April 2016

Women's League Bulletin

Be sure you put your feet in the right place, then stand firm
Abraham Lincoln

WL Mission Statement
The WL is an organization of women from different nationalities. Its purpose is to promote a broad acquaintance, to socialize, learn and support one another, and establish social network. Its wish is to
secure a yearly scholarship fund for a disabled student.

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Letter from the President

Hello everyone
I will start by wishing a Happy Easter to all those who have celebrated Easter and a blessed lent to all those who are still fasting.
Our lives are affected by customs and tradition in so many ways.
Tradition is the handing down of information, beliefs or customs from one generation to another. Some of these move around by word of mouth without written instructions.
Traditions and customs can be comforting, widely accepted, sometimes bringing families together. They can however be entangling, suffocating and pulling people apart. They have been evolving over time with certain limitations.
They pass down customs that define a certain culture, religion, nation etc.
There are lots of customs related to Easter and mostly the colored Easter eggs.
Eggs in pagan times were signs of fertility and New Life. Early Christians took over the meaning of New Life because it helped them remember the Resurrection and having New Life through Jesus.
In Europe, colored eggs were used to celebrate Easter as house decoration.
In Eastern Europe wooden eggs were beautifully painted in lots of different patterns. In Russia during the early years of the 20th century, the former Royal rulers had some special Easter Eggs made to them by the jeweler Carl Faberge. In Greece red eggs are baked in the center of the breaded bread (Tsurakia).
Some games are played with the colored eggs:
Egg hunt where eggs are hidden and young children carry baskets and collect the eggs.
Egg rolling where colored eggs are rolled down the hill hoping they would not break.
Egg knocking where each person holds an egg and knocks the eggin the other person's hand, hoping to be the last with the unbroken egg.
Later in time the chocolate eggs were added to the Easter festivities.
Let us then learn more about chocolate with chocolatier William.

Nina Habayeb

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General Meeting on March 7, 2016

Lecture by Dr. Charlotte Karam
We were lucky to have Dr. Charlotte Karam, a Professor at AUB, School of Business.
She was awarded a two year grant from the U.S. State Department for the project titled: (Knowledge is Power). The main aim of the project is to spotlight gender equality.
Kip: engagement is mainly to tackle problems that might affect women like:

- Sexual harassment
- Equality in obtaining higher positions
- Equality in obtaining higher salaries
- Health wellbeing.
- To start action has to be taken:
- First empowering women that can happen through education.
- Investigating their civil rights in private or public sectors.
- Increase women's role in media.
- Support them to take part in child minding and domestic chores while wives a can have full time jobs.

Miriam Ghubril
Secretary

Dr. charlotte Karam ,Nina Habayeb , Afaf kandis

Dr. Karam with the Executive Board

Dr. Karam , Rihab Ouri, Lamia Kawar

Dr. Karam , Lamia Kawar, Rawaa Baltagi

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Mother's Day Lunch

On March 23, 2016 at Bourj El-Hamam Movenpick Hotel

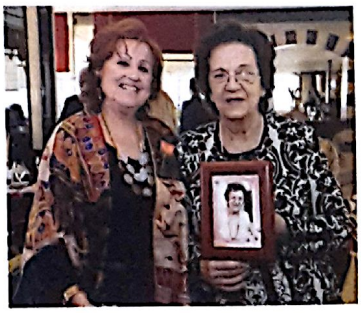
The Women's League celebrated Mother's Day by a lunch that took place at Bourj Al-Hamam, Movenpick Hotel, on Wednesday, March 23, 2016, in the presence of many of its members and their friends. There were present also the spouse of the Ambassador of the Czech Republic, and the spouse of the Ambassador of Pakistan. All the ladies were happy socializing with friends they have not seen for a long time and enjoying the lovely sunny day in a place overlooking the sea. The event was very well planned and the food very delicious, Lebanese mezze and barbecue. Besides the address of the President, Mrs. Habayeb, there were other poems and quotes about the meaning of Mother addressed by Ms. Arminee Choukassizian, Mrs. Nadia Alameddine and Mrs. Suad Khoury

The topic of the event was honoring a long time previous President of the Women's League, Mrs. Elizabeth Yared. Mrs. Yared became a member in 1956. She served as Vice President and President from 1987 till 1992 amongst other previous positions. She is a fine hardworking lady who has struggled to keep the League existing and going on especially during the hard days of the several wars that took place then. During her time they were not even allowed to meet at AUB for security reasons and they use to meet in many other places like the Near East School of Theology and even in their own homes for the number was not big at these times. We are privileged now to become part of AUB, where we hold our activities.

Mrs. Yared was very happy and deeply touched that the ladies still remember and appreciate her, as she is not coming to the events of the League anymore. She was presented with a trophy in appreciation of her dedicated services to the Women's League for many many years.

Lamia Kawar

Previous president



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Visit to the University of the Holy Spirit of Kaslik (USEK)) For the International Women's Day

During the Women's League February trip to the "University of the Holy Spirit of Kaslik (USEK)," They invited the members of the League to join in their International Women's Day which they were going to celebrate on March 8, 2016 at the University.
The International Women's Day is celebrated annually on March 8. The purpose of this endeavor is to celebrate successful business women who managed to succeed and set their footprints in the world of business. In this scope 2 major round tables took place which will tackle leadership and entrepreneurship subjects whereby speakers from different industries shared their insights and stories.
on this same day, 8 members of the League decided to join this event and enjoyed listening to the honoring of about 15 distinguished ladies who excelled in different business domains.
It was a full day from 9.00 a.m. to 4.00 p.m. with several activities including coffee breaks and a lunch.

The Women's League April trip will be on April 20 to Tebneen in the South of Lebanon.
The current term will end in May with a Garden Party, but the date is not decided yet.
So April Meeting is the last one of the current term.

Lamia Kawar
Vice President/Editor of the Bulletin

Happy Easter to those who will celebrate Easter on May 1, 2016.

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