

# Department of Otorhinolaryngology and Head and Neck Surgery

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Clinical Associates:	Abou Jaoude, Nadim; Abou Assi, Samar; Afeiche, Nada; Anhoury, Patrick; Barakat, Nabil; Chedid, Nada; Chidiac, Jose; Feghali, Roland; Ghogassian, Saro; Hanna, Antoine; Itani, Mohammad; Kassab, Ammar; Kasty, Maher; Metni, Hoda; Rezk-Lega, Felipe; Sabri, Roy

The Department of Otorhinolaryngology—Head and Neck Surgery offers clinical postgraduate resident training to MD graduates. It also offers clinical clerkships to medical students and specialty electives to interns and residents.

The residency program consists of five years with a gradual escalation in the clinical and surgical responsibilities of each resident. During the internship year, residents spend 9 months rotating in relevant general surgical specialties, radiology, and emergency medicine and 3 months on the Otorhinolaryngology service. The acquired general surgical skills during this year act as a foundation for their future development as surgeons in Otorhinolaryngology—Head and Neck Surgery.

During the next four years of training, residents are exposed to all subspecialties in Otorhinolaryngology—Head and Neck Surgery, namely Otology, Rhinology, Laryngology, Head and Neck Surgery, Pediatric Otorhinolaryngology and Facial Plastic and Reconstructive Surgery. In each subspecialty, residents learn the clinical and surgical principles required for the diagnosis, medical and surgical management of various otolaryngologic diseases. The corresponding faculty members give a series of courses covering the updates of each subspecialty. A temporal bone surgical dissection course is given yearly. For interdisciplinary exposure, faculties from other departments and services are often invited as speakers. Residents also contribute and learn from the monthly activities of the department, which include the Grand Rounds, Tumor Board, Mortality and Morbidity, Pathology conferences, Radiology conferences and Journal Clubs. To ensure a busy clinical load, residents rotate in many affiliated hospitals with diverse exposure to different areas of the country. These include, among others, Clemenceau Medical Center, Centre Hospitalier du Nord, Hammoud University Hospital, Beirut General University Hospital and Najjar Hospital. In-service examination, both oral and written, is given on a yearly basis to assess the residents' fund of knowledge and



## Master of Science in Orthodontics

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The Division of Orthodontics and Dentofacial Orthopedics in the department offers post graduate residency training to dental graduates. The specialty program lasts 36 months and is designed to carry clinical activities in a scholarly environment where basic science and clinical orthodontics are integrated. The major part of the postdoctoral program consists of clinical education and training with a spectrum of treatment ranging from childhood to adulthood, including patients who require orthognathic surgery. In addition, residents are enrolled in the Master of Orthodontics program. The completion and defense of a research project, clinical or basic, is a requirement toward certification. PGY II and PGY III residents are allowed to spend a period of one month per year in approved US programs under appropriate conditions of attendance in the program.

### Program and Curriculum

The curriculum leading to the degree of Master of Science in Orthodontics and a residency certificate is structured after the scientist-practitioner model with dual emphasis on the scientist and practitioner aspects of the profession. The program covers, in addition to achieving competence in clinical practice, two essential requirements (also stipulated for accreditation by the American Dental Association's Commission on Dental Accreditation) which are the following:

- The inclusion of core credits of basic science courses (e.g. somatic, craniofacial growth and development biomechanics of tooth movement, research design and statistics)
- The conducting/carrying out of original research and the corresponding successful defense of a written thesis

The degree is pursued concurrently with the clinical specialty training, which is also subject to defined requirements for clinical certification.

Basic knowledge courses include material on growth and development of the craniofacial complex and body, anatomy, anthropology, imaging of the head, scientific method, biostatistics, dental materials and biomechanics.

Daily seminars and classes are scheduled in a planned sequence over the three years and cover the basic topics as well as those related to orthodontics and other specialties necessary for multidisciplinary treatment, such as periodontics, restorative and cosmetic dentistry, minor oral and orthognathic surgery, temporomandibular dysfunction and pediatric dentistry.

Technical clinical courses and actual treatment requirements are non-credit activities commensurate with the AUBMC residency requirements. The clinical sessions include treatment delivery in the dentofacial clinic, encompassing specific requirements for the correction of malocclusions in children, adolescents and adults, as well as discussions of treatment planning, treatment progress and case reports. Practice is based on scientific evidence interpreted to the individual conditions of each patient.

The degree is awarded after successful completion of both didactic coursework and research.

## Admission

Admission is offered on a highly selective basis only to students who have shown distinct academic ability. The applications to the Residency and Master of Science in Orthodontics are separate. The application process will follow the conditions that are presently used at AUB and AUBMC for the Master of Science degrees and the Residency. Final acceptance in the MS program will be through the Graduate Committee (MS requirements) and the Graduate Medical Education Committee (Residency), then through the institutional process.

The specific prerequisites for acceptance in the MS program include, in addition to the AUBMC general conditions for admission in an MS program, the following:

- Only applicants possessing the doctoral degree in Dental Medicine or its equivalent (Dental Surgery, Dentistry) from a recognized institution in Lebanon or abroad are accepted. The course requirements are designed to build upon the basic biological sciences common to those required for the dental doctoral degree.
- A cumulative average in dental school of at least 80 percent or its equivalent (GPA: 3.2) is required if ascertained by a school using a different grading system. The candidate may be accepted on probation if the grades are between 75 and 80 (GPA: 2.7 and 3.2).
- Passing the entrance examination that includes practical (wire bending), written exam, and a comprehensive oral exam is a must. This balanced and comprehensive examination helps evaluate the candidate's critical and scientific approach to dentistry in general and orthodontics in particular.
- Evidence of proficiency in English is required (refer to the requirements listed in the Graduate Studies section of the AUB graduate catalogue) by passing the English Language Proficiency Requirement or its equivalent as required by AUB.
- Applicants will also be interviewed.

## Courses and Credits

The total number of credits required for the proposed MS in Orthodontics is 30. The Graduate Studies Committee may waive a maximum of 6 credits of graduate course work taken as part of the candidate's dental graduate studies upon the proposal of the Orthodontic Admissions Committee. Accordingly, a total of 24 credits including the 9 research thesis credits represent the minimal requirement. Elective courses are offered as part of the core courses within the scope of potential research topics from clinical to interdisciplinary research. Didactic courses (which include lectures, seminars, literature review sessions, journal club, research presentations and case discussions) make up nearly a third of the curriculum.

Typically, the core courses and related course work will be completed within the first two years of the program. Much of the clinical specialty training will also be completed during this two-year period. Most of the research will take place in years two and three, with a major focus on the research project and thesis defense in the third year. The degree will be awarded no earlier than three years after matriculation in the program.

## Clinical Curriculum

The clinical component encompasses a spectrum of treatments ranging from childhood to adulthood, including management of patients who require orthognathic surgery and those with craniofacial anomalies (e.g. cleft lip/palate). Trainees will be exposed to a variety of disorders and a variety of training experiences. Each resident will have a range of problems to treat that cover a full scope of malocclusions and craniofacial anomalies, as well as a spectrum of treatment approaches and mechanics, including orthognathic surgery of skeletal dysplasias. Supervised clinical activities are supplemented with classroom activities (seminars, case presentations, literature review).

## Research

The research project may be clinical or basic. Each student will have the opportunity to develop strong research skills and conduct a research study fulfilling rigorous scientific norms. Students will register for courses in clinical and basic research methods (relative to applicable research) and elective basic medical and health sciences that are needed for the conducting/implementation/carrying out of the specific project. The residents will be initiated into the formulation of research hypotheses and aims, research design, and statistical analyses that should provide them with the skills required to complete theses of publishable quality.

Collaborative projects between AUB faculties foster the concept of inter-professional cooperation, bringing together medical/dental disciplines with not only public health (most natural alliance) and business (e.g. medical management, third party pay and insurance development), but also engineering (e.g. biomedical engineering developments) and education (e.g. education policy, higher education management). Participation of mentors from other faculties/departments is based on mutual interests between the specialties and actual professors from both sides.

## Faculty

All faculty members in the program are full-time or part-time associated faculty. Depending on the courses and instruction they provide, their role is either in the basic studies, the clinical program or both. Credentials of the teaching faculty are distinguished including clinicians with certification from highly recognized orthodontic programs, including the AUB program.

## Course Descriptions

The Division of Orthodontics and Dentofacial Orthopedics offers postgraduate courses to dentists specializing in Orthodontics at the American University of Beirut Medical Center/Faculty of Medicine. The course required for the Master of Science in Orthodontics are listed below. They do not include elective courses listed in the catalogue of graduate FM, FHS and other AUB faculties.

**ODFO 301                      Craniofacial Growth and Development                      48; 3 cr.**  
 This course focuses on basic growth concepts and mechanisms (including underlying biological and cellular growth events), the main craniofacial components (cranial base, maxilla and mandible, and their interrelationships at different stages of growth), the tissues involved in facial growth (bone, cartilage and muscle), the relationship between somatic and facial growth, and the development of growth deformities. *Lectures, seminars, review of key articles and presentations by residents of selected assignments.*

- ODFO 302      Craniofacial Imaging      48.0; 3 cr.**
- Craniofacial Imaging I      8.0; 0.5 cr.**  
**Principles and applications of advanced radiology**
- Craniofacial Imaging II      30; 1.9 cr.**  
**Cephalometric method and science**  
 This multifaceted series includes lectures and laboratory applications through assignments to impart knowledge on correspondence of cephalometric radiographs to anatomy, assessment of craniofacial growth and maxillofacial orthopedic treatment, visualization of orthodontic/orthognathic surgical treatment, simulation of growth and treatment outcome. *Lectures, seminars, review of key articles and presentations by residents of selected assignments.*
- Craniofacial Imaging III      10.0; 0.6 cr.**  
**Applications of 3D Imaging in Orthodontics**  
 This advanced knowledge series encompasses current and developing methods utilizing 3D technology related to: diagnosis and treatment planning of specific conditions (e.g. impacted canines, orthodontic- surgical treatment, airway assessment, placement of mini-implants); biologic boundaries of tooth movement; use of CBCT in orthodontic research (e.g. volume assessment of palate and chin); assessment of treatment changes upon 3D cephalometric and palatal rugae superimpositions; modelling and prediction of tooth movement, including the utilization of finite element analysis.  
 Lectures, seminars, review of key articles and presentations by residents of selected assignments.
- ODFO 303      Biology and Mechanics of Tooth Movement      48; 3 cr.**  
**and Properties of Wire**  
 Biological responses to and physical principles of tooth movement. *Lectures, seminars, review of key articles and presentations by residents of selected assignments.*
- ODFO 304      Research Science: Method, Design and Conduct      26.12; 2 cr.**  
 A guided laboratory course in methods used as aids in morphologic research. *Lectures, seminars, review of key articles and presentations by residents of selected assignments.*
- ODFO 305A/      General and Maxillofacial Medicine      16; 1 cr.**  
**ODFO 305B**  
 Issues in medicine and dentistry and medicine.  
*Lecture series by invited speakers from various medical and dental fields pertinent to the science of orthodontics and medical/dental care (e.g. nose anatomy and physiology, pediatric Otorhinolaryngology, head and neck pathology, genetics principles, counseling and prenatal diagnosis, sleep apnea, practical concepts on general anesthesia, pharmacology and pain management).*
- ODFO 306      Journal Club      1 cr.**  
*Weekly.*

**ODFO 307      Craniofacial Seminar** **1 cr.**  
*Monthly over 3 years.*

**ODFO 395      Comprehensive Exam** **0 cr.**

**ODFO 399      MS Thesis** **9 cr.**  
 Original research under staff supervision leading to the MS degree.

## Clinical Residency Sections

**ODOC 3800/      Clinical Clerkship** **0 cr.**  
**ODOC 3900**

The course includes pretreatment (record taking, diagnosis and treatment planning) and treatment (morning and afternoon sessions in the Dentofacial Clinic). *Modules. Daily.*

**ODOC 3000      Courses in Orthodontics** **0 cr.**  
 Exposure to orthodontics and its allied fields. *Daily.*

**ODFO 301S      Community Service Project** **0 cr.**  
 Development of, or involvement in, project that benefits the community.

## Residency and Master of Science in Clinical Orthodontics

### Orthodontics Postgraduate Courses

<b>Core Courses (ODFO)</b>		<b>Year</b>	<b>Credit Hrs.</b>
<b>Craniofacial Biology and Imaging</b>			
ODFO 301	Craniofacial Growth and Development	1	3 cr.
ODFO 301A	Craniofacial Development		
ODFO 301B	Somatic Growth		
ODFO 301C	Development of the Dentition		
ODFO 301D	Facial Musculature in Orthodontics		
ODFO 302	Craniofacial Imaging		
ODFO 302A	Craniofacial Imaging I: Basics of Radiographic Imaging	1	1 cr.
ODFO 302B	Craniofacial Imaging II: Cephalometrics	1	2 cr.
ODFO 303	Biology and Mechanics of Tooth Movement and Properties of Wires	1	3 cr.
ODFO 303A	Biology of Tooth Movement		
ODFO 303B	Mechanics of Tooth Movement		
ODFO 303C	Properties of Wires		

<b>General and Maxillofacial Medicine</b>			
ODFO 305	General and Maxillofacial Medicine – Issues in Dentistry and Medicine	1/2/3	
ODFO 305A	Comparative mammal anatomy (2), nose anatomy and physiology (2), pediatric Otorhinolaryngology (2), overview of head and neck anatomy pathology and treatment (4), speech pathology (2), sleep apnea (4)		1 cr.
ODFO 305B	Genetics principles, counseling and prenatal diagnosis (2); practical concepts on general anesthesia (3), pharmacology (3), pain management (4), overview of adolescent medicine (2), jurisprudence and patient privacy (2)		1 cr.
<b>Scientific Methods and Reviews</b>			
ODFO 304	<b>Research Science: Method, Design and Conduct</b> <i>Scientific Method and Research Design</i>	1	2 cr.
ODFO 306	Journal Club	2/1	1 cr.
<b>Craniofacial Anomalies</b>			
ODFO 307	Craniofacial Seminar	1/2/3	1 cr.
<b>Elective Courses</b>			
	Credits in the existing AUB FM/FHS/other faculties graduate programs, if deemed relevant to the field of individual research and upon recommendation by the research adviser.		2 to 6 cr.
ODFO 399	Thesis	3	9 cr.