



AMERICAN  
UNIVERSITY  
OF BEIRUT



March 2024



## Women's League Bulletin

*"In March, winter is holding back and spring is pulling forward. Something holds and something pulls inside of us too. Jean Hersey"*

Website: [www.aub.lb/women\\_league](http://www.aub.lb/women_league)

### WL Mission Statement

The Women's League is an organization of women from different Nationalities. Its purpose is to promote a broad acquaintance to socialize, learn and support one another and establish social network. Its wish is to secure a yearly scholarship fund for a disabled student at AUB.

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### ***A letter from the president***



Dear Members of the Women's League,

"If you want something said, ask a man; if you want something done ask a woman" – Margaret Thatcher" We shall celebrate

Mother's Day with an Iftar Party, on March 20<sup>th</sup>, 2024, at the Palm Beach Hotel, and we pray that you will be many to attend. Tickets are on sale with the

members of the Board. So, here comes mighty March, with its International Women's Day on Friday, March 8<sup>th</sup>, and the campaign theme this year is "Inspire Inclusion". When we inspire others to understand and value women's inclusion, we forge a better world. And when women themselves are inspired to be included, there is a sense of belonging, relevance, and empowerment. The International Women's Day is a global celebration of the social, economic, cultural, and political achievements of women. Each year, this day serves as a powerful reminder of the progress made towards gender equality and highlights the work that still needs to

be done. Here, we think of some inspiring messages from luminaries such as Maya Angelou, who said "Each time a woman stands up for herself, without knowing it possibly, without claiming it, she stands up for all women". Melinda Gates claims that "A woman with a voice is, by definition, a strong woman". Coco Chanel declares that "A girl should be two things: Who and what she wants". The famous singer Cher designates women as the "real architects of society". And for Marilyn Monroe, "Strong women don't have attitudes, we have standards". Another particularly emotional day in Lebanon and in some other countries as well, is Mother's Day, falling on March 21<sup>st</sup> the first day of Spring. It's a day that ask

people to honor their mothers or other maternal figures in their lives, by showing gratitude, demonstrating love and appreciation for mothers. We think especially about our Lebanese mothers waving goodbye to their off springs seeking better life conditions abroad, and Palestinian mothers hugging their dead children killed by a ferocious and racist enemy, and, Syrian mothers begging for food, while waiting to go back home. Some lovely quotes about motherhood: “Mothers are walking miracles”, “A mother understands what a child does not say”, and “There is no role in life that is more essential than that of motherhood.”

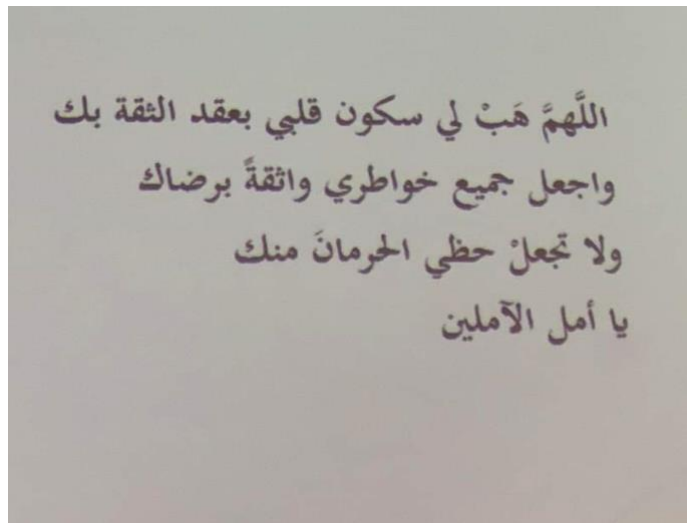
## ***February Lecture:***

### ***The love of language and the language of love.***



This month lecture was presented in Arabic by Dr Najwa Banna Nawfal, holding a Doctorate in Educational Sciences from Saint Joseph University. Diploma in Arabic language from the Faculty of Arts at the Lebanese University. Lecturer at the faculty of Law, Education, and Media at the Lebanese University. Writer, speaker, linguistic reviewer, and founder of an academy dedicated to thought, culture, and creativity. “The love of language”, is a deep appreciation and passion for languages extend to literature, poetry, and the diverse ways in which language reflects and shapes human expression and thoughts. “The language of love” is often used metaphorically to describe expressions of affection and emotional connection between individuals, The language of love and the love of

language create a symphony that resonate in the human experience. Dr Banna shared poems from renowned Arabic poets that beautifully expressed the theme of love.



## Trip of the month

This month trip was to the north of Lebanon where the members embark on a serene journey to Bkaakafra to explore the tranquil monastery and village of St Charbel, immersing themselves in its rich history and spiritual ambiance. From there, they venture north to the majestic cedars of God where ancient trees whisper tales of time. Amidst the breathtaking landscapes, discover the harmonious blend of cultural heritage and natural wonders that make this trip truly unforgettable.



## Mini Meeting

The mini meeting this month was a visit to the artist painter Majd Ramadan Atelier, where canvas adorned the walls, and the air was filled with the scent of creativity. The artist passionately shared insights into her creative process, immersing everyone in the world of colors and imagination. Following the inspiring atelier tour, the group reconvened at her apartment for a delightful buffet brunch, where the conversation flowed as freely as the flavors on the table. It was a memorable experience.



This month brings the most awaited days of the year. The last day of winter it represents new growth, and its flower symbol is daffodil, which represents forgiveness, trust, honesty and true love. I hope that in March, you will have a lot of happiness. As always, for any questions or suggestions don't hesitate to reach out to me on [amalekerbaj@gmail.com](mailto:amalekerbaj@gmail.com) or via WhatsApp on 03-293030.