse Managers
- » Managing Quality with Teams
- » Digital tools for Connected Health
- » Human Capital Management
- » Residency, Advanced Practice in Nursing Administration

Electives
Project or Thesis

Career Opportunities

Graduates will be qualified to assume positions as nurse managers of hospitals and ambulatory care centers and leadership positions in governmental and non-governmental organizations.

American University of Beirut

Rafic Hariri School of Nursing



Psychiatric Mental Health Clinical Nurse Specialist Track

The Psychiatric Mental Health Clinical Nurse Specialist track is designed to train expert clinicians for positions in the rapidly changing field of psychiatric and mental health nursing and to fill teaching and clinical positions in health care in Lebanon and the region. The scarcity of resources in this field intensifies the need for nurses who can provide comprehensive patient-centered mental health care to individuals, groups, and families.

Pioneering Achievements

and Global Vision

Objectives

The program prepares advanced practice nurses to be mental health care providers for individuals and families in a variety of settings. In addition to the study and application of theories of practice, the program focuses on the promotion and maintenance of health and on the prevention, detection, and treatment of acute and chronic mental illnesses to help patients achieve the highest possible level of well-being.

Structure

Both full-time and part-time students are eligible for this 40-credit program that can be completed in two years if pursued full-time. All students must complete the program requirements within 4 years. Students can choose to do a minor in nursing education; they can also choose to do either a final-year project or a thesis.

Curriculum

Students are required to complete the following courses:

- » Nursing Theory
- » Advanced Nursing Research
- » Foundations of Advanced Nursing Practice

Specialty-Specific Courses

- » Advanced Psychiatric and Mental Health Assessment
- » Advanced Pharmacology and Therapeutics
- » Advanced Pathophysiology
- » Advanced Health Assessment for Mental Health Professionals
- » Psychopathology and Human Behavior
- » Models of Treatment - Psychotherapy (Bio-behavioral Nursing Interventions)
- » Group and Family Psychotherapy
- » Clinical Residency in Acute Psychiatric Care

Electives

Project or Thesis

Career Opportunities

Registered nurses will be prepared to provide psychiatric and mental health services to individuals and families in different settings; inpatient psychiatry, emergency psychiatry, outpatient mental health services, and psychiatric consult-liaison services.

*Pioneering Achievements
and Global Vision*

American University of Beirut

Rafic Hariri School of Nursing



Community and Public Health Nursing Track

The Community and Public Health Nursing Program is designed to meet the primary health care challenges of the 21st century in Lebanon and the region. It prepares nurses to assume leadership positions in community health and equips them with the advanced knowledge and skills they need to provide care to individuals and communities. It incorporates elements of health education, program development, research, administration, and public policy.

Pioneering Achievements

and Global Vision

Objectives

The program prepares advanced practice nurses as primary health care providers for individuals and families in a variety of settings. It includes the study and application of theories and the development of practices focusing on the promotion and maintenance of health and on the detection and treatment of acute and chronic illness. The goal is to help individuals and communities to achieve the highest possible level of well-being.

Structure

Both full-time and part-time students are eligible for this 40-credit program that can be completed in two years if pursued full-time. All students must complete the program requirements within 4 years. Students can choose to do a minor in nursing education; they can also choose to do either a final-year project or a thesis.

Curriculum

Students are required to complete the following courses:

- » Nursing Theory
- » Advanced Nursing Research
- » Foundations of Advanced Nursing Practice

Specialty-Specific Courses

- » Advanced Health Assessment
- » Advanced Pathophysiology
- » Advanced Pharmacology
- » Principles and Practice of Community Health Nursing
- » Advanced Community Assessment
- » Residency, Community Health Care
- » Principles of Epidemiology for Health Professionals
- » Principles and Practice of Community Health Nursing

Electives

Project or Thesis

Career Opportunities

Graduates will be qualified to work in community health care settings, schools, public health departments, and a variety of for-profit and not-for-profit public and private agencies at the local, national, and international levels.