

American University of Beirut

Rafic Hariri School of Nursing



Psychiatric Mental Health Clinical Nurse Specialist Track

The Psychiatric Mental Health Clinical Nurse Specialist track is designed to train expert clinicians for positions in the rapidly changing field of psychiatric and mental health nursing and to fill teaching and clinical positions in health care in Lebanon and the region. The scarcity of resources in this field intensifies the need for nurses who can provide comprehensive patient-centered mental health care to individuals, groups, and families.

Pioneering Achievements

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Objectives

The program prepares advanced practice nurses to be mental health care providers for individuals and families in a variety of settings. In addition to the study and application of theories of practice, the program focuses on the promotion and maintenance of health and on the prevention, detection, and treatment of acute and chronic mental illnesses to help patients achieve the highest possible level of well-being.

Structure

Both full-time and part-time students are eligible for this 40-credit program that can be completed in two years if pursued full-time. All students must complete the program requirements within 4 years. Students can choose to do a minor in nursing education; they can also choose to do either a final-year project or a thesis.

Curriculum

Students are required to complete the following courses:

- » Nursing Theory
- » Advanced Nursing Research
- » Foundations of Advanced Nursing Practice

Specialty-Specific Courses

- » Advanced Psychiatric and Mental Health Assessment
- » Advanced Pharmacology and Therapeutics
- » Advanced Pathophysiology
- » Advanced Health Assessment for Mental Health Professionals
- » Psychopathology and Human Behavior
- » Models of Treatment - Psychotherapy (Bio-behavioral Nursing Interventions)
- » Group and Family Psychotherapy
- » Clinical Residency in Acute Psychiatric Care

Electives

Project or Thesis

Career Opportunities

Registered nurses will be prepared to provide psychiatric and mental health services to individuals and families in different settings; inpatient psychiatry, emergency psychiatry, outpatient mental health services, and psychiatric consult-liaison services.

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