January 2015

Women's League Bulletin

As we express our gratitude,
we must never forget that
the highest appreciation is not to utter words,
but to live them.
John F. Kennedy

WL Mission Statement

The WL is an organization of women from different nationalities. Its purpose is *to* promote a broad acquaintance, to socialize, learn and support one another, and establish social network. Its wish is to secure a yearly scholarship fund for a disabled student.

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Letter from the President

A year has passed and at the beginning of a new one, I would like to start by these few wishes, May you have: "Peace in your hearts, health in your body, wealth in your life and joy in your home" hoping that you will always be blessed with these priceless treasures.

December was a joyful month for the League as on December 1, 2014, during the General Meeting, we were enchanted by the voice of Tenor Gabriel Abdel Nour, who gave us an exquisite performance by singing to us from his new Album "3droub Lmghara" or the Manger where Jesus Christ was born, which gives the real meaning of Christmas.

Our second successful event was the Christmas Lunch which took place on December 17, 2014 at "Lancaster Plaza, Rawcheh, for besides the delicious food and nice music along with the rich lottery, we had a marvelous view of the sea from the 18th floor of Prime 18 Restaurant.

Among our distinguished guests during this lunch were the Ambasador of the Phillippines, H.E. Mrs. Leah Manago Basinang- Ruiz, and the spouse of the Ambassador of the Republic of Chekia, Mrs. Katerina Gumbova, not to mention members of the League with their friends who were all enjoying their time and socializing with their friends,

These events would not have happened without the efforts of the Board Members, who gave much of their time to make these events successful and most of all, Mrs. Zeina Arab, our Trip Chairperson for organizing the lunch event.

Also January is a Blessed month for we had the "Prophet's Birthday" on Saturday, January 3, 2015. for which I extend my best wishes.

Thank you everybody for being a part of the Women's League and Wish you a Happy, Healthy and Peaceful New Year.

Lamia Kawar

December General Meeting

The festive month of December started on the first day of December during the General Meeting of the Women's League at Bathish Auditorium, Wet Hall, AUB by a Christmas Concert performed by Tenor Gabriel Abdel Nour. Mr. Abdel Nour is a composer, teacher of vocal techniques, singer in nine languages. His specialization is in Opera, occidental and Oriental. Mr. Abdel Nour participated in the Francophone Summit in Lebanon in 2001 and 2002. He also sang and launched Beirut Marathon 2007 and 2008. Mr. Abdel Nour participated in the celebration of the 125th Jubilee of the birth of Gebran Khalil Gebran in Lebanon and abroad. He dedicated the year 2013 for the Christian/Muslim Dialogue and launched the Flame of Peace at the Unesco Palace and Martyrs' Square in Downtown Beirut. He also launched three Albums namely: "Gebran Khalil Gebran (2005) Amar Beirut (2010) and Ghannayt (2024).

With great honor and appreciation, Mr. Abdel Nour launched his Fourth Album "3droub Lmgharah" "على دروب المغارة" by singing some exerts of it during the Women's League December General Meeting. He then also sang 18 Christmas Carols in three languages, English, Arabic and French. He ended by signing copies of his new Album for the ladies.

Our General Meeting was followed by a Tea Table Party, where our President Ms. Lamia Kawar joined Mr. Abdel Nour in cutting the Christmas Cake, where everybody enjoyed the delicious food.

Women' s League Christmas Lunch

As a tradition, a Christmas Lunch was held by the Women's League on December 17, 2014 at the "Prime 18 Restaurant" of the "Lancaster Plaza Hotel', which was attended by 105 ladies constituting the members of the League and their friends. Among the distinguished guests who attended this event were the Ambassador of Phillipines, H.E. Mrs. Leah Manago Basinang-Ruiz. as for Mrs. Katerina Gumbova, the spouse of the Ambassador of the Republic of Chekia.

The President, Ms. Kawar gave a brief welcome speech, followed by the singer Georgio, Who played and sang for us some Christmas Carols and old traditional songs. Two courses were served, followed by a very delicious "Buche de Noel" Chocolate Cake.

Then lottery tickets were sold and many ladies were lucky in winning from the large number of the various presents. Then a nice "Pearl Necklace" was displayed and a special lottery took place on it. Ms. Salwa Maasri, was very lucky to win it.

Small presents were distributed at the entrance to all the ladies. These presents were donated by companies and donors such as: Spartan Company, Sanita, Voortman Healthy and Tasty Cookies, and from Mrs. Rana Alameddine Kasti, a piece of Marzepan Sweets.

Photographer Hassan (the official photographer of AUB) took lovely shots of the ladies, especially that the Restaurant is located on the 18th floor of the Hotel, with a splendid view of Ramlet El-Baida, Raouche and Movenpick and of course the lovely view of the sea.

We would all like to thank Mrs. Zein Arab, for all the effort and work in organizing this lunch event and of course all the Executive Board Members for their team work.

Recipee of the Month

Nina Habayeb Recipee

Brioche 3 long ones or 6 small round ones

Cooking Cream 1 liter

Grated Mozarell 300 grams

Raisins ½ - 1 Cup

Peeled Almonds 1 cup

Cinnamon

Cold Syrup 1 ½ Cups

Curt the Brioche into bite size pieces. Add the cream and mix well. In an oblong Pyrex put half the mix

Add the raisins and sprinkle with cinnamon. Cover with the cheese, the rest of the brioche, cream mix and then with the raw almonds.

Bake in a medium preheated oven for 15 minutes and then pas it under the grill.

Out of the oven and when hot pierce everywhere with a knife and add the syrup.

It is really easy and delicious.

Editor of the Bulletin
Leila Zacca Alameddine

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Wish you all a very Happy, Healthy and Peaceful New Year.