Department of Otolaryngology and Head and Neck Surgery

Acting Chairperson: Zaytoun, George
Professors: Abouchacra, Kim; Fuleihan, Nabil (Adjunct Clinical); Ghafari, Joseph; Hadi, Usamah (Clinical); Hamdan, Abdul Latif; Zaytoun, George (Clinical)
Associate Professors: El-Bitar, Mohammad*; Sabri, Alain (Adjunct Clinical)
Assistant Professors: Bassim, Marc; Haddad, Ramzi; Macari, Anthony; Moukarbel, Roger; Natout, Mohammad Ali (Clinical)
Instructors: Abou Chebel, Naji (Clinical); Barazi, Randa
Clinical Associates: Afeiche, Nada; Anhoury, Patrick; Barakat, Nabil; Bou Assi, Samar; Chalala, Chimene; Chedid, Nada; Chidiac, Jose; Feghal, Roland; Geha, Hassem; Ghogassian, Saro; Itani, Mohammad; Kasty, Maher; Rezk-Lega, Felipe; Saadeh, Maria; Sabri, Roy

The Department of Otolaryngology—Head and Neck Surgery offers clinical clerkship to medical students and specialty electives to interns and residents. It also offers clinical postgraduate resident training to MD graduates.

The Internship program is usually one year of straight surgery, during which interns interested in Otolaryngology—Head and Neck Surgery cultivate their medical knowledge in general and particularly in the field of Ear, Nose and Throat. The acquired general surgical skills during this year act as a foundation for their future development as surgeons in Otolaryngology—Head and Neck Surgery.

The residency program consists of four years with a gradual escalation in the clinical and surgical responsibilities of each resident. Residents are exposed to all subspecialties in Otolaryngology—Head and Neck Surgery, namely Otology, Rhinology, Laryngology, Head and Neck surgery, Pediatric Otolaryngology and Facial Plastic and Reconstructive Surgery. In each subspecialty, residents learn the clinical and surgical principles required for the diagnosis, medical and surgical management of various Otolaryngologic diseases. A series of courses covering the updates of each subspecialty are given by the corresponding faculty members. A temporal bone surgical dissection course is given yearly. For an interdisciplinary exposure, faculties from other departments and services are often invited as speakers. Residents also contribute and learn from the monthly activities of the department which include the Grand Rounds, Tumor Board, Mortality and Morbidity, Pathology conferences, Radiology conferences, and Journal Clubs. To ensure a busy clinical load, residents rotate in many affiliated hospitals with diverse exposure to different areas of the country. These include, among others, Clemenceau Medical Center, Bikhazi Medical Group, Beirut General University Hospital, Najjar Hospital and Keserwan Medical Center. In-service examination, both oral and written, are given on a yearly basis to assess the residents’ fund of knowledge and clinical competencies. The written in-service exam is acknowledged by the American Board of Otolaryngology and is the same test administered to all the US resident trainees.

* On leave
The PGY4 training program includes at least two months of electives spent in an approved United States program. The rationale behind this elective is to broaden the medical perspective and provide a wider exposure for residents before graduating. Residents are also encouraged to present research projects at international meetings and are often sent for courses in Europe, the US and other countries.

Research is also an integral part of the resident training program. All residents contribute to multiple research projects either in terms of literature review, study design or data collection, analysis and manuscript writing. As a requirement for graduation, each resident is expected to design, execute and publish a full original research project.

Administrative responsibilities are also allocated to residents throughout their training as part of their development. The aim is to provide physicians who might assume future managerial tasks and positions, an added value to their clinical practice.

Following are the monthly activities of the department: First Monday: Mortality and Morbidity Conference, and Pathology Conference; Second Monday: Head and Neck Conference, and Radiology Conference; Third Monday: Journal Club and Otology Conference; Fourth Monday: Grand round given by chief resident.

The Division of Orthodontics and Dentofacial Orthopedics in the department offers post graduate residency training to dental graduates. The specialty program lasts 36 months, and is designed to carry clinical activities in a scholarly environment where basic science and clinical orthodontics are integrated. The major part of the postdoctoral program consists of clinical education and training with a spectrum of treatment ranging from childhood to adulthood, including patients who require orthognathic surgery. In addition, residents are required to enroll in one of the Master of Science Programs at the American University of Beirut. The completion and defense of a research project, clinical or basic, is a requirement toward certification. PGY II and PGY III residents are allowed to spend a period of one month per year in approved US Programs. A period of one month per year is for PGY2 and PGY3 to be spent in approved US programs.

Daily seminars and classes are scheduled in a planned sequence over the three years, and cover topics related to orthodontics and other specialties necessary for multidisciplinary treatment. The sessions include treatment planning, treatment progress, case reports, early treatment and many corrective treatments of malocclusion of children and adolescents, growth and development of the craniofacial complex and body, anatomy, anthropology, biostatistics, dental materials, biomechanics, periodontics, restorative dentistry, orthognathic surgery, temporomandibular joint dysfunction, and several other areas pertinent to orthodontic knowledge and treatment.

**ORLG 267 Clinical Clerkship**  
11.120.  
Mornings in the Outpatient Department (OPD); two to three mornings in the operating rooms, and the rest of the time in the hospital. *Three weeks in the department.*

**ORLG 268 Elective in Otolaryngology**  
0.180.  
Exposure to otolaryngology and its allied fields. *One month.*

**ORLG 287 Internship**  
0.262.  
Work divided between Outpatient Department (OPD), operating rooms, and hospital. *Elective. One month.*
Master of Science in Orthodontics

The curriculum leading to the degree of Master of Science in Orthodontics and a residency certificate is structured after the scientist-practitioner model with dual emphasis on the scientist and practitioner aspects of the profession. The program covers, in addition to achieving competence in clinical practice, two essential requirements (also stipulated for accreditation by the American Dental Association's Commission on Dental Accreditation):

- The inclusion of core credits of basic science courses (e.g. somatic and craniofacial growth and development, biomechanics of tooth movement, research design and statistics), and
- The conduct of original research and the corresponding successful defense of a written thesis.

The degree is pursued concurrently with the clinical specialty training, which is also subject to defined requirements for clinical certification.

Program and Curriculum

The specialty program lasts 36 months. Basic knowledge courses include material on growth and development of the craniofacial complex and body, anatomy, anthropology, imaging of the head, scientific method, biostatistics, dental materials, and biomechanics.

Daily seminars and classes are scheduled in a planned sequence over the three years, and cover the basic topics as well as those related to orthodontics and other specialties necessary for multidisciplinary treatment, such as periodontics, restorative and cosmetic dentistry, minor oral and orthognathic surgery, temporomandibular dysfunction and pediatric dentistry.

Technical clinical courses and actual treatment requirements are non-credit activities commensurate with the AUBMC residency requirements. The clinical sessions include treatment delivery in the dentofacial clinic, encompassing specific requirements for the correction of malocclusions in children, adolescents, and adults, as well as discussions of treatment planning, treatment progress, and case reports. Practice is based on scientific evidence interpreted to the individual conditions of each patient.

The degree is awarded after successful completion of both didactic coursework and research.

Admission

Admission is offered on a highly selective basis only to students who have shown distinct academic ability. The applications to the Residency and Master of Science in Orthodontics are separate. The application process will follow that presently used at AUB and AUBMC for the Master of Science degrees and the Residency. Final acceptance in the MS program will be through the Graduate Committee (MS requirements) and the Graduate Medical Education Committee (Residency), then through the institutional process.

The specific prerequisites for acceptance in the MS program include, in addition to the AUBMC general conditions for admission in a MS program:

- Only applicants possessing the doctoral degree in Dental Medicine or its equivalent (Dental Surgery, Dentistry) from a recognized institution in Lebanon or abroad. The course requirements are designed to build upon the basic biological sciences common to those required for the dental doctoral degree.
• A cumulative average in dental school of at least 80 percent or its equivalent if ascertained by a school using a different grading system. The candidate may be accepted on probation if the grades are between 75 and 80.

• Passing the entrance examination that includes: practical (wire bending), written exam, comprehensive oral exam. This balanced and comprehensive examination helps evaluate the candidate’s critical and scientific approach to dentistry in general and orthodontics in particular.

• Evidence of proficiency in English (refer to the requirements listed in the Graduate Studies section of the graduate AUB catalogue): pass the English Language Proficiency Requirement or its equivalent as required by AUB.

• Applicants will also be interviewed.

Courses and Credits
The total number of credits required for the proposed MS in Orthodontics is 30. The Graduate Studies Committee may waive a maximum of six credits of graduate course work taken as part of the candidate’s dental graduate studies, upon the proposal of the Orthodontic Admissions Committee. Accordingly, a total of 24 credits including the nine research thesis credits would represent the minimal requirement. Elective courses are offered as part of the core courses within the scope of potential research topics from clinical to interdisciplinary research. Didactic courses (which include lectures, seminars, literature review sessions, journal club, research presentations and case discussions) make up nearly a third of the curriculum.

Typically, the core courses and related course work will be completed within the first two years of the program. Much of the clinical specialty training will also be completed during this two-year period. Most of the research will take place in years two and three, with a major focus on the research project and thesis defense in the third year. The degree will be awarded no earlier than three years after matriculation in the program.

Clinical Curriculum
The clinical part encompasses a spectrum of treatments ranging from childhood to adulthood, including management of patients who require orthognathic surgery and those with craniofacial anomalies (e.g. cleft lip/palate). Trainees will be exposed to a variety of disorders and a range of training experiences. Each resident will have a range of problems to treat that cover a full scope of malocclusions and craniofacial anomalies, as well as a spectrum of treatment approaches and mechanics, including orthognathic surgery of skeletal dysplasias. Supervised clinical activities are supplemented with classroom activities (seminars, case presentations, literature review).

Research
The research project may be clinical or basic. Each student will have the opportunity to develop strong research skills and conduct a research study fulfilling rigorous scientific norms. Students will register for courses in clinical and basic research methods (relative to applicable research) and elective basic medical and health sciences that would be needed for the conduct of the specific project. The residents will be initiated in the formulation of research hypotheses and aims, research design, and statistical analyses that should provide them the skills required to complete theses of publishable quality.
Collaborative projects between AUB faculties obviously foster the concept of Interprofessional cooperation, bringing together medical/dental disciplines with not only public health (most natural alliance) and business (e.g. medical management, third party pay and insurance development), but also engineering (e.g. biomedical engineering developments) and education (e.g. education policy, higher education management). Participation of mentors from other faculties/departments is based on mutual interests between the specialties and actual professors from both sides.

Faculty

All faculty members in the program are full-time or part-time associated faculty. Depending on the courses and instruction they provide, their role is in either the basic studies, the clinical program, or both. Credentials of the teaching faculty are distinguished including clinicians with certification from highly recognized orthodontic programs, including the AUB program.

Course Descriptions

The Division of Orthodontics and Dentofacial Orthopedics offers postgraduate courses to dentists specializing in Orthodontics at the American University of Beirut Medical Center/Faculty of Medicine. The courses required for the Master of Science in Orthodontics are listed below. They do not include elective courses listed in the catalog of graduate FM, FHS and other AUB faculties.

- **ODFO 301 Craniofacial Growth and Development**  
  48; 3 cr.  
  This course focuses on basic growth concepts and mechanisms (including underlying biological and cellular growth events), the main craniofacial components (cranial base, maxilla, and mandible, and their interrelationships at different stages of growth), the tissues involved in facial growth (bone, cartilage and muscle), the relationship between somatic and facial growth, and the development of growth deformities. Lectures, seminars, review of key articles, and presentations by residents of selected assignments.

- **ODFO 302 Craniofacial Imaging I**  
  16.0; 1 cr.  
  Principles and applications of advanced radiology

- **ODFO 302 Craniofacial Imaging II**  
  40.0; 2 cr.  
  This multifaceted series includes lectures and laboratory applications through assignments to impart knowledge on correspondence of cephalometric radiographs to anatomy, assessment of craniofacial growth and maxillofacial orthopedic treatment, visualization of orthodontic/orthognathic surgical treatment, simulation of growth and treatment outcome. Lectures, seminars, review of key articles, and presentations by residents of selected assignments.

- **ODFO 303 Biology and Mechanics of Tooth Movement and Properties of Wire**  
  48; 3 cr.  
  Biological responses and physical principles of tooth movement. Lectures, seminars, review of key articles, and presentations by residents of selected assignments.

- **ODFO 304 Research Science: Method, Design, and Conduct**  
  26.12; 2 cr.  
  A guided laboratory course in methods used as aids in morphologic research. Lectures, seminars, review of key articles, and presentations by residents of selected assignments.
ODFO 305A/ODFO 305B  General and Maxillofacial Medicine 16; 1 cr.
Issues in medicine and dentistry and medicine. Lecture series by invited speakers from various medical and dental fields pertinent to the science of orthodontics and medical/dental care (e.g. nose anatomy and physiology, pediatric otolaryngology, head and neck pathology, genetics principles, counseling and prenatal diagnosis; sleep apnea, practical concepts on general anesthesia, pharmacology and pain management).

ODFO 306  Journal Club 1 cr.
Weekly

ODFO 307  Craniofacial Seminar 1 cr.
Monthly over 3 years

ODFO 395  Comprehensive Exam 0 cr.

ODFO 309  MS Thesis 9 cr.
Original research under staff supervision leading to the MS degree.

Clinical Residency Sections

ODOC 3800/ODOC 3900  Clinical Clerkship 0 cr.
Includes pretreatment (record taking, diagnosis and treatment planning) and treatment (morning and afternoon sessions in the Dentofacial Clinic). Modules. Daily

ODOC 3000  Courses in Orthodontics 0 cr.
Exposure to orthodontics and its allied fields. Daily

ODFO 301S  Community Service Project 0 cr.
Development of, or involvement in, project that benefits the community.

Residency and Master of Science in Clinical Orthodontics
Orthodontics Postgraduate Courses

<table>
<thead>
<tr>
<th>Core Courses (ODFO)</th>
<th>Year</th>
<th>Credit Hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Craniofacial Biology and Imaging</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 301 Craniofacial Growth and Development 1 3 cr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 301A Craniofacial development</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 301B Somatic growth</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 301C Development of the Dentition</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 301D Facial Musculature in Orthodontics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 302 Craniofacial Imaging</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 302A Craniofacial Imaging I Basics of Radiographic Imaging 1 1 cr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODFO 302B Craniofacial Imaging II Cephalometrics 1 2 cr.*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Course Code</td>
<td>Course Title</td>
<td>Year</td>
</tr>
<tr>
<td>-------------</td>
<td>------------------------------------------------------------------------------</td>
<td>------</td>
</tr>
<tr>
<td>ODFO 303</td>
<td>Biology and Mechanics of Tooth Movement</td>
<td>1</td>
</tr>
<tr>
<td>ODFO 303A</td>
<td>Biology of Tooth Movement</td>
<td></td>
</tr>
<tr>
<td>ODFO 303B</td>
<td>Mechanics of Tooth Movement</td>
<td></td>
</tr>
<tr>
<td>ODFO 303C</td>
<td>Properties of Wires</td>
<td></td>
</tr>
<tr>
<td>ODFO 305</td>
<td>General and Maxillofacial Medicine – Issues in Dentistry and Medicine</td>
<td>1/2/3</td>
</tr>
<tr>
<td>ODFO 305A</td>
<td>Comparative mammal anatomy (2), nose anatomy and physiology (2), pediatric otolaryngology (2), overview of head and neck anatomy pathology and treatment (4), speech pathology (2), sleep apnea (4)</td>
<td></td>
</tr>
<tr>
<td>ODFO 305B</td>
<td>Genetics principles, counseling and prenatal diagnosis (2); practical concepts on general anesthesia (3), pharmacology (3), pain management (4), overview of adolescent medicine (2), jurisprudence and patient privacy (2)</td>
<td></td>
</tr>
<tr>
<td>ODFO 304</td>
<td>Research Science, Method, Design and Report [Scientific Method and Research Design]</td>
<td>1</td>
</tr>
<tr>
<td>ODFO 306</td>
<td>Journal Club</td>
<td>2/1</td>
</tr>
<tr>
<td>ODFO 307</td>
<td>Craniofacial Seminar Series</td>
<td>1/2/3</td>
</tr>
<tr>
<td>ODFO 309</td>
<td>Thesis</td>
<td>3</td>
</tr>
</tbody>
</table>

**Core Courses (ODFO)**

**General and Maxillofacial Medicine**

**Scientific Methods and Reviews**

**Craniofacial Anomalies**

**Elective Courses**

Credits in the existing AUB FM/FHS/other faculties graduate programs, if deemed relevant to the field of individual research and upon recommendation by the research adviser. Credits with asterisks (*) are replaceable by elective courses.